

Oregon LCM Records -- as of 6/15/2023

MEN 18-24					WOMEN 18-24				
0:25.32	08/11/19	Matthew McComish	50	M. Free	Meaghan Zimmer	08/11/13	0:27.45		
0:54.50	08/23/92	Greg Cooper	100	M. Free	Meaghan Zimmer	08/11/13	0:59.89		
2:09.96	07/09/95	Kevin Noah	200	M. Free	Samantha Oliszewski	07/28/13	2:22.97		
4:34.86	08/26/12	Terry Rolfe	400	M. Free	Denise Stuntzner	06/08/86	5:03.07		
9:33.08	08/25/19	Evan Edwards	800	M. Free	Claire Michel	08/06/11	10:25.36		
18:24.88	07/30/00	Andy Lachman	1500	M. Free	Samantha Oliszewski	07/28/13	20:11.92		
0:29.02	08/11/19	Matthew McComish	50	M. Back	Shannon Heringer	08/23/92	0:33.30		
1:02.56	08/27/95	Gary DeFrang	100	M. Back	Shannon Heringer	08/23/92	1:13.61		
2:16.59	08/11/19	Matthew McComish	200	M. Back	Michelle Donahue	08/23/92	2:26.62		
0:31.19	01/01/98	Vladko Drobny	50	M. Breast	Jesse Kaba	08/21/16	0:36.06		
1:11.08	08/23/92	Greg Cooper	100	M. Breast	Jesse Kaba	08/21/16	1:20.10		
2:41.54	07/07/12	Nick Wood	200	M. Breast	Julie Ahrendt	08/27/95	2:59.76		
0:27.06	08/23/92	Greg Cooper	50	M. Fly	Shannon Heringer	08/23/92	0:30.40		
0:58.57	08/11/19	Matthew McComish	100	M. Fly	Shannon Heringer	08/23/92	1:08.88		
2:33.77	07/07/12	Nick Wood	200	M. Fly	Denise Stuntzner	06/08/86	2:45.04		
2:19.90	08/11/19	Matthew McComish	200	M. I. M.	Michelle Donahue	08/23/92	2:29.90		
5:14.08	08/26/12	Terry Rolfe	400	M. I. M.	Deborah Heim	07/26/92	5:52.09		
MEN 25-29					WOMEN 25-29				
0:24.49	08/17/08	Michael Burton	50	M. Free	Emilee Jennings	08/27/17	0:27.46		
0:52.08	08/23/92	John Keppeler	100	M. Free	Hailey Bambusch	08/21/16	1:00.42		
1:52.17	08/23/92	John Keppeler	200	M. Free	Hailey Bambusch	08/21/16	2:14.53		
4:19.82	08/23/92	Alex Stiles	400	M. Free	Sara Quan	08/19/01	4:46.98		
8:49.44	08/15/98	Dimitar Petrov	800	M. Free	Christine Somera	08/24/14	10:17.89		
17:14.33	08/26/82	Alan Cardwell	1500	M. Free	Sara Quan	08/19/01	18:29.45		
0:28.30	08/27/95	John Keppeler	50	M. Back	Emilee Jennings	08/27/17	0:32.91		
0:58.24	08/23/92	John Keppeler	100	M. Back	Lily Donohue	08/21/16	1:12.60		
2:07.57	08/23/92	John Keppeler	200	M. Back	Michelle Donahue	08/27/95	2:31.59		
0:30.20	08/17/08	Michael Burton	50	M. Breast	Jessica Stacy	08/21/16	0:36.14		
1:11.98	08/01/92	Dale Walker	100	M. Breast	Brianna Showell	08/17/08	1:19.45		
2:39.60	08/01/92	Dale Walker	200	M. Breast	Brianna Showell	08/17/08	2:52.79		
0:25.48	08/23/92	Dirk Marshall	50	M. Fly	Kendra Chernoff	08/25/19	0:30.17		
0:56.90	08/23/92	John Keppeler	100	M. Fly	Emilee Jennings	08/27/17	1:07.62		
2:10.79	08/25/96	Bill Zolna	200	M. Fly	Kendra Chernoff	07/22/18	2:38.44		
2:14.32	08/22/96	Bill Zolna	200	M. I. M.	Lisa Hjerpe	08/10/98	2:35.54		
4:49.49	08/25/96	Bill Zolna	400	M. I. M.	Sara Quan	08/19/01	5:28.42		
MEN 30-34					WOMEN 30-34				
0:25.00	07/08/01	Curtis Taylor	50	M. Free	Gracie Goddard	08/11/91	0:28.02		
0:53.95	08/06/11	Benjamin Weston	100	M. Free	Leissa Mills	08/05/90	1:00.59		
2:00.39	07/31/94	Jeff Stiling	200	M. Free	Leissa Mills	08/05/90	2:11.02		
4:16.22	07/31/94	Jeff Stiling	400	M. Free	Leissa Mills	08/01/93	4:44.36		
9:15.86	08/15/98	Doug Stewart	800	M. Free	Leissa Mills	08/01/93	9:51.10		
17:39.68	08/17/08	Chip Polito	1500	M. Free	Amy Halligan	07/30/00	19:51.94		
0:29.24	05/14/22	Nicholas Morrell	50	M. Back	Sara Shepherd	04/10/16	0:33.37		
1:03.80	08/15/98	Darren Dutto	100	M. Back	Sara Shepherd	06/05/16	1:11.47		
2:19.28	08/17/08	Chip Polito	200	M. Back	Sara Shepherd	04/10/16	2:38.08		
0:31.25	08/24/86	Roy Clark	50	M. Breast	Caitlyn Shortt-Low	08/21/16	0:35.98		
1:09.44	08/24/86	Roy Clark	100	M. Breast	Abby Blank	08/21/16	1:21.32		
2:36.07	08/24/86	Roy Clark	200	M. Breast	Abby Blank	08/21/16	2:51.38		
0:26.61	08/06/11	Benjamin Weston	50	M. Fly	Gracie Goddard	08/23/92	0:30.76		
0:58.89	01/01/94	Jeff Stiling	100	M. Fly	Leissa Mills	08/23/92	1:09.41		
2:11.71	08/15/02	Bill Zolna	200	M. Fly	Julie Himstreet	08/19/01	2:47.75		
2:17.19	08/15/02	Bill Zolna	200	M. I. M.	Leissa Mills	08/23/92	2:34.87		
4:52.38	08/15/02	Bill Zolna	400	M. I. M.	Julie Himstreet	08/16/01	5:45.01		
MEN 35-39					WOMEN 35-39				
0:24.98	08/10/98	James Sorensen	50	M. Free	Kristine Senkier	08/17/08	0:27.91		
0:54.60	08/17/08	Curtis Taylor	100	M. Free	Gracie Goddard	08/27/95	1:01.45		
1:58.84	08/27/95	Jeff Stiling	200	M. Free	Kristine Senkier	08/17/08	2:14.04		
4:17.26	08/27/95	Jeff Stiling	400	M. Free	Emily Melina	08/21/16	4:45.23		
8:54.26	08/27/95	Jeff Stiling	800	M. Free	Emily Melina	08/21/16	9:53.17		
17:31.53	08/19/01	Doug Stewart	1500	M. Free	Sara Nelson	08/17/08	18:41.21		
0:29.33	08/10/98	Curt LaCount	50	M. Back	Kristine Senkier	08/17/08	0:32.85		
1:03.62	08/15/98	Steve George	100	M. Back	Kristine Senkier	08/17/08	1:09.99		
2:19.61	08/15/98	Steve George	200	M. Back	Kristine Senkier	08/17/08	2:31.06		
0:31.40	08/19/01	John Hudson	50	M. Breast	Brianna Showell	08/21/16	0:35.74		
1:10.61	07/08/06	Greg Latta	100	M. Breast	Brianna Showell	08/21/16	1:19.45		
2:36.21	08/10/98	Patrick Allender	200	M. Breast	Sara Nelson	08/17/08	2:53.71		
0:26.41	08/17/08	Ed Riddle	50	M. Fly	Nikki Weeks	08/17/08	0:30.79		
0:59.62	08/27/95	Jeff Stiling	100	M. Fly	Emily Melina	04/10/16	1:09.49		
2:09.36	07/30/00	Dennis Baker	200	M. Fly	Shauna Simpson	06/03/06	2:41.40		
2:15.53	08/10/98	James Sorensen	200	M. I. M.	Sara Nelson	08/17/08	2:34.53		
4:50.27	08/27/95	Jeff Stiling	400	M. I. M.	Sara Nelson	08/17/08	5:29.12		

Oregon LCM Records -- as of 6/15/2023

MEN 40-44					WOMEN 40-44				
0:25.18	08/17/08	Eric Wan	50	M. Free	Shannon Corbeau	08/08/10	0:28.78		
0:55.61	08/17/08	Eric Wan	100	M. Free	Shannon Wallace	08/21/16	1:03.51		
2:03.09	01/01/04	Dennis Baker	200	M. Free	Lex Higlett	05/28/23	2:22.75		
4:11.55	05/01/04	Dennis Baker	400	M. Free	Arlene Delmage	08/10/06	4:59.24		
9:32.07	08/10/06	Timothy Nelson	800	M. Free	Jayna Tomac	08/10/14	10:15.66		
18:15.05	08/21/16	Chip Polito	1500	M. Free	Jayna Tomac	06/29/14	19:42.54		
0:30.01	08/21/16	Whitney Woolard	50	M. Back	Valerie Jenkins	08/10/06	0:32.41		
1:05.76	08/10/98	David Burleson	100	M. Back	Valerie Jenkins	08/09/03	1:13.43		
2:24.88	08/15/98	David Burleson	200	M. Back	Jody Smith	08/11/13	2:37.83		
0:30.41	08/17/08	James Corbeau	50	M. Breast	Jayna Tomac	08/10/14	0:35.92		
1:08.92	08/17/08	James Corbeau	100	M. Breast	Jayna Tomac	08/10/14	1:19.62		
2:31.75	08/21/16	John Rasmussen	200	M. Breast	Jayna Tomac	08/10/14	2:54.65		
0:27.60	08/17/08	Jeff Rodgers	50	M. Fly	Sonja Skinner	04/10/16	0:30.60		
0:57.97	01/01/04	Dennis Baker	100	M. Fly	Arlene Delmage	08/10/06	1:08.48		
2:05.55	07/10/04	Dennis Baker	200	M. Fly	Arlene Delmage	08/10/06	2:34.48		
2:22.38	01/01/04	Dennis Baker	200	M. I. M.	Jayna Tomac	08/10/14	2:39.46		
4:49.42	08/14/05	Dennis Baker	400	M. I. M.	Arlene Delmage	08/10/06	5:51.98		

MEN 45-49					WOMEN 45-49				
0:25.64	07/06/19	Kurt Grote	50	M. Free	Robin Parisi	08/19/02	0:28.86		
0:56.41	08/21/16	Mike Self	100	M. Free	Robin Parisi	08/19/02	1:03.10		
1:59.34	07/11/09	Dennis Baker	200	M. Free	Arlene Delmage	08/10/07	2:19.48		
4:09.20	07/19/08	Dennis Baker	400	M. Free	Ellen Ferguson	08/17/08	4:57.08		
9:29.43	08/17/08	Doug Asbury	800	M. Free	Sara Nelson	05/05/17	10:21.66		
17:34.64	04/04/08	Dennis Baker	1500	M. Free	Arlene Delmage	06/14/08	20:06.82		
0:28.76	08/21/16	Mike Self	50	M. Back	Valerie Jenkins	08/17/08	0:31.71		
1:03.39	08/21/16	Mike Self	100	M. Back	Valerie Jenkins	08/17/08	1:12.90		
2:21.98	04/10/16	Mike Self	200	M. Back	Valerie Jenkins	08/17/08	2:39.69		
0:30.98	08/10/09	James Corbeau	50	M. Breast	Jayna Tomac	08/20/17	0:38.17		
1:09.08	08/10/09	James Corbeau	100	M. Breast	Jayna Tomac	07/01/17	1:22.42		
2:37.89	07/12/03	Patrick Allender	200	M. Breast	Colette Crabbe	08/19/01	2:57.24		
0:27.66	08/17/08	Doug Christensen	50	M. Fly	Arlene Delmage	08/17/08	0:30.04		
1:00.65	08/10/06	Dennis Baker	100	M. Fly	Arlene Delmage	08/17/08	1:06.42		
2:04.07	07/19/08	Dennis Baker	200	M. Fly	Arlene Delmage	08/10/07	2:35.32		
2:16.12	08/10/06	Dennis Baker	200	M. I. M.	Colette Crabbe	08/17/03	2:35.74		
4:50.73	08/10/06	Dennis Baker	400	M. I. M.	Colette Crabbe	07/20/02	5:37.68		

MEN 50-54					WOMEN 50-54				
0:26.06	07/12/03	Mike Tennant	50	M. Free	Jill Asch	08/21/16	0:29.19		
0:58.35	08/09/03	Mike Tennant	100	M. Free	Karen Andrus-Hughes	08/10/07	1:04.81		
2:09.17	08/27/17	Eilhard Lussier	200	M. Free	Karen Andrus-Hughes	07/12/08	2:28.27		
4:32.17	08/25/13	Dennis Baker	400	M. Free	Ellen Ferguson	08/10/14	5:14.63		
9:28.34	07/10/11	Dennis Baker	800	M. Free	Holly Vaughn-Edwards	08/21/16	10:31.90		
18:42.22	08/25/19	Scot Sullivan	1500	M. Free	Mary Sweat	04/04/08	20:45.90		
0:30.01	05/14/22	Mike Self	50	M. Back	Karen Andrus-Hughes	08/10/07	0:33.26		
1:05.97	05/14/22	Mike Self	100	M. Back	Karen Andrus-Hughes	08/17/08	1:13.55		
2:27.24	05/14/22	Mike Self	200	M. Back	Karen Andrus-Hughes	07/11/09	2:45.51		
0:33.06	08/17/08	Patrick Allender	50	M. Breast	Jill Asch	08/21/16	0:39.32		
1:12.22	07/11/09	Patrick Allender	100	M. Breast	Colette Crabbe	08/06/10	1:28.01		
2:40.29	08/17/08	Patrick Allender	200	M. Breast	Colette Crabbe	08/06/10	3:08.16		
0:28.12	05/31/14	Michael Baele	50	M. Fly	Jill Asch	08/21/16	0:32.10		
1:03.18	08/26/12	Dennis Baker	100	M. Fly	Robin Parisi	01/01/04	1:12.24		
2:13.80	07/10/11	Dennis Baker	200	M. Fly	Arlene Delmage	08/21/16	2:44.45		
2:21.77	08/11/13	Dennis Baker	200	M. I. M.	Robin Parisi	01/01/04	2:44.30		
5:02.51	08/11/13	Dennis Baker	400	M. I. M.	Colette Crabbe	07/07/07	5:59.83		

MEN 55-59					WOMEN 55-59				
0:25.31	08/17/08	Mike Tennant	50	M. Free	Karen Andrus-Hughes	07/07/12	0:30.27		
0:58.18	08/17/08	Mike Tennant	100	M. Free	Karen Andrus-Hughes	07/07/12	1:06.17		
2:17.85	07/11/09	Stephen Kevan	200	M. Free	Valerie Jenkins	08/11/19	2:27.89		
4:55.77	08/10/06	Steve Johnson	400	M. Free	Valerie Jenkins	08/11/19	5:12.51		
10:17.89	08/21/16	David Hathaway	800	M. Free	Holly Vaughn-Edwards	08/25/19	10:38.92		
19:40.64	07/12/03	Steve Johnson	1500	M. Free	Mary Sweat	08/21/15	20:37.27		
0:31.21	08/17/08	Wes Edwards	50	M. Back	Valerie Jenkins	08/07/22	0:34.70		
1:08.20	08/17/08	Wes Edwards	100	M. Back	Valerie Jenkins	08/11/19	1:15.95		
2:29.67	08/17/08	Wes Edwards	200	M. Back	Karen Andrus-Hughes	07/07/12	2:50.54		
0:34.66	06/04/05	Allen Stark / R. Howell	50	M. Breast	Colette Crabbe	08/11/13	0:38.55		
1:14.76	06/12/13	Patrick Allender	100	M. Breast	Colette Crabbe	08/11/13	1:25.70		
2:42.40	06/12/13	Patrick Allender	200	M. Breast	Colette Crabbe	08/11/13	3:07.24		
0:29.67	08/27/17	Keith Uebele	50	M. Fly	Arlene Delmage	08/06/17	0:32.38		
1:09.66	08/06/17	Keith Uebele	100	M. Fly	Colette Crabbe	07/07/12	1:14.73		
2:51.69	05/31/14	Patrick Allender	200	M. Fly	Arlene Delmage	08/06/17	2:49.31		
2:32.16	06/12/13	Patrick Allender	200	M. I. M.	Colette Crabbe	08/11/13	2:45.39		
5:41.42	05/31/14	Patrick Allender	400	M. I. M.	Colette Crabbe	08/11/13	5:53.27		

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MEN 60-64				WOMEN 60-64			
0:27.38	08/25/13	Mike Tennant	50 M. Free	Karen Andrus-Hughes	08/06/17	0:31.01	
1:01.24	08/25/13	Mike Tennant	100 M. Free	Karen Andrus-Hughes	08/06/17	1:08.39	
2:17.43	03/24/02	Tom Landis	200 M. Free	Colette Crabbe	08/27/17	2:35.71	
4:58.33	04/25/08	Steve Johnson	400 M. Free	Colette Crabbe	07/06/19	5:29.19	
10:15.35	04/25/08	Steve Johnson	800 M. Free	Colette Crabbe	07/22/18	11:16.10	
19:53.86	08/17/08	Steve Johnson	1500 M. Free	Colette Crabbe	04/10/16	21:25.18	
0:32.94	08/11/13	Wes Edwards	50 M. Back	Karen Andrus-Hughes	08/06/17	0:35.14	
1:11.50	04/14/13	Wes Edwards	100 M. Back	Karen Andrus-Hughes	08/06/17	1:17.53	
2:36.95	04/14/13	Wes Edwards	200 M. Back	Karen Andrus-Hughes	08/06/17	2:56.82	
0:33.51	08/11/19	Gary Patterson	50 M. Breast	Colette Crabbe	08/11/19	0:39.91	
1:16.75	08/11/19	Gary Patterson	100 M. Breast	Colette Crabbe	08/11/19	1:28.61	
2:50.44	08/06/11	Allen Stark	200 M. Breast	Colette Crabbe	07/22/18	3:13.31	
0:30.05	08/10/98	Bert Petersen	50 M. Fly	Arlene Delmage	06/12/22	0:33.67	
1:11.10	07/22/18	Curt LaCount	100 M. Fly	Arlene Delmage	06/12/22	1:17.02	
2:58.82	06/06/09	Allen Stark	200 M. Fly	Arlene Delmage	06/12/22	2:53.20	
2:48.66	07/31/22	David Hathaway	200 M. I. M.	Colette Crabbe	08/11/19	2:49.85	
6:07.52	07/11/21	David Hathaway	400 M. I. M.	Colette Crabbe	06/05/16	5:56.40	

MEN 65-69				WOMEN 65-69			
0:27.65	08/17/08	Robert Smith	50 M. Free	Margaret Toppel	08/27/17	0:33.24	
1:02.62	08/17/08	Tom Landis	100 M. Free	Colette Crabbe	05/14/22	1:14.00	
2:18.53	08/17/08	Tom Landis	200 M. Free	Lavelle Stoinoff	08/23/98	2:54.02	
5:00.26	03/10/07	Tom Landis	400 M. Free	Lavelle Stoinoff	08/23/98	5:54.90	
10:25.94	06/10/07	Tom Landis	800 M. Free	Lavelle Stoinoff	08/23/98	12:23.32	
20:00.97	04/04/08	Tom Landis	1500 M. Free	Lavelle Stoinoff	07/26/98	23:42.01	
0:33.87	08/17/08	Robert Smith	50 M. Back	Karen Andrus-Hughes	06/12/22	0:38.64	
1:17.05	07/06/19	Wes Edwards	100 M. Back	Karen Andrus-Hughes	06/12/22	1:25.81	
2:53.93	08/25/19	Wes Edwards	200 M. Back	Lavelle Stoinoff	08/23/98	3:16.02	
0:35.78	08/10/14	Allen Stark	50 M. Breast	Ginger Pierson	08/14/11	0:43.94	
1:19.88	08/10/14	Allen Stark	100 M. Breast	Colette Crabbe	05/14/22	1:32.36	
2:56.96	08/10/14	Allen Stark	200 M. Breast	Ginger Pierson	08/14/11	3:41.76	
0:31.41	07/12/03	Bert Petersen	50 M. Fly	Laura Worden	05/14/22	0:37.27	
1:18.11	07/07/07	Tom Landis	100 M. Fly	Colette Crabbe	05/14/22	1:23.94	
3:09.06	08/21/16	Allen Stark	200 M. Fly	Janet Gettling	07/11/14	3:45.13	
2:48.63	06/10/07	Tom Landis	200 M. I. M.	Colette Crabbe	05/14/22	2:59.22	
6:03.31	06/10/07	Tom Landis	400 M. I. M.	Laura Worden	05/14/22	7:09.56	

MEN 70-74				WOMEN 70-74			
0:30.26	06/19/04	David Radcliff	50 M. Free	Margaret Toppel	07/22/18	0:32.89	
1:06.47	07/27/05	David Radcliff	100 M. Free	Margaret Toppel	08/25/19	1:18.61	
2:26.20	08/17/08	David Radcliff	200 M. Free	Lavelle Stoinoff	07/12/03	2:57.28	
5:16.85	08/25/19	Dan Kirkland	400 M. Free	Lavelle Stoinoff	06/28/03	6:11.92	
10:49.02	08/10/06	David Radcliff	800 M. Free	Lavelle Stoinoff	08/12/04	12:35.14	
20:55.40	08/25/19	Dan Kirkland	1500 M. Free	Lavelle Stoinoff	07/12/03	24:24.13	
0:38.59	05/31/14	Robert Smith	50 M. Back	Margaret Toppel	08/25/19	0:39.76	
1:19.30	08/25/19	Dan Kirkland	100 M. Back	Margaret Toppel	08/25/19	1:31.96	
2:49.31	07/06/19	Dan Kirkland	200 M. Back	Joy Ward	07/07/12	3:18.02	
0:37.75	08/11/19	Allen Stark	50 M. Breast	Ginger Pierson	08/21/16	0:46.18	
1:24.33	08/11/19	Allen Stark	100 M. Breast	Janet Gettling	08/11/19	1:46.08	
3:06.10	08/11/19	Allen Stark	200 M. Breast	Ginger Pierson	08/27/17	3:52.09	
0:32.36	04/04/08	Bert Petersen	50 M. Fly	Margaret Toppel	07/22/18	0:37.36	
1:25.80	05/12/12	Tom Landis	100 M. Fly	Janet Gettling	08/11/19	1:47.60	
3:49.33	08/23/92	Andrew Holden	200 M. Fly	Janet Gettling	08/11/19	4:00.76	
2:56.72	05/12/12	Tom Landis	200 M. I. M.	Joy Ward	08/26/12	3:38.29	
6:24.76	07/07/12	Tom Landis	400 M. I. M.	Joy Ward	08/26/12	7:43.94	

MEN 75-79				WOMEN 75-79			
0:30.28	07/11/09	David Radcliff	50 M. Free	Janet Gettling	06/10/23	0:38.31	
1:06.63	07/11/09	David Radcliff	100 M. Free	Janet Gettling	05/28/23	1:28.97	
2:25.66	06/06/09	David Radcliff	200 M. Free	Mirjana Prather	03/03/19	3:25.48	
5:17.77	03/07/09	David Radcliff	400 M. Free	Janet Gettling	06/10/23	7:04.55	
11:07.90	07/11/09	David Radcliff	800 M. Free	Sue Calnek-Morris	07/22/18	15:18.99	
21:03.06	07/11/09	David Radcliff	1500 M. Free	Sue Calnek-Morris	07/22/18	28:36.12	
0:40.67	06/10/23	Bob Bruce	50 M. Back	Joy Ward	08/06/17	0:47.50	
1:24.85	06/10/23	Dan Kirkland	100 M. Back	Joy Ward	08/06/17	1:43.60	
3:02.92	06/10/23	Dan Kirkland	200 M. Back	Joy Ward	08/06/17	3:46.69	
0:44.32	08/21/16	Ronald Nakata	50 M. Breast	Janet Gettling	05/28/23	0:49.74	
1:47.47	07/09/05	Milton Marks	100 M. Breast	Mirjana Prather	02/15/20	1:55.71	
3:57.09	07/09/05	Milton Marks	200 M. Breast	Ginger Pierson	07/10/22	4:36.58	
0:39.02	08/27/95	Andrew Holden	50 M. Fly	Janet Gettling	05/28/23	0:45.62	
1:40.74	08/27/95	Andrew Holden	100 M. Fly	Janet Gettling	06/10/23	1:53.27	
4:01.71	08/27/95	Gerald Huestis	200 M. Fly	Janet Gettling	05/28/23	4:08.00	
3:17.97	06/10/23	Bob Bruce	200 M. I. M.	Joy Ward	07/06/19	4:04.11	
8:14.84	07/16/95	Gerald Huestis	400 M. I. M.	Joy Ward	08/25/19	8:45.22	

Oregon LCM Records -- as of 6/15/2023

MEN 80-84						WOMEN 80-84		
0:33.27	08/24/14	David Radcliff	50	M. Free	Joy Ward	05/28/23	0:43.44	
1:11.82	08/24/14	David Radcliff	100	M. Free	Joy Ward	06/10/23	1:44.36	
2:40.22	08/24/14	David Radcliff	200	M. Free	Jerri Kawabata	08/23/15	4:22.89	
5:45.21	08/23/15	David Radcliff	400	M. Free	Jerri Kawabata	04/10/16	8:57.77	
11:49.29	08/24/14	David Radcliff	800	M. Free	Jerri Kawabata	08/23/15	18:14.06	
22:16.90	05/31/14	David Radcliff	1500	M. Free	Jerri Kawabata	04/10/16	34:40.26	
0:46.25	06/28/03	Andrew Holden	50	M. Back	Joy Ward	06/12/22	0:49.01	
1:45.64	06/12/99	Andrew Holden	100	M. Back	Joy Ward	05/28/23	1:48.85	
4:04.79	06/14/87	Herb Eisenschmidt	200	M. Back	Joy Ward	06/12/22	3:51.50	
0:46.64	07/10/11	Milton Marks	50	M. Breast	Joy Ward	06/10/23	1:06.88	
1:50.93	08/08/10	Milton Marks	100	M. Breast	Joy Ward	06/10/23	2:19.25	
4:10.14	08/11/19	Ronald Nakata	200	M. Breast	Pauline Stangel	07/12/03	5:53.03	
0:41.89	07/11/99	Andrew Holden	50	M. Fly	Joy Ward	05/14/22	0:56.50	
1:47.88	06/12/99	Andrew Holden	100	M. Fly	Joy Ward	05/28/23	2:18.37	
4:57.38	08/09/03	Andrew Holden	200	M. Fly	Helena Hoffman	06/22/96	8:20.07	
3:53.76	08/25/19	Ronald Nakata	200	M. I. M.	Joy Ward	05/23/23	4:05.75	
8:42.98	04/10/16	Dick Slawson	400	M. I. M.	Joy Ward	07/31/22	9:38.03	

MEN 85-89						WOMEN 85-89		
0:37.21	07/10/04	Andrew Holden	50	M. Free	Patience Miller	07/14/96	1:04.39	
1:26.78	07/07/07	Willard Lamb	100	M. Free	Patience Miller	07/14/96	2:30.78	
3:12.86	07/06/19	David Radcliff	200	M. Free	Eva Muller	07/11/99	5:10.71	
7:06.36	07/12/08	Willard Lamb	400	M. Free	Eva Muller	07/11/99	10:53.38	
13:56.29	07/19/19	David Radcliff	800	M. Free	Martha Keller	06/08/86	29:14.16	
26:18.37	07/19/19	David Radcliff	1500	M. Free	Martha Keller	08/24/86	57:03.68	
0:49.14	06/19/04	Andrew Holden	50	M. Back	Eva Muller	07/08/01	1:24.68	
1:49.24	06/14/08	Willard Lamb	100	M. Back	Eva Muller	07/12/98	2:37.63	
4:04.33	06/14/08	Willard Lamb	200	M. Back	Eva Muller	07/24/99	5:38.43	
0:59.39	06/04/05	Andrew Holden	50	M. Breast	Pauline Stangel	06/03/06	1:24.72	
2:28.47	07/10/04	Andrew Holden	100	M. Breast	Pauline Stangel	06/03/06	3:16.51	
7:20.23	08/24/86	Roy Webster	200	M. Breast	Pauline Stangel	06/10/07	6:58.82	
0:46.48	06/19/04	Andrew Holden	50	M. Fly	Patience Miller	06/22/96	2:11.56	
2:02.53	06/19/04	Andrew Holden	100	M. Fly	Elfie Stevenin	07/07/07	6:10.34	
4:47.63	07/10/04	Andrew Holden	200	M. Fly	Elfie Stevenin	07/07/07	12:59.26	
4:15.59	07/10/04	Andrew Holden	200	M. I. M.	Eva Muller	07/24/99	6:26.81	
		open	400	M. I. M.	Eva Muller	07/08/01	14:57.79	

MEN 90-94						WOMEN 90-94		
0:43.50	06/06/15	Willard Lamb	50	M. Free	Virginia Phipps	08/21/16	1:25.97	
1:41.87	05/31/14	Willard Lamb	100	M. Free	Virginia Phipps	08/21/16	3:05.93	
3:41.77	08/11/13	Willard Lamb	200	M. Free	Eva Muller	07/20/02	5:36.74	
8:01.57	08/24/14	Willard Lamb	400	M. Free				
16:28.37	08/11/13	Willard Lamb	800	M. Free				
31:12.82	05/31/14	Willard Lamb	1500	M. Free				
0:54.96	08/25/13	Willard Lamb	50	M. Back	Eva Muller	07/12/03	1:17.68	
1:59.92	05/31/14	Willard Lamb	100	M. Back	Eva Muller	07/20/02	2:58.31	
4:20.06	05/31/14	Willard Lamb	200	M. Back	Eva Muller	07/12/03	6:28.70	
1:20.23	06/06/09	Andrew Holden	50	M. Breast	Hilda Buel	06/04/05	2:58.60	
3:30.38	07/10/11	Rupert Fixott	100	M. Breast	Eva Muller	07/12/03	3:49.99	
			200	M. Breast	Eva Muller	07/20/02	8:30.18	
1:05.95	06/06/09	Andrew Holden	50	M. Fly	Hilda Buel	06/03/06	4:42.00	
			100	M. Fly				
			200	M. Fly				
			200	M. I. M.	Hilda Buel	01/01/04	12:03.55	
			400	M. I. M.				

MEN 95-99						WOMEN 95-99		
0:45.71	08/06/17	Willard Lamb	50	M. Free	no records			
1:47.59	08/27/17	Willard Lamb	100	M. Free				
4:04.60	08/27/17	Willard Lamb	200	M. Free				
8:43.18	08/27/17	Willard Lamb	400	M. Free				
17:42.57	08/27/17	Willard Lamb	800	M. Free				
33:39.77	08/27/17	Willard Lamb	1500	M. Free				
0:58.63	08/06/17	Willard Lamb	50	M. Back				
2:11.19	08/06/17	Willard Lamb	100	M. Back				
4:34.73	07/30/18	Willard Lamb	200	M. Back				
			50	M. Breast				
			100	M. Breast				
			200	M. Breast				
			50	M. Fly				
			100	M. Fly				
			200	M. Fly				
			200	M. I. M.				
			400	M. I. M.				

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MEN 100-104			WOMEN 100-104		
0:57.42	08/07/22	Willard Lamb	50	M. Free	no records
2:15.99	08/07/22	Willard Lamb	100	M. Free	
5:18.86	08/07/22	Willard Lamb	200	M. Free	
10:55.25	08/07/22	Willard Lamb	400	M. Free	
22:15.67	08/07/22	Willard Lamb	800	M. Free	
42:27.06	08/07/22	Willard Lamb	1500	M. Free	
1:09.17	08/07/22	Willard Lamb	50	M. Back	
2:29.17	08/07/22	Willard Lamb	100	M. Back	
5:12.53	08/07/22	Willard Lamb	200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			200	M. I. M.	
			400	M. I. M.	
MEN 105-109			WOMEN 105-109		
		no records	50	M. Free	no records
			100	M. Free	
			200	M. Free	
			400	M. Free	
			800	M. Free	
			1500	M. Free	
			50	M. Back	
			100	M. Back	
			200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			200	M. I. M.	
			400	M. I. M.	
MEN 110-114			WOMEN 110-114		
		no records	50	M. Free	no records
			100	M. Free	
			200	M. Free	
			400	M. Free	
			800	M. Free	
			1500	M. Free	
			50	M. Back	
			100	M. Back	
			200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			200	M. I. M.	
			400	M. I. M.	
MEN 115-119			WOMEN 115-119		
		no records	50	M. Free	no records
			100	M. Free	
			200	M. Free	
			400	M. Free	
			800	M. Free	
			1500	M. Free	
			50	M. Back	
			100	M. Back	
			200	M. Back	
			50	M. Breast	
			100	M. Breast	
			200	M. Breast	
			50	M. Fly	
			100	M. Fly	
			200	M. Fly	
			200	M. I. M.	
			400	M. I. M.	