

Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 31 Jan 23)

Women's 18-24 One-Hour

Lydia Kapsenberg	OR-cat	07	4835 yds
Kelly Gouldson	OR-coma	01	4570 yds
Miller, Danelle	OR-cgm	18	4535 yds
Gina Dhom	OR-ea	03	4475 yds
Alicia Phan	OR	15	4330 yds
Danielle Ebnother	OR-som	03	4315 yds
Garen Mattioda	OR-coma	01	4155 yds
Fatima Valle	OR-cgm	09	4060 yds
Danielle Miller	OR-cgm	20	3940 yds
Hillary Madson	OR-coma	06	3930 yds
Sara Cameron	SW-lswm	11	3925 yds
Hailey Foster	OR-coma	03	3900 yds

Women's 40-44 One-Hour

Sara Nelson	OR-coma	16	4915 yds
Jayna Tomac	OR-coma	14	4870 yds
Arlene Delmage	OR-gvam	06	4800 yds
Karen Matson	OR-coma	07	4765 yds
Stacy Dennett	OR-orm	11	4700 yds
Stacey Kiefer	OR-coma	19	4640 yds
Betsy Watkins	OR-orm	10	4625 yds
Stephanie Schultz	OR-coma	10	4620 yds
Megan Lassen	OR-orm	11	4575 yds
Mary Sweat	OR-coma	02	4525 yds
Susie Young	OR-thb	10	4500 yds
Jen Feola	OR-coma	14	4475 yds

Women's 25-29 One-Hour

Sara Quan	OR-coma	02	5310 yds
Michelle Donohue	MACO	93	5070 yds
Ellen Ferguson	OR	91	4960 yds
Judith Sheridan	OR-ea	91	4790 yds
Jenny Marine	OR-coma	05	4780 yds
Cailee Caldwell	NIKE	17	4710 yds
Sarah Holman	OR-thb	11	4695 yds
Kelsey Holmberg	OR-coma	10	4660 yds
Erin Popelka	OR-cat	09	4595 yds
Elisa Fischback	OR-ea	11	4570 yds
Loren Louzao	OR-thb	11	4550 yds
Kathleen Thayer	SW-lswm	10	4520 yds
Aubree Gustafson	OR-orm	10	4520 yds

Women's 45-49 One-Hour

Sara Nelson	OR-coma	17	5030 yds
Jayna Tomac	OR-soma	18	4770 yds
Arlene Delmage	OR-gvam	08	4765 yds
Mary Sweat	OR-coma	06	4750 yds
Karen Matson	OR-coma	12	4680 yds
Robin Parisi	MACO	02	4655 yds
Lynn Squires	OR-orm	11	4500 yds
Val Jenkins	OR-orm	10	4475 yds
Lavelle Stoinoff	Unat	82	4430 yds
M.J. Caswell	OR-cgm	10	4425 yds
Nadine Whitehall	Unat	81	4375 yds
Terri Tynnismaa	OR-cgm	10	4375 yds

Women's 30-34 One-Hour

Sara Quan	OR-coma	03	5125 yds
Ellen Ferguson	OR	97	4960 yds
Amy Halligan	OR-coma	01	4885 yds
Natascha Tulloch	OR-coma	22	4725 yds
Erin Ford	OR-cgm	07	4710 yds
Alyson Wilson	OR-maco	22	4670 yds
Oester, Claire	UC37	16	4635 yds
Jill Schuldt	OR	91	4550 yds
Serena Johnson	SW-lswm	11	4545 yds
Erin Popelka	OR-thb	12	4535 yds
Megan Tosh	OR-orm	19	4525 yds
Laila Goldring	OR-cgm	08	4510 yds

Women's 50-54 One-Hour

Mary Sweat	OR-unat	12	4745 yds
Kendra Wheeler	OR-kam	14	4650 yds
Arlene Delmage	OR-orm	15	4575 yds
Karen Matson	OR-coma	14	4510 yds
Terri Tynnismaa	OR-cgm	13	4455 yds
Lavelle Stoinoff	MACO	87	4400 yds
Colette Crabbe	OR-orm	11	4375 yds
Jayette Pettit	OR-un	17	4355 yds
Sue Phillips	OR-cat	16	4295 yds
Gillian Salton	OR-coma	20/21	4280 yds
Karen Andrus-Hughes	OR-orm	11	4275 yds
Beth Martell	OR-coma	23	4275 yds
Barb Harris	OR-coma	11	4240 yds
MJ Caswell	OR-cgm	13	4240 yds

Women's 35-39 One-Hour

Sara Nelson	OR-coma	08	5090 yds
Simone Lapay	OR	97	5040 yds
Kristine Senkier	OR-coma	10	4950 yds
Alexis Higlett	OR-maco	22	4905 yds
Brianna Showell	OR-un	17	4825 yds
Kristen Boock	OR-cat	07	4725 yds
Jayna Tomac	OR-coma	09	4720 yds
Kerri Culbertson	OR	97	4670 yds
Megan Lassen	OR-orm	10	4660 yds
Karen Sadler	OR-scat	03	4650 yds
Serena Johnson	OR-lh	13	4570 yds
Kieras, Jessica	OR-orm	16	4515 yds

Women's 55-59 One-Hour

Mary Sweat	OR-unat	13	4735 yds
Valerie Jenkins	OR-orm	21	4670 yds
Arlene Delmage	OR-orm	17	4670 yds
Colette Crabbe	OR-orm	16	4555 yds
Stephanie Martin	OR-coma	18	4445 yds
Lavelle Stoinoff	MACO	88	4415 yds
Cathy Imwalle	OR-coma	09	4310 yds
Jayette Pettit	OR-coma	23	4275 yds
Elizabeth Budd	OR-cat	09	4235 yds
Gillian Salton	OR-coma	23	4175 yds
Marlyss Cappaert	OR-cbat	14-16	4100 yds

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Laura Worden OR-cat 14 4090 yds

Leola Baumgarten OR-scat 95 1965 yds

Women's 60-64 One-Hour

Valerie Jenkins OR-ccym 23 4630 yds
 Colette Crabbe OR-orm 17 4550 yds
 Arlene Delmage OR-ccym 23 4430 yds
 Stephanie Martin OR-coma 20 4395 yds
 Lavelle Stoinoff MACO 95 4260 yds
 Betsy Hanson OR-coma 21 4125 yds
 Jeanna Summers OR-orm 18 4015 yds
 Joanie Krehbiel OR-coma 22 4015 yds
 Barbara Frid OR-thb 04 4005 yds
 Laura Worden OR-cat 21 3980 yds
 Kerri Roussain OR-coma 21 3940 yds
 Sue Calnek-Morris OR-owet 07 3910 yds

Women's 80-84 One-Hour

Jane Nichols OR-cgm 23 2720 yds
 Pat Hunt OR-coma 12 2590 yds
 Bonnie Speer OR-lhst 15 2255 yds
 Nina Gee OR-coma 14 2150 yds
 Jeannie Magmer OR-ncms 20 2100 yds
 Peggie Hodge OR-coma 20 2065 yds
 Jenne Magmer OR-ncms 21 2025 yds
 Leola Baumgartner OR-scat 99 1885 yds
 Doreen Morris MACO 94 1725 yds
 Hazel Bressie MACO 89 1610 yds

Women's 65-69 One-Hour

Colette Crabbe OR-orm 22 4485 yds
 Lavelle Stoinoff MACO 99 4135 yds
 Jeanna Summers OR-orm 19 3900 yds
 Laura Worden OR-cat 22 3885 yds
 Janet Gettling OR-coma 15 3745 yds
 Sue Calnek-Morris OR-orm 11 3740 yds
 Lizzie Cheney OR-oct 21 3650 yds
 Sue Harrington OR-cgm 22 3585 yds
 Lauren Binder OR-maco 13 3520 yds
 Petey Smith OR 93 3425 yds
 Joy Ward OR-orm 10 3410 yds
 Rebecca Kay OR-rvm 13 3400 yds

Women's 85-89 One-Hour

Bonnie Speer OR-lhst 19 1890 yds
 Hilda Buel OR-un 04 1000 yds

Women's 90-94 One-Hour

Hilda Buel OR-un 07 1180 yds

Women's 70-74 One-Hour

Lavelle Stoinoff MACO 03 3960 yds
 Rebecca Kay OR-rvm 19 3400 yds
 Geri Mathewson OR-rvm 18 3235 yds
 Pat Sherman OR-coma 16 3200 yds
 Connie Wilson OR-soma 20 3170 yds
 Jane Nichols OR-cgm 15 3075 yds
 Peggy Whiter OR-coma 14 3025 yds
 Judy Ziemer OR-coma 15 3005 yds
 Kate Wilson OR-soma 18 3000 yds
 Mary Alexandre OR-cgm 09 2880 yds
 Peggie Hodge OR-coma 12 2690 yds
 Betsy Austin MACO 98 2625 yds

Men's 18-24 One-Hour

Kevin Pearson OR-cat 07 4400 yds
 Lindon Powell OR-coma 12 3860 yds
 David Wellman OR-coma 03 3750 yds
 Andrew Mount OR-coma 10 3625 yds
 Gary Breil Jr. MACO 93 3620 yds
 Brynden Rawdin-Morris OR-cgm 12 3175 yds

Women's 75-79 One-Hour

Sue Calnek-Morris OR-orm 19 3495 yds
 Alice Zabudsky OR-un 20 3240 yds
 Jane Nichols OR-cgm 18 3060 yds
 Geri Kawabata OR-thb 12 3015 yds
 Judy Ziemer OR-coma 19 2790 yds
 Pat Hunt OR-coma 11 2580 yds
 Betsy Austen MACO 03 2420 yds
 Nina Gee OR-coma 09 2290 yds
 Jeanne Magmer OR-ncms 19 2250 yds
 Bonnie Speer OR-lhst 14 2230 yds
 Judy Melcher OR-thb 00 1970 yds

Men's 25-29 One-Hour

Alex Stiles MACO 93 5585 yds
 Nathan Boal OR-cat 07 4945 yds
 Mike Johnson OR-cat 88 4740 yds
 Steve Loosley OR-uvrm 83 4715 yds
 Evan Shute OR-cgm 09 4645 yds
 John Berkowitz MACO 87 4625 yds
 Kevin Pearson OR-cat 08 4595 yds
 Chris Scheller OR-thb 02 4470 yds
 Brett Crandall OR-coma 10 4425 yds
 Todd Lantry OR-rvm 04 4410 yds
 Grant Aldred OR-shc 20 4395 yds
 Tom Schoenborn OR-ea 04 4390 yds

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Men's 30-34 One-Hour

Jeff Stiling	MACO	95	5550 yds
Greg Jablonski	OR-thb	99	5420 yds
Curt LaCount	OR	93	5109 yds
David Burleson	MACO	92	5130 yds
Bill Zolna	MACO	00	5140 yds
Bob Needham	Unat	83	5070 yds
Nathan Boal	OR-cat	08	5045 yds
Matt Miller	OR-rvm	12	4935 yds
Dan Schmidt	OR-ea	05	4800 yds
Lee O'Connor	OR-thb	99	4775 yds
Michael Baird	OR	90	4770 yds
Eric Askerman	OR-thb	00	4765 yds

Men's 50-54 One-Hour

Hardy Lussier	OR-coma	17	5515 yds
Scot Sullivan	OR-maco	19	5180 yds
Steve Johnson	OR-ea	99	5020 yds
Doug Goodman	OR-cgm	09	4925 yds
David Hathaway	OR-orm	11	4880 yds
Jim Josberger	OR-coma	23	4850 yds
Pat Allender	OR-cat	10	4830 yds
Kris Calvin	OR-coma	16	4750 yds
Mark Frost	OR-cgm	17	4720 yds
Gary Oliver	OR-coma	10	4675 yds
Doug Otto	OR-maco	10	4675 yds
Jim Rabe	OR-orm	11	4645 yds

Men's 35-39 One-Hour

Doug Stewart	OR-cat	03	5365 yds
Hardy Lussier	OR-coma	04	5250 yds
Greg Jablonski	OR-thb	06	5245 yds
Tim Nelson	OR-coma	02	5230 yds
Jeff Nason	OR-cat	14	5170 yds
Dave Burleson	MACO	94	5165 yds
Matt Miller	OR-rvm	16	5115 yds
Dave Cloninger	OR-coma	07	5045 yds
Chris Roth	OR-thb	98	4970 yds
Dan Knauer	MACO	00	4950 yds
Sean O'Shea	OR-cgm	10	4925 yds
Phil King	MACO	03	4925 yds

Men's 55-59 One-Hour

Hardy Lussier	OR-coma	23	5285 yds
Steve Johnson	OR-ea	06	5025 yds
Scot Sullivan	OR-maco	22	4880 yds
Doug Stewart	OR-cat	21	4780 yds
David Hathaway	OR-orm	18	4730 yds
Bob Bruce	OR-coma	04	4710 yds
Tom Landis	OR-coma	02	4585 yds
Jed Cronin	OR-thb	04	4525 yds
Mark Worden	OR-cat	07	4510 yds
Charlie Swanson	OR-ea	10	4490 yds
Wes Edwards	SW-lswm	12	4435 yds
Tom Phipps	OR-oct	13	4385 yds
Steve Wursta	OR-coma	20	4385 yds

Men's 40-44 One-Hour

Doug Stewart	OR-cat	07	5330 yds
Matt Miller	OR-soma	18&19	5260 yds
Jeff Nason	OR-cat	19	5260 yds
Hardy Lussier	OR-coma	07	5255 yds
Steve Johnson	OR-ea	93	5165 yds
Dave Burleson	MACO	99	5155 yds
Matt Gilman	OR-coma	20	5105 yds
Steven Durapau	OR	90	5085 yds
Jamie Proffitt	OR-coma	10	5040 yds
Dave Cloninger	OR-coma	10	5020 yds
Rob Higley	OR-coma	10	4975 yds
Robbert Van Andel	OR-oct	15	4905 yds

Men's 60-64 One-Hour

Steve Johnson	OR-ea	09	4935 yds
Pat Allender	OR-cat	22	4780 yds
Tom Landis	OR-coma	07	4645 yds
Jed Cronin	OR-thb	09	4550 yds
Bob Bruce	OR-coma	09	4535 yds
Jeffrey Piette	OR-orm	17	4505 yds
Tom Phipps	OR-oct	14	4430 yds
Robert Voll	OR-orm	18	4365 yds
Charlie Swanson	OR-ea	15	4335 yds
Don Uhlir	OR-coma	18	4315 yds
Larry Philbrick	OR-kam	15	4305 yds
Doug Brockbank	OR-coma	14	4285 yds

Men's 45-49 One-Hour

Hardy Lussier	OR-coma	12	5515 yds
Dennis Baker	OR-orm	11	5495 yds
Kurt Grote	OR-maco	20	5340 yds
Jeff Nason	OR-cat	20	5200 yds
Steve Johnson	OR-ea	97	5105 yds
Dave Burleson	MACO	03	5035 yds
Doug Asbury	OR-coma	08	5015 yds
David Hathaway	OR-orm	10	4985 yds
Michael Baele	OR-thb	12	4950 yds
Mark Frost	OR-cgm	15	4940 yds
Darrin Lajoie	OR-aqdk	12	4910 yds
William Noftsker	SW-lswm	12	4900 yds

Men's 65-69 One-Hour

Tom Landis	OR-coma	08	4680 yds
Steve Johnson	OR-ea	14	4415 yds
Jed Cronin	OR-thb	14	4380 yds
Dave Radcliff	OR-thb	04	4375 yds
Bob Bruce	OR-coma	16	4365 yds
Jeff Piette	OR-orm	21&22	4360 yds
Michael Stephenson	OR-cgm	18	4185 yds
Tom Phipps	OR-oct	18	4180 yds
Doug Brockbank	OR-orm	20	4165 yds
Jim Teisher	OR-thb	17	4055 yds
Brooks Richardson	OR-coma	17	4025 yds
Kermit Yensen	OR-coma	18&19	4025 yds

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Men's 70-74 One-Hour

Dan Kirkland	OR-soma	19	4710 yds
Dave Radcliff	OR-thb	07	4495 yds
Bob Bruce	OR-coma	19	4395 yds
Tom Landis	OR-coma	13	4325 yds
Steve Johnson	OR-ea	18	4115 yds
Tom Phipps	OR-oct	23	4010 yds
Ralph Mohr	OR-coma	13	3950 yds
Matt Henderson	OR-coma	20	3825 yds
Bren Hirschberg	OR-coma	16	3730 yds
Kermit Yensen	OR-coma	23	3715 yds
Frank Philipps	OR-rvm	13	3670 yds
Bob Kehoe	OR-orm	17	3600 yds

Men's 100-104 One-Hour

Willard Lamb	OR-coma	22	2495 yds
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Men's 75-79 One-Hour

Dan Kirkland	OR-coma	23	4675 yds
Dave Radcliff	OR-thb	10	4520 yds
Bob Bruce	OR-coma	23	4260 yds
Ralph Mohr	OR-coma	17	3720 yds
Steve Johnson	OR-ea	23	3630 yds
Dick Wieck	OR-ea	10	3405 yds
Frank Phillips	OR-soma	19	3350 yds
George Thayer	OR-coma	12	3050 yds
John Spence	OR-coma	17	3025 yds
John Foges	OR-coma	19	3015 yds
Archibald Millis	OR-un	17	2850 yds
Peter Watson	OR-unat	11	2800 yds

Men's 80-84 One-Hour

Dave Radcliff	OR-thb	15	4300 yds
Ralph Mohr	OR-coma	21	3560 yds
Barry Fassbender	OR-rvm	17	3405 yds
Dick Wieck	OR-ea	15	3170 yds
Ray Allen	OR-som	07	2550 yds
George Thayer	OR-coma	16	2545 yds
Charles Bushey	OR-un	04	2410 yds
George Weber	OR-coma	11	1945 yds
Sheridan Jones	OR-lcm	08	1090 yds

Men's 85-89 One-Hour

Dave Radcliff	OR-thb	19	3805 yds
Barry Fassbender	OR-un	22	2930 yds
Charles Bushey	OR-un	07	2355 yds

Men's 90-94 One-Hour

Willard Lamb	OR-orm	15	2990 yds
Charles Bushey	OR-un	12	2030 yds

Men's 95-99 One-Hour

Willard Lamb	OR-orm	17	2885 yds
Charles Bushey	OR-un	17	1395 yds
