

Oregon LMSC Virtual 10-Kilometer Swim Records (as of September 15, 2023)

10-Kilometer Swim: Women's Individual Records

<u>Age Group</u>	<u>Time</u>	<u>Swimmer</u>	<u>Year</u>
W18-24	2:33:17.99	Erin Cavender	2018
W25-29	2:14:58.59	Sara Quan	2001
W30-34	2:38:12.48	Megan Tosh	2019
W35-39	2:27:20.63	Alexis Higlett	2022
W40-44	2:27:46.39	Jayna Tomac	2014
W45-49	2:29:35.39	Mary Sweat	2006
W50-54	2:26:37.00	Mary Sweat	2011
W55-59	2:27:28.09	Mary Sweat	2013
W60-64	2:46:59.09	Arlene Delmage	2022
W65-69	3:19:23.99	Jeanna Summers	2019
W70-74	4:34:03.99	Peggy Whiter	2014
W75-79			

10-Kilometer Swim: Men's Individual Records

<u>Age Group</u>	<u>Time</u>	<u>Swimmer</u>	<u>Year</u>
M18-24			
M25-29	2:49:13.08	Michael Kalk	2009
M30-34	2:24:58.88	Matt Miller	2012
M35-39	2:18:37.04	Greg Jablonski	2003
M40-44	2:17:34.99	Matt Miller	2018
M45-49	2:10:29.48	Hardy Lussier	2012
M50-54	2:13:53.99	Hardy Lussier	2018
M55-59	2:14:30.34	Hardy Lussier	2023
M60-64	2:27:56.79	Steve Johnson	2009
M65-69	2:47:37.79	Bob Bruce	2016
M70-74	2:41:02.19	Dan Kirkland	2019
M75-79	2:37:46.08	Dan Kirkland	2023
M80-84	2:49:45.66	Dave Radcliff	2015
M85-89	3:34:56.66	Dave Radcliff	2019
M90-94			

10-Kilometer Swim: Women's Relay Records (3 x 10 km)

<u>Age Group</u>	<u>Time</u>	<u>Swimmers</u>	<u>Year</u>
W18+	7:44:32.97	Megan Tosh, Erin Cavender, Sara Shepherd	2018
W25+	7:53:27.73	Kelsey Bowen, Serena Johnson, Mary Sweat	2013
W35+	7:39:39.36	Laura Tyrell, Mary Sweat, Kerri Roussain	2002
W45+	7:58:24.25	Terri Tyynismaa, Mary Sweat, Arlene Delmage	2010
W55+	10:59:20.85	Peggy Whiter, Connie Shuman, Mary Sweat	2014
W65+			

10-Kilometer Swim: Men's Relay Records (3 x 10 km)

<u>Age Group</u>	<u>Time</u>	<u>Swimmers</u>	<u>Year</u>
M18+			
M25+	7:32:03.04	Pat Allender, Mark Frost, Matt Miller	2012
M35+	6:55:17.90	Scot Sullivan, Matt Miller, Hardy Lussier	2018
M45+	6:58:27.17	Kris Calvin, Tom Fristoe, Hardy Lussier	2012
M55+	7:42:06.08	Tom Landis, Bob Bruce, Steve Johnson	2003
M65+	8:36:30.72	Jed Cronin, Bob Bruce, Dave Radcliff	2015
M75+			

10-Kilometer Swim: Mixed Relay Records (4 x 10 km)

<u>Age Group</u>	<u>Time</u>	<u>Swimmers</u>	<u>Year</u>
Mx18+	10:55:13.61	Anna Daggett, Erin Cavender, Dan Kirkland, David Hathaway	2019
Mx25+	9:42:43.96	Megan Tosh, Sara Shepherd, Matt Miller, Hardy Lussier	2018
Mx35+	9:48:50.69	Susie Jajewski, Jayna Tomac, Matt Miller, Hardy Lussier	2014
Mx45+	9:39:39.30	Terri Tyynismaa, Mary Sweat, Tom Fristoe, Hardy Lussier	2012
Mx55+	11:48:07.96	Tam Jenkins, Elizabeth Budd, Charlie Swanson, Steve Johnson	2009
Mx65+			