

Oregon LCM Records -- as of 08/11/2009

MEN 18-24					WOMEN 18-24				
0:25.55	06/10/07	Marc Maier	50	M. Free	Shannon Heringer	08/23/92	0:28.76		
0:54.50	08/23/92	Greg Cooper	100	M. Free	Michelle Menkins	06/10/79	1:03.86		
2:09.96	07/09/95	Kevin Noah	200	M. Free	Briana Willia	06/06/09	2:25.39		
4:37.85	08/27/95	Kevin Noah	400	M. Free	Denise Stuntzner	06/08/86	5:03.07		
9:36.54	07/30/00	Andy Lachman	800	M. Free	Lisa Woodworth	08/05/90	11:16.13		
18:24.88	07/30/00	Andy Lachman	1500	M. Free	Deborah Heim	08/01/93	20:39.08		
0:30.45	08/27/95	Scott Sinai	50	M. Back	Shannon Heringer	08/23/92	0:33.30		
1:02.56	08/27/95	Gary DeFrang	100	M. Back	Shannon Heringer	08/23/92	1:13.61		
2:21.80	08/27/95	Gary DeFrang	200	M. Back	Michelle Donahue	08/23/92	2:26.62		
0:31.19	01/01/98	Vladko Drobny	50	M. Breast	Wendy Dixon	06/12/99	0:39.36		
1:11.08	08/23/92	Greg Cooper	100	M. Breast	Julie Ahrendt	08/27/95	1:23.50		
2:41.79	07/30/00	Andy Lachman	200	M. Breast	Julie Ahrendt	08/27/95	2:59.76		
0:27.06	08/23/92	Greg Cooper	50	M. Fly	Shannon Heringer	08/23/92	0:30.40		
1:01.27	08/23/92	Greg Cooper	100	M. Fly	Shannon Heringer	08/23/92	1:08.88		
2:35.11	08/23/92	Andrew Potter	200	M. Fly	Denise Stuntzner	06/08/86	2:45.04		
2:32.02	04/04/08	Brian Nagle	200	M. I. M.	Michelle Donahue	08/23/92	2:29.90		
5:28.67	08/27/95	Kevin Noah	400	M. I. M.	Deborah Heim	07/26/92	5:52.09		

MEN 25-29					WOMEN 25-29				
0:24.49	08/17/08	Michael Burton	50	M. Free	Susan Braun	08/24/86	0:29.43		
0:52.08	08/23/92	John Keppeler	100	M. Free	Lisa Hjerpe	07/26/98	1:04.06		
1:52.17	08/23/92	John Keppeler	200	M. Free	Lisa Hjerpe	08/10/98	2:18.51		
4:19.82	08/23/92	Alex Stiles	400	M. Free	Sara Quan	08/19/01	4:46.98		
8:49.44	08/15/98	Dimitar Petrov	800	M. Free	Lisa Hjerpe	07/12/98	10:26.32		
17:14.33	08/26/82	Alan Cardwell	1500	M. Free	Sara Quan	08/19/01	18:29.45		
0:28.30	08/27/95	John Keppeler	50	M. Back	Jennifer Alden	08/17/08	0:33.04		
0:58.24	08/23/92	John Keppeler	100	M. Back	Jennifer Alden	08/17/08	1:13.07		
2:07.57	08/23/92	John Keppeler	200	M. Back	Michelle Donahue	08/27/95	2:31.59		
0:30.20	08/17/08	Michael Burton	50	M. Breast	Brianna Showell	08/17/08	0:36.37		
1:11.98	08/01/92	Dale Walker	100	M. Breast	Brianna Showell	08/17/08	1:19.45		
2:39.60	08/01/92	Dale Walker	200	M. Breast	Brianna Showell	08/17/08	2:52.79		
0:25.48	08/23/92	Dirk Marshall	50	M. Fly	Susan Braun	08/24/86	0:31.42		
0:56.90	08/23/92	John Keppeler	100	M. Fly	Michelle Donahue	08/27/95	1:11.82		
2:10.79	08/25/96	Bill Zolna	200	M. Fly	Shauna Simpson	07/12/98	2:42.26		
2:14.32	08/22/96	Bill Zolna	200	M. I. M.	Lisa Hjerpe	08/10/98	2:35.54		
4:49.49	08/25/96	Bill Zolna	400	M. I. M.	Sara Quan	08/19/01	5:28.42		

MEN 30-34					WOMEN 30-34				
0:25.00	07/08/01	Curtis Taylor	50	M. Free	Gracie Goddard	08/11/91	0:28.02		
0:55.34	08/15/98	Robert Kabacy	100	M. Free	Leissa Mills	08/05/90	1:00.59		
2:00.39	07/31/94	Jeff Stiling	200	M. Free	Leissa Mills	08/05/90	2:11.02		
4:16.22	07/31/94	Jeff Stiling	400	M. Free	Leissa Mills	08/01/93	4:44.36		
9:15.86	08/15/98	Doug Stewart	800	M. Free	Leissa Mills	08/01/93	9:51.10		
17:39.68	08/17/08	Chip Polito	1500	M. Free	Amy Halligan	07/30/00	19:51.94		
0:29.93	08/10/98	Horst Niehaus	50	M. Back	Erin Kirkwood	08/17/08	0:34.65		
1:03.80	08/15/98	Darren Dutto	100	M. Back	Leissa Mills	08/23/92	1:12.69		
2:19.28	08/17/08	Chip Polito	200	M. Back	Julie Himstreet	08/19/01	2:42.75		
0:31.25	08/24/86	Roy Clark	50	M. Breast	Lauren Thies	06/06/09	0:37.80		
1:09.44	08/24/86	Roy Clark	100	M. Breast	Ellen Ferguson	01/01/94	1:23.63		
2:36.07	08/24/86	Roy Clark	200	M. Breast	Ellen Ferguson	01/01/94	3:02.55		
0:26.85	08/15/98	Robert Kabacy	50	M. Fly	Gracie Goddard	08/23/92	0:30.76		
0:58.89	01/01/94	Jeff Stiling	100	M. Fly	Leissa Mills	08/23/92	1:09.41		
2:11.71	08/15/02	Bill Zolna	200	M. Fly	Julie Himstreet	08/19/01	2:47.75		
2:17.19	08/15/02	Bill Zolna	200	M. I. M.	Leissa Mills	08/23/92	2:34.87		
4:52.38	08/15/02	Bill Zolna	400	M. I. M.	Julie Himstreet	08/16/01	5:45.01		

MEN 35-39					WOMEN 35-39				
0:24.98	08/10/98	James Sorensen	50	M. Free	Kristine Senkier	08/17/08	0:27.91		
0:54.60	08/17/08	Curtis Taylor	100	M. Free	Gracie Goddard	08/27/95	1:01.45		
1:58.84	08/27/95	Jeff Stiling	200	M. Free	Kristine Senkier	08/17/08	2:14.04		
4:17.26	08/27/95	Jeff Stiling	400	M. Free	Kristine Senkier	08/17/08	4:45.50		
8:54.26	08/27/95	Jeff Stiling	800	M. Free	Holly Edmonds	08/15/98	9:56.66		
17:31.53	08/19/01	Doug Stewart	1500	M. Free	Sara Nelson	08/17/08	18:41.21		
0:29.33	08/10/98	Curt LaCount	50	M. Back	Kristine Senkier	08/17/08	0:32.85		
1:03.62	08/15/98	Steve George	100	M. Back	Kristine Senkier	08/17/08	1:09.99		
2:19.61	08/15/98	Steve George	200	M. Back	Kristine Senkier	08/17/08	2:31.06		
0:31.40	08/19/01	John Hudson	50	M. Breast	Jayna Tomac	08/17/08	0:36.71		
1:10.61	07/08/06	Greg Latta	100	M. Breast	Jayna Tomac	08/17/08	1:21.63		
2:36.21	08/10/98	Pat Allender	200	M. Breast	Sara Nelson	08/17/08	2:53.71		
0:26.41	08/17/08	Ed Riddle	50	M. Fly	Nikki Weeks	08/17/08	0:30.79		
0:59.62	08/27/95	Jeff Stiling	100	M. Fly	Gracie Goddard	08/27/95	1:11.03		
2:09.36	07/30/00	Dennis Baker	200	M. Fly	Shauna Simpson	06/03/06	2:41.40		
2:15.53	08/10/98	James Sorensen	200	M. I. M.	Sara Nelson	08/17/08	2:34.53		
4:50.27	08/27/95	Jeff Stiling	400	M. I. M.	Sara Nelson	08/17/08	5:29.12		

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MEN 40-44					WOMEN 40-44				
0:25.18	08/17/08	Eric Wan	50	M. Free	Shannon Corbeau	08/10/09	0:29.16		
0:55.61	08/17/08	Eric Wan	100	M. Free	Arlene Delmage	07/08/06	8:13.89		

2:03.09	01/01/04	Dennis Baker	200	M.	Free	Valerie Jenkins	08/10/06	2:22.85
4:11.55	05/01/04	Dennis Baker	400	M.	Free	Arlene Delmage	08/10/06	4:59.24
9:32.07	08/10/06	Timothy Nelson	800	M.	Free	Elizabeth Watkins	08/17/08	10:34.57
18:25.53	07/09/05	Doug Stewart	1500	M.	Free	Arlene Delmage	07/08/06	19:50.68
0:30.74	08/15/98	David Burleson	50	M.	Back	Valerie Jenkins	08/10/06	0:32.41
1:05.76	08/10/98	David Burleson	100	M.	Back	Valerie Jenkins	08/09/03	1:13.43
2:24.88	08/15/98	David Burleson	200	M.	Back	Valerie Jenkins	08/10/06	2:41.29
0:30.41	08/17/08	James Corbeau	50	M.	Breast	Shannon Corbeau	08/10/09	0:38.29
1:08.92	08/17/08	James Corbeau	100	M.	Breast	Ginger Pierson	08/24/86	1:24.95
2:36.95	08/19/01	Pat Allender	200	M.	Breast	Colette Crabbe	01/01/98	3:05.13
0:27.60	08/17/08	Jeff Rodgers	50	M.	Fly	Arlene Delmage	08/10/06	0:31.02
0:57.97	01/01/94	Dennis Baker	100	M.	Fly	Arlene Delmage	08/10/06	1:08.48
2:05.55	07/10/04	Dennis Baker	200	M.	Fly	Arlene Delmage	08/10/06	2:34.48
2:22.38	01/01/04	Dennis Baker	200	M.	I. M.	Valerie Jenkins	08/10/06	2:43.07
4:49.42	08/14/05	Dennis Baker	400	M.	I. M.	Arlene Delmage	08/10/06	5:51.98

MEN 45-49

0:26.27	08/23/02	Mike Tennant	50	M.	Free
0:59.56	08/17/08	Brent Washburne	100	M.	Free
1:59.34	07/11/09	Dennis Baker	200	M.	Free
4:09.20	07/19/08	Dennis Baker	400	M.	Free
9:29.43	08/17/08	Doug Asbury	800	M.	Free
17:34.64	04/04/08	Dennis Baker	1500	M.	Free
0:30.70	07/30/00	Peter Metzger	50	M.	Back
1:07.32	08/19/01	Peter Metzger	100	M.	Back
2:26.88	04/04/08	Lincoln Djang	200	M.	Back
0:30.98	08/10/09	James Corbeau	50	M.	Breast
1:09.08	08/10/09	James Corbeau	100	M.	Breast
2:37.89	07/12/03	Pat Allender	200	M.	Breast
0:27.66	08/17/08	Doug Christensen	50	M.	Fly
1:00.65	08/10/06	Dennis Baker	100	M.	Fly
2:04.07	07/19/08	Dennis Baker	200	M.	Fly
2:16.12	08/10/06	Dennis Baker	200	M.	I. M.
4:50.73	08/10/06	Dennis Baker	400	M.	I. M.

WOMEN 45-49

08/19/02	0:28.86	Robin Parisi
08/19/02	1:03.10	Robin Parisi
08/10/07	2:19.48	Arlene Delmage
08/17/08	4:57.08	Ellen Ferguson
08/10/06	10:29.99	Kerri Roussain
06/14/08	20:06.82	Arlene Delmage
08/17/08	0:31.71	Valerie Jenkins
08/17/08	1:12.90	Valerie Jenkins
08/17/08	2:39.69	Valerie Jenkins
08/19/01	0:38.81	Colette Crabbe
07/20/02	1:22.85	Colette Crabbe
08/19/01	2:57.24	Colette Crabbe
08/17/08	0:30.04	Arlene Delmage
08/17/08	1:06.42	Arlene Delmage
08/10/07	2:35.32	Arlene Delmage
08/17/03	2:35.74	Colette Crabbe
07/20/02	5:37.68	Colette Crabbe

MEN 50-54

0:26.06	07/12/03	Mike Tennant	50	M.	Free
0:58.35	08/09/03	Mike Tennant	100	M.	Free
2:12.73	08/09/03	Mike Tennant	200	M.	Free
4:53.92	08/15/98	Steve Johnson	400	M.	Free
10:13.93	08/15/98	Steve Johnson	800	M.	Free
19:15.59	08/19/01	Steve Johnson	1500	M.	Free
0:31.35	08/27/95	Robert Smith	50	M.	Back
1:08.39	08/04/07	Wes Edwards	100	M.	Back
2:31.13	06/10/07	Wes Edwards	200	M.	Back
0:33.06	08/17/08	Pat Allender	50	M.	Breast
1:12.22	07/11/09	Pat Allender	100	M.	Breast
2:40.29	08/17/08	Pat Allender	200	M.	Breast
0:29.24	06/06/09	Curt LaCount	50	M.	Fly
1:07.87	08/17/08	Kent Westphal	100	M.	Fly
2:57.93	06/04/05	David Fryefield	200	M.	Fly
2:29.70	08/17/08	Pat Allender	200	M.	I. M.
5:30.41	08/22/93	Richard Boyd	400	M.	I. M.

WOMEN 50-54

08/10/07	0:29.48	Karen Andrus-Hughes
08/10/07	1:04.81	Karen Andrus-Hughes
07/12/08	2:28.27	Karen Andrus-Hughes
08/17/08	5:18.13	Mary Sweat
07/07/07	10:44.56	Mary Sweat
04/04/08	20:45.90	Mary Sweat
08/10/07	0:33.26	Karen Andrus-Hughes
08/17/08	1:13.55	Karen Andrus-Hughes
07/11/09	2:45.51	Karen Andrus-Hughes
05/20/96	0:40.00	Ginger Pierson
08/10/09	1:28.42	Donna Buck
07/11/09	3:09.09	Colette Crabbe
08/17/08	0:33.48	Deidra Cherzan
01/01/04	1:12.24	Robin Parisi
07/12/08	3:03.30	Colette Crabbe
01/01/04	2:44.30	Robin Parisi
07/07/07	5:59.83	Colette Crabbe

MEN 55-59

0:25.31	08/17/08	Mike Tennant	50	M.	Free
0:58.18	08/17/08	Mike Tennant	100	M.	Free
2:17.85	07/11/09	Stephen Kevan	200	M.	Free
4:55.77	08/10/06	Steve Johnson	400	M.	Free
10:17.99	06/16/07	Steve Johnson	800	M.	Free
19:40.64	07/12/03	Steve Johnson	1500	M.	Free
0:31.21	08/17/08	Wes Edwards	50	M.	Back
1:08.20	08/17/08	Wes Edwards	100	M.	Back
2:29.67	08/17/08	Wes Edwards	200	M.	Back
0:34.66	06/04/05	Allen Stark	50	M.	Breast
1:17.08	08/10/06	Allen Stark	100	M.	Breast
2:52.11	08/10/06	Allen Stark	200	M.	Breast
0:29.78	06/06/09	Wes Edwards	50	M.	Fly
1:11.02	08/17/08	Doug Brockbank	100	M.	Fly
2:57.56	06/06/09	Mike Tennant	200	M.	Fly
2:38.39	07/11/09	Stephen Kevan	200	M.	I. M.
5:59.24	04/04/08	Mike Tennant	400	M.	I. M.

WOMEN 55-59

08/01/99	0:33.06	Joy Ward
08/01/99	1:17.02	Joy Ward
07/31/88	2:42.04	Lavelle Stoinoff
08/14/88	5:36.66	Lavelle Stoinoff
08/28/88	11:30.97	Lavelle Stoinoff
08/14/88	22:18.91	Lavelle Stoinoff
08/19/01	0:39.76	Joy Ward
08/19/01	1:29.08	Joy Ward
08/20/89	3:10.89	Lavelle Stoinoff
08/12/04	0:40.57	Ginger Pierson
08/10/06	1:31.32	Catherine Imwalle
08/10/06	3:19.68	Catherine Imwalle
08/01/99	0:34.43	Joy Ward
08/19/01	1:29.91	Ginger Pierson
08/19/01	3:16.09	Ginger Pierson
08/10/06	3:00.27	Catherine Imwalle
08/10/06	6:31.98	Catherine Imwalle

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MEN 60-64

0:27.62	07/12/03	Robert Smith	50	M.	Free
1:03.37	08/17/08	Douglas Prentice	100	M.	Free
2:17.43	03/24/02	Tom Landis	200	M.	Free
4:58.33	04/25/08	Steve Johnson	400	M.	Free
10:15.35	04/25/08	Steve Johnson	800	M.	Free
19:53.86	08/17/08	Steve Johnson	1500	M.	Free
0:33.01	07/12/03	Robert Smith	50	M.	Back

WOMEN 60-64

08/15/02	0:33.69	Joy Ward
06/13/93	1:16.97	Lavelle Stoinoff
07/11/93	2:43.83	Lavelle Stoinoff
07/11/93	5:47.52	Lavelle Stoinoff
05/29/94	12:01.79	Lavelle Stoinoff
05/28/95	22:50.81	Lavelle Stoinoff
06/03/06	0:41.49	Joy Ward
	8/13/09	

1:17.05	08/10/06	Robert Smith	100	M.	Back	Joy Ward	08/14/05	1:31.20
2:55.66	08/09/03	Robert Smith	200	M.	Back	Lavelle Stoinoff	05/29/94	3:12.84
0:35.37	08/10/09	Allen Stark	50	M.	Breast	Ginger Pierson	08/17/08	0:42.11
1:16.83	08/10/09	Allen Stark	100	M.	Breast	Ginger Pierson	08/17/08	1:32.69
2:52.54	08/10/09	Allen Stark	200	M.	Breast	Ginger Pierson	08/17/08	3:28.05
0:30.05	08/10/98	Bert Petersen	50	M.	Fly	Joy Ward	08/15/02	0:35.62
1:12.34	08/19/01	Bert Petersen	100	M.	Fly	Joy Ward	08/12/04	1:32.65
2:58.82	06/06/09	Allen Stark	200	M.	Fly	Ginger Pierson	08/10/06	3:33.79
2:53.59	07/12/03	Tom Landis	200	M.	I. M.	Joy Ward	06/28/03	3:25.59
6:13.67	07/12/03	Tom Landis	400	M.	I. M.	Ginger Pierson	04/04/08	7:19.73

MEN 65-69

0:27.65	08/17/08	Robert Smith	50	M.	Free	Joy Ward	08/10/07	0:35.62
1:02.62	08/17/08	Tom Landis	100	M.	Free	Lavelle Stoinoff	07/12/98	1:20.10
2:18.53	08/17/08	Tom Landis	200	M.	Free	Lavelle Stoinoff	08/23/98	2:54.02
5:00.26	03/10/07	Tom Landis	400	M.	Free	Lavelle Stoinoff	08/23/98	5:54.90
10:25.94	06/10/07	Tom Landis	800	M.	Free	Lavelle Stoinoff	08/23/98	12:23.32
20:00.97	04/04/08	Tom Landis	1500	M.	Free	Lavelle Stoinoff	07/26/98	23:42.01
0:33.87	08/17/08	Robert Smith	50	M.	Back	Joy Ward	08/10/07	0:43.22
1:17.50	08/17/08	Robert Smith	100	M.	Back	Joy Ward	08/10/07	1:33.60
2:55.69	07/12/08	Robert Smith	200	M.	Back	Lavelle Stoinoff	08/23/98	3:16.02
0:37.75	08/17/08	Robert Smith	50	M.	Breast	Barbara Frid	08/17/08	0:46.87
1:30.87	07/12/08	Robert Smith	100	M.	Breast	Susanne Schumann	08/19/02	1:45.58
3:40.72	08/23/92	Lee Miesen	200	M.	Breast	Susanne Schumann	08/19/02	3:48.40
0:31.41	07/12/03	Bert Petersen	50	M.	Fly	Joy Ward	06/10/07	0:38.47
1:18.11	07/07/07	Tom Landis	100	M.	Fly	Joy Ward	08/10/07	1:40.82
3:12.79	07/12/08	Tom Landis	200	M.	Fly	Joy Ward	07/12/08	3:51.77
2:48.63	06/10/07	Tom Landis	200	M.	I. M.	Joy Ward	06/14/08	3:39.13
6:03.31	06/10/07	Tom Landis	400	M.	I. M.	Joy Ward	07/12/08	7:41.14

WOMEN 65-69

0:35.62	08/10/07	Joy Ward	08/10/07	0:35.62
1:20.10	07/12/98	Lavelle Stoinoff	07/12/98	1:20.10
2:54.02	08/23/98	Lavelle Stoinoff	08/23/98	2:54.02
5:54.90	08/23/98	Lavelle Stoinoff	08/23/98	5:54.90
12:23.32	08/23/98	Lavelle Stoinoff	08/23/98	12:23.32
23:42.01	07/26/98	Lavelle Stoinoff	07/26/98	23:42.01
0:43.22	08/10/07	Joy Ward	08/10/07	0:43.22
1:33.60	08/10/07	Joy Ward	08/10/07	1:33.60
3:16.02	08/23/98	Lavelle Stoinoff	08/23/98	3:16.02
0:46.87	08/17/08	Barbara Frid	08/17/08	0:46.87
1:45.58	08/19/02	Susanne Schumann	08/19/02	1:45.58
3:48.40	08/19/02	Susanne Schumann	08/19/02	3:48.40
0:38.47	06/10/07	Joy Ward	06/10/07	0:38.47
1:40.82	08/10/07	Joy Ward	08/10/07	1:40.82
3:51.77	07/12/08	Joy Ward	07/12/08	3:51.77
3:39.13	06/14/08	Joy Ward	06/14/08	3:39.13
7:41.14	07/12/08	Joy Ward	07/12/08	7:41.14

MEN 70-74

0:30.26	06/19/04	David Radcliff	50	M.	Free	Petey Smith	08/28/94	0:38.73
1:06.47	07/27/05	David Radcliff	100	M.	Free	Lavelle Stoinoff	07/12/03	1:23.09
2:26.20	08/17/08	David Radcliff	200	M.	Free	Lavelle Stoinoff	07/12/03	2:57.28
5:17.20	04/25/08	David Radcliff	400	M.	Free	Lavelle Stoinoff	06/28/03	6:11.92
10:49.02	08/10/06	David Radcliff	800	M.	Free	Lavelle Stoinoff	08/12/04	12:35.14
21:07.50	08/17/08	David Radcliff	1500	M.	Free	Lavelle Stoinoff	07/12/03	24:24.13
0:40.06	07/27/97	Floyd Elliott	50	M.	Back	Lavelle Stoinoff	07/10/04	0:50.07
1:28.13	07/27/97	Floyd Elliott	100	M.	Back	Lavelle Stoinoff	07/12/03	1:40.88
3:16.58	07/27/97	Floyd Elliott	200	M.	Back	Lavelle Stoinoff	08/12/04	3:29.72
0:43.02	07/11/09	Ronald Nakata	50	M.	Breast	Joyce Bahler	08/19/01	0:54.09
1:39.70	07/11/09	Ronald Nakata	100	M.	Breast	Louise Hepner	01/01/96	2:03.93
3:53.16	07/12/03	Milton Marks	200	M.	Breast	Joyce Bahler	08/19/01	4:26.89
0:32.36	04/04/08	Bert Petersen	50	M.	Fly	Margaret Wells	07/12/98	1:05.93
1:35.09	08/23/92	Andrew Holden	100	M.	Fly	Margaret Wells	07/27/97	2:29.95
3:49.33	08/23/92	Andrew Holden	200	M.	Fly	Margaret Wells	08/15/98	5:38.47
3:23.76	06/03/04	Richard Weick	200	M.	I. M.	Joyce Bahler	08/19/01	4:19.14
7:43.76	07/28/91	Gerald Huestis	400	M.	I. M.	Margaret Wells	08/15/98	10:31.36

WOMEN 70-74

0:38.73	08/28/94	Petey Smith	08/28/94	0:38.73
1:23.09	07/12/03	Lavelle Stoinoff	07/12/03	1:23.09
2:57.28	07/12/03	Lavelle Stoinoff	07/12/03	2:57.28
6:11.92	06/28/03	Lavelle Stoinoff	06/28/03	6:11.92
12:35.14	08/12/04	Lavelle Stoinoff	08/12/04	12:35.14
24:24.13	07/12/03	Lavelle Stoinoff	07/12/03	24:24.13
0:50.07	07/10/04	Lavelle Stoinoff	07/10/04	0:50.07
1:40.88	07/12/03	Lavelle Stoinoff	07/12/03	1:40.88
3:29.72	08/12/04	Lavelle Stoinoff	08/12/04	3:29.72
0:54.09	08/19/01	Joyce Bahler	08/19/01	0:54.09
2:03.93	01/01/96	Louise Hepner	01/01/96	2:03.93
4:26.89	08/19/01	Joyce Bahler	08/19/01	4:26.89
1:05.93	07/12/98	Margaret Wells	07/12/98	1:05.93
2:29.95	07/27/97	Margaret Wells	07/27/97	2:29.95
5:38.47	08/15/98	Margaret Wells	08/15/98	5:38.47
4:19.14	08/19/01	Joyce Bahler	08/19/01	4:19.14
10:31.36	08/15/98	Margaret Wells	08/15/98	10:31.36

MEN 75-79

0:30.28	07/11/09	David Radcliff	50	M.	Free	Lavelle Stoinoff	06/14/08	0:44.49
1:06.63	07/11/09	David Radcliff	100	M.	Free	Lavelle Stoinoff	07/12/08	1:36.87
2:25.66	06/06/09	David Radcliff	200	M.	Free	Evelyn McKeon	08/11/91	4:33.74
5:17.77	03/07/09	David Radcliff	400	M.	Free	Lavelle Stoinoff	07/12/08	7:30.75
11:07.90	07/11/09	David Radcliff	800	M.	Free	Margaret Wells	06/03/01	21:40.66
21:03.06	07/11/09	David Radcliff	1500	M.	Free	Martha Keller	08/16/80	42:02.14
0:41.39	08/19/01	Floyd Elliott	50	M.	Back	Evelyn McKeon	07/14/91	1:01.73
1:32.44	08/19/01	Floyd Elliott	100	M.	Back	Norma Bernardi	08/13/98	2:20.24
3:26.19	08/19/01	Floyd Elliott	200	M.	Back	Margaret Wells	08/19/01	5:06.17
0:45.67	07/09/05	Milton Marks	50	M.	Breast	Pauline Stangel	07/12/98	1:07.89
1:47.47	07/09/05	Milton Marks	100	M.	Breast	Pauline Stangel	08/15/98	2:28.59
3:57.09	07/09/05	Milton Marks	200	M.	Breast	Pauline Stangel	08/15/98	5:21.62
0:39.02	08/27/95	Andrew Holden	50	M.	Fly	Margaret Wells	06/02/02	1:09.46
1:40.74	08/27/95	Andrew Holden	100	M.	Fly	Margaret Wells	08/19/01	2:41.91
4:01.71	08/27/95	Gerald Huestis	200	M.	Fly	Margaret Wells	07/13/02	6:19.66
3:38.30	08/27/95	Gerald Huestis	200	M.	I. M.	Helena Hoffman	07/26/92	5:05.29
8:14.84	07/16/95	Gerald Huestis	400	M.	I. M.	Margaret Wells	07/13/02	11:30.30

WOMEN 75-79

0:44.49	06/14/08	Lavelle Stoinoff	06/14/08	0:44.49
1:36.87	07/12/08	Lavelle Stoinoff	07/12/08	1:36.87
4:33.74	08/11/91	Evelyn McKeon	08/11/91	4:33.74
7:30.75	07/12/08	Lavelle Stoinoff	07/12/08	7:30.75
21:40.66	06/03/01	Margaret Wells	06/03/01	21:40.66
42:02.14	08/16/80	Martha Keller	08/16/80	42:02.14
1:01.73	07/14/91	Evelyn McKeon	07/14/91	1:01.73
2:20.24	08/13/98	Norma Bernardi	08/13/98	2:20.24
5:06.17	08/19/01	Margaret Wells	08/19/01	5:06.17
1:07.89	07/12/98	Pauline Stangel	07/12/98	1:07.89
2:28.59	08/15/98	Pauline Stangel	08/15/98	2:28.59
5:21.62	08/15/98	Pauline Stangel	08/15/98	5:21.62
1:09.46	06/02/02	Margaret Wells	06/02/02	1:09.46
2:41.91	08/19/01	Margaret Wells	08/19/01	2:41.91
6:19.66	07/13/02	Margaret Wells	07/13/02	6:19.66
5:05.29	07/26/92	Helena Hoffman	07/26/92	5:05.29
11:30.30	07/13/02	Margaret Wells	07/13/02	11:30.30

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MEN 80-84

0:35.96	06/12/99	Andrew Holden	50	M.	Free	Pauline Stangel	06/02/02	0:59.03
1:21.12	07/11/99	Andrew Holden	100	M.	Free	Pauline Stangel	06/02/02	2:12.47
3:22.67	07/13/02	Gilbert Young	200	M.	Free	Pauline Stangel	07/12/03	4:50.52
7:19.56	07/27/02	Gilbert Young	400	M.	Free	Pauline Stangel	06/02/02	10:03.88
15:17.98	06/02/02	Gilbert Young	800	M.	Free	Pauline Stangel	06/02/02	23:44.82
29:27.87	08/19/02	Gilbert Young	1500	M.	Free	Martha Keller	07/25/81	43:12.82
0:46.25	06/28/03	Andrew Holden	50	M.	Back	Norma Bernardi	07/30/00	1:03.87
1:45.64	06/12/99	Andrew Holden	100	M.	Back	Norma Bernardi	10/12/02	2:08.49
4:04.79	06/14/87	Herb Eisenschmidt	200	M.	Back	Norma Bernardi	10/08/02	5:17.94
0:54.99	08/17/08	Lee Miesen	50	M.	Breast	Pauline Stangel	06/03/01	1:11.51
2:02.08	07/30/00	Gerald Huestis	100	M.	Breast	Pauline Stangel	06/03/01	2:44.95
4:37.41	07/30/00	Gerald Huestis	200	M.	Breast	Pauline Stangel	07/12/03	5:53.03

WOMEN 80-84

0:59.03	06/02/02	Pauline Stangel	06/02/02	0:59.03
2:12.47	06/02/02	Pauline Stangel	06/02/02	2:12.47
4:50.52	07/12/03	Pauline Stangel	07/12/03	4:50.52
10:03.88	06/02/02	Pauline Stangel	06/02/02	10:03.88
23:44.82	06/02/02	Pauline Stangel	06/02/02	23:44.82
43:12.82	07/25/81	Martha Keller	07/25/81	43:12.82
1:03.87	07/30/00	Norma Bernardi	07/30/00	1:03.87
2:08.49	10/12/02	Norma Bernardi	10/12/02	2:08.49
5:17.94	10/08/02	Norma Bernardi	10/08/02	5:17.94
1:11.51	06/03/01	Pauline Stangel	06/03/01	1:11.51
2:44.95	06/03/01	Pauline Stangel	06/03/01	2:44.95
5:53.03	07/12/03	Pauline Stangel	07/12/03	5:53.03

0:41.89	07/11/99	Andrew Holden	50	M.	Fly	Eva Muller	07/09/95	1:42.25
1:47.88	06/12/99	Andrew Holden	100	M.	Fly	Eva Muller	07/09/95	3:54.38
4:57.38	08/09/03	Andrew Holden	200	M.	Fly	Helena Hoffman	06/22/96	8:20.07
4:22.70	06/14/87	Herb Eisenschmidt	200	M.	I. M.	Eva Muller	07/14/96	6:01.70
		open	400	M.	I. M.	Helena Hoffman	06/22/96	15:03.50

MEN 85-89

0:37.21	07/10/04	Andrew Holden	50	M.	Free
1:26.78	07/07/07	Willard Lamb	100	M.	Free
3:16.95	08/17/08	Willard Lamb	200	M.	Free
7:06.36	07/12/08	Willard Lamb	400	M.	Free
14:36.90	04/04/08	Willard Lamb	800	M.	Free
28:35.24	04/04/08	Willard Lamb	1500	M.	Free
0:49.14	06/19/04	Andrew Holden	50	M.	Back
1:49.24	06/14/08	Willard Lamb	100	M.	Back
4:04.33	06/14/08	Willard Lamb	200	M.	Back
0:59.39	06/04/05	Andrew Holden	50	M.	Breast
2:28.47	07/10/04	Andrew Holden	100	M.	Breast
7:20.23	08/24/86	Roy Webster	200	M.	Breast
0:46.48	06/19/04	Andrew Holden	50	M.	Fly
2:02.53	06/19/04	Andrew Holden	100	M.	Fly
4:47.63	07/10/04	Andrew Holden	200	M.	Fly
4:15.59	07/10/04	Andrew Holden	200	M.	I. M.
		open	400	M.	I. M.

WOMEN 85-89

	07/14/96	Patience Miller				1:04.39
	07/14/96	Patience Miller				2:30.78
	07/11/99	Eva Muller				5:10.71
	07/11/99	Eva Muller				10:53.38
	06/08/86	Martha Keller				29:14.16
	08/24/86	Martha Keller				57:03.68
	07/08/01	Eva Muller				1:24.68
	07/12/98	Eva Muller				2:37.63
	07/24/99	Eva Muller				5:38.43
	06/03/06	Pauline Stangel				1:24.72
	06/03/06	Pauline Stangel				3:16.51
	06/10/07	Pauline Stangel				6:58.82
	06/22/96	Patience Miller				2:11.56
	07/07/07	Elfie Stevenin				6:10.34
	07/07/07	Elfie Stevenin				12:59.26
	07/24/99	Eva Muller				6:26.81
	07/08/01	Eva Muller				14:57.79

MEN 90-94

0:49.45	06/06/09	Andrew Holden	50	M.	Free
2:14.06	04/28/84	Collister Wheeler	100	M.	Free
			200	M.	Free
			400	M.	Free
			800	M.	Free
			1500	M.	Free
1:03.62	06/06/09	Andrew Holden	50	M.	Back
			100	M.	Back
			200	M.	Back
1:20.23	06/06/09	Andrew Holden	50	M.	Breast
			100	M.	Breast
			200	M.	Breast
1:05.95	06/06/09	Andrew Holden	50	M.	Fly
			100	M.	Fly
			200	M.	Fly
			200	M.	I. M.
			400	M.	I. M.

WOMEN 90-94

	07/08/06	Hilda Buel				2:18.62
	07/20/02	Eva Muller				5:36.74
	07/12/03	Eva Muller				1:17.68
	07/20/02	Eva Muller				2:58.31
	07/12/03	Eva Muller				6:28.70
	06/04/05	Hilda Buel				2:58.60
	07/12/03	Eva Muller				3:49.99
	07/20/02	Eva Muller				8:30.18
	06/03/06	Hilda Buel				4:42.00
	01/01/04	Hilda Buel				12:03.55

MEN 95-99

1:06.06	07/09/88	Collister Wheeler	50	M.	Free
			100	M.	Free
			200	M.	Free
			400	M.	Free
			800	M.	Free
			1500	M.	Free
			50	M.	Back
			100	M.	Back
			200	M.	Back
			50	M.	Breast
			100	M.	Breast
			200	M.	Breast
			50	M.	Fly
			100	M.	Fly
			200	M.	Fly
			200	M.	I. M.
			400	M.	I. M.

WOMEN 95-99

		no records				
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Oregon LCM Records -- as of 08/11/2009

MEN 100-104

2:22.05	07/11/93	Edwin Thomas	50	M.	Free
			100	M.	Free
			200	M.	Free
			400	M.	Free
			800	M.	Free
			1500	M.	Free
			50	M.	Back
			100	M.	Back
			200	M.	Back
			50	M.	Breast
			100	M.	Breast
			200	M.	Breast
			50	M.	Fly
			100	M.	Fly
			200	M.	Fly
			200	M.	I. M.
			400	M.	I. M.

WOMEN 100-104

		no records				
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MEN 105-109

no records

50	M.	Free	no records
100	M.	Free	
200	M.	Free	
400	M.	Free	
800	M.	Free	
1500	M.	Free	
50	M.	Back	
100	M.	Back	
200	M.	Back	
50	M.	Breast	
100	M.	Breast	
200	M.	Breast	
50	M.	Fly	
100	M.	Fly	
200	M.	Fly	
200	M.	I. M.	
400	M.	I. M.	

WOMEN 105-109

MEN 110-114

no records

50	M.	Free	no records
100	M.	Free	
200	M.	Free	
400	M.	Free	
800	M.	Free	
1500	M.	Free	
50	M.	Back	
100	M.	Back	
200	M.	Back	
50	M.	Breast	
100	M.	Breast	
200	M.	Breast	
50	M.	Fly	
100	M.	Fly	
200	M.	Fly	
200	M.	I. M.	
400	M.	I. M.	

WOMEN 110-114

MEN 115-119

no records

50	M.	Free	no records
100	M.	Free	
200	M.	Free	
400	M.	Free	
800	M.	Free	
1500	M.	Free	
50	M.	Back	
100	M.	Back	
200	M.	Back	
50	M.	Breast	
100	M.	Breast	
200	M.	Breast	
50	M.	Fly	
100	M.	Fly	
200	M.	Fly	
200	M.	I. M.	
400	M.	I. M.	

WOMEN 115-119