

Oregon Masters Swimming: All Time Top 12 in One-Hour Swim (as of 1 Feb 11)

Women's 18-24 One-Hour

Lydia Kapsenberg	OR-cat	07	4835 yds
Kelly Gouldson	OR-coma	01	4570 yds
Gina Dhom	OR-ea	03	4475 yds
Danielle Ebnother	OR-som	03	4315 yds
Garen Mattioda	OR-coma	01	4155 yds
Fatima Valle	OR-cgm	09	4060 yds
Hillary Madson	OR-coma	06	3930 yds
Sara Cameron	SW-lswm	11	3925 yds
Hailey Foster	OR-coma	03	3900 yds
Donna Ryan	OR-mhm	87	3825 yds
Emily Curtis	OR-cgm	11	3700 yds
Jennifer Moyer	OR	95	3625 yds

Women's 40-44 One-Hour

Arlene Delmage	OR-gvam	06	4800 yds
Karen Matson	OR-coma	07	4765 yds
Stacy Dennett	OR-orm	11	4700 yds
Betsy Watkins	OR-orm	10	4625 yds
Stephanie Schultz	OR-coma	10	4620 yds
Megan Lassen	OR-orm	11	4575 yds
Mary Sweat	OR-coma	02	4525 yds
Susie Young	OR-thb	10	4500 yds
Becky Obletz	MACO	02	4435 yds
Sarah Hoagland	MACO	03	4420 yds
Denise Stuntzner-Gibson	OR-scat	03	4330 yds
Nancy Dunton	OR-cat	03	4320 yds

Women's 25-29 One-Hour

Sara Quan	OR-coma	02	5310 yds
Michelle Donohue	MACO	93	5070 yds
Ellen Ferguson	OR	91	4960 yds
Judith Sheridan	OR-ea	91	4790 yds
Jenny Marine	OR-coma	05	4780 yds
Sarah Holman	OR-thb	11	4695 yds
Kelsey Holmberg	OR-coma	10	4660 yds
Erin Popelka	OR-cat	09	4595 yds
Elisa Fischback	OR-ea	11	4570 yds
Loren Louzao	OR-thb	11	4550 yds
Kathleen Thayer	SW-lswm	10	4520 yds
Aubree Gustafson	OR-orm	10	4520 yds

Women's 45-49 One-Hour

Arlene Delmage	OR-gvam	08	4765 yds
Mary Sweat	OR-coma	06	4750 yds
Karen Matson	OR-coma	10	4660 yds
Robin Parisi	MACO	02	4655 yds
Lynn Squires	OR-orm	11	4500 yds
Val Jenkins	OR-orm	10	4475 yds
Lavelle Stoinoff	Unat	82	4430 yds
M.J. Caswell	OR-cgm	10	4425 yds
Nadine Whitehall	Unat	81	4375 yds
Terri Tynnismaa	OR-cgm	10	4375 yds
Marlys Cappaert	OR-cbat	06	4300 yds
Denise Stuntzner	OR-coma	11	4300 yds
Ellen Ferguson	OR-unat	11	4300 yds

Women's 30-34 One-Hour

Sara Quan	OR-coma	03	5125 yds
Ellen Ferguson	OR	97	4960 yds
Amy Halligan	OR-coma	01	4885 yds
Erin Ford	OR-cgm	07	4710 yds
Jill Schuldt	OR	91	4550 yds
Serena Johnson	SW-lswm	11	4545 yds
Laila Goldring	OR-cgm	08	4510 yds
Michelle Macy	OR-thb	08	4505 yds
Kendra Bestine	SW-lswm	11	4490 yds
Elizabeth Henderson	OR-ea	05	4465 yds
Julie Himstreet	OR-ea	04	4460 yds
Ellen Kramer	OR-orm	10	4275 yds

Women's 50-54 One-Hour

Mary Sweat	OR-unat	11	4735 yds
Lavelle Stoinoff	MACO	87	4400 yds
Colette Crabbe	OR-orm	11	4375 yds
Karen Andrus-Hughes	OR-orm	11	4275 yds
Barb Harris	OR-coma	11	4240 yds
Elizabeth Budd	OR-cat	08	4220 yds
Cathy Imwalle	OR-coma	03	4170 yds
Laura Worden	OR-cat	08	4155 yds
Darlene Staley	OR-thb	01	4085 yds
Ann Goodman	OR-cgm	11	3975 yds
Donna Buck	OR-cat	10	3955 yds
Madeleine Holmberg	OR-coma	03	3945 yds

Women's 35-39 One-Hour

Sara Nelson	OR-coma	08	5090 yds
Simone Lapay	OR	97	5040 yds
Kristine Senkier	OR-coma	10	4950 yds
Kristen Boock	OR-cat	07	4725 yds
Jayna Tomac	OR-coma	09	4720 yds
Kerri Culbertson	OR	97	4670 yds
Megan Lassen	OR-orm	10	4660 yds
Karen Sadler	OR-scat	03	4650 yds
Toni Hecksel	OR-cat	03	4500 yds
Stephanie Schultz	OR-coma	06	4445 yds
Susie Young	OR-thb	08	4360 yds
Nikki Weeks	OR-cgm	08	4355 yds

Women's 55-59 One-Hour

Lavelle Stoinoff	MACO	88	4415 yds
Cathy Imwalle	OR-coma	09	4310 yds
Elizabeth Budd	OR-cat	09	4235 yds
Madeleine Holmberg	OR-coma	10	4025 yds
Geri Mathewson	OR-rvm	06	3920 yds
Jeanna Summers	OR-orm	10	3910 yds
Mary Anne Royle	OR-gvam	08	3875 yds
Susan Albright	OR-thb	11	3885 yds
Pam Himstreet	OR-coma	99	3765 yds
Ginger Pierson	MACO	03	3760 yds
Jeanne Teisher	OR-thb	11	3735 yds
Sandi Rousseau	OR-cgm	05	3700 yds

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Women's 60-64 One-Hour

Lavelle Stoinoff	MACO	95	4260 yds
Barbara Frid	OR-thb	04	4005 yds
Sue Calnek-Morris	OR-owet	07	3910 yds
Lauren Binder	OR-crm	09	3730 yds
Sandi Rousseau	OR-cgm	08	3630 yds
Rebecca Kay	OR-unat	11	3515 yds
Joyce Bahler	MACO	92	3425 yds
Tam Jenkins	OR-orm	09	3375 yds
Sarah Olson	OR-coma	11	3330 yds
Jeannie Groesz	OR-coma	10	3280 yds
Peggy Whiter	OR-coma	04	3270 yds
Ginny Saunders	OR-orm	10	3225 yds

Women's 65-69 One-Hour

Lavelle Stoinoff	MACO	99	4135 yds
Sue Calnek-Morris	OR-orm	11	3740 yds
Petey Smith	OR	93	3425 yds
Joy Ward	OR-orm	10	3410 yds
Joan Delgado	SW-lswm	11	3310 yds
Judy Ziemer	OR-coma	11	3025 yds
Peggie Hodge	OR-coma	06	3020 yds
Betsy Austin	MACO	94	2965 yds
Esther Ellis	SW-lswm	10	2870 yds
Peggy Whiter	OR-coma	09	2700 yds
Delores Dinneen	OR-gvam	07	2620 yds
Joyce Westal	OR-crm	09	2500 yds

Women's 70-74 One-Hour

Lavelle Stoinoff	MACO	03	3960 yds
Mary Alexandre	OR-cgm	09	2880 yds
Betsy Austin	MACO	98	2625 yds
Dolores Dinneen	OR-gvam	08	2560 yds
Judy Melcher	OR-thb	95	2350 yds
Cynthia Rosik	OR-un	04	2250 yds
Doreen Morris	MACO	86	2040 yds

Women's 75-79 One-Hour

Geri Kawabata	OR-thb	10	2920 yds
Pat Hunt	OR-coma	11	2580 yds
Betsy Austen	MACO	03	2420 yds
Nina Gee	OR-coma	09	2290 yds
Bonnie Speer	SW-lswm	11	2220 yds
Judy Melcher	OR-thb	00	1970 yds
Leola Baumgarten	OR-scat	95	1965 yds
Doreen Morris	MACO	89	1910 yds
Hazel Bressie	MACO	85	1845 yds

Women's 80-84 One-Hour

Leola Baumgartner	OR-scat	99	1885 yds
Doreen Morris	MACO	94	1725 yds
Hazel Bressie	MACO	89	1610 yds

Women's 85-89 One-Hour

Hilda Buel	OR-un	04	1000 yds
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Women's 90-94 One-Hour

Hilda Buel	OR-un	07	1180 yds
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Men's 19-24 One-Hour

Kevin Pearson	OR-cat	07	4400 yds
David Wellman	OR-coma	03	3750 yds
Andrew Mount	OR-coma	10	3625 yds
Gary Breil Jr.	MACO	93	3620 yds

Men's 25-29 One-Hour

Alex Stiles	MACO	93	5585 yds
Nathan Boal	OR-cat	07	4945 yds
Mike Johnson	OR-cat	88	4740 yds
Steve Loosley	OR-uvm	83	4715 yds
Evan Shute	OR-cgm	09	4645 yds
John Berkowitz	MACO	87	4625 yds
Kevin Pearson	OR-cat	08	4595 yds
Chris Scheller	OR-thb	02	4470 yds
Brett Crandell	OR-coma	10	4425 yds
Todd Lantry	OR-rvm	04	4410 yds
Tom Schoenborn	OR-ea	04	4390 yds
Michael Kalk	OR-cat	09	4325 yds

Men's 30-34 One-Hour

Jeff Stiling	MACO	95	5550 yds
Greg Jablonski	OR-thb	99	5420 yds
Curt LaCount	OR	93	5109 yds
David Burleson	MACO	92	5130 yds
Bill Zolna	MACO	00	5140 yds
Bob Needham	Unat	83	5070 yds
Nathan Boal	OR-cat	08	5045 yds
Dan Schmidt	OR-ea	05	4800 yds
Lee O'Connor	OR-thb	99	4775 yds
Michael Baird	OR	90	4770 yds
Eric Askerman	OR-thb	00	4765 yds
Doug White	OR-cat	88	4740 yds

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Men's 35-39 One-Hour

Doug Stewart	OR-cat	03	5365 yds
Hardy Lussier	OR-coma	04	5250 yds
Greg Jablonski	OR-thb	06	5245 yds
Tim Nelson	OR-coma	02	5230 yds
Dave Burleson	MACO	94	5165 yds
Dave Cloninger	OR-coma	07	5045 yds
Chris Roth	OR-thb	98	4970 yds
Dan Knauer	MACO	00	4950 yds
Sean O'Shea	OR-cgm	10	4925 yds
Phil King	MACO	03	4925 yds
Mark Worden	OR-cat	88	4900 yds
Rob Higley	OR-coma	05	4830 yds

Men's 55-59 One-Hour

Steve Johnson	OR-ea	06	5025 yds
Bob Bruce	OR-coma	04	4710 yds
Tom Landis	OR-coma	02	4585 yds
Jed Cronin	OR-thb	04	4525 yds
Mark Worden	OR-cat	07	4510 yds
Charlie Swanson	OR-ea	10	4490 yds
Wes Edwards	SW-lswm	11	4000 yds
Michael Stephenson	OR-cgm	09	4380 yds
Brooks Richards	OR-coma	11	4340 yds
Donn Livoni	OR-coma	02	4300 yds
Mike Tennant	OR-coma	09	4280 yds
Mark Becker	OR-thb	10	4270 yds

Men's 40-44 One-Hour

Doug Stewart	OR-cat	07	5330 yds
Hardy Lussier	OR-coma	07	5255 yds
Steve Johnson	OR-ea	93	5165 yds
Dave Burleson	MACO	99	5155 yds
Steven Durapau	OR	90	5085 yds
Jamie Proffitt	OR-coma	10	5040 yds
Dave Cloninger	OR-coma	10	5020 yds
Rob Higley	OR-coma	10	4975 yds
Kris Calvin	OR-coma	07	4900 yds
Mike Self	OR-orm	11	4900 yds
Tim Waud	OR-orm	10	4880 yds
Andrew Gramley	OR-rvm	09	4860 yds

Men's 60-64 One-Hour

Steve Johnson	OR-ea	09	4935 yds
Tom Landis	OR-coma	07	4645 yds
Jed Cronin	OR-thb	09	4550 yds
Bob Bruce	OR-coma	09	4535 yds
Jim Teisher	OR-thb	11	4260 yds
Mike Carew	OR-coma	11	4120 yds
Burt Kanner	OR-scc	03	4105 yds
Brent Lake	OR-coma	02	4015 yds
Pat Cotter	OR-orm	11	4000 yds
Frank Phillips	OR-rvm	06	3970 yds
Ralph Mohr	OR-coma	04	3960 yds
Jim Bigler	MACO	00	3930 yds

Men's 45-49 One-Hour

Dennis Baker	OR-orm	11	5495 yds
Steve Johnson	OR-ea	97	5105 yds
Dave Burleson	MACO	03	5035 yds
Doug Asbury	OR-coma	08	5015 yds
David Hathaway	OR-orm	10	4985 yds
Keith Peters	OR-orm	11	4875 yds
Kris Calvin	OR-coma	11	4815 yds
Doug Otto	MACO	05	4810 yds
Charlie Swanson	OR-ea	98	4750 yds
Eric Steinhauff	OR-coma	09	4695 yds
Darrin Lajoie	OR-aqdk	11	4645 yds
Chris Andersen	OR-CAT	03	4640 yds

Men's 65-69 One-Hour

Tom Landis	OR-coma	08	4680 yds
Dave Radcliff	OR-thb	04	4375 yds
Ralph Mohr	OR-coma	08	3950 yds
Brent Lake	OR-coma	04	3900 yds
Frank Phillips	OR-rvm	09	3865 yds
Dick Weick	OR-ea	03	3675 yds
Bert Petersen	OR-gvam	08	3565 yds
George Thayer	OR-coma	02	3525 yds
John Kirkland	OR-cgm	11	3500 yds
Roger Rudolph	OR-coma	10	3370 yds
Bill Mellow	OR-cgm	07	3325 yds
Clark Austen	MACO	94	3260 yds

Men's 50-54 One-Hour

Steve Johnson	OR-ea	99	5020 yds
Doug Goodman	OR-cgm	09	4925 yds
David Hathaway	OR-orm	11	4880 yds
Pat Allender	OR-cat	10	4830 yds
Gary Oliver	OR-coma	10	4675 yds
Doug Otto	OR-maco	10	4675 yds
Jim Rabe	OR-orm	11	4645 yds
Charlie Swanson	OR-ea	04	4615 yds
David Heller	OR-rvm	08	4600 yds
Bob Bruce	OR-coma	01	4595 yds
Mike Tennant	OR-coma	08	4560 yds
Scott McAllister	OR-cgm	07	4520 yds

Men's 70-74 One-Hour

Dave Radcliff	OR-thb	07	4495 yds
Gil Young	OR-mhm	97	3540 yds
Brent Lake	OR-coma	09	3525 yds
Dick Weick	OR-ea	07	3410 yds
Richard Silva	OR-thb	10	3375 yds
Bert Petersen	ORcrmm	09	3310 yds
George Thayer	OR-coma	07	3300 yds
Ron Nakata	OR-orm	11	3250 yds
Gary Dielman	OR-bass	11	3200 yds
John Schieltz	OR-thb	09	3175 yds
Nick Norton	OR-coma	07	3140 yds
Ray Allen	OR-som	01	2925 yds

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Men's 75-79 One-Hour

Dave Radcliff	OR-thb	10	4520 yds
Dick Wieck	OR-ea	10	3405 yds
Peter Watson	OR-unat	11	2800 yds
Ray Allen	OR-som	02	2750 yds
Clark Austen	MACO	03	2675 yds
George Weber	OR-coma	07	2540 yds
Mel Anderson	OR	93	2315 yds

Men's 80-84 One-Hour

Ray Allen	OR-som	07	2550 yds
Charles Bushey	OR-un	04	2410 yds
George Weber	OR-coma	11	1945 yds
Sheridan Jones	OR-lcm	08	1090 yds

Men's 85-89 One-Hour

Charles Bushey	OR-un	07	2355 yds
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