

Oregon Masters Swimming: All Time Top 12 in 3000-yard Postal (as of 15 Nov 09)

Women's 18-24 3000 yd.

Gina Dhom	OR-ea	00	37:56.19
Kelsey Bowen	OR-maco	09	39:51.69
Danielle Ebnother	OR-som	02	41:14.99
Hillary Madson	OR-coma	04	42:26.43
Jennifer Pidkowicz	OR-thb	08	48:58.61
Lindsey Husk	OR-coma	07	53:50.99

Women's 40-44 3000 yd.

Arlene Delmage	OR-gvam	06	36:48.71
Karen Matson	OR-coma	06	37:34.00
Stephanie Schultz	OR-coma	09	37:49.67
Joni Young	OR-scc	03	39:58.82
Karen Andres-Hughes	OR-ttsc	00	40:03.42
Susie Young	OR-thb	09	40:40.34
Rose Gerstmar	OR-ttsc	01	41:46.02
Karen Allen	OR-coma	04	43:23.12
Joanie Krehbiel	OR-coma	04	43:25.28
Laurie Chesler	OR-thb	05	43:51.50
Barb Harris	OR-coma	01	44:27.37
Gillian Salton	OR-coma	09	44:30.99

Women's 25-29 3000 yd.

Sara Quan	OR-coma	01	34:42.37
Erin Popelka	OR-cat	09	38:28.06
Megan Sullivan	OR-ea	07	41:08.01
Kristine Lewis	OR-thb	98	41:45.59
Sandra Uesugi	OR-cbat	00	42:40.94
Monica LaBarge	OR-ea	03	43:50.93
Beatriz Sunderland-White	OR-ea	05	47:12.47
Andrea Rogers Harris	OR-ea	05	49:23.10
Erika Gabbard	OR-coma	04	51:47.06
Lara Sernoffsky	OR-coma	09	53:02.64
Lauren Burnett	OR-thb	09	54:49.02

Women's 45-49 3000 yd.

Arlene Delmage	OR-orm	09	36:24.90
Kerri Roussain	OR-gvam	06	37:28.14
Mary Sweat	OR-coma	05	37:31.49
Karen Matson	OR-coma	09	38:13.99
Colette Crabbe	OR-ocst	03	38:47.60
Karen Andrus-Hughes	OR-owet	03	39:15.51
Denise Stuntzner-Gibson	OR-coma	08	40:13.00
Kris Denney	OR-coma	07	40:32.99
Joanie Krehbiel	OR-coma	06	41:43.00
Joni Young	OR-scc	08	42:00.79
Barb Harris	OR-coma	07	44:12.58
Christina Fox	OR-cat	08	45:17.99

Women's 30-34 3000 yd.

Sara Quan	OR-coma	04	34:51.96
Lauren Thies	OR-maco	09	35:33.80
Amy Halligan	OR-coma	00	36:20.31
Julie Himstreet	OR-ea	01	36:45.12
Elizabeth Strausbaugh	OR-coma	06	42:02.00
Evelyn Pryor	OR-cat	09	42:56.94
Gina Dhom	OR-ea	08	43:39.62
Allison Moore	OR-thb	02	45:00.16
Jackie Parker	OR-open	08	47:44.99
Cyndi Smidt	OR-coma	04	47:58.60
Amber Fitzsimmons	OR-coma	04	48:47.81
Tara Gross	OR-coma	08	52:28.99

Women's 50-54 3000 yd.

Mary Sweat	OR-unat	07	37:58.48
Cathy Imwalle	OR-coma	04	41:53.62
Elizabeth Budd	OR-cat	08	42:56.99
Teresa Copeland	OR-ea	09	45:00.99
Laura Schob	OR-coma	08	45:28.99
Madeleine Holmberg	OR-coma	03	45:34.37
Darlene Staley	OR-thb	00	45:57.26
Jeanna Summers	OR-orm	08	46:55.99
Jani Sutherland	OR-coma	03	48:49.75
Peggy Toole	OR-thb	03	49:52.65
Toni Brown	OR-coma	07	50:48.99
Pat Rogers	OR-orm	09	51:37.22

Women's 35-39 3000 yd.

Simone Lapay	OR	96	35:04.81
Kristine Senkier	OR-coma	07	36:27.68
Kerri Culbertson	OR	96	38:03.99
Jayna Tomac	OR-coma	07	38:26.99
Cheryl Morgen	OR-coma	07	40:07.99
Breyer Patterson	OR-ea	08	42:41.27
Connie Austin	OR-coma	06	42:52.99
Maxine Braune	OR-coma	08	43:38.99
Kristin Brooks	OR-coma	01	43:45.62
Tara Godlove	OR-coma	08	44:49.99
Karen Daniels	OR-coma	08	46:09.96
Cyndi Smidt	OR-coma	09	46:21.99

Women's 55-59 3000 yd.

Elizabeth Budd	OR-cat	09	43:51.76
Jeanna Summers	OR-orm	09	45:52.99
Geri Mathewson	OR-rvm	05	47:41.20
Darlene Staley	OR-thb	06	48:19.63
Pam Himstreet	OR-coma	01	49:41.25
Anne Thomas	OR-coma	08	50:16.99
Jani Sutherland	OR-coma	04	50:26.50
Ginger Pierson	MACO	04	50:50.49
Deb Hodesson	OR-coma	08	52:16.99
Jan Plesner	OR-ea	04	53:01.58
Peggy Whiter	OR-coma	01	54:33.96
Sue Sanders	OR0ORM	09	56:27.55

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Women's 60-64 3000 yd.

Barbara Frid	OR-thb	04	45:00.11
Tam Jenkins	OR0orm	08	52:24.99
Peggy Whiter	OR-coma	03	54:45.87
Ginny Saunders	OR-orm	09	55:07.30
Lynda Christiansen	OR-ea	04	55:50.32
Peggie Hodge	OR-coma	00	57:54.00
Gail Newton	OR-ea	05	1:07:40.33
Carol Stark	OR-orm	09	1:11:05.27

Women's 80-84 3000 yd

Women's 65-69 3000 yd.

Sue Calnek-Morris	OR-orm	09	49:44.99
Lynda Christiansen	OR-ea	09	58:04.59
Peggie Hodge	OR-coma	05	58:50.99
Peggy Whiter	OR-coma	08	1:07:50.99

Men's 18-24 3000 yd.

Will Steinhauff	OR-coma	08	43:22.99
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Women's 70-74 3000 yd.

Lavelle Stoinoff	MACO	04	45:35.99
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Men's 25-29 3000 yd.

Nathan Johnsen	OR-thb	05	34:49.54
Robbert van Andel	OR-unat	03	38:56.28
Thomas Schoenborn	OR-ea	03	39:52.47
Michael Kalk	OR-cat	09	41:28.59

Women's 75-79 3000 yd.

Nina Gee	OR-coma	08	1:11:07.00
Judy Melcher	OR-thb	99	1:28:05.18

Men's 30-34 3000 yd.

Greg Jablonski	OR-thb	00	33:31.06
Dan Schmitt	OR-ea	04	36:19.46
Kennedy Price	OR-thb	05	36:23.04
Eric Askerman	OR-thb	00	37:39.80
Jeff Berebitsky	OR-mjcc	09	40:51.99
Andrew McDermott	OR-rvm	00	47:00.42
Charles Forest	OR-thb	00	56:26.03
Matt Eaton	OR-ea	04	1:06:16.21

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Men's 35-39 3000 yd.

Dave Cloninger	OR-coma	08	34:31.91
Tim Nelson	OR-coma	04	35:03.46
Rob Higley	OR-coma	03	36:35.24
Doug K. Stewart	OR-som	02	38:48.78
David VanDerZwan	OR-mofia	00	40:12.05
Ralph Yanes	OR-coma	09	40:20.99
Mark Braun	OR-orm	09	41:21.66
Jeff Keith	OR-coma	06	41:40.99
Chris Tujo	OR-coma	06	42:04.99
Chyle Edic	OR-thb	03	43:39.30
Steve Sloop	OR-coma	04	47:56.59
Jason Lassen	OR-orm	09	49:11.93

Men's 55-59 3000 yd.

Steve Johnson	OR-coma	07	35:09.24
Bob Bruce	OR-coma	03	37:24.69
Charlie Swanson	OR-ea	09	38:09.21
Mike Tennant	OR-coma	08	38:58.59
Jed Cronin	OR-thb	05	39:44.40
Wes Edwards	OR-gvam	08	41:14.87
Jim Teisher	OR-thb	05	42:11.98
Jim Wallace	OR-ea	09	42:16.64
Donn Livoni	OR-coma	02	42:33.53
Allen Larson	OR-orm	09	42:48.19
Douglas Dunlap	OR-mjcc	09	44:55.89
Frank Phillips	OR-rvm	99	45:48.35

Men's 40-44 3000 yd.

Greg Jablonski	OR-thb	08	34:21.07
Hardy Lussier	OR-coma	09	34:25.51
Tim Nelson	OR-coma	06	34:55.50
Rob Higley	OR-coma	07	37:07.11
Tim Waud	OR-orm	09	37:27.21
Eric Wan	OR-maco	09	39:14.03
Bob McMillan	OR-ttsc	00	39:14.53
Doug K. Stewart	OR-som	03	39:59.48
Doug Witzke	OR-cat	08	40:44.50
Mike Douglas	OR-coma	00	41:58.09
Mike Zak	OR-ttsc	00	42:14.19
David VanDerZwan	OR-som	05	42:16.17

Men's 60-64 3000 yd.

Steve Johnson	OR-ea	08	35:47.04
Bob Bruce	OR-coma	08	38:21.13
Jed Cronin	OR-thb	08	39:19.25
Tom Landis	OR-coma	06	39:31.06
Vern Dasch	OR-orm	09	41:47.59
Burt Kanner	OR-scc	02	43:47.41
Brent Lake	OR-coma	02	44:18.53
Dan Gray	OR-rvm	05	44:42.99
Ralph Mohr	OR-coma	04	45:10.27
Frank Phillips	OR-rvm	03	45:12.00
Byron Oberst	OR-coma	09	45:29.99
John Ellis	OR-orm	09	47:41.30

Men's 45-49 3000 yd.

Steve Johnson	OR-ea	96	35:23.53
Doug Asbury	OR-coma	06	35:28.72
David Hathaway	OR-orm	09	36:47.66
John Peterson	OR-ea	06	37:28.69
Kris Calvin	OR-coma	09	37:31.99
Ed Ramsey	OR-thb	04	37:49.01
Tim Cespedes	OR-thb	08	39:19.84
Robert Jessup	OR-rvm	99	40:20.99
Ron Thompson	OR-coma	07	42:06.99
Stephen Flanagan	OR-ea	09	42:12.01
Craig Mather	OR-rvm	99	43:46.96
Dan Greenblatt	OR-rvm	00	44:37.20

Men's 65-69 3000 yd.

Tom Landis	OR-coma	07	38:25.89
Dave Radcliff	OR-thb	03	41:13.03
Ralph Mohr	OR-coma	09	44:55.99
Brent Lake	OR-coma	03	45:13.03
Dick Weick	OR-ea	03	49:00.94
George Thayer	OR-coma	03	52:16.25
Roger Rudolph	OR-coma	08	54:10.50
Fred Anderson	OR	08	55:04.68

Men's 50-54 3000 yd.

Steve Johnson	OR-ea	02	35:55.41
Gary Oliver	OR-coma	08	36:09.64
Pat Allender	OR-cat	09	36:17.11
Doug Otto	OR-maco	09	37:30.78
Bob Bruce	OR-coma	01	38:14.56
Mike Tennant	OR-coma	04	38:57.71
Jim Teisher	OR-thb	02	39:49.17
Ed Ramsey	OR-thb	08	40:08.50
Jed Cronin	OR-thb	99	40:37.01
Wes Edwards	OR-gvam	07	40:38.16
Kermit Yensen	OR-thb	04	41:20.25
Keith Dow	OR-open	08	41:38.10

Men's 70-74 3000 yd.

Dave Radcliff	OR-thb	07	39:30.88
Brent Lake	OR-coma	08	47:11.63
George Thayer	OR-coma	06	55:22.91
Nick Norton	OR-coma	04	56:48.46
George Weber	OR-coma	05	1:12:34.99

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Men's 75-79 3000 yd.

Dave Radcliff	OR-thb	09	39:22.67
Ray Allen	OR-som	02	1:08:12.99
George Weber	OR-coma	05	1:27:20.99

Men's 80-84 3000 yd.

Ray Allen	OR-som	07	1:12:51.02
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