

Oregon Masters Swimming: All Time Top 12 in 3000 Postal (as of 15 Nov 07)

Women's 18-24 3000 yd.

Gina Dhom	OR-ea	00	37:56.19
Danielle Ebnother	OR-som	02	41:14.99
Hillary Madson	OR-coma	04	42:26.43
Lindsey Husk	OR-coma	07	53:50.99

Women's 25-29 3000 yd.

Sara Quan	OR-coma	01	34:42.37
Megan Sullivan	OR-ea	07	41:08.01
Kristine Lewis	OR-thb	98	41:45.59
Sandra Uesugi	OR-cbat	00	42:40.94
Monica LaBarge	OR-ea	03	43:50.93
Beatriz Sunderland-White	OR-ea	05	47:12.47
Andrea Rogers Harris	OR-ea	05	49:23.10
Erika Gabbard	OR-coma	04	51:47.06

Women's 30-34 3000 yd.

Sara Quan	OR-coma	04	34:51.96
Amy Halligan	OR-coma	00	36:20.31
Julie Himstreet	OR-ea	01	36:45.12
Elizabeth Strausbaugh	OR-coma	06	42:02.00
Allison Moore	OR-thb	02	45:00.16
Cyndi Smidt	OR-coma	04	47:58.60
Amber Fitzsimmons	OR-coma	04	48:47.81

Women's 35-39 3000 yd.

Simone Lapay	OR	96	35:04.81
Kristine Senkier	OR-coma	07	36:27.68
Kerri Culbertson	OR	96	38:03.99
Jayna Tomac	OR-coma	07	38:26.99
Cheryl Morgen	OR-coma	07	40:07.99
Connie Austin	OR-coma	06	42:52.99
Kristin Brooks	OR-coma	01	43:45.62
Karen Daniels	OR-coma	04	46:09.96
Cyndi Smidt	OR-coma	06	48:05.99
Sandra Chavez	OR-rvm	00	48:37.00
Janice Tacconi	OR-rvm	99	49:51.23
Bridget McGinn	OR-coma	06	51:19.99

Women's 40-44 3000 yd.

Arlene Delmage	OR-gvam	06	36:48.71
Karen Matson	OR-coma	06	37:34.00
Stephanie Schultz	OR-coma	06	39:25.53
Joni Young	OR-scc	03	39:58.82
Karen Andres-Hughes	OR-ttsc	00	40:03.42
Rose Gerstmar	OR-ttsc	01	41:46.02
Karen Allen	OR-coma	04	43:23.12
Joanie Krehbiel	OR-coma	04	43:25.28
Laurie Chesler	OR-thb	05	43:51.50
Barbara Harris	OR-coma	01	44:27.37
Janet Sanders	OR-thb	00	45:37.51
Colleen Holmstrom	OR-ttsc	00	45:59.51

Women's 45-49 3000 yd.

Kerri Roussain	OR-gvam	06	37:28.14
Mary Sweat	OR-coma	05	37:31.49
Colette Crabbe	OR-ocst	03	38:47.60
Karen Andrus-Hughes	OR-owet	03	39:15.51
Kris Denney	OR-coma	07	40:32.99
Joanie Krehbiel	OR-coma	06	41:43.00
Barb Harris	OR-coma	07	44:12.58
Deb Gregoire	OR-coma	00	46:10.65
Madeleine Holmberg	OR-coma	02	46:17.96
Theresa Copeland	OR-ea	04	47:01.99
Jeanne Teisher	OR-thb	00	47:04.94
Pat Rogers	OR-orm	07	47:39.99

Women's 50-54 3000 yd.

Mary Sweat	JR-unat	07	37:58.48
Cathy Imwalle	OR-coma	04	41:53.62
Madeleine Holmberg	OR-coma	03	45:34.37
Darlene Staley	OR-thb	00	45:57.26
Jani Sutherland	OR-coma	03	48:49.75
Peggy Toole	OR-thb	03	49:52.65
Toni Brown	OR-coma	07	50:48.99
Calli Roberts	OR-coma	06	54:13.00
June Mather	OR-rvm	03	55:55.00
Kristi Riddle	OR-thb	03	57:35.12
Connie Peterson	OR-coma	07	58:37.09
Denise Abbott	OR-ea	06	1:07:16.07

Women's 55-59 3000 yd.

Geri Mathewson	OR-rvm	05	47:41.20
Darlene Staley	OR-thb	06	48:19.63
Pam Himstreet	OR-coma	01	49:41.25
Jani Sutherland	OR-coma	04	50:26.50
Ginger Pierson	MACO	04	50:50.49
Jan Plesner	OR-ea	04	53:01.58
Peggy Whiter	OR-coma	01	54:33.96
Lynn Sacks	OR-rvm	03	57:45.00
Lynda Christensen	OR-ea	03	59:01.96
Stephanie Harris	OR-ea	06	1:02:27.00
Kathy DeGree	OR-coma	07	1:03:17.01
Lee Husk	OR-coma	07	1:06:59.00

Women's 60-64 3000 yd.

Barbara Frid	OR-thb	04	45:00.11
Peggy Whiter	OR-coma	03	54:45.87
Lynda Christiansen	OR-ea	04	55:50.32
Peggie Hodge	OR-coma	00	57:54.00
Gail Newton	OR-ea	05	1:07:40.33

Women's 65-69 3000 yd.

Peggie Hodge	OR-coma	05	58:50.99
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Women's 70-74 3000 yd.

Lavelle Stoinoff	MACO	04	45:35.99
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Women's 75-79 3000 yd.

Judy Melcher	OR-thb	99	1:28:05.18
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Women's 80-84 3000 yd.

Men's 19-24 3000 yd.

Men's 25-29 3000 yd.

Nathan Johnsen	OR-thb	05	34:49.54
Robbert van Anandel	OR-unat	03	38:56.28
Thomas Schoenborn	OR-ea	03	39:52.47

Men's 30-34 3000 yd.

Greg Jablonski	OR-thb	00	33:31.06
Dan Schmitt	OR-ea	04	36:19.46
Kennedy Price	OR-thb	05	36:23.04
Eric Askerman	OR-thb	00	37:39.80
Andrew McDermott	OR-rvm	00	47:00.42
Charles Forest	OR-thb	00	56:26.03
Matt Eaton	OR-ea	04	1:06:16.21

Men's 35-39 3000 yd.

Tim Nelson	OR-coma	04	35:03.46
Rob Higley	OR-coma	03	36:35.24
Dave Cloninger	OR-coma	06	36:42.87
Doug K. Stewart	OR-som	02	38:48.78
David VanDerZwan	OR-mofia	00	40:12.05
Jeff Keith	OR-coma	06	41:40.99
Chris Tujo	OR-coma	06	42:04.99
Chyle Edic	OR-thb	03	43:39.30
Steve Sloop	OR-coma	04	47:56.59

Men's 40-44 3000 yd.

Greg Jablonski	OR-thb	07	34:25.83
Tim Nelson	OR-coma	06	34:55.50
Hardy Lussier	OR-coma	07	36:23.60
Rob Higley	OR-coma	07	37:07.11
Bob McMillan	OR-ttsc	00	39:14.53
Doug K. Stewart	OR-som	03	39:59.48
Mike Douglas	OR-coma	00	41:58.09
Mike Zak	OR-ttsc	00	42:14.19
David VanDerZwan	OR-som	05	42:16.17
Roland Giller	OR-coma	04	42:51.15
Steve Wursta	OR-coma	07	43:01.99
Don Soares	OR-rvm	99	45:57.39

Men's 45-49 3000 yd.

Steve Johnson	OR-ea	96	35:23.53
Doug Asbury	OR-coma	06	35:28.72
John Peterson	OR-ea	06	37:28.69
Kris Calvin	OR-coma	07	37:46.51
Ed Ramsey	OR-thb	04	37:49.01
Robert Jessup	OR-rvm	99	40:20.99
Ron Thompson	OR-coma	07	42:06.99
Craig Mather	OR-rvm	99	43:46.96
Dan Greenblatt	OR-rvm	00	44:37.20
Vic Tremblay	OR-cbat	00	44:42.45
Christopher Toole	OR-thb	98	45:35.99
Jimmy Unger	OR-ea	02	46:34.89

Men's 50-54 3000 yd.

Steve Johnson	OR-ea	02	35:55.41
Bob Bruce	OR-coma	01	38:14.56
Mike Tennant	OR-coma	04	38:57.71
Jim Teisher	OR-thb	02	39:49.17
Jed Cronin	OR-thb	99	40:37.01
Wes Edwards	OR-gvam	07	40:38.16
Kermit Yensen	OR-thb	04	41:20.25
Jim Wallace	OR-thb	05	42:12.25
Steve Mann	OR-coma	04	43:50.53
James Coakley	OR	00	44:11.81
Craig Mather	OR-rvm	03	44:50.01
Greg Frownfelter	OR-rvm	00	46:00.63

Men's 55-59 3000 yd.

Steve Johnson	OR-coma	07	35:09.24
Bob Bruce	OR-coma	03	37:24.69
Jed Cronin	OR-thb	05	39:44.40
Jim Teisher	OR-thb	05	42:11.98
Donn Livoni	OR-coma	02	42:33.53
Frank Phillips	OR-rvm	99	45:48.35
Robert Huizenga	OR-ea	05	49:06.58
Mike Carew	OR-coma	05	50:20.10
Chuck Croal	OR-coma	04	50:24.90

Men's 60-64 3000 yd.

Tom Landis	OR-coma	06	39:31.06
Burt Kanner	OR-scc	02	43:47.41
Brent Lake	OR-coma	02	44:18.53
Dan Gray	OR-rvm	05	44:42.99
Ralph Mohr	OR-coma	04	45:10.27
Frank Phillips	OR-rvm	03	45:12.00
John Ellis	OR-gvam	06	49:37.79
Roger Rudolph	OR-coma	06	51:48.99
Jim Beggs	OR-unat	00	1:04:10.00

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Men's 65-69 3000 yd.

Tom Landis	OR-coma	07	38:25.89
Dave Radcliff	OR-thb	03	41:13.03
Ralph Mohr	OR-coma	06	45:12.00
Brent Lake	OR-coma	03	45:13.03
Dick Weick	OR-ea	03	49:00.94
George Thayer	OR-coma	03	52:16.25

Men's 70-74 3000 yd.

Dave Radcliff	OR-thb	07	39:30.88
George Thayer	OR-coma	06	55:22.91
Nick Norton	OR-coma	04	56:48.46
George Weber	OR-coma	05	1:12:34.99

Men's 75-79 3000 yd.

Ray Allen	OR-som	02	1:08:12.99
George Weber	or-coma	05	1:27:20.99

Men's 80-84 3000 yd.

Ray Allen	OR-som	07	1:12:51.02
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