

Assistant Coach – Tualatin Hills Masters Swim Team

The Tualatin Hills Barracudas (THB) is looking for an assistant coach for our noon workouts (11:30 – 12:30 and 12:30 – 1:30)

Tualatin Hills Barracudas provides an organized swimming program for adults (ages 18 and over), promoting good health, fitness, and friendship through regular swimming. We welcome adult swimmers of various ability levels (novice, intermediate or advanced). The interest of swimming ranges from fitness swimmers who like just like to workout for exercise to competitors who enjoy competing in pool meets, open water events, or triathlons. Some have been involved in youth swimming organizations and others have learned to swim as adults. THB offers 19 workouts a week plus most Saturdays (M-F 5:15 – 6:45 AM; 11:30AM -12:30PM; 12:30 – 1:30 PM; M-Th 7:00 – 8:00 PM).

Qualifications:

- Knowledge of swimming stroke mechanics
- Knowledge of current swimming training techniques for all types of swimmers (i.e., fitness, competitive, slow, fast, triathlete)
- Commitment to Masters swimming
- Comfortable working with swimmers ages 18 – 90+ and of various skill levels
- Excellent communication and people skills
- Prior coaching experience highly recommended
- Certified in CPR, First Aid, and Safety Training for Swim Coaches
- Knowledge of dryland strength training programs for swimmers desirable
- Knowledge of the fundamentals of exercise physiology desirable
- Professional coaching education/certificate desirable

PRACTICE SCHEDULE:

Monday through Friday: 11:30 – 12:30 and 12:30 – 1:30

Saturdays: Occasionally

WAGE: To be discussed with candidate and THB Board

Location: Tualatin Hills Aquatic Center, 15707 SW Walker Rd., Beaverton, Oregon

HOW TO APPLY:

Please either mail your resume to: THB Coach Search, 16055 SW Walker Rd., #126, Beaverton, OR 97006 or email it to: jteisher970007@yahoo.com.

Expires: 8/18/2008