

Oregon Association Championship

April 9-11, 2010

OFFICIAL RULES AND GUIDELINES

DISTANCE EVENTS: CHECK-IN DEADLINES

Friday, April 9: **400 IM** – 3:30 p.m. / **1650 Free** – 4:00 p.m.
Saturday, April 10: **1000 Free** – Between the start of the 200 Free and the start of the 200 Fly
Sunday, April 11: **500 Free** - 8:30 a.m.

RELAYS: CHECK-IN DEADLINES

Saturday, April 10: **Free Relays** – 9:30 a.m. / **Mixed Medley Relay** - By the end of the 100 Back
Sunday, April 11: **Medley Relays** – By the end of the 100 Fly / **Mixed Free Relays** - By the end of the 100 Free

**THE EVENTS LISTED ABOVE WILL BE OFFICIALLY CLOSED AT THE STATED TIMES.
SEEDING FOR DISTANCE AND RELAY EVENTS WILL BEGIN PROMPTLY AT THESE TIMES.
THERE WILL BE NO EXCEPTIONS FOR LATE ENTRIES OR LATE CHECK-INS.**

TEAM SCORING: Only teams registered by March 30, 2010, will be able to score points. There will be three team categories (Small, Medium, and Large) based upon the number of swimmers entered in the meet for each team. There will be a meeting of all the team representatives on Saturday, April 10, 2010 at 8:45 a.m. to vote on the breakdown of the teams into these three categories. Swimmers from LMSCs outside of Oregon are allowed to enter but are not scored in the team competition. Full team names and their abbreviations are listed below and on the 2010 OMS registration form in this issue of the Aqua Master. Someone from your team must register the team for 2010.

The team registration form is included in this issue. Please make sure your team is registered.
As of February 1, 2010, there were 24 teams registered (NOTE: Full team names and their abbreviations are listed below and on the 2010 OMS registration form in this issue of the Aqua Master)

AQDK (Aquaducks)	AST (All-Star Tri.)	BASS (Baker Area)	BCAC (NWBlueCrush)
COMA (Central Oregon)	CBAT (Circumnavig. Beaver)	CAT (Corvallis Aquatics)	CGM (Columbia Gorge)
EA (Emerald Aquatics)	KBM (Kalamath Basin)	KAM (Salem Kroc Masters)	LSWM (LaCamas SW Wash)
MAC (Multnomah Athletic)	MJCC (Mittleman Jewish CC)	NCMS (North Clackamas)	OPEN (OrPool-LessElite Narw)
ORM (Oregon Reign)	PCCM (Portland Comm Coll)	PEND (Pendleton Masters)	PSM (Portland State)
RVM (Rogue Valley)	SYD (Sherwood Y Dragons)	SOM (Southern Oregon)	SYM (Salem YMCA)

What you write down on your entry form is your team designation for the meet and no exceptions will be allowed. If you leave this Local Team space blank you will be entered as representing the team listed on your 2010 USMS Registration for scoring purposes.

TEAM AWARDS: Awards for First, Second, and Third Place will be awarded for each team category

**IF YOU HAVE ANY QUESTIONS ABOUT THE RULES AND GUIDELINES FOR THIS MEET,
PLEASE CONTACT: Tim Waud Tward@aol.com (503)341-3152**

Accommodations: The following hotel information is provided for your convenience.

Salbasgeon Suites 1730 NW 9 th St. (541) 753-4320	Days Inn 1113 NW 9 th St. (541)754-7474	Holiday Inn Express 781 NE 2 nd St. (541)752-0800	Ramada Inn 1550 NW 9 th St. (541)753-9151
Motel 6 935 NW Garfield Ave. (541)758-9125	Travel Inn 1562 SW 3 rd St. (541)752-5917	Best Western Grand Manor Inn 925 NW Garfield Ave. (541)758-8571	
Corvallis Budget Inn 1480 SW 3 rd St. (541)752-8756	Econo Lodge 345 NW 2 nd St. (541)752-9601	Hilton Garden Inn 2500 SW Western Blvd. (541)752-5000	

