

SOUTHERN PACIFIC MASTERS TOP 10

ONE HOUR ePOSTAL YARDAGE

Updated March 2023

WOMEN 18-24

1. Cori Raffaelli	VCM	5270	2008
2. Liz Hawes	OSB	5170	2001
3. Brianna Blanchard	CVMM	5070	2013
4. Shauna MacEwen	DUST	5000	1993
5. Ellen Ferguson	MMSC	4975	1985
6. Gina Battaglia	UCLA	4950	2007
7. Kyle Fisher	WH2O	4945	1993
8. Loriann Mark	SCA	4910	2010
9. Breanna Sheldon	UCLA	4900	2009
10. Kathy Glaser	UCLA	4875	2005

National Record

Sarabeth Schweitzer **USAB** **5550** **2000**

WOMEN 25-29

1. Jane Cairns	OSB	5175	1998
1. Christina Cairns	SBM	5175	2005
3. Brianna Blanchard	CVMM	5170	2014
4. Liz Hawes	UCSB	5120	2002
5. Julie Voitovitsch	UCLA	5085	2006
6. Loriann Mark	SCA	4940	2012
7. Merritt Johnson	DSSM	4935	2007
8. Rebecca Pontius	UCLA	4905	2006
9. Sorrel Hanson	NOVA	4855	2001
10. Fiona Petersen	NOVA	4830	2003

National Record

Chelsea Colwill **SPM** **5565** **2017**

WOMEN 30-34

1. Laurie Dodd	UCLA	5380	2007
2. Cynthia Lewin	MVN	5125	2008
3. Rebecca Newton	SCA	5030	2011
4. Lauren Hancock	SCA	4975	2013
5. Fiona Petersen	NOVA	4925	2005
6. Sandy Neilson-Bell	UNAT	4915	1989
7. Lee Anne Ghimenti	VCM	4900	2004
8. Amanda Vittetoe	NOVA	4895	2002
9. Jill Keenan-Boline	ROSE	4860	2004
10. Rossella Pescatori	UCLA	4855	2004

National Record

Lisa Hazen **SCSC** **5625** **1995**

WOMEN 35-39

1. Laurie Dodd	UCLA	5420	2008
2. Sara Nelson	LVM	5230	2009
3. Jill Keenan-Boline	ROSE	4945	2008
4. Loren Uscilowski	UCLA	4905	2008
5. Heidi Christensen	DUST	4860	1994
6. Rebecca Newton	SCA	4800	2012
7. Cynthia Wyels	DSSM	4755	2001
8. Lee Anne Ghimenti	VCM	4685	2010
8. Karen Schultz	SBM	4685	2016
10. Debbie Knickman	DSSM	4675	2003

National Record

Heidi George **UNAT** **5645** **2012**

WOMEN 40-44

1. Heidi Christensen	DSSM	4885	2001
2. Jenny Cook	UCLA	4820	2002
3. Michele Bailey	OJAI	4765	2004
4. Sharon Blaha	NOVA	4740	2001
5. Debbie Meek	HSNM	4725	2004
6. Julie Hoffman	DSSM	4680	1999
7. Kelly Oliner	SCA	4670	2011
7. Kim Leigh	SCA	4670	2014
9. Tamie Stewart	VCM	4640	2015
10. Julie Flores	CVMM	4630	2010

National Record

Susan Preston **STAN** **5550** **2006**

WOMEN 45-49

1. Denise Brown	NOVA	4995	2008
2. Jenny Cook	UCLA	4820	2006
3. Heidi Christensen	DSSM	4770	2004
4. Deena Esparza	SCA	4730	2015
5. Ahelee Sue Osborn	NOVA	4675	2008
6. Deanna Koehler	CVMM	4650	2015
7. Gretchen Caterson	SCA	4635	2013
8. Becky Cleavenger	CVMM	4620	2010
9. Niki Stokols	DSSM	4610	2003
9. Stacey Warmuth	VCM	4610	2006

National Record

Susan Preston **STAN** **5550** **2008**

SOUTHERN PACIFIC MASTERS TOP 10

ONE HOUR ePOSTAL YARDAGE

Updated March 2023

WOMEN 50-54

1. Stacey Warmuth	VCM	4845	2011
2. Ahelee Sue Osborn	CVMM	4800	2010
3. Christie Ciraulo	UCLA	4790	2006
4. Deena Esparza	SCA	4770	2016
5. Heidi Christensen	CSAM	4730	2009
6. Becky Cleavenger	CVMM	4695	2014
7. Jenny Cook	UCLA	4535	2013
8. Niki Stokols	CSAM	4475	2010
9. Lisa Schoenneman	CVMM	4430	2014
10. Denise Hearst	CVMM	4420	2012

National Record

Ellen Reynolds SAWS 5185 2015

WOMEN 55-59

1. Christie Ciraulo	UCLA	4815	2009
2. Stacey Warmuth	VCM	4800	2016
3. Deena Esparza	CLMS	4635	2021
4. Jennifer Carango	SCA	4380	2018
5. Niki Stokols	CVMM	4350	2013
6. Jill Shaffer	VCM	4340	2017
7. Holly Nuckols	VCM	4240	2017
8. Jeannette Bauer	DSSM	4220	2007
9. Linda Simons	GRA	4185	2023
10. Mel Latt	CVMM	4115	2019

National Record

Susan Preston STAN 5250 2019

WOMEN 60-64

1. Stacey Warmuth	VCM	4765	2020
2. Christie Ciraulo	UCLA	4630	2015
3. Niki Stokols	CVMM	4275	2018
4. Jill Shaffer	VCM	4265	2022
5. Jeannette Bauer	SCA	4130	2010
6. Diana Dolan LaMar	MVN	4000	2021
7. Ellen Rockholm	KMAN	3960	2013
8. Nancy Nicholson	SCA	3835	2017
9. Brenda Jarmakani	UCLA	3770	2008
10. Beverly Montrella	MVN	3765	2010

National Record

Suzanne Heim-Bowen WCM 4955 2018

WOMEN 65-69

1. Niki Stokols	CVMM	3990	2022
2. Ellen Rockholm	KMAN	3985	2015
3. Jeannette Bauer	SCA	3960	2015
4. Susan Hansell-Smuck	VCM	3755	2022
5. Grace Altus	SBSC	3620	1992
6. Carol Jewell	NOVA	3600	2008
7. Beverly Montrella	MVN	3495	2015
8. Dorothy LaChasse	SBSC	3475	1990
9. Helen Geoffrion	UCLA	3310	2005
10. Wendy Scherwat Ducourneau	TSTT	3300	2017

National Record

Karen Einsidler SHARK 4710 2022

WOMEN 70-74

1. Grace Altus	OSB	3600	1994
2. Dionne Caldwell	NOVA	3320	2003
3. Maurine Kornfeld	LBM	3300	1992
4. Helen Geoffrion	UCLA	3250	2009
5. Louise Jobson	NBM	3035	1990
6. Jan Levinrad	WH2O	3000	2021
7. Peggy Sanborn	OSB	2980	2000
8. Renate Winkler	UCLA	2720	2008
9. Barbara Clark	IHAC	2695	1986
10. Helen Curtis	CCM	2650	1988

National Record

Laura Val TAM 4475 2022

WOMEN 75-79

1. Beverly Montrella	MVN	3710	2021
2. Jan Levinrad	WH2O	3425	2022
3. Grace Altus	OSB	3260	1999
4. Rita Simonton	GWSC	3210	1998
5. Dionne Caldwell	NOVA	3060	2008
6. Peggy Sanborn	OSB	2885	2003
7. Jacquie Anderson	UNAT	2875	2012
8. Maxine Merlino	LBM	2865	1990
9. Helen Curtis	SLOM	2605	1992
10. Elizabeth Mauric	IHAC	2425	1983

National Record

Beverly Montrella MVN 3710 2021

SOUTHERN PACIFIC MASTERS TOP 10

ONE HOUR ePOSTAL YARDAGE

Updated March 2023

WOMEN 80-84

1. Rita Simonton	GWSC	3235	2000
2. Maurine Kornfeld	CM	2600	2005
3. Peggy Sanborn	SBM	2580	2009
4. Elizabeth Mauric	IHAC	2275	1985
5. Katherine Pelton	IHAC	2165	1986
6. Geraldine Turner	LVM	1475	1992

National Record

Patricia Bond **SYSM** **3275** **2018**

WOMEN 85-89

1. Rita Simonton	GWSC	3005	2004
2. Maurine Kornfeld	MVN	2600	2007
3. Peggy Sanborn	SBM	1900	2014
4. Elizabeth Mauric	SCAQ	1840	1990
5. Katherine Pelton	IHAC	1675	1992

National Record

Rita Simonton **GWSC** **3005** **2004**

WOMEN 90-94

1. Rita Simonton	LOST	2720	2009
2. Maurine Kornfeld	MVN	2475	2012
3. Luella Tyra	IHAC	975	1983

National Record

Rita Simonton **LOST** **2720** **2009**

WOMEN 95-99

1. Maurine Kornfeld	ROSE	2200	2017
---------------------	------	------	------

National Record

Maurine Kornfeld **ROSE** **2200** **2017**

SOUTHERN PACIFIC MASTERS TOP 10

ONE HOUR ePOSTAL YARDAGE

Updated March 2023

MEN 18-24

1. Craig Nadel	MMSC	5590	1985
2. Juan Carlo Piccio	UCLA	5440	2006
3. Matthew Wheeler	SBM	5375	2005
4. Thomas Maires	VCM	5225	2010
5. Jim Nash	UCLA	5200	2004
6. Edmond Roche	SCA	5140	2014
7. J J Kaye	UCLA	5100	2007
8. William Power	SBSC	4960	1982
9. Mark Arnott	UCLA	4885	2004
10. Philip Kao	UCLA	4880	2005

National Record
Robert Margalis

SPM 6135 2007

MEN 25-29

1. Matt Miller	UCLA	5490	2003
2. Mike Shaffer	DUST	5450	1995
3. Peter Egan	SCAQ	5380	1994
4. Jamie Zwick	UCLA	5335	2006
5. Jason Fox	ROSE	5300	2006
6. Jeremy Delicino	UCLA	5285	2003
7. Casey Harmon	UCLA	5215	2004
8. Brian Jones	IHAC	5200	1991
8. Ian Neubauer	ROSE	5200	2009
10. Johannes Walcher	UCSB	5185	2002

National Record
Daniel Veatch

USF 6115 1994

MEN 30-34

1. Bernie Zeruhn	NOVA	5620	2004
2. Gerry Rodrigues	UCLA	5575	1997
3. Michael Collins	UCLA	5535	1998
4. Bill Damm	CPM	5500	1981
5. Jeff Pickett	UCLA	5340	2008
6. Kyle Power	SCA	5320	2011
7. Grant Richman	CLMS	5300	2023
8. Johannes Walcher	UCSB	5295	2004
9. Brad Shenfeld	UCLA	5285	2006
10. Jordan Rapp	CVMM	5275	2014

National Record
Anton Janezich

UNAT 5795 2022

MEN 35-39

1. Mike Shaffer	VCM	5905	2003
2. Randy Eickhoff	UCLA	5620	2003
3. Tim Hedrick	VCM	5520	2002
4. Mark Magee	CLVM	5485	2006
5. Bill Damm	CPM	5400	1982
5. Gerry Rodrigues	UCLA	5400	1998
7. Mark Cleavenger	VCM	5365	2001
8. Dan Wegner	SCAQ	5360	2005
9. Michael Collins	NOVA	5355	2002
10. Brad Shenfeld	UCLA	5250	2007

National Record
Mike Shaffer

VCM 5905 2003

MEN 40-44

1. Mike Shaffer	VCM	5910	2009
2. Gerry Rodrigues	UCLA	5625	2007
3. Randy Eickhoff	SCA	5550	2010
4. Tim Hedrick	VCM	5495	2004
5. Mark Magee	LVM	5450	2008
6. Norbert Hoehne	SCA	5310	2012
7. Ben Pecht	VCM	5250	2016
8. Jeffrey Crosson	NOVA	5245	2002
9. Bill Damm	CPM	5225	1987
9. Simon Millar	UCLA	5225	2010

National Record
Mike Shaffer

VCM 5910 2009

MEN 45-49

1. Mike Shaffer	VCM	5625	2013
2. Gerry Rodrigues	UCLA	5575	2008
3. Randy Eickhoff	SCA	5400	2013
4. Jonathan Edge	SCMC	5225	2015
5. Jeffrey Crosson	NOVA	5170	2008
5. Simon Millar	UCLA	5170	2012
7. Mark Hontas	SCA	5140	2010
7. Eric Marnoch	CVMM	5140	2015
9. Mark Magee	LVM	5125	2014
10. Jeff Moxie	DSSM	5120	2007

National Record
Jeff Erwin

SAWS 5755 2010

SOUTHERN PACIFIC MASTERS TOP 10

ONE HOUR ePOSTAL YARDAGE

Updated March 2023

MEN 50-54

1. Jim McConica	VCM	5620	2002
2. Mike Shaffer	VCM	5525	2016
3. Kurt Dickson	GRA	5370	2018
4. Craig Taylor	NOVA	5190	2005
5. Randy Eickhoff	SCA	5165	2018
6. Tryggvi Helgason	SCMC	5100	2016
7. Stephen Davis	SCA	5040	2013
8. Tegze Haraszti	HBSC	4965	1994
9. Robbie Allen	VCM	4950	2016
10. Kevin Lane	SCA	4925	2011

National Record

Jeff Erwin **SAWS** **5630** **2015**

MEN 55-59

1. Jim McConica	VCM	5445	2010
2. Mike Shaffer	VCM	5410	2023
3. Kurt Dickson	GRA	5265	2023
4. Randy Eickhoff	CLMS	5175	2020
5. Tegze Haraszti	HBSC	5030	1998
6. Stephen Davis	SCA	4960	2015
7. Kevin Marble	VCM	4890	2016
8. Peter O'Keeffe	UCLA	4840	2006
9. Michael Blatt	VCM	4825	2012
10. Larry Raffaelli	VCM	4770	2002

National Record

Ricardo Valdivia **GOLD** **5570** **2019**

MEN 60-64

1. Jim McConica	VCM	5285	2011
2. Hubie Kerns	VCM	4770	2013
3. Michael Blatt	VCM	4750	2016
4. Larry Raffaelli	VCM	4695	2004
5. Glenn Gruber	VCM	4680	2010
6. Phil Sidenberg	SCA	4575	2017
6. Luke Claus	CLMS	4575	2020
8. Peter O'Keeffe	UCLA	4570	2012
9. Bob Coale	DSSM	4505	2000
10. Robert Rosen	CVMM	4470	2014

National Record

Sandy MacDonald **SMST** **5295** **2016**

MEN 65-69

1. Doug Kajiwara	CVMM	5030	2022
2. Jim McConica	VCM	4920	2017
3. Hubie Kerns	VCM	4720	2016
4. Larry Raffaelli	VCM	4455	2009
5. Glenn Gruber	VCM	4425	2016
6. Phil Sidenberg	CLMS	4365	2022
7. Frank Piemme	SCAQ	4315	1991
8. Luke Claus	CLMS	4240	2023
9. Buddy Belshe	HBSC	4205	2002
10. Larry Pearson	VCM	4135	2016

National Record

Doug Kajiwara **CVMM** **5030** **2022**

MEN 70-74

1. Jim McConica	VCM	4825	2020
2. Frank Piemme	OSB	4205	1995
3. Robert Rosen	CVMM	4120	2020
4. Larry Raffaelli	VCM	4060	2015
5. Bart Bleuel	VCM	3780	2012
6. Frank Freeman	CVMM	3765	2016
7. Jurgen Schmidt	OSB	3735	1995
8. Robert Bergstrom	FMT	3690	2012
9. Stuart Thomson	MRSC	3680	2016
10. George McNee	SCA	3575	2018

National Record

Jim McConica **VCM** **4825** **2020**

MEN 75-79

1. Frank Piemme	OSB	4085	2000
2. Larry Raffaelli	VCM	3675	2019
3. Jurgen Schmidt	OSB	3650	2000
4. Woody Bowersock	LBM	3230	1991
5. Robert Owens	VCM	3200	2021
6. Bill Shott	LBM	3150	1987
7. John Burnside	LBM	3085	1987
8. John Stinson	CCM	3045	1988
9. Leonard Chapin	LBM	3010	1986
10. Alfred Guth	LBM	2880	1986

National Record

David Radcliff **OREG** **4520** **2010**

SOUTHERN PACIFIC MASTERS TOP 10

ONE HOUR ePOSTAL YARDAGE

Updated March 2023

MEN 80-84

1. Frank Piemme	LOST	3530	2008
2. Jurgen Schmidt	SBM	3460	2004
3. Robert Bergstrom	FMT	3275	2021
4. Larry Raffaelli	VCM	3125	2023
5. Woodrow Bowersock	LBM	2875	1994
6. John Burnside	LBM	2850	1990
7. Leonard Chapin	LBM	2605	1990
8. Don Neefe	UNAT	2595	1990
9. Eugene Paul	NOVA	2400	2009
10. John Glenn	LBM	2040	1993

National Record

David Radcliff **OREG** **4300** **2015**

MEN 90-94

National Record

Willard Lamb **OREG** **2990** **2015**

MEN 100-104

National Record

Willard Lamb **OREG** **2495** **2022**

MEN 85-89

1. Jack Blumberg	IHAC	2280	1984
2. Don Neefe	LBM	2195	1994

National Record

David Radcliff **OREG** **3805** **2019**

MEN 95-99

National Record

Willard Lamb **OREG** **2885** **2017**