

18-24 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|-------------------------|-------------|--------------|-------------|
| 1 | Kara J Denby | CSAM | 26.22 | 2009 |
| 2 | Kennedy Hood | NOVA | 28.01 | 2019 |
| 3 | Berklie Oscarson | ROSE | 28.04 | 2011 |
| 4 | Lise Soule | UNAT | 28.29 | 2013 |
| 5 | Mary E Hanson | SCOR | 28.32 | 2014 |
| 6 | Kierstin H Colesen | UCI | 28.35 | 2013 |
| 7 | Ashley N De Paul | UCI | 28.36 | 2005 |
| 8 | Lysandra J Carter-Aaron | SCAQ | 28.37 | 2010 |
| 9 | Danielle De Alva | NOVA | 28.38 | 2002 |
| 10 | Katelyn B Butler | RAA | 28.47 | 2008 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|--------------|-------------|
| 1 | Lindsey E Engel | UNAT | 56.92 | 2016 |
| 2 | Kara J Denby | CSAM | 58.47 | 2009 |
| 3 | Lise Soule | UNAT | 1:01.25 | 2013 |
| 4 | Angeli Paul | ROSE | 1:01.27 | 2022 |
| 5 | Katelyn B Butler | RAA | 1:01.57 | 2008 |
| 6 | Kennedy Hood | NOVA | 1:01.65 | 2019 |
| 7 | Shayla R Austin | SCMC | 1:01.69 | 2012 |
| 8 | Reagan P Nibarger | CANY | 1:01.86 | 2023 |
| 9 | Kathy L Glaser | UCLA | 1:02.39 | 2005 |
| 10 | Micah Otazu | ROSE | 1:02.80 | 2019 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------------|----------------|-------------|
| 1 | Sian Pearson | MVN | 2:11.66 | 2013 |
| 2 | Maria Carlson | ROSE | 2:12.03 | 2019 |
| 3 | Micah Otazu | ROSE | 2:12.68 | 2019 |
| 4 | Mai Tajima | UCI | 2:14.28 | 2005 |
| *5 | Stephanie Horwitz | SCAQ | 2:14.81 | 2013 |
| *5 | Heather McCorkel | GRA | 2:14.81 | 2017 |
| 7 | Angeli Paul | ROSE | 2:15.64 | 2022 |
| 8 | Rachel Dekar | SCAQ | 2:17.58 | 2013 |
| 9 | Samantha Pearson | LVM | 2:17.63 | 2010 |
| 10 | Mackenzie M Leake | TCC | 2:17.82 | 2015 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------------|----------------|-------------|
| 1 | Sian Pearson | MVN | 4:34.61 | 2013 |
| 2 | Stephanie Horwitz | SCAQ | 4:46.72 | 2013 |
| 3 | Elizabeth J Carter | UCI | 4:47.60 | 2005 |
| 4 | Maria Carlson | ROSE | 4:50.76 | 2019 |
| 5 | Christine Smith | LVM | 4:51.71 | 2010 |
| 6 | Melissa Cienega | ROSE | 4:51.95 | 2018 |
| 7 | Megan D Kelley | LVM | 4:53.73 | 2010 |
| 8 | Katie M Moore | MVN | 4:54.81 | 2007 |
| 9 | Mackenzie M Leake | TCC | 4:55.20 | 2015 |
| 10 | Kathy L Glaser | UCLA | 4:56.66 | 2005 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|--------------------------|------------|----------------|-------------|
| 1 | Mackenzie M Leake | TCC | 9:51.70 | 2015 |
| 2 | Stephanie Horwitz | SCAQ | 9:52.26 | 2013 |
| 3 | Samantha Pearson | LVM | 9:54.53 | 2010 |
| 4 | Katie M Moore | MVN | 10:00.51 | 2007 |
| 5 | Adelynn M Peterson | SLOM | 10:02.85 | 2019 |
| 6 | Christine Smith | LVM | 10:05.26 | 2010 |
| 7 | Megan D Kelley | LVM | 10:08.78 | 2010 |
| 8 | Emily J Sharpe | CVMM | 10:30.44 | 2019 |
| 9 | Marlena L Tonelli | NOVA | 10:33.15 | 2011 |
| 10 | Gwendolyn Mathias | ROSE | 10:33.73 | 2014 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|--------------------------|------------|-----------------|-------------|
| 1 | Mackenzie M Leake | TCC | 18:45.39 | 2015 |
| 2 | Katie M Moore | MVN | 18:55.24 | 2007 |
| 3 | Stephanie Horwitz | SCAQ | 19:01.48 | 2013 |
| 4 | Samantha N Leanza | MVN | 19:21.81 | 2014 |
| 5 | Christine Smith | LVM | 19:32.21 | 2010 |
| 6 | Megan Lucas | NOVA | 19:41.23 | 2002 |
| 7 | Olivia G Porterfield | SBM | 20:05.36 | 2007 |
| 8 | Liz Hawes | UCSB | 20:09.54 | 1999 |
| 9 | Brandy S Bounds | NOVA | 20:39.00 | 2005 |
| 10 | Maura M Priest | UCI | 20:39.53 | 2005 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|--------------------|-------------|--------------|-------------|
| 1 | Micah Otazu | ROSE | 31.28 | 2019 |
| 2 | Mary E Hanson | SCOR | 31.37 | 2014 |
| 3 | Berklie Oscarson | ROSE | 31.59 | 2011 |
| 4 | Samantha Pearson | LVM | 31.92 | 2010 |
| 5 | Kara J Denby | CSAM | 31.96 | 2009 |
| 6 | Jewelz K Andrews | NOVA | 32.76 | 2013 |
| 7 | Xan A Rogers | UNAT | 33.39 | 2005 |
| 8 | Terri L O'Loughlin | IHAC | 34.02 | 1992 |
| 9 | Angeli Paul | ROSE | 34.12 | 2022 |
| 10 | Samantha Campbell | ROSE | 34.19 | 2018 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|-------------------------|------------|----------------|-------------|
| 1 | Samantha Pearson | LVM | 1:07.81 | 2010 |
| 2 | Berklie Oscarson | ROSE | 1:08.06 | 2011 |
| 3 | Micah Otazu | ROSE | 1:08.18 | 2019 |
| 4 | Mai Tajima | UCI | 1:08.96 | 2005 |
| 5 | Ashley N De Paul | UCI | 1:09.49 | 2005 |
| 6 | Jenna L Natalizio | NOVA | 1:12.23 | 2008 |
| 7 | Xan Rogers | UNAT | 1:12.73 | 2005 |
| 8* | Jordan S Danny | SCMC | 1:13.10 | 2013 |
| 8* | Lauren Turner | ROSE | 1:13.10 | 2016 |
| 10 | Jewelz K Andrews | NOVA | 1:13.39 | 2013 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|-------------------------|------------|----------------|-------------|
| 1 | Samantha Pearson | LVM | 2:32.17 | 2010 |
| 2 | Xan A Rogers | UNAT | 2:34.43 | 2005 |
| 3 | Mackenzie M Leake | TCC | 2:34.98 | 2015 |
| 4 | Danielle De Alva | NOVA | 2:37.45 | 2002 |
| 5 | Angeli Paul | ROSE | 2:38.09 | 2022 |
| 6 | Jenna L Natalizio | NOVA | 2:38.21 | 2008 |
| 7 | Gwendolyn Mathias | GRA | 2:40.14 | 2016 |
| 8 | Adelynn M Peterson | UNAT | 2:41.72 | 2019 |
| 9 | Shannon J Colavito | LVM | 2:44.15 | 2010 |
| 10 | Anastasia Kay | UNAT | 2:44.46 | 2001 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|----------------------|-------------|--------------|-------------|
| 1 | Maria Carlson | ROSE | 33.71 | 2019 |
| 2* | Kara J Denby | CSAM | 34.35 | 2009 |
| 2* | Rachel Dekar | SCAQ | 34.35 | 2013 |
| 4 | Tracey D McFarlane | PSP | 35.22 | 1991 |
| 5 | Jordan S Danny | SCMC | 35.65 | 2013 |
| 6 | Mary K Reid | SCAQ | 35.79 | 2013 |
| 7 | Hallie M Hengels | SCAQ | 36.01 | 2013 |
| 8 | Audrey C Daniels | BEAV | 36.31 | 2023 |
| 9 | Hayley Blaauw | NOVA | 36.44 | 2021 |
| 10 | Shannon Flahive | NOVA | 36.73 | 2002 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|----------------------|-------------|----------------|-------------|
| 1 | Maria Carlson | ROSE | 1:12.45 | 2019 |
| 2 | Rachel Dekar | SCAQ | 1:13.10 | 2013 |
| 3 | Hallie M Hengels | SCAQ | 1:17.50 | 2013 |
| 4 | Jordan S Danny | SCMC | 1:17.88 | 2013 |
| 5 | Jessamyn Miller | NOVA | 1:18.30 | 2003 |
| 6 | Tracey D McFarlane | PSP | 1:18.44 | 1991 |
| 7 | Mary K Reid | SCAQ | 1:18.53 | 2013 |
| 8 | Sara Showalter | UNAT | 1:20.41 | 2002 |
| 9 | Hayley Blaauw | NOVA | 1:20.57 | 2021 |
| 10 | Katie M Moore | MVN | 1:20.72 | 2007 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|----------------------|-------------|----------------|-------------|
| 1 | Maria Carlson | ROSE | 2:41.90 | 2019 |
| 2 | Shannon Flahive | NOVA | 2:53.03 | 2002 |
| 3 | Kristy Beal | SCAQ | 2:54.44 | 2013 |
| 4 | Sara Showalter | UNAT | 2:54.57 | 2002 |
| 5 | Mary K Reid | SCAQ | 2:55.17 | 2013 |
| 6 | Rachel Dekar | SCAQ | 2:55.92 | 2013 |
| 7 | Joy M Tanizaki | NOVA | 2:56.28 | 2008 |
| 8 | Katie M Moore | MVN | 2:56.39 | 2007 |
| 9 | Olivia Hughes | MVN | 2:57.61 | 2013 |
| 10 | Mackenzie M Leake | TCC | 2:58.46 | 2015 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|-------------------------|------------|--------------|-------------|
| 1 | Ashley N De Paul | UCI | 28.68 | 2005 |
| 2 | Lise Soule | UNAT | 29.51 | 2013 |
| 3 | Berklie Oscarson | ROSE | 29.54 | 2011 |
| 4 | Reina Gomez | NOVA | 29.92 | 2023 |
| 5 | Nicole Cienega | ROSE | 30.08 | 2021 |
| 6 | Terri L O'Loughlin | IHAC | 30.28 | 1992 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Lindsey E Engel | UNAT | 1:00.90 | 2016 |
| 2 | Ashley N De Paul | UCI | 1:03.23 | 2005 |
| 3 | Lise Soule | UNAT | 1:04.45 | 2013 |
| 4 | Reina Gomez | NOVA | 1:05.68 | 2023 |
| 5 | Megan D Kelley | LVM | 1:06.20 | 2010 |
| 6 | Kara J Denby | CSAM | 1:06.58 | 2009 |

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|----|--------------------|------|-------|------|
| 7 | Shayla R Austin | SCMC | 30.36 | 2012 |
| 8 | Jordan S Danny | SCMC | 30.41 | 2013 |
| 9 | Lauren Fren dreis | ROSE | 30.48 | 2012 |
| 10 | Shekinah L Hoffman | LVM | 30.91 | 2017 |

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|----|------------------|------|---------|------|
| 7 | Berklie Oscarson | ROSE | 1:06.70 | 2011 |
| 8 | Maria Carlson | ROSE | 1:07.66 | 2019 |
| 9 | Kristina Patton | GRA | 1:08.29 | 2019 |
| 10 | Nicole Cienega | ROSE | 1:08.47 | 2022 |

200 LC METER BUTTERFLY

| | | | | |
|----|--------------------------|------|---------|------|
| 1 | Ashley N De Paul | UCI | 2:26.05 | 2005 |
| 2 | Adelynn M Peterson | SLOM | 2:27.56 | 2018 |
| 3 | Reina Gomez | NOVA | 2:27.75 | 2023 |
| 4 | Sian Pearson | MVN | 2:28.60 | 2013 |
| 4* | Berklie Oscarson | ROSE | 2:31.65 | 2011 |
| 5* | Heidi Zuniga | MVN | 2:31.65 | 2019 |
| 7 | Jacqueline J Masehi-Lano | CTM | 2:33.86 | 2012 |
| 8 | Megan D Kelley | LVM | 2:34.37 | 2010 |
| 9 | Elizabeth P Murray | SCAQ | 2:35.41 | 2013 |
| 10 | Megan N Gehrich | MVN | 2:35.85 | 2013 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-------------------|------|---------|------|
| 1 | Ashley N De Paul | UCI | 2:26.89 | 2005 |
| 2 | Kara J Denby | CSAM | 2:26.90 | 2009 |
| 3 | Maria Carlson | ROSE | 2:27.09 | 2019 |
| 4 | Berklie Oscarson | ROSE | 2:29.07 | 2011 |
| 5 | Lise Soule | UNAT | 2:30.66 | 2013 |
| 6 | Micah Otazu | ROSE | 2:34.14 | 2019 |
| 7 | Olivia Hughes | MVN | 2:34.98 | 2013 |
| 8 | Mackenzie M Leake | TCC | 2:35.26 | 2015 |
| 9 | Hayley Blaauw | NOVA | 2:36.16 | 2021 |
| 10 | Kristina Patton | GRA | 2:36.45 | 2019 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|--------------------|------|---------|------|
| 1 | Ashley N De Paul | UCI | 5:15.05 | 2005 |
| 2 | Megan N Gehrich | MVN | 5:22.79 | 2013 |
| 3 | Mackenzie M Leake | TCC | 5:26.15 | 2015 |
| 4 | Adelynn M Peterson | SLOM | 5:29.83 | 2019 |
| 5 | Katie M Moore | MVN | 5:30.92 | 2007 |
| 6 | Olivia Hughes | MVN | 5:31.47 | 2013 |
| 7 | Sara Showalter | UNAT | 5:42.35 | 2002 |
| 8 | Christine Smith | LVM | 5:44.49 | 2010 |
| 9 | Jenna L Natalizio | NOVA | 5:45.94 | 2008 |
| 10 | Semah B Zavareh | UCI | 5:48.99 | 2005 |

18-24 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|--------------------|------|-------|------|
| 1 | Samuel Ubellacker | ROSE | 23.47 | 2019 |
| 2 | Gregory Busse | NOVA | 23.79 | 2003 |
| 3 | Scott Weir | MVN | 23.80 | 2006 |
| 4 | Mathew Bilaver | GRA | 23.84 | 2019 |
| 5 | Kevin J Donnelly | NOVA | 24.04 | 2013 |
| 6 | Benjamin Cable | SBM | 24.14 | 2022 |
| 7 | Ryan Armes | SLOM | 24.16 | 2019 |
| 8 | Alexander M Aceino | GRA | 24.38 | 2015 |
| 9 | Mat A Prasser | MVN | 24.56 | 2016 |
| 10 | Fabrice Wendel | GRA | 24.58 | 2016 |

100 LC METER FREESTYLE

| | | | | |
|----|--------------------|------|-------|------|
| 1 | Gregory Busse | NOVA | 52.62 | 2003 |
| 2 | Ryan Armes | SLOM | 53.09 | 2019 |
| 3 | Benjamin Cable | SBM | 53.15 | 2022 |
| 4 | Alexander M Aceino | GRA | 53.17 | 2015 |
| 5 | Brandon T Kolarov | MVN | 53.66 | 2018 |
| 6 | Fabrice Wendel | GRA | 53.78 | 2016 |
| 7 | Kevin J Donnelly | NOVA | 54.04 | 2013 |
| 8 | William Corrigan | SBSC | 54.57 | 1989 |
| 9 | Jeremy Granger | ROSE | 54.79 | 2017 |
| 10 | Murilo Gustineli | LVM | 54.83 | 2018 |

200 LC METER FREESTYLE

| | | | | |
|----|--------------------------------|------|---------|------|
| 1 | Logan S Redondo | MVN | 1:57.01 | 2016 |
| 2 | Gregory Busse | NOVA | 1:57.51 | 2003 |
| 3 | Ryan Armes | SLOM | 1:59.52 | 2019 |
| 4 | Tanner K Cridland | MVN | 2:01.35 | 2013 |
| 5 | Mohammadreza Esmaeilian Babouk | ROSE | 2:02.51 | 2015 |
| 6 | Alexander M Aceino | GRA | 2:03.11 | 2015 |
| 7 | Russell Kneipp | LAPS | 2:03.70 | 1993 |
| 8 | Danny Giometti | UCI | 2:03.85 | 2006 |
| 9 | Joshua E Hanson | SCOR | 2:04.17 | 2014 |
| 10 | Kyle Otazu | ROSE | 2:04.19 | 2019 |

400 LC METER FREESTYLE

| | | | | |
|----|------------------------|------|---------|------|
| 1 | Logan S Redondo | MVN | 3:57.10 | 2016 |
| 2 | Jacob J Jezek | LVM | 4:15.58 | 2013 |
| 3 | Keith R Ryan | UCI | 4:19.21 | 2008 |
| 4 | George Schnaars | MVN | 4:21.45 | 2013 |
| 5 | Alec Alders | ROSE | 4:21.97 | 2011 |
| 6 | Joshua Graves | UNAT | 4:22.11 | 2019 |
| 7 | Danny Giometti | UCI | 4:23.25 | 2006 |
| 8 | Mitchell R Spezzaferri | MVN | 4:25.55 | 2013 |
| 9 | Fabrice Wendel | GRA | 4:29.69 | 2016 |
| 10 | Jesse D Dwyer | LVM | 4:29.71 | 2012 |

800 LC METER FREESTYLE

| | | | | |
|----|--------------------------------|------|---------|------|
| 1 | Logan S Redondo | MVN | 8:16.64 | 2016 |
| 2 | Jacob Jezek | LVM | 8:54.93 | 2013 |
| 3 | Alec Alders | ROSE | 9:01.06 | 2011 |
| 4 | Jesse Dwyer | LVM | 9:15.09 | 2012 |
| 5 | Keith Ryan | UCI | 9:15.67 | 2005 |
| 6 | George Schnaars | MVN | 9:16.27 | 2013 |
| 7 | Danny Giometti | UCI | 9:24.86 | 2005 |
| 8 | Pierre DeLisle | NOVA | 9:36.78 | 1987 |
| 9 | Mohammadreza Esmaeilian Babouk | ROSE | 9:37.82 | 2015 |
| 10 | Camron Simmons | MVN | 9:42.03 | 2022 |

1500 LC METER FREESTYLE

| | | | | |
|----|---------------------|------|----------|------|
| 1 | Logan S Redondo | MVN | 15:28.71 | 2016 |
| 2 | Jacob J Jezek | LVM | 16:58.37 | 2013 |
| 3 | Keith Ryan | UCI | 17:12.07 | 2007 |
| 4 | George Schnaars | MVN | 17:36.05 | 2013 |
| 5 | Alec Alders | ROSE | 17:47.48 | 2011 |
| 6 | Christopher Braden | SBM | 17:48.74 | 2013 |
| 7 | Pierre DeLisle | NOVA | 18:39.14 | 1987 |
| 8 | Francisco Perez | ROSE | 18:41.21 | 1991 |
| 9 | Christopher D Ramos | CSAM | 19:03.27 | 2009 |
| 10 | Jonathan T Pierce | LAPS | 19:07.27 | 2016 |

50 LC METER BACKSTROKE

| | | | | |
|----|------------------|------|-------|------|
| 1 | Scott Weir | MVN | 28.01 | 2006 |
| 2 | Cory Nguyen | RIPT | 29.09 | 2019 |
| 3 | Ralph J Porrazzo | ROSE | 29.78 | 2016 |
| 4 | Taras Polakoff | BEAV | 29.83 | 2022 |
| 5 | David Jimenez | ROSE | 30.05 | 2019 |
| 6 | Jay Li | MVN | 30.42 | 2011 |
| 7 | James W Rogers | TSTT | 30.47 | 2012 |
| 8 | Will Conk | MVN | 30.51 | 2002 |
| 9 | Alexander Aceino | UNAT | 30.57 | 2015 |
| 10 | William Corrigan | SBSC | 30.63 | 1989 |

100 LC METER BACKSTROKE

| | | | | |
|----|------------------|------|---------|------|
| 1 | Ethan Webster | GRA | 1:01.92 | 2018 |
| 2 | Cory Nguyen | RIPT | 1:02.27 | 2019 |
| 3 | Garrett Hubbard | MVN | 1:02.53 | 2013 |
| 4 | Osiris Briseno | SCAQ | 1:02.78 | 1997 |
| 5 | Joshua E Hanson | SCOR | 1:02.93 | 2014 |
| 6 | Matthew A Jones | BGWM | 1:03.59 | 2007 |
| 7 | Taras Polakoff | BEAV | 1:04.02 | 2022 |
| 8 | Ralph J Porrazzo | ROSE | 1:04.65 | 2016 |
| 9 | Noah Hirshon | ROSE | 1:05.08 | 2021 |
| 10 | David Jimenez | ROSE | 1:05.16 | 2019 |

200 LC METER BACKSTROKE

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|---|-----------------|-----|---------|------|
| 1 | Logan S Redondo | MVN | 2:14.97 | 2018 |
|---|-----------------|-----|---------|------|

50 LC METER BREASTSTROKE

| | | | | |
|---|-------------------|------|-------|------|
| 1 | Giorgio DelGrosso | SCAQ | 29.06 | 2021 |
|---|-------------------|------|-------|------|

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|----|-------------------|------|---------|------|
| 2 | Garrett Hubbard | MVN | 2:16.85 | 2013 |
| 3 | Matthew A Jones | BGWM | 2:18.22 | 2007 |
| 4 | Matthew O Wheeler | SBM | 2:19.01 | 2005 |
| 5 | Joshua E Hanson | SCOR | 2:19.54 | 2015 |
| 6 | Cory Nguyen | RIPT | 2:22.28 | 2019 |
| 7 | Keith Ryan | NOVA | 2:22.31 | 2003 |
| 8 | Kaynen Chua | CTSM | 2:23.02 | 2019 |
| 9 | Alec Alders | ROSE | 2:23.05 | 2013 |
| 10 | Taras Polakoff | BEAV | 2:23.13 | 2023 |

| | | | | |
|-----|---------------------|------|-------|------|
| 2 | Trevor J Hoyt | MYST | 29.20 | 2014 |
| 3 | Mat A Prasser | MVN | 29.55 | 2016 |
| 4 | Benjamin Cable | SBM | 30.20 | 2022 |
| 5 | Curren Bates | SCMC | 30.57 | 2012 |
| 6 | Gabriel Kirk | NOVA | 31.00 | 2019 |
| 7 | Joshua E Hanson | SCOR | 31.41 | 2014 |
| 8 | Cameron M Willment | MVN | 31.49 | 2013 |
| 9 | Andre Yarkan | ROSE | 31.75 | 2021 |
| *10 | Jonathan Lait | SCAQ | 31.92 | 2012 |
| *10 | Peter E McClafferty | WHSC | 31.92 | 1987 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|---------------------|------|---------|------|
| 1 | Giorgio DelGrosso | SCAQ | 1:03.11 | 2021 |
| 2 | Trevor J Hoyt | MYST | 1:03.42 | 2014 |
| 3 | Benjamin Cable | SBM | 1:06.37 | 2022 |
| 4 | Gabriel Kirk | NOVA | 1:07.43 | 2019 |
| 5 | Devin A Grimalda | NOVA | 1:08.50 | 2013 |
| 6 | Curren Bates | SCMC | 1:08.61 | 2012 |
| 7 | Joshua E Hanson | SCOR | 1:08.71 | 2014 |
| 8 | Andre Yarkan | ROSE | 1:09.94 | 2021 |
| 9 | Andrew Seo | NOVA | 1:10.14 | 2011 |
| 10 | Peter E McClafferty | WHSC | 1:10.15 | 1987 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|---------------------|------|---------|------|
| 1 | Trevor J Hoyt | MYST | 2:13.19 | 2014 |
| 2 | Giorgio DelGrosso | ROSE | 2:22.35 | 2021 |
| 3 | Andrew Seo | NOVA | 2:31.81 | 2011 |
| 4 | Patrick J Sonsteng | MVN | 2:35.69 | 2013 |
| 5 | Curren Bates | SCMC | 2:36.24 | 2012 |
| 6 | Gabriel Kirk | NOVA | 2:36.83 | 2019 |
| 7 | Peter E McClafferty | WHSC | 2:36.88 | 1987 |
| 8 | Joshua Graves | UNAT | 2:40.40 | 2019 |
| 9 | Daniel C Peralta | MVN | 2:42.37 | 2018 |
| 10 | Chris McElroy | MVN | 2:43.51 | 2018 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|--------------------|------|-------|------|
| 1 | Alexander M Aceino | GRA | 25.60 | 2015 |
| 2 | Fabrice Wendel | GRA | 26.12 | 2016 |
| 3 | Wade M Federer | CSAM | 26.43 | 2009 |
| 4 | Russell Kneipp | LAPS | 26.44 | 1993 |
| 5 | Jermaine P Britton | OJAI | 26.61 | 2005 |
| *6 | Will R Wollam | UCI | 26.82 | 2010 |
| *6 | Joshua E Hanson | SCOR | 26.82 | 2014 |
| 8 | Roman Rostomyan | ROSE | 26.92 | 2021 |
| 9 | Marcel P Hurtubise | CLMS | 26.97 | 2022 |
| 10 | Matthew J Lum | SBSC | 27.03 | 1988 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|--------------------|------|-------|------|
| 1 | Connor Lee | UNAT | 54.06 | 2021 |
| 2 | Alexander M Aceino | GRA | 56.14 | 2015 |
| 3 | Scott Weir | MVN | 58.56 | 2006 |
| 4 | Marcel P Hurtubise | CLMS | 58.91 | 2023 |
| 5 | Wade M Federer | CSAM | 58.92 | 2009 |
| 6 | Devin Saez | LVM | 59.04 | 2007 |
| 7 | Matthew J Lum | SBSC | 59.50 | 1988 |
| 8 | Joshua E Hanson | SCOR | 59.53 | 2014 |
| 9 | Gabriel A Phillips | NOVA | 59.93 | 2016 |
| 10 | John Funk | HSNM | 59.97 | 2014 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|--------------------|------|---------|------|
| 1 | Keith R Ryan | UCI | 2:14.53 | 2008 |
| 2 | Alexander M Aceino | GRA | 2:16.23 | 2015 |
| 3 | Sarp Elaziz | ROSE | 2:17.08 | 2012 |
| 4 | Matthew O Wheeler | SBM | 2:17.36 | 2005 |
| 5 | Tanner K Cridland | MVN | 2:18.13 | 2013 |
| 6 | Brian T Weisbecker | MVN | 2:19.53 | 2013 |
| 7 | Devin Saez | LVM | 2:22.73 | 2007 |
| 8 | Takumi Mitsudome | MVN | 2:23.11 | 2005 |
| 9 | Ethan Yotter | UCI | 2:23.55 | 2001 |
| 10 | Marcel P Hurtubise | CLMS | 2:24.03 | 2022 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-------------------|------|---------|------|
| 1 | Giorgio DelGrosso | SCAQ | 2:14.38 | 2021 |
| 2 | Logan S Redondo | MVN | 2:16.10 | 2018 |
| 3 | Tanner K Cridland | MVN | 2:16.86 | 2013 |
| 4 | Joshua E Hanson | SCOR | 2:17.16 | 2015 |
| 5 | Jacob J Jezek | LVM | 2:17.91 | 2013 |
| 6 | Cory Nguyen | RIPT | 2:17.96 | 2019 |
| 7 | Keith Ryan | NOVA | 2:18.58 | 2003 |
| 8 | Brandon Kolarov | MVN | 2:18.80 | 2021 |
| 9 | William Corrigan | SBSC | 2:19.42 | 1989 |
| 10 | Matthew O Wheeler | SBM | 2:19.69 | 2005 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|--------------------|------|---------|------|
| 1 | Keith R Ryan | UCI | 4:52.23 | 2008 |
| 2 | Jacob J Jezek | LVM | 4:53.66 | 2013 |
| 3 | Andrew Seo | NOVA | 4:58.88 | 2011 |
| 4 | Matthew O Wheeler | SBM | 5:01.13 | 2005 |
| 5 | Alec Alders | ROSE | 5:05.09 | 2012 |
| 6 | Brian T Weisbecker | MVN | 5:07.96 | 2013 |
| 7 | Daniel Brown | LVM | 5:10.52 | 2021 |
| 8 | Jesse D Dwyer | LVM | 5:10.61 | 2012 |
| 9 | Sean M Fisher | ROSE | 5:11.10 | 2019 |
| 10 | Jeremy Granger | ROSE | 5:13.61 | 2017 |

25-29 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|--------------------|------|-------|------|
| 1 | Sandy Neilson | WSM | 26.77 | 1984 |
| 2 | Kaitlyn Jones | MVN | 27.25 | 2019 |
| 3 | Amy Okada | RYL | 27.31 | 2023 |
| 4 | Michelle K Duraj | ROSE | 27.47 | 2021 |
| 5 | Lauren K Frendreis | ROSE | 27.82 | 2016 |
| 6 | Michelle K Duraj | ROSE | 27.85 | 2019 |
| 7 | Brigitte J Winkler | CMAC | 27.91 | 2022 |
| 8 | Elaine M Ferritto | SCAQ | 27.92 | 2013 |
| 9 | Siobhan M Casey | CMAC | 26.98 | 2023 |
| 10 | Judith Katterman | MMSC | 28.06 | 1985 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|--------------------|------|---------|------|
| 1 | Amy Okada | RYL | 59.27 | 2023 |
| 2 | Sandy Neilson | WSM | 59.34 | 1984 |
| 3 | Michelle K Duraj | ROSE | 1:00.58 | 2019 |
| 4 | Erin McIntyre | MESA | 1:00.99 | 2006 |
| 5 | Diane M Graner | SCAQ | 1:01.06 | 1989 |
| 6 | Kimberly Worthen | WSM | 1:01.13 | 1983 |
| 7 | Jill C Jones | SBM | 1:01.21 | 2019 |
| 8 | Lauren K Frendreis | ROSE | 1:01.25 | 2017 |
| 9 | Judith Katterman | MMSC | 1:01.37 | 1985 |
| 10 | Siobhan M Casey | CMAC | 1:01.43 | 2023 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|---------|------|
| 1 | Diane M Graner | SCAQ | 2:08.55 | 1989 |
| 2 | Kaitlyn Jones | MVN | 2:10.45 | 2019 |
| 3 | Erin Mc Intyre | MESA | 2:11.21 | 2006 |
| 4 | H Hannenian Kisse | SLUG | 2:11.63 | 2000 |
| 5 | Kimberly Worthen | WSM | 2:12.20 | 1983 |
| 6 | Sandy Neilson | WSM | 2:13.08 | 1984 |
| 7 | Barbara Held | MMSC | 2:14.83 | 1983 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|------|---------|------|
| 1 | Adrienne M Brown | SBM | 4:34.66 | 2013 |
| 2 | Jacqueline D Corcoran | SCAQ | 4:38.06 | 2009 |
| 3 | Erin McIntyre | MESA | 4:41.94 | 2006 |
| 4 | Barbara Held | MMSC | 4:42.04 | 1983 |
| 5 | Kimberly Worthen | WSM | 4:42.94 | 1983 |
| 6 | Christina Cairns | SBM | 4:43.35 | 2006 |
| 7 | Laurel Hill | GWSC | 4:43.62 | 1997 |

| | | | | |
|----|------------------|------|---------|------|
| 8 | Christina Cairns | SBM | 2:14.92 | 2006 |
| 9 | Judith Katterman | MMSC | 2:14.93 | 1985 |
| 10 | Laurel Hill | GWSC | 2:14.99 | 1997 |

| | | | | |
|----|----------------------|------|---------|------|
| 8 | Carri E Cook | LBSU | 4:43.98 | 2013 |
| 9 | Bonnie L Durdy-Evans | WSM | 4:44.26 | 1988 |
| 10 | Rendy L Opdycke | NOVA | 4:45.69 | 2013 |

800 LC METER FREESTYLE

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Erin Mc Intyre | PHSH | 9:35.03 | 2006 |
| 2 | Rendy Opdycke | NOVA | 9:40.06 | 2013 |
| 3 | Lareun Hancock | CSAM | 9:41.90 | 2009 |
| 4 | Bonnie L Durdy-Evans | WSM | 9:45.03 | 1988 |
| 5 | Christina M Cairns | SBM | 9:46.34 | 2006 |
| 6 | Christina Lapinskas | SCAQ | 9:56.16 | 2013 |
| 7 | Carri E Cook | LBSU | 10:12.91 | 2013 |
| 8 | Maki Moore | LVM | 10:13.97 | 2013 |
| 9 | Ellen Ferguson | SCAQ | 10:14.63 | 1990 |
| 10 | Kathy Glaser | UCLA | 10:20.34 | 2006 |

1500 LC METER FREESTYLE

| | | | | |
|----|------------------------|-------------|-----------------|-------------|
| 1 | Rendy L Opdycke | NOVA | 18:23.71 | 2013 |
| 2 | Laurel Hill | GWSC | 18:29.85 | 1997 |
| 3 | Barbara Held | MMSC | 18:37.62 | 1983 |
| 4 | Kimberly Worthen | WSM | 18:48.42 | 1983 |
| 5 | Fiona Petersen | NOVA | 19:22.24 | 2002 |
| 6 | Christina Cairns | SBM | 19:22.65 | 2006 |
| 7 | Lani A Seaman | SBM | 19:27.48 | 2012 |
| 8 | Christina Lapinskas | SCAQ | 19:31.05 | 2013 |
| 9 | Bonnie L Evans | WSM | 19:33.35 | 1988 |
| 10 | Katie Moore | MVN | 19:38.23 | 2013 |

50 LC METER BACKSTROKE

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Diane M Graner | SCAQ | 30.80 | 1989 |
| 2 | Kaitlyn Jones | NOVA | 31.30 | 2021 |
| 3 | Elaine M Ferritto | SCAQ | 31.71 | 2014 |
| 4 | Margo R Stanfa | GRA | 31.71 | 2016 |
| 5 | Courtney Martz | NOVA | 31.81 | 2013 |
| 6 | Andrea J DeVuono | WH2O | 32.96 | 1990 |
| 7 | Natalie Tedjasukmana | ROSE | 33.20 | 2023 |
| 8 | Xan A Rogers | UNAT | 33.25 | 2008 |
| 9 | Kathleen Barris | NOVA | 33.56 | 2006 |
| 10 | Emily M Hobel | SCAQ | 33.71 | 2013 |

100 LC METER BACKSTROKE

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Diane M Graner | SCAQ | 1:07.32 | 1989 |
| 2 | Kaitlyn Jones | NOVA | 1:08.83 | 2021 |
| 3 | Emma Lythgoe | CLMS | 1:08.93 | 2021 |
| 4 | Margo R Stanfa | GRA | 1:10.13 | 2016 |
| 5 | Courtney Martz | NOVA | 1:10.58 | 2013 |
| 6 | Betsy R Cleary | GOLW | 1:10.59 | 1986 |
| 7 | Christina Cairns | SBM | 1:10.62 | 2006 |
| 8 | Kathleen Barris | NOVA | 1:10.94 | 2006 |
| 9 | Megan Jex | SCAQ | 1:11.46 | 2016 |
| 10 | Xan A Rogers | UNAT | 1:11.61 | 2008 |

200 LC METER BACKSTROKE

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Diane M Graner | SCAQ | 2:19.97 | 1989 |
| 2 | Betsy R Cleary | GOLW | 2:29.55 | 1987 |
| 3 | Elaine M Ferritto | SCAQ | 2:33.60 | 2013 |
| 4 | Andrea J DeVuono | WH2O | 2:34.27 | 1991 |
| 5 | Kathleen Barris | NOVA | 2:36.31 | 2006 |
| 6 | Patricia Hines | SMM | 2:38.19 | 1980 |
| 7 | Lauren M Hancock | CSAM | 2:38.33 | 2009 |
| 8 | Bonnie L Durdy-Evans | WSM | 2:40.20 | 1988 |
| 9 | Christa Belardi | UNAT | 2:40.44 | 1983 |
| 10 | Rendy L Opdycke | NOVA | 2:40.89 | 2011 |

50 LC METER BREASTSTROKE

| | | | | |
|----|--------------------|------------|--------------|-------------|
| 1 | Amy Okada | RYL | 34.21 | 2023 |
| 2 | Brigitte Winkler | CMAC | 34.55 | 2022 |
| 3 | Jiajia Wang | MVN | 35.14 | 2006 |
| 4 | Michelle K Duraj | ROSE | 35.45 | 2021 |
| 5 | Kyoko Iwasaki | MSCM | 36.12 | 2003 |
| 6 | Jillian T Friend | CVMM | 36.36 | 2014 |
| 7 | Jill C Jones | SBM | 36.42 | 2019 |
| 8 | Jeannine Wish-Yeko | BSSC | 36.58 | 1987 |
| 9 | Karen Melick | SCAQ | 36.90 | 1986 |
| 10 | Olivia Alva | GRA | 37.11 | 2019 |

100 LC METER BREASTSTROKE

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Wenke Hansen | OSB | 1:17.39 | 1998 |
| 2 | Tracey D McFarlane | PSP | 1:18.04 | 1992 |
| 3 | Michelle K Duraj | ROSE | 1:18.43 | 2019 |
| 4 | Emily Hobel | SCAQ | 1:18.72 | 2006 |
| 5 | Jiajia Wang | MVN | 1:18.84 | 2004 |
| 6 | Laurel Hill | GWSC | 1:19.65 | 1995 |
| 7 | Nancy S Mitchell | GOLW | 1:19.98 | 1987 |
| 8 | Kyoko Iwasaki | MSCM | 1:20.41 | 2003 |
| 9 | Jeannine Wish-Yeko | BSSC | 1:21.13 | 1987 |
| 10 | Lesley Bethel | SBM | 1:21.58 | 2016 |

200 LC METER BREASTSTROKE

| | | | | |
|----|-------------------------|------------|----------------|-------------|
| 1 | Adrienne M Brown | SBM | 2:49.10 | 2013 |
| 2 | Nancy S Mitchell | GOLW | 2:50.04 | 1987 |
| 3 | Michelle K Duraj | ROSE | 2:50.97 | 2019 |
| 4 | Kyoko Iwasaki | MSCM | 2:54.66 | 2003 |
| 5 | Lori Scott | UNAT | 2:58.62 | 1981 |
| 6 | Lara Potter | WH2O | 3:00.29 | 2003 |
| 7 | Carmen Brun | NOVA | 3:00.84 | 1996 |
| 8 | Carolyn Bentley | BEAC | 3:01.17 | 1997 |
| 9 | Lauren Frendreis | ROSE | 3:01.68 | 2018 |
| 10 | Jeannine Wish-Yeko | BSSC | 3:02.87 | 1987 |

50 LC METER BUTTERFLY

| | | | | |
|----|--------------------|------------|--------------|-------------|
| 1 | Amy Okada | RYL | 28.32 | 2023 |
| 2 | Kaitlyn Jones | MVN | 28.84 | 2019 |
| 3 | Lauren K Frendreis | ROSE | 29.34 | 2017 |
| 4 | Jamie Raab | IMS | 29.49 | 1995 |
| 5 | Elaine M Ferritto | SCAQ | 29.64 | 2013 |
| 6 | Courtney Martz | NOVA | 29.95 | 2013 |
| 7 | Jillian T Friend | CVMM | 30.10 | 2010 |
| 8 | Siobhan M Casey | CMAC | 30.17 | 2023 |
| 9 | Beth R Margalis | FMT | 30.18 | 2016 |
| 10 | Margo R Stanfa | GRA | 30.19 | 2009 |

100 LC METER BUTTERFLY

| | | | | |
|----|--------------------|------------|----------------|-------------|
| 1 | Amy Okada | RYL | 1:04.27 | 2023 |
| 2 | Kaitlyn Jones | MVN | 1:05.16 | 2019 |
| 3 | Jillian T Friend | CVMM | 1:05.84 | 2014 |
| 4 | Jamie Raab | IMS | 1:06.01 | 1995 |
| 5 | Rebekah Olsen | MVN | 1:06.17 | 2009 |
| 6 | Lauren K Frendreis | ROSE | 1:06.20 | 2017 |
| 7 | Beth R Margalis | FMT | 1:06.67 | 2010 |
| 8 | Barbara Held | MMSC | 1:07.06 | 1983 |
| 9 | Ann Yearwood | SCAQ | 1:07.08 | 2009 |
| 10 | Erin Mc Intyre | MESA | 1:07.84 | 2006 |

200 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Betsy R Cleary | GOLW | 2:25.64 | 1987 |
| 2 | Mojca Cater | SCAQ | 2:25.81 | 1997 |
| 3 | Nancy S Mitchell | GOLW | 2:26.53 | 1987 |
| 4 | Jillian T Friend | CVMM | 2:27.55 | 2014 |
| 5 | Diane M Graner | SCAQ | 2:28.63 | 1989 |
| 6 | Barbara Held | SMM | 2:29.24 | 1982 |
| 7 | Cynthia Griffith | SBW | 2:36.48 | 1988 |
| 8 | Laurel Hill | GWSC | 2:36.79 | 1995 |
| 9 | Sandy Neilson | WSM | 2:38.42 | 1984 |
| 10 | S Munatones | SCAQ | 2:38.92 | 1994 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Diane M Graner | SCAQ | 2:26.20 | 1989 |
| 2 | Kaitlyn Jones | MVN | 2:26.53 | 2019 |
| 3 | Wenke Hansen | OSB | 2:26.99 | 1998 |
| 4 | Erin Mc Intyre | MESA | 2:28.24 | 2006 |
| 5 | H Hannenian Kisse | SLUG | 2:30.48 | 2000 |
| 6 | Jillian T Friend | CVMM | 2:30.76 | 2014 |
| 7 | Andrea J DeVuono | WH2O | 2:32.53 | 1990 |
| 8 | Sandy Neilson | WSM | 2:32.91 | 1984 |
| 9 | Nancy S Mitchell | GOLW | 2:33.44 | 1987 |
| 10 | Jill C Jones | SBM | 2:33.73 | 2019 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|---|-------------------------|------------|----------------|-------------|
| 1 | Adrienne M Brown | SBM | 5:08.31 | 2013 |
| 2 | Laurel Hill | GWSC | 5:16.50 | 1997 |
| 3 | Erin Mc Intyre | MESA | 5:18.41 | 2006 |
| 4 | Nancy S Mitchell | GOLW | 5:23.57 | 1987 |

| | | | | |
|----|----------------------|------|---------|------|
| 5 | Bonnie L Durdy-Evans | WSM | 5:26.48 | 1988 |
| 6 | Lauren M Hancock | CSAM | 5:27.81 | 2009 |
| 7 | Kimberly Mogalian | IHAC | 5:29.87 | 1981 |
| 8 | Emily Hobel | SCAQ | 5:31.89 | 2006 |
| 9 | S MUNATones | SCAQ | 5:35.14 | 1994 |
| 10 | Elaine M Ferritto | SCAQ | 5:35.65 | 2013 |

25-29 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|------------------------|------------|--------------|-------------|
| 1 | Luke A Pechmann | GRA | 22.59 | 2016 |
| 2 | Wyatt L Ubellacker | ROSE | 23.04 | 2019 |
| 3 | Erik D Tolmachoff | SCAQ | 23.56 | 2009 |
| 4 | Nick Shackell | NOVA | 23.61 | 2000 |
| 5 | Mat A Prasser | MVN | 24.04 | 2019 |
| 6 | Kevin F Kuhn | ROSE | 24.09 | 2014 |
| *7 | James P Ferstel | LAAC | 24.12 | 1985 |
| *7 | Joseph G Doyle | RIPT | 24.12 | 2014 |
| 9 | Mario L Marshall | SCMC | 24.18 | 2011 |
| 10 | Gary S Nevill | LAAC | 24.24 | 1985 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|------------------------|------------|--------------|-------------|
| 1 | Luke A Pechmann | GRA | 50.51 | 2016 |
| 2 | Nick Shackell | NOVA | 50.74 | 2000 |
| 3 | Erik D Tolmachoff | SCAQ | 51.93 | 2009 |
| 4 | Wyatt L Ubellacker | ROSE | 52.25 | 2019 |
| 5 | Joseph G Doyle | RIPT | 52.58 | 2014 |
| 6 | Ralph J Porrazzo | ROSE | 52.69 | 2018 |
| 7 | Alexander M Aceino | GRA | 53.08 | 2017 |
| 8 | Tony Cox | GRA | 53.35 | 2018 |
| 9 | Ryan Hanni | SBM | 53.39 | 2016 |
| 10 | Kevin F Kuhn | SBM | 53.46 | 2016 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|-------------------------|-------------|----------------|-------------|
| 1 | Ralph J Porrazzo | ROSE | 1:57.34 | 2019 |
| 2 | Keith R Ryan | UCI | 1:59.69 | 2009 |
| 3 | Ryan Hanni | SBM | 1:59.82 | 2016 |
| 4 | Alexander M Aceino | GRA | 2:00.01 | 2016 |
| 5 | John Pearson | ROSE | 2:00.02 | 1993 |
| 6 | Evan Kraus | NOVA | 2:00.26 | 2013 |
| 7 | Alex Kostich | SCAQ | 2:00.42 | 1997 |
| 8 | Rick Kozlowski | TROJ | 2:00.67 | 1980 |
| 9 | William J Purcell | SBW | 2:00.94 | 1987 |
| 10 | Mario L Marshall | SCMC | 2:00.96 | 2011 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|---------------------|-------------|----------------|-------------|
| 1 | Alex Kostich | SCAQ | 4:03.63 | 1997 |
| 2 | David Heron | MVN | 4:08.36 | 2022 |
| 3 | John Pearson | ROSE | 4:12.83 | 1993 |
| 4 | Keith R Ryan | UCI | 4:15.82 | 2009 |
| 5 | Alec Alders | ROSE | 4:16.13 | 2014 |
| 6 | William J Purcell | SBW | 4:16.21 | 1987 |
| 7 | Evan Kraus | NOVA | 4:18.81 | 2013 |
| 8 | William Penn | TROJ | 4:22.19 | 1980 |
| 9 | Patrick Dideum | NOVA | 4:24.02 | 2006 |
| 10 | Rick Kozlowski | TROJ | 4:24.40 | 1980 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|--------------------|------------|----------------|-------------|
| 1 | David Heron | MVN | 8:24.46 | 2022 |
| 2 | Alex Kostich | SCAQ | 8:24.67 | 1997 |
| 3 | John Pearson | ROSE | 8:54.55 | 1994 |
| 4 | Alec Alders | ROSE | 8:55.31 | 2014 |
| 5 | Evan Kraus | NOVA | 8:59.17 | 2013 |
| 6 | Gerry A Rodrigues | SCAQ | 9:01.05 | 1992 |
| 7 | Jason Fox | ROSE | 9:10.72 | 2006 |
| 8 | Michael Collins | NOVA | 9:14.77 | 1993 |
| 9 | Casey Powers | GRA | 9:15.26 | 2019 |
| 10 | Patrick Dideum | NOVA | 9:16.19 | 2006 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|---------------------|------------|-----------------|-------------|
| 1 | David Heron | MVN | 15:49.04 | 2022 |
| 2 | Alex Kostich | SCAQ | 16:13.89 | 1997 |
| 3 | John Pearson | ROSE | 16:45.35 | 1993 |
| 4 | William Penn | TROJ | 17:42.29 | 1980 |
| 5 | Keith R Ryan | UCI | 17:45.93 | 2009 |
| 6 | Robert Hudek | SCAQ | 17:47.11 | 1988 |
| 7 | Michael Collins | NOVA | 18:04.90 | 1994 |
| 8 | Aaron P Goldschmidt | SBSC | 18:15.66 | 1988 |
| 9 | Chris McKinnon | CPM | 18:19.00 | 1987 |
| 10 | Casey Powers | GRA | 18:31.50 | 2019 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|------------------------|------------|--------------|-------------|
| 1 | Luke A Pechmann | GRA | 26.77 | 2017 |
| 2 | Devin H Brady | UNAT | 27.68 | 2010 |
| 3 | Ralph J Porrazzo | ROSE | 27.96 | 2017 |
| *4 | Michael Scarcelli | SPMA | 28.22 | 2006 |
| *4 | Ben Erickson | LVM | 28.22 | 2007 |
| 6 | Gary S Nevill | LAAC | 28.64 | 1985 |
| 7 | Daniel B McClary | LBSU | 28.82 | 2013 |
| 8 | Devin H Brady | UCLA | 28.83 | 2011 |
| 9 | Craig Schwartz | SCAQ | 28.87 | 1984 |
| 10 | Alex C Verdegem | TCC | 28.97 | 2015 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|-------------------------|-------------|--------------|-------------|
| 1 | Ralph J Porrazzo | ROSE | 57.43 | 2019 |
| 2 | Tony Cox | GRA | 59.08 | 2018 |
| 3 | Luke A Pechmann | GRA | 1:00.07 | 2018 |
| 4 | Scott Reed | OSB | 1:00.93 | 1999 |
| 5 | Ben Erickson | LVM | 1:01.30 | 2007 |
| 6 | Jason Bergstrom | GRA | 1:01.31 | 2015 |
| 7 | Mark Chatfield | TROJ | 1:01.68 | 1980 |
| 8 | Michael Stamm | TROJ | 1:01.83 | 1980 |
| 9 | Devin H Brady | UNAT | 1:01.87 | 2010 |
| 10 | Craig Schwartz | SCAQ | 1:02.11 | 1984 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|-------------------------|-------------|----------------|-------------|
| 1 | Ralph J Porrazzo | ROSE | 2:11.44 | 2018 |
| 2 | Scott Reed | OSB | 2:12.81 | 1999 |
| 3 | Michael Stamm | TROJ | 2:14.07 | 1980 |
| 4 | Marcel Rinzler | PHSH | 2:14.97 | 1999 |
| 5 | Alec Alders | ROSE | 2:15.53 | 2014 |
| 6 | Jason Fox | ROSE | 2:18.01 | 2006 |
| 7 | Cory Nguyen | CMAC | 2:19.69 | 2021 |
| 8 | Kyle S Price | UCI | 2:19.87 | 2011 |
| 9 | Craig Schwartz | SCAQ | 2:20.34 | 1984 |
| 10 | Garrett M Hubbard | MVN | 2:20.94 | 2019 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|----------------------|-------------|--------------|-------------|
| 1 | Pavel Romanov | UNAT | 27.83 | 2022 |
| 2 | Trevor J Hoyt | GRA | 29.39 | 2019 |
| 3 | Eric Carlson | ROSE | 29.61 | 2011 |
| 4 | Danny R Puchalski | NOVA | 29.96 | 2009 |
| 5 | Mat A Prasser | MVN | 29.97 | 2019 |
| 6 | Luke A Pechmann | GRA | 30.12 | 2017 |
| 7 | Reese Gonzales | UNAT | 30.13 | 2018 |
| 8 | Peter E McClafferty | SCAQ | 30.50 | 1989 |
| 9 | Craig Crawford | SWM | 30.79 | 1998 |
| 10 | Mark Chatfield | SMM | 30.98 | 1992 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|----------------------|-------------|----------------|-------------|
| 1 | Pavel Romanov | UNAT | 1:01.83 | 2022 |
| 2 | Nicholas Korth | GRA | 1:03.92 | 2016 |
| 3 | Eric Carlson | ROSE | 1:04.33 | 2012 |
| 4 | Trevor J Hoyt | GRA | 1:04.87 | 2019 |
| 5 | Marat Amaltdinov | UNAT | 1:05.08 | 2023 |
| 6 | Danny R Puchalski | NOVA | 1:06.00 | 2009 |
| 7 | Mark Chatfield | TROJ | 1:07.38 | 1980 |
| 8 | Reese Gonzales | UNAT | 1:07.62 | 2018 |
| 9 | Craig Crawford | SWM | 1:08.42 | 1998 |
| 10 | Peter E McClafferty | SCAQ | 1:09.16 | 1989 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------------|------------|----------------|-------------|
| 1 | Nicholas Korth | GRA | 2:20.67 | 2016 |
| 2 | Eric Carlson | ROSE | 2:22.37 | 2012 |
| 3 | Trevor J Hoyt | GRA | 2:23.53 | 2019 |
| 4 | Marat Amaltdinov | UNAT | 2:27.95 | 2023 |
| 5 | Mark Chatfield | SMM | 2:30.96 | 1982 |
| 6 | Danny R Puchalski | NOVA | 2:32.19 | 2009 |
| 7 | Peter E McClafferty | SCAQ | 2:33.66 | 1989 |
| 8 | Craig Crawford | SWM | 2:33.72 | 1998 |
| 9 | John Pearson | ROSE | 2:35.03 | 1993 |
| 10 | Reese Gonzales | UNAT | 2:38.70 | 2018 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|---------------------------|-------------|--------------|-------------|
| 1 | Wyatt L Ubellacker | ROSE | 24.71 | 2019 |
| 2 | Erik D Tolmachoff | SCAQ | 24.75 | 2009 |
| 3 | Tony Cox | GRA | 25.07 | 2018 |
| 4 | Patrick K Simpkins | SCA | 25.30 | 2013 |
| 5 | Alexander M Aceino | GRA | 25.68 | 2016 |
| 6 | Teemu S Kettunen | NOVA | 25.74 | 2007 |
| *7 | Jermaine Britton | OJAI | 25.77 | 2006 |
| *7 | Mario L Marshall | SCMC | 25.77 | 2011 |
| 9 | Daniel B McClary | LBSU | 25.86 | 2016 |
| 10 | Jan Tichy | NOVA | 25.96 | 2011 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|----------------------|------------|--------------|-------------|
| 1 | Kevin Mendoza | SBM | 54.14 | 2021 |
| 2 | Alexander M Aceino | GRA | 55.42 | 2016 |
| 3 | Joseph G Doyle | RIPT | 56.53 | 2014 |
| 4 | Patrick K Simpkins | SCA | 56.82 | 2013 |
| 5 | Mario L Marshall | SCMC | 56.98 | 2011 |
| 6 | James Belardi | LCM | 57.11 | 1983 |
| 7 | Gardner Howland | SBSC | 57.24 | 1986 |
| 8 | Teemu S Kettunen | NOVA | 57.66 | 2007 |
| *9 | Brian Alderman | OSB | 57.70 | 1998 |
| *9 | Jan Tichy | NOVA | 57.70 | 2011 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | James Belardi | SCAQ | 2:06.88 | 1982 |
| 2 | Michael Shaffer | VCM | 2:08.34 | 1994 |
| 3 | Kevin Mendoza | SBM | 2:09.66 | 2021 |
| 4 | Keith R Ryan | UCI | 2:10.67 | 2009 |
| 5* | Casey Powers | GRA | 2:14.69 | 2019 |
| 5* | Quinn Birtles | NOVA | 2:14.69 | 2023 |
| 7 | Kevin J Mendoza | SBM | 2:17.89 | 2023 |
| 8 | Alexander M Aceino | GRA | 2:18.10 | 2016 |
| 9 | Doug Wagner | SLUG | 2:18.42 | 1995 |
| 10 | Kevin S Olson | UCI | 2:19.09 | 2005 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|------------|----------------|-------------|
| 1 | Luke A Pechmann | GRA | 2:12.24 | 2017 |
| 2 | Mark Chatfield | TROJ | 2:14.02 | 1980 |
| 3 | Nolan Rogers | GWSC | 2:14.35 | 2019 |
| 4 | Marcel Rinzler | PHSH | 2:15.04 | 1999 |
| 5 | Michael Stamm | TROJ | 2:15.66 | 1980 |
| 6 | Keith R Ryan | UCI | 2:15.68 | 2009 |
| 7 | James Belardi | LCM | 2:15.87 | 1983 |
| 8 | Peter E McClafferty | SCAQ | 2:16.08 | 1989 |
| 9 | Gardner Howland | SBSC | 2:16.57 | 1986 |
| 10 | Craig Crawford | SWM | 2:16.73 | 1998 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|---------------------|-------------|----------------|-------------|
| 1 | Alex Kostich | SCAQ | 4:32.96 | 1997 |
| 2 | Keith R Ryan | UCI | 4:46.10 | 2009 |
| 3 | Ty Loma | RIV | 4:51.47 | 1987 |
| 4 | Chris McKinnon | CPM | 4:51.60 | 1987 |
| 5 | Mark Chatfield | TROJ | 4:52.11 | 1980 |
| 6 | James Belardi | MMSA | 4:52.95 | 1984 |
| 7 | Marcel Rinzler | PHSH | 4:52.96 | 1999 |
| 8 | Alec Alders | ROSE | 4:53.64 | 2014 |
| 9 | Jason Fox | ROSE | 4:55.52 | 2006 |
| 10 | Patrick Duggan | MVN | 5:02.43 | 1991 |

30-34 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|-----------------------|------------|--------------|-------------|
| 1 | Sandy Neilson | WSM | 26.60 | 1986 |
| 2 | Michelle Rodrigue | ROSE | 27.50 | 2023 |
| 3 | Lauren K Frendreis | ROSE | 27.60 | 2019 |
| 4 | Ann H Tsuchiya | ROSE | 28.30 | 2021 |
| 5 | Rebekah Olsen | MVN | 28.56 | 2010 |
| 6 | Elizabeth A Vucinich | WH2O | 28.75 | 2012 |
| 7 | Merritt J Morris | MVN | 28.84 | 2012 |
| 8 | Ekaterina V Alyabyeva | GRA | 28.89 | 2021 |
| 9 | Kristen Less | UNAT | 29.00 | 2021 |
| 10 | Gabriela Phalan | NOVA | 29.15 | 2004 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|----------------------|------------|--------------|-------------|
| 1 | Sandy Neilson | WSM | 58.59 | 1986 |
| 2 | D Gallas | SLUG | 1:00.78 | 1996 |
| 3 | Michelle Rodrigue | ROSE | 1:01.23 | 2023 |
| 4 | Rebekah Olsen | MVN | 1:01.81 | 2010 |
| 5 | Cara Davidoff | NOVA | 1:02.14 | 2019 |
| 6 | Ann H Tsuchiya | ROSE | 1:02.34 | 2021 |
| 7 | Merritt J Morris | MVN | 1:03.00 | 2012 |
| 8 | Courtney D Eads | TCC | 1:03.45 | 2016 |
| 9 | Kristine Palle | MVN | 1:04.10 | 2006 |
| 10 | Kimberly Worthen | SCAQ | 1:04.12 | 1986 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Dawn M Heckman | ROSE | 2:04.05 | 2011 |
| 2 | Sandy Neilson | WSM | 2:10.06 | 1986 |
| 3 | D Graner-Gallas | SLUG | 2:11.10 | 1997 |
| 4 | Laurie Dodd | UCLA | 2:17.30 | 2006 |
| 5 | Barbara Held | MMSA | 2:18.73 | 1984 |
| 6 | Ann H Tsuchiya | ROSE | 2:19.31 | 2021 |
| 7 | Jacqueline Corcoran | LBG | 2:19.66 | 2013 |
| 8 | Judith Katterman | ROSE | 2:19.72 | 1989 |
| 9 | Kristine Palle | MVN | 2:19.80 | 2005 |
| 10 | Fiona Petersen | NOVA | 2:20.05 | 2003 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Dawn M Heckman | ROSE | 4:17.52 | 2010 |
| 2 | Sandy Neilson | WSM | 4:39.31 | 1986 |
| 3 | Stephanie Peacock | MVN | 4:39.34 | 2023 |
| 4 | Laurie Dodd | UCLA | 4:43.09 | 2006 |
| 5 | Cynthia J Lewin | MVN | 4:51.28 | 2009 |
| 6 | Julie E Swail | UCI | 4:52.27 | 2005 |
| 7 | Diana R Philippi | CLVM | 4:52.91 | 2002 |
| 8 | Adrienne Binder Brown | SBM | 4:54.10 | 2019 |
| 9 | Kimberly Worthen | SCAQ | 4:55.78 | 1986 |
| 10 | Jill Johansen | BGWM | 4:56.15 | 2007 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Dawn M Heckman | ROSE | 8:44.09 | 2009 |
| 2 | Laurie Dodd | UCLA | 9:46.72 | 2006 |
| 3 | Julie E Swail | UCI | 9:50.48 | 2005 |
| 4 | Rendy L Opdycke | NOVA | 9:58.30 | 2014 |
| 5 | Monica Fox | UCI | 10:11.83 | 2006 |
| 6 | Fiona Petersen | NOVA | 10:19.42 | 2003 |
| 7 | Heidi M Cough | NOVA | 10:21.68 | 2011 |
| 8 | Jessica M Helliwell | MVN | 10:44.03 | 2009 |
| 9 | Lynn Fahey | SCAQ | 10:51.19 | 2022 |
| 10 | Margaret Reilly | MVN | 10:51.31 | 2001 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|-----------------------|-------------|-----------------|-------------|
| 1 | Dawn M Heckman | ROSE | 17:07.54 | 2010 |
| 2 | Laurie Dodd | UCLA | 18:33.52 | 2006 |
| 3 | Cynthia J Lewin | MVN | 18:40.53 | 2009 |
| 4 | Julie E Swail | UCI | 18:48.35 | 2005 |
| 5 | Rendy L Opdycke | NOVA | 18:51.06 | 2014 |
| 6 | Diana R Philippi | CLVM | 19:13.59 | 2002 |
| 7 | Judith Katterman | ROSE | 19:37.41 | 1989 |
| 8 | Fiona C Petersen | NOVA | 19:42.45 | 2005 |
| 9 | Barbara Held | MMSA | 19:45.52 | 1984 |
| 10 | Monica M Fox | UCI | 20:01.67 | 2005 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|-----------------------|-------------|--------------|-------------|
| 1 | D Gallas | SLUG | 30.94 | 1996 |
| 2 | Andrea Devuono | WH2O | 32.77 | 1993 |
| 3 | Karen Younkins | ROSE | 33.42 | 2019 |
| 4 | Elizabeth A Vucinich | WH2O | 33.95 | 2012 |
| 5 | Courtney D Eads | TCC | 34.62 | 2016 |
| 6 | Adrienne Binder Brown | SBM | 34.70 | 2019 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|----------------------|-------------|----------------|-------------|
| 1 | D Gallas | SLUG | 1:05.42 | 1996 |
| 2 | Marissa L Clapp | ROSE | 1:08.38 | 2017 |
| 3 | Andrea J DeVuono | WH2O | 1:10.12 | 1992 |
| 4 | Karen Younkins | ROSE | 1:12.40 | 2019 |
| 5 | Rebekah Olsen | MVN | 1:14.49 | 2010 |
| 6 | Elizabeth A Vucinich | WH2O | 1:14.92 | 2012 |

| | | | | |
|----|------------------------|------|-------|------|
| 7 | Carole Shigaki-Iwamoto | WSM | 34.92 | 1988 |
| 8 | Lauren Turner | SPP | 35.00 | 2022 |
| 9 | Jill Edwards | CLVM | 35.11 | 2005 |
| 10 | Kristine Palle | MVN | 35.69 | 2005 |

| | | | | |
|----|---------------------|------|---------|------|
| 7 | Stephanie N Peacock | MVN | 1:15.53 | 2023 |
| 8 | Noreen Doyas | CPM | 1:15.61 | 1990 |
| 9 | Maureen Zawalick | SLOM | 1:16.12 | 1998 |
| 10 | Lindsay M Bass | SBM | 1:16.49 | 2010 |

200 LC METER BACKSTROKE

| | | | | |
|----|-------------------|-------------|----------------|-------------|
| 1 | D Gallas | SLUG | 2:21.26 | 1996 |
| 2 | Andrea Devuono | WH2O | 2:32.53 | 1993 |
| 3 | Karen Younkins | ROSE | 2:38.89 | 2019 |
| 4 | Jill Johansen | BGWM | 2:40.82 | 2007 |
| 5 | Ashley Merlo | NOVA | 2:45.99 | 2013 |
| 6 | Christen D Foster | NOVA | 2:47.06 | 2007 |
| 7 | Nancy S Mitchell | GOLW | 2:48.71 | 1992 |
| 8 | Keely MacDonald | WH2O | 2:50.14 | 2022 |
| 9 | Lucy Johnson | TROJ | 2:52.84 | 1980 |
| 10 | Ann H Tsuchiya | ROSE | 2:55.10 | 2021 |

50 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|------------|--------------|-------------|
| 1 | Wenke Hansen | OSB | 33.84 | 1999 |
| 2 | Michelle Rodrigue | ROSE | 35.52 | 2023 |
| 3 | Marissa L Clapp | ROSE | 35.64 | 2017 |
| 4 | Cynthia J Lewin | MVN | 36.31 | 2009 |
| 5 | Denise B Lindberg | SBM | 36.63 | 2012 |
| 6 | Karen Melick | WSM | 37.12 | 1987 |
| 7 | Brittany Borowitz | SBM | 38.16 | 2021 |
| 8 | Kristen Less | UNAT | 38.29 | 2021 |
| 9 | Nancy Harris-Stanbury | SBSC | 38.32 | 1983 |
| 10 | Stefanie Capizzi | ROSE | 38.35 | 2019 |

100 LC METER BREASTSTROKE

| | | | | |
|----|--------------------|-------------|----------------|-------------|
| 1 | Keri L Hehn | SCAQ | 1:09.49 | 2012 |
| 2 | Wenke Hansen | OSB | 1:14.53 | 1999 |
| 3 | Marissa L Clapp | ROSE | 1:14.60 | 2017 |
| 4 | Cynthia J Lewin | MVN | 1:15.50 | 2009 |
| 5 | Michelle Rodrigue | ROSE | 1:19.24 | 2023 |
| 6 | Karen Melick | WSM | 1:21.91 | 1987 |
| 7 | Stefanie Capizzi | ROSE | 1:22.56 | 2019 |
| 8 | Lauren K Frendreis | ROSE | 1:22.97 | 2019 |
| 9 | Nancy Mitchell | NOVA | 1:23.23 | 1993 |
| 10 | Monica M Fox | UCI | 1:23.87 | 2005 |

200 LC METER BREASTSTROKE

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Keri L Hehn | SCAQ | 2:29.97 | 2012 |
| 2 | Marissa L Clapp | ROSE | 2:38.90 | 2017 |
| 3 | Wenke Hansen | OSB | 2:41.51 | 1999 |
| 4 | Cynthia J Lewin | MVN | 2:44.61 | 2009 |
| 5 | Karen Melick | WSM | 2:53.08 | 1987 |
| 6 | Michelle Rodrigue | ROSE | 2:53.40 | 2023 |
| 7 | Nancy Mitchell | NOVA | 2:55.45 | 1993 |
| 8 | Jennifer G Johnson | UCI | 2:59.87 | 2013 |
| 9 | Stephanie N Peacock | MVN | 3:00.63 | 2023 |
| 10 | Stefanie Capizzi | ROSE | 3:01.39 | 2018 |

50 LC METER BUTTERFLY

| | | | | |
|----|---------------------------|-------------|--------------|-------------|
| 1 | Lauren K Frendreis | ROSE | 29.54 | 2019 |
| 2 | Wenke K Hansen | OSB | 29.66 | 2002 |
| 3 | D Graner-Gallas | SLUG | 29.99 | 1997 |
| 4 | Sandy Neilson | WSM | 30.15 | 1986 |
| 5 | Elizabeth A Vucinich | WH2O | 30.67 | 2012 |
| 6 | Cynthia J Lewin | MVN | 30.71 | 2009 |
| 7 | Lindsay F Kircher | NOVA | 30.79 | 2007 |
| 8 | Barbara Held | MMSC | 30.80 | 1984 |
| 9 | Merritt J Morris | MVN | 30.85 | 2012 |
| 10 | Courtney D Eads | TCC | 31.06 | 2016 |

100 LC METER BUTTERFLY

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Wenke Hansen | OSB | 1:05.94 | 1999 |
| 2 | Diane Graner-Gallas | SLUG | 1:07.02 | 1997 |
| 3 | Marissa L Clapp | ROSE | 1:07.77 | 2017 |
| 4 | Lauren K Frendreis | ROSE | 1:08.10 | 2019 |
| 5 | Rebekah Olsen | MVN | 1:08.18 | 2010 |
| 6 | Cynthia J Lewin | MVN | 1:08.43 | 2009 |
| 7 | Stacey A Gavigan | UCI | 1:10.00 | 2001 |
| 8 | Barbara Held | MMSC | 1:10.19 | 1984 |
| 9 | Nancy Mitchell | NOVA | 1:10.62 | 1993 |
| 10 | Elizabeth A Vucinich | WH2O | 1:10.85 | 2014 |

200 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Nancy Mitchell | NOVA | 2:32.24 | 1993 |
| 2 | Julie E Swail | UCI | 2:33.12 | 2005 |
| 3 | Laurie Dodd | UCLA | 2:34.36 | 2006 |
| 4 | Stacey A Gavigan | UCI | 2:37.83 | 2001 |
| 5 | Diana R Philippi | CLVM | 2:38.53 | 2002 |
| 6 | Barbara Held | MMSC | 2:41.09 | 1984 |
| 7 | Marni Sugden | NOVA | 2:42.51 | 2007 |
| 8 | Heidi M Cough | NOVA | 2:44.92 | 2011 |
| 9 | Jill Johansen | BGWM | 2:49.03 | 2007 |
| 10 | Lucy Johnson | TROJ | 2:50.88 | 1981 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Marissa L Clapp | ROSE | 2:24.54 | 2017 |
| 2 | Wenke Hansen | OSB | 2:25.90 | 2000 |
| 3 | Cynthia J Lewin | MVN | 2:28.91 | 2009 |
| 4 | Andrea J DeVuono | WH2O | 2:31.15 | 1992 |
| 5 | Adrienne Binder Brown | SBM | 2:31.97 | 2019 |
| 6 | Sandy Neilson | WSM | 2:32.73 | 1986 |
| 7 | Brittany Borowitz | SBM | 2:37.89 | 2021 |
| 8 | Julie E Swail | UCI | 2:39.22 | 2005 |
| 9 | Laurie Dodd | UCLA | 2:40.02 | 2006 |
| 10 | Brittany Parish | SBM | 2:40.57 | 2019 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Marissa L Clapp | ROSE | 5:04.97 | 2017 |
| 2 | Stephanie N Peacock | MVN | 5:22.89 | 2023 |
| 3 | Andrea J DeVuono | WH2O | 5:24.58 | 1992 |
| 4 | Adrienne Binder Brown | SBM | 5:26.67 | 2019 |
| 5 | Julie E Swail | UCI | 5:32.84 | 2005 |
| 6 | Laurie Dodd | UCLA | 5:36.18 | 2006 |
| 7 | Jill Johansen | BGWM | 5:37.08 | 2007 |
| 8 | Nancy S Mitchell | GOLW | 5:40.18 | 1992 |
| 9 | Rendy L Opdycke | NOVA | 5:41.13 | 2014 |
| 10 | Stacey Gavigan | UCI | 5:42.18 | 2002 |

30-34 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|------------------------------------|-------------|--------------|-------------|
| 1 | Miguel Ortiz-Canavate Ozeki | ROSE | 23.35 | 2023 |
| 2 | Simon A Burnett | ROSE | 23.65 | 2014 |
| 3 | Mario L Marshall | GRA | 23.78 | 2016 |
| 4 | Oswaldo Quevedo | NOVA | 24.10 | 2006 |
| 5 | Andrew Cox | MVN | 24.17 | 2019 |
| 6 | Keith Kaplan | SCAQ | 24.20 | 1998 |
| 7 | Tamas Kerekjarto | FMT | 24.22 | 2010 |
| 8 | Felipe Delgado | NOVA | 24.28 | 2006 |
| 9 | Matthew Cornue | SCAQ | 24.37 | 2009 |
| 10 | Ralph Porrazzo | ROSE | 24.38 | 2023 |

100 LC METER FREESTYLE

| | | | | |
|----|-------------------------|------------|--------------|-------------|
| 1 | Tamas Kerekjarto | FMT | 51.61 | 2009 |
| 2 | Simon A Burnett | ROSE | 52.58 | 2014 |
| 3 | Mario L Marshall | SCMC | 52.68 | 2013 |
| 4 | Erik Hochstein | SCAQ | 52.78 | 2002 |
| 5 | Oswaldo Quevedo | NOVA | 52.89 | 2006 |
| 6 | Ralph Porrazzo | ROSE | 53.77 | 2023 |
| 7 | Dan Wegner | SCAQ | 53.85 | 2001 |
| 8 | Keith Kaplan | SCAQ | 53.96 | 1998 |
| 9 | Andrew Cox | MVN | 54.16 | 2019 |
| 10 | Robert C Dmytrow | NOVA | 54.23 | 2011 |

200 LC METER FREESTYLE

| | | | | |
|---|-------------------------|------------|----------------|-------------|
| 1 | Tamas Kerekjarto | FMT | 1:53.46 | 2009 |
|---|-------------------------|------------|----------------|-------------|

400 LC METER FREESTYLE

| | | | | |
|---|-----------------------|-------------|----------------|-------------|
| 1 | Erik Hochstein | SCAQ | 4:05.61 | 2002 |
|---|-----------------------|-------------|----------------|-------------|

| | | | | |
|----|------------------|------|---------|------|
| 2 | Erik Hochstein | SCAQ | 1:57.30 | 2002 |
| 3 | Bernie Zeruhn | NOVA | 1:57.84 | 2005 |
| 4 | Robert C Dmytrow | NOVA | 1:59.80 | 2013 |
| 5 | Rafael Guijarro | BGWM | 1:59.85 | 2006 |
| 6 | Billy Gaines | LVM | 1:59.88 | 2012 |
| 7 | Jim McConica | MMSC | 2:00.55 | 1983 |
| 8 | Dan Wegner | SCAQ | 2:02.67 | 2002 |
| 9 | Evan Kraus | NOVA | 2:03.38 | 2019 |
| 10 | Gerry Rodrigues | UCLA | 2:03.71 | 1997 |

| | | | | |
|----|---------------------|------|---------|------|
| 2 | David A Schlesinger | SCAQ | 4:13.89 | 2009 |
| 3 | Jim McConica | MMSC | 4:16.32 | 1983 |
| 4 | Peter Egan | SCAQ | 4:19.32 | 1996 |
| 5 | Gerry Rodrigues | UCLA | 4:19.90 | 1994 |
| 6 | Scott Reed | SBM | 4:20.35 | 2003 |
| 7 | Wadley Wadley | WH2O | 4:20.90 | 2013 |
| 8 | Billy Gaines | LVM | 4:21.05 | 2012 |
| 9 | Adil Assouab | NOVA | 4:22.18 | 2022 |
| 10 | Robert C Dmytrow | NOVA | 4:22.59 | 2011 |

800 LC METER FREESTYLE

| | | | | |
|----|-------------------|------|---------|------|
| 1 | Wadley Wadley | WH2O | 8:52.47 | 2013 |
| 2 | Mike Shaffer | VCM | 9:03.68 | 1996 |
| 3 | Gerry Rodrigues | UCLA | 9:07.42 | 1994 |
| 4 | Scott Reed | SBM | 9:07.99 | 2003 |
| 5 | Billy Gaines | LVM | 9:08.65 | 2012 |
| 6 | Michael Collins | NOVA | 9:26.10 | 2000 |
| 7 | Chris Yontez | SCAQ | 9:28.89 | 1996 |
| 8 | Jonathan T Pierce | GRA | 9:29.74 | 2023 |
| 9 | Todd R Menzel | TYR | 9:37.79 | 2005 |
| 10 | James L Taschek | HSNM | 9:38.36 | 2001 |

1500 LC METER FREESTYLE

| | | | | |
|----|-------------------|------|----------|------|
| 1 | Wadley Wadley | WH2O | 17:03.30 | 2013 |
| 2 | Craig M Nadel | SCAQ | 17:08.16 | 1992 |
| 3 | Robert Janis | SMM | 17:31.56 | 1981 |
| 4 | Jim McConica | MMSC | 17:51.92 | 1983 |
| 5 | Jonathan T Pierce | GRA | 18:02.20 | 2023 |
| 6 | James L Taschek | HSNM | 18:24.00 | 2001 |
| 7 | Todd R Menzel | TYR | 18:27.37 | 2005 |
| 8 | Michael Collins | NOVA | 18:29.22 | 1996 |
| 9 | J Robert Gonzales | BSCM | 18:37.81 | 1993 |
| 10 | Robert Eberwine | SBAY | 18:39.80 | 1990 |

50 LC METER BACKSTROKE

| | | | | |
|----|-----------------------------|------|-------|------|
| 1 | Derya Buyukuncu | NOVA | 26.59 | 2009 |
| 2 | Miguel Ortiz-Canavate Ozeki | ROSE | 26.95 | 2023 |
| 3 | Ralph Porrazzo | ROSE | 27.41 | 2023 |
| 4 | Simon A Burnett | ROSE | 27.47 | 2014 |
| 5 | Adil Assouab | NOVA | 28.13 | 2023 |
| 6 | Jeff Commings | TYR | 28.17 | 2006 |
| 7 | Ivan Serrano | GRA | 28.32 | 2016 |
| 8 | Derek Robinson | PHSH | 28.62 | 2002 |
| 9 | Clay Evans | MMSC | 28.77 | 1985 |
| 10 | James T Ballard | WH2O | 28.88 | 1990 |

100 LC METER BACKSTROKE

| | | | | |
|----|-----------------|------|---------|------|
| 1 | Ryan Lochte | GRA | 55.16 | 2017 |
| 2 | Simon A Burnett | ROSE | 59.06 | 2014 |
| 3 | Ralph Porrazzo | ROSE | 59.17 | 2022 |
| 4 | Jeff Commings | TYR | 59.91 | 2006 |
| 5 | Adil Assouab | NOVA | 1:00.49 | 2023 |
| 6 | Ivan Serrano | GRA | 1:02.16 | 2016 |
| 7 | Scott Reed | SBM | 1:02.34 | 2003 |
| 8 | James T Ballard | WH2O | 1:02.76 | 1990 |
| 9 | Clay Evans | MMSC | 1:03.44 | 1985 |
| 10 | Derek Robinson | PHSH | 1:04.05 | 2002 |

200 LC METER BACKSTROKE

| | | | | |
|----|-----------------|------|---------|------|
| 1 | Adil Assouab | NOVA | 2:10.35 | 2023 |
| 2 | Simon A Burnett | ROSE | 2:12.34 | 2014 |
| 3 | Ralph Porrazzo | ROSE | 2:13.14 | 2022 |
| 4 | Scott Reed | SBM | 2:13.49 | 2003 |
| 5 | Marcel Rinzler | PHSH | 2:17.15 | 2002 |
| 6 | Clay Evans | MMSC | 2:18.18 | 1985 |
| 7 | Jeff Commings | TYR | 2:18.81 | 2006 |
| 8 | James T Ballard | WH2O | 2:19.96 | 1990 |
| 9 | Corey Stanbury | UNAT | 2:20.90 | 1983 |
| 10 | Peter O'Keeffe | MMSC | 2:23.27 | 1985 |

50 LC METER BREASTSTROKE

| | | | | |
|----|-----------------|------|-------|------|
| 1 | Jeff Commings | TYR | 29.01 | 2006 |
| 2 | Kevin Bartell | MVN | 29.01 | 2019 |
| 3 | Mike Alexandrov | GRA | 29.19 | 2017 |
| 4 | Bruce Howell | BSSC | 29.82 | 1987 |
| 5 | Ed Moses | ROSE | 29.82 | 2011 |
| 6 | Damien Bernard | GRA | 30.23 | 2019 |
| 7 | Craig Crawford | SWM | 30.66 | 2001 |
| 8 | Aaron Syvertson | PSP | 30.84 | 2014 |
| 9 | Adam R Gonzales | UNAT | 30.89 | 2023 |
| 10 | Ivan Serrano | GRA | 31.20 | 2016 |

100 LC METER BREASTSTROKE

| | | | | |
|----|-------------------|------|---------|------|
| 1 | Ed Moses | ROSE | 1:02.71 | 2011 |
| 2 | Mike Alexandrov | GRA | 1:06.18 | 2017 |
| 3 | Danny R Puchalski | NOVA | 1:06.22 | 2011 |
| 4 | Jeff Commings | TYR | 1:06.29 | 2006 |
| 5 | Kevin Bartell | MVN | 1:06.53 | 2019 |
| 6 | Bruce Howell | BSSC | 1:06.87 | 1987 |
| 7 | Craig Crawford | SWM | 1:07.35 | 2001 |
| 8 | Alex C Card | CLMS | 1:08.75 | 2022 |
| 9 | Aaron Syvertson | PSP | 1:09.02 | 2014 |
| 10 | Matthew Eisenhuth | TYR | 1:09.70 | 2006 |

200 LC METER BREASTSTROKE

| | | | | |
|----|------------------|------|---------|------|
| 1 | Ed Moses | ROSE | 2:19.67 | 2011 |
| 2 | Bruce Howell | BSSC | 2:26.61 | 1987 |
| 3 | Craig Crawford | SWM | 2:33.32 | 2001 |
| 4 | Klaus Barth | TROJ | 2:36.62 | 1980 |
| 5 | Alex C Card | CLMS | 2:36.84 | 2022 |
| 6 | Gregory Harrison | MMSC | 2:37.49 | 1983 |
| 7 | Ben C Palmer | SLOM | 2:39.86 | 2011 |
| 8 | Ronald P Schafer | RIVR | 2:40.90 | 1991 |
| 9 | Brian McAteer | SCAQ | 2:41.22 | 2017 |
| 10 | Steven Neale | CAM | 2:42.84 | 1982 |

50 LC METER BUTTERFLY

| | | | | |
|----|------------------|------|-------|------|
| 1 | Oswaldo Quevedo | NOVA | 24.73 | 2006 |
| 2 | Kevin Bartell | MVN | 24.98 | 2019 |
| 3 | Mario L Marshall | GRA | 25.07 | 2015 |
| 4 | Brian Alderman | OSB | 25.16 | 2000 |
| 5 | Dan Wegner | SCAQ | 25.26 | 2002 |
| 6 | Simon A Burnett | ROSE | 25.49 | 2014 |
| 7 | Tamas Kerekjarto | FMT | 25.65 | 2009 |
| 8 | Damien Bernard | GRA | 25.73 | 2019 |
| 9 | Andrew Cox | MVN | 26.02 | 2019 |
| 10 | Bernie Zeruhn | NOVA | 26.09 | 2005 |

100 LC METER BUTTERFLY

| | | | | |
|----|------------------|------|-------|------|
| 1 | Tamas Kerekjarto | FMT | 55.01 | 2009 |
| 2 | Mario L Marshall | GRA | 55.92 | 2015 |
| 3 | Oswaldo Quevedo | NOVA | 56.62 | 2006 |
| 4 | James Belardi | SCAQ | 57.08 | 1987 |
| 5 | Bernie Zeruhn | NOVA | 57.21 | 2005 |
| 6 | Damien Bernard | GRA | 57.32 | 2019 |
| 7 | Clay Evans | MMSC | 58.52 | 1985 |
| 8 | Robert C Dmytrow | NOVA | 58.58 | 2011 |
| 9 | Marcel Rinzler | PHSH | 58.87 | 2002 |
| 10 | Andrew Cox | MVN | 58.95 | 2019 |

200 LC METER BUTTERFLY

| | | | | |
|----|------------------|------|---------|------|
| 1 | James Belardi | SCAQ | 2:07.71 | 1987 |
| 2 | Tamas Kerekjarto | FMT | 2:08.25 | 2010 |
| 3 | Peter Egan | SCAQ | 2:10.33 | 1996 |
| 4 | Mike Shaffer | VCM | 2:11.08 | 1996 |
| 5 | Mark A Magee | CLVM | 2:15.26 | 2002 |
| 6 | Billy Gaines | LVM | 2:15.40 | 2012 |
| 7 | Wadley Wadley | WH2O | 2:18.18 | 2013 |
| 8 | Gerry Rodrigues | UCLA | 2:19.87 | 1997 |
| 9 | Erik L Scollon | LBG | 2:20.39 | 2005 |
| 10 | Donald Skeoch | WH2O | 2:23.99 | 1994 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-------------------|------|---------|------|
| 1 | Ryan Lochte | GRA | 1:59.24 | 2017 |
| 2 | Tamas Kerekjarto | FMT | 2:05.60 | 2010 |
| 3 | Mike Alexandrov | GRA | 2:12.28 | 2017 |
| 4 | Jeff Commings | TYR | 2:13.74 | 2006 |
| 5 | Simon A Burnett | ROSE | 2:14.10 | 2014 |
| 6 | Bruce Howell | BSSC | 2:15.10 | 1987 |
| 7 | Scott Reed | SBM | 2:16.73 | 2003 |
| 8 | Marcel Rinzler | PHSH | 2:17.59 | 2002 |
| 9 | Mark A Magee | CLVM | 2:18.21 | 2002 |
| 10 | Danny R Puchalski | NOVA | 2:18.37 | 2011 |

400 LC METER INDIVIDUAL MEDLEY

| Rank | Name | Team | Time | Year |
|------|-------------------|------|---------|------|
| 1 | Mark A Magee | CLVM | 4:52.82 | 2002 |
| 2 | Clay Evans | MMSC | 4:56.87 | 1985 |
| 3 | Jim McConica | MMSC | 4:59.05 | 1983 |
| 4 | Scott Reed | SBM | 5:00.72 | 2003 |
| 5 | Wadley Wadley | WH2O | 5:01.94 | 2013 |
| 6 | Erik L Scollon | LBG | 5:02.63 | 2005 |
| 7 | Byron Reidenbaugh | INAC | 5:04.15 | 1985 |
| 8 | Chip Polito | MVN | 5:07.75 | 2006 |
| 9 | Billy Gaines | LVM | 5:08.56 | 2013 |
| 10 | Michael Collins | NOVA | 5:09.04 | 1996 |

35-39 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| Rank | Name | Team | Time | Year |
|------|----------------------|------|-------|------|
| 1 | Peggy Gross | UCI | 26.85 | 2004 |
| 2 | Sheri Hart | TYR | 27.09 | 2006 |
| 3 | Cynthia J Lewis | NOVA | 27.80 | 2011 |
| 4 | Marcie Kjoller | SBM | 28.46 | 2006 |
| 5 | Bonnie M Adair | SCAQ | 29.02 | 1992 |
| 6 | Jeni E Buys | TYR | 29.06 | 2005 |
| 7 | Kathy G Chung | ROSE | 29.25 | 2019 |
| 8 | Elizabeth A Vucinich | WH2O | 29.42 | 2015 |
| 9 | Darlene Krohn | SBM | 29.43 | 2019 |
| 10 | Michele N Dixon | TYR | 29.51 | 2006 |

100 LC METER FREESTYLE

| Rank | Name | Team | Time | Year |
|------|----------------------|------|---------|------|
| 1 | Sheri Hart | TYR | 59.16 | 2006 |
| 2 | Peggy Gross | UCI | 59.48 | 2004 |
| 3 | Marcie Kjoller | SBM | 1:02.42 | 2006 |
| 4 | Jeni E Buys | TYR | 1:03.72 | 2005 |
| 5 | Susan E Dombkowski | UNAT | 1:04.21 | 2005 |
| 6 | Melissa K Giovanni | LVM | 1:04.57 | 2016 |
| 7 | Laurie Dodd | UCLA | 1:04.83 | 2007 |
| 8 | Darlene Krohn | SBM | 1:04.86 | 2019 |
| 9 | Lucy Johnson | TROJ | 1:05.44 | 1982 |
| 10 | Elizabeth A Vucinich | WH2O | 1:05.53 | 2015 |

200 LC METER FREESTYLE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|---------|------|
| 1 | Dawn M Heckman | ROSE | 2:03.37 | 2012 |
| 2 | Susan E Dombkowski | UNAT | 2:14.69 | 2005 |
| 3 | Laurie Dodd | UCLA | 2:16.91 | 2007 |
| 4 | Diana Philippi | CLVM | 2:17.89 | 2006 |
| 5 | Marcie Kjoller | SBM | 2:20.39 | 2006 |
| 6 | Melissa K Giovanni | LVM | 2:21.31 | 2016 |
| 7 | Jeni E Buys | TYR | 2:21.45 | 2005 |
| 8 | Lynn Fahey | UNAT | 2:23.49 | 2023 |
| 9 | Rossella Pescatori | SCAQ | 2:23.88 | 2009 |
| 10 | Margaret J Reilly | NOVA | 2:24.27 | 2005 |

400 LC METER FREESTYLE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|---------|------|
| 1 | Dawn M Heckman | ROSE | 4:16.19 | 2012 |
| 2 | Laurie Dodd | UCLA | 4:41.30 | 2007 |
| 3 | Susan E Dombkowski | UNAT | 4:42.85 | 2005 |
| 4 | Cynthia J Lewis | NOVA | 4:43.97 | 2011 |
| 5 | Diana Philippi | CLVM | 4:58.40 | 2006 |
| 6 | Rossella Pescatori | SCAQ | 4:58.54 | 2009 |
| 7 | Melissa K Giovanni | LVM | 4:59.74 | 2016 |
| 8 | Lynn Fahey | UNAT | 5:01.12 | 2023 |
| 9 | Jane Cairns | MVN | 5:01.16 | 2008 |
| 10 | Sharon Blaha | UCI | 5:03.17 | 1995 |

800 LC METER FREESTYLE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|----------|------|
| 1 | Dawn M Heckman | ROSE | 8:47.28 | 2012 |
| 2 | Susan E Dombkowski | UNAT | 9:41.70 | 2005 |
| 3 | Laurie Z Dodd | UCLA | 9:42.00 | 2008 |
| 4 | Cynthia J Lewis | MVN | 9:55.70 | 2010 |
| 5 | Diana Philippi | CLVM | 9:59.57 | 2006 |
| 6 | Heidi Christensen | DSSM | 10:21.99 | 1994 |
| 7 | Lee Anne Ghimenti | VCM | 10:24.54 | 2005 |
| 8 | Melissa K Giovanni | LVM | 10:26.42 | 2016 |
| 9 | Karen E Schultz | SBM | 10:31.46 | 2016 |
| 10 | Margaret Mason | CLVM | 10:32.38 | 2006 |

1500 LC METER FREESTYLE

| Rank | Name | Team | Time | Year |
|------|-------------------------|------|----------|------|
| 1 | Laurie Z Dodd | SCAQ | 18:15.93 | 2011 |
| 2 | Cynthia J Lewis | MVN | 18:57.09 | 2010 |
| 3 | Sharon Blaha | UCI | 19:43.70 | 1995 |
| 4 | Karen E Schultz | SBM | 19:46.13 | 2016 |
| 5 | Margaret Reilly | NOVA | 19:58.58 | 2004 |
| 6 | Jennifer Mc Leod-Crady | MVN | 20:08.17 | 2013 |
| 7 | Heidi Christensen | DSSM | 20:08.45 | 1994 |
| 8 | Margaret J Reilly | NOVA | 20:12.02 | 2005 |
| 9 | Lynn Fahey | UNAT | 20:18.32 | 2023 |
| 10 | Brenda K Tomtam-Brayman | LVM | 20:30.45 | 2009 |

50 LC METER BACKSTROKE

| Rank | Name | Team | Time | Year |
|------|----------------------|------|-------|------|
| 1 | Sheri Hart | TYR | 30.40 | 2006 |
| 2 | Rada E Owen | SCAQ | 33.74 | 2013 |
| 3 | Michele Dixon | TYR | 33.98 | 2006 |
| 4 | Karen Romo | UNAT | 34.51 | 2013 |
| 5 | Elizabeth A Vucinich | WH2O | 34.57 | 2019 |
| 6 | Nancy Reno | DUST | 34.69 | 1995 |
| 7 | Carole Shigaki | SBAY | 34.86 | 1992 |
| 8 | Brooke J Green | SBM | 34.88 | 2018 |
| 9 | Jane Cairns | SBM | 35.77 | 2006 |
| 10 | Jenni Carlson | SCAQ | 35.80 | 2009 |

100 LC METER BACKSTROKE

| Rank | Name | Team | Time | Year |
|------|----------------------|------|---------|------|
| 1 | Sheri Hart | TYR | 1:06.04 | 2006 |
| 2 | Rada E Owen | SCAQ | 1:11.57 | 2013 |
| 3 | Michele Dixon | TYR | 1:13.39 | 2006 |
| 4 | Elizabeth A Vucinich | WH2O | 1:14.43 | 2015 |
| 5 | Jane Cairns | MVN | 1:14.68 | 2008 |
| 6 | Nancy Reno | DUST | 1:15.03 | 1994 |
| *7 | Mary A Hamilton | NOVA | 1:17.75 | 1991 |
| *7 | Carole Shigaki | WH2O | 1:17.75 | 1993 |
| 9 | Morri Spang | WH2O | 1:17.82 | 1992 |
| 10 | Brooke J Green | SBM | 1:18.03 | 2018 |

200 LC METER BACKSTROKE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|---------|------|
| 1 | Sheri Hart | TYR | 2:22.92 | 2006 |
| 2 | Jane Cairns | MVN | 2:42.23 | 2008 |
| 3 | Andrea Devuono | WH2O | 2:44.28 | 1998 |
| 4 | Nancy Reno | DUST | 2:45.34 | 1994 |
| 5 | Karen E Norris | UCLA | 2:48.96 | 2001 |
| 6 | Mary A Hamilton | NOVA | 2:50.28 | 1991 |
| 7 | Rossella Pescatori | SCAQ | 2:50.89 | 2010 |
| 8 | Carole Shigaki | WH2O | 2:52.48 | 1994 |
| 9 | Liz A Hawes | UCSB | 2:52.84 | 2012 |
| 10 | Brooke J Green | SBM | 2:53.75 | 2018 |

50 LC METER BREASTSTROKE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|-------|------|
| 1 | Cynthia J Lewis | NOVA | 33.86 | 2012 |
| 2 | Lindsay Willmer | CTSM | 35.85 | 2013 |
| 3 | Karen Melick | SCAQ | 36.34 | 1992 |
| 4 | Kendra E Wilson | ROSE | 36.88 | 2019 |
| 5 | Rossella Pescatori | SCAQ | 37.12 | 2009 |
| 6 | Anastasia Kurteeva | WH2O | 38.06 | 2022 |
| 7 | Kimberly Leigh | VCM | 38.46 | 2006 |
| 8 | Dawn L Schroeder | UNAT | 38.48 | 2005 |
| 9 | Ursula S Moser | CLVM | 38.63 | 2004 |
| 10 | Carole Shigaki | SBAY | 39.32 | 1992 |

100 LC METER BREASTSTROKE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|---------|------|
| 1 | Cynthia J Lewis | NOVA | 1:12.30 | 2012 |
| 2 | Lindsay Willmer | CTSM | 1:18.49 | 2013 |
| 3 | Rossella Pescatori | SCAQ | 1:19.04 | 2009 |
| 4 | Karen Melick | SCAQ | 1:20.93 | 1992 |
| 5 | Kendra E Wilson | ROSE | 1:22.45 | 2019 |

200 LC METER BREASTSTROKE

| Rank | Name | Team | Time | Year |
|------|--------------------|------|---------|------|
| 1 | Cynthia J Lewis | NOVA | 2:40.57 | 2012 |
| 2 | Rossella Pescatori | UCLA | 2:49.61 | 2006 |
| 3 | Karen Melick | SCAQ | 2:53.64 | 1992 |
| 4 | Kendra E Wilson | ROSE | 3:01.08 | 2019 |
| 5 | Anastasia Kurteeva | WH2O | 3:01.44 | 2022 |

| | | | | |
|----|--------------------|------|---------|------|
| 6 | Ursula S Moser | CLVM | 1:23.68 | 2004 |
| 7 | Jennifer G Johnson | NOVA | 1:24.08 | 2019 |
| 8 | Anastasia Kurteeva | WH2O | 1:24.19 | 2022 |
| 9 | Kimberly Leigh | VCM | 1:25.62 | 2006 |
| 10 | Dawn L Schroeder | UNAT | 1:25.63 | 2005 |

| | | | | |
|----|--------------------|------|---------|------|
| 6 | Jennifer G Johnson | NOVA | 3:03.74 | 2019 |
| 7 | Dianna Tate | SCAQ | 3:07.07 | 1996 |
| 8 | Margaret J Reilly | NOVA | 3:09.08 | 2005 |
| 9 | Carole Shigaki | WH2O | 3:11.08 | 1994 |
| 10 | Melissa C Hanson | ECSC | 3:11.35 | 1991 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|----------------------|------------|--------------|-------------|
| 1 | Peggy Gross | UCI | 29.46 | 2004 |
| 2 | Cynthia J Lewis | NOVA | 30.00 | 2011 |
| 3 | Sheri Hart | TYR | 30.29 | 2006 |
| 4 | Elizabeth A Vucinich | WH2O | 30.58 | 2015 |
| 5 | Marcie Kjoller | SBM | 30.78 | 2006 |
| 6 | Kathy G Chung | ROSE | 31.60 | 2019 |
| 7 | Michele Dixon | TYR | 32.03 | 2006 |
| 8 | Diana Philippi | CLVM | 32.14 | 2006 |
| 9 | Rebecca Richter | TROJ | 32.39 | 1980 |
| 10 | Diana Todd | UNAT | 32.60 | 1982 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|----------------------|------------|----------------|-------------|
| 1 | Peggy Gross | UCI | 1:05.02 | 2004 |
| 2 | Cynthia J Lewis | NOVA | 1:08.62 | 2011 |
| 3 | Diana Philippi | CLVM | 1:09.51 | 2006 |
| 4 | Elizabeth A Vucinich | WH2O | 1:12.51 | 2015 |
| 5 | Lucy Johnson | TROJ | 1:12.56 | 1982 |
| 6 | Mary A Hamilton | NOVA | 1:12.71 | 1991 |
| 7 | Rebecca Richter | TROJ | 1:12.95 | 1980 |
| 8 | Laurie Dodd | UCLA | 1:13.68 | 2007 |
| 9 | Sally Newland | SLOM | 1:14.76 | 1998 |
| 10 | Darlene Krohn | SBM | 1:15.68 | 2019 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Diana Philippi | CLVM | 2:33.90 | 2006 |
| 2 | Laurie Dodd | UCLA | 2:34.20 | 2007 |
| 3 | Christina A Calarco | MVN | 2:45.44 | 2023 |
| 4 | Lucy Johnson | WSM | 2:47.31 | 1983 |
| 5 | Liz A Hawes | SBM | 2:52.65 | 2013 |
| 6 | Rebecca Richter | TROJ | 2:58.04 | 1979 |
| 7 | Sharon Blaha | UCI | 3:05.53 | 1995 |
| 8 | Megan M Andrus | LVM | 3:11.98 | 2017 |
| 9 | Janet Royer | IHAC | 3:14.88 | 1980 |
| 10 | Sarah A Hirsch | SBM | 3:23.58 | 2014 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|-------------|----------------|-------------|
| 1 | Cynthia J Lewis | NOVA | 2:27.53 | 2011 |
| 2 | Laurie Dodd | UCLA | 2:38.87 | 2007 |
| 3 | Rossella Pescatori | SCAQ | 2:39.13 | 2009 |
| 4 | Susan E Dombkowski | UNAT | 2:43.46 | 2005 |
| 5 | Jane Cairns | MVN | 2:43.48 | 2008 |
| 6 | Sally Morgan | SLOM | 2:43.83 | 1996 |
| 7 | Kendra E Wilson | ROSE | 2:45.60 | 2019 |
| 8 | Rebecca Richter | TROJ | 2:45.97 | 1980 |
| 9 | Sally Newland | SLOM | 2:46.85 | 1998 |
| 10 | Lucy Johnson | WSM | 2:47.51 | 1983 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|-------------|----------------|-------------|
| 1 | Cynthia J Lewis | NOVA | 5:16.17 | 2011 |
| 2 | Laurie Dodd | UCLA | 5:35.29 | 2007 |
| 3 | Rossella Pescatori | SCAQ | 5:35.98 | 2009 |
| 4 | Susan E Dombkowski | UNAT | 5:47.91 | 2005 |
| 5 | Jane Cairns | MVN | 5:48.49 | 2008 |
| 6 | Christina A Calarco | MVN | 5:48.72 | 2023 |
| 7 | Liz A Hawes | SBM | 5:51.65 | 2013 |
| 8 | Rebecca Richter | TROJ | 5:55.65 | 1980 |
| 9 | Margaret M Mason | CLVM | 5:56.86 | 2006 |
| 10 | Lucy Johnson | WSM | 6:00.64 | 1983 |

35-39 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|-----------------------|-------------|--------------|-------------|
| 1 | Felipe Delgado | NOVA | 23.60 | 2009 |
| 2 | Glenn M Counts | LVM | 24.07 | 2012 |
| 3 | Bruce Stahl | VEN | 24.27 | 1993 |
| 4 | Mario L Marshall | GRA | 24.36 | 2021 |
| 4 | Brad Hibbard | TYR | 24.37 | 2006 |
| 6 | Jeff F Natalizio | NOVA | 24.74 | 2019 |
| 7 | Keith Kaplan | SCAQ | 24.90 | 2003 |
| *8 | Dan Wegner | TYR | 24.95 | 2006 |
| *8 | Christopher E Beach | SCAQ | 24.95 | 2008 |
| 10 | Keith Dennison | LVM | 25.17 | 2009 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|-------------------------|-------------|--------------|-------------|
| 1 | Richard E Saeger | UNAT | 52.15 | 2001 |
| 2 | Markus A Rogan | UCLA | 52.18 | 2019 |
| 3 | Vlad Pyshnenko | TYR | 52.22 | 2006 |
| 4 | Glenn M Counts | LVM | 53.10 | 2012 |
| 5 | Felipe Delgado | NOVA | 53.21 | 2009 |
| 6 | Mario L Marshall | GRA | 53.22 | 2019 |
| 7 | Bernie Zeruhn | NOVA | 54.00 | 2006 |
| 8 | Bruce Stahl | VEN | 54.01 | 1993 |
| 9 | Frank E Wattles | UNAT | 54.08 | 2007 |
| 10 | Erik Hochstein | SCAQ | 54.19 | 2003 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|--------------------|------------|----------------|-------------|
| 1 | Ryan Lochte | GRA | 1:49.23 | 2021 |
| 2 | Vlad Pyshnenko | TYR | 1:52.84 | 2006 |
| 3 | Richard E Saeger | UNAT | 1:54.86 | 2001 |
| 4 | Erik Hochstein | SCAQ | 1:57.37 | 2003 |
| 5 | Bernie Zeruhn | NOVA | 1:57.89 | 2006 |
| 6 | Mike G Shaffer | VCM | 2:00.33 | 2001 |
| 7 | Dan Wegner | SCAQ | 2:01.40 | 2006 |
| 8 | Jim McConica | SCAQ | 2:01.51 | 1987 |
| 9 | Mark Magee | CLVM | 2:02.04 | 2003 |
| 10 | Peter O'Keefe | MMSC | 2:02.26 | 1985 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Markus A Rogan | UCLA | 4:10.11 | 2019 |
| 2 | Erik Hochstein | SCAQ | 4:10.31 | 2003 |
| 3 | Mark A Magee | CLVM | 4:18.15 | 2004 |
| 4 | Jim McConica | SCAQ | 4:18.35 | 1987 |
| 5 | Mike Shaffer | VCM | 4:18.48 | 2003 |
| 6 | Juan Ortiz | UNAT | 4:20.00 | 2023 |
| 7 | Ryan E Cox | MVN | 4:23.80 | 2012 |
| 8 | Michael Collins | NOVA | 4:29.38 | 2002 |
| 9 | Byron Reidenbaugh | INAC | 4:31.49 | 1986 |
| 10 | Bert Bergen | UNAT | 4:32.59 | 2002 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Markus A Rogan | UCLA | 8:50.16 | 2019 |
| 2 | Mike Shaffer | VCM | 8:54.39 | 2002 |
| 3 | Erik Hochstein | TYR | 8:57.04 | 2007 |
| 4 | Juan Ortiz | UNAT | 8:57.62 | 2023 |
| 5 | Ryan E Cox | MVN | 8:58.47 | 2012 |
| 6 | Mark A Magee | CLVM | 9:06.78 | 2006 |
| 7 | Craig Nadel | SCAQ | 9:16.06 | 1997 |
| 8 | Michael Collins | NOVA | 9:21.61 | 2002 |
| 9 | Tim Hedrick | VCM | 9:35.50 | 2000 |
| 10 | Richard J Phillips | SCAQ | 9:42.42 | 1990 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|-----------------------|-------------|-----------------|-------------|
| 1 | Markus A Rogan | UCLA | 16:43.67 | 2019 |
| 2 | Mike Shaffer | VCM | 16:45.04 | 2002 |
| 3 | Erik Hochstein | SCAQ | 16:50.83 | 2003 |
| 4 | Ryan E Cox | MVN | 17:07.96 | 2012 |
| 5 | Jim McConica | VENT | 17:26.29 | 1989 |
| 6 | Juan Ortiz | UNAT | 17:28.12 | 2022 |
| 7 | Tim Hedrick | VCM | 17:49.31 | 2001 |
| 8 | Craig Nadel | SCAQ | 17:50.38 | 1997 |
| 9 | Steven H Lewis | GEM | 18:18.92 | 1989 |
| 10 | Michael Collins | NOVA | 18:22.17 | 2002 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|--|--|--|--|
|------------------------|--|--|--|--|

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|--|--|--|--|
|-------------------------|--|--|--|--|

| | | | | |
|----------|-------------------------|-------------|--------------|-------------|
| 1 | Jeff F Natalizio | NOVA | 26.54 | 2019 |
| 2 | Christopher R Gibson | WH2O | 27.52 | 2019 |
| 3 | Derek Robinson | PHSH | 27.73 | 2004 |
| 4 | Bernie Zeruhn | NOVA | 28.36 | 2006 |
| 5 | Seth Aldrich | LVM | 28.54 | 2019 |
| 6 | Glenn M Counts | LVM | 28.61 | 2013 |
| 7 | Nick J Fusedale | ROSE | 28.82 | 2014 |
| 8 | Peter O'Keefe | MMSC | 28.95 | 1985 |
| 9 | Chris Counts | LVM | 29.50 | 2013 |
| 10 | Clay Evans | SCAQ | 29.56 | 1992 |

| | | | | |
|----------|-----------------------------|-------------|--------------|-------------|
| 1 | Christopher R Gibson | WH2O | 59.36 | 2019 |
| 2 | Richard E Saeger | UNAT | 1:00.29 | 2001 |
| 3 | Derek Robinson | PHSH | 1:00.51 | 2004 |
| 4 | Jeff F Natalizio | NOVA | 1:00.62 | 2019 |
| 5 | Frank E Wattles | UNAT | 1:01.22 | 2007 |
| 6 | Peter O'Keefe | MMSC | 1:02.53 | 1985 |
| 7 | Nick J Fusedale | ROSE | 1:02.99 | 2014 |
| 8 | James Ballard | WH2O | 1:03.15 | 1996 |
| 9 | Clay Evans | SCAQ | 1:03.60 | 1992 |
| 10 | Bernie Zeruhn | NOVA | 1:03.99 | 2007 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|-----------------------------|-------------|----------------|-------------|
| 1 | Christopher R Gibson | WH2O | 2:14.98 | 2019 |
| 2 | Erik Hochstein | SCAQ | 2:16.57 | 2003 |
| 3 | Peter O'Keefe | MMSC | 2:17.31 | 1985 |
| 4 | Marcel Rinzier | NOVA | 2:20.20 | 2006 |
| 5 | Scott Reed | SBM | 2:21.16 | 2006 |
| 6 | Keith Ryan | NOVA | 2:21.90 | 2019 |
| 7 | Chris Boyer | CTSM | 2:22.54 | 2013 |
| 8 | Kurt Murdoch | LBG | 2:23.79 | 2005 |
| 9 | Clay Evans | SCAQ | 2:24.25 | 1992 |
| 10 | Nick J Fusedale | ROSE | 2:26.21 | 2013 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|-------------------------|-------------|--------------|-------------|
| 1 | Jeff F Natalizio | NOVA | 29.78 | 2019 |
| 2 | Steve T West | NOVA | 30.02 | 2011 |
| 3 | Glenn M Counts | LVM | 30.81 | 2012 |
| 4 | Michael J Ruffner | GWSC | 31.00 | 2001 |
| 5 | Aaron Bartleson | PHSH | 31.75 | 2006 |
| 6 | Matthew B Schmidt | WH2O | 31.99 | 2013 |
| 7 | Ben C Palmer | SLOM | 32.27 | 2019 |
| 8 | Michael Mason | ROSE | 32.45 | 2012 |
| 9 | Bert Bergen | UNAT | 32.62 | 2003 |
| 10 | Rodney Cargill | TROJ | 32.70 | 1983 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|---------------------|-------------|----------------|-------------|
| 1 | Steve T West | NOVA | 1:04.91 | 2011 |
| 2 | Michael J Ruffner | GWSC | 1:07.65 | 2001 |
| 3 | Aaron Bartleson | PHSH | 1:10.33 | 2006 |
| 4 | Keith Dennison | LVM | 1:10.33 | 2009 |
| 5 | Bruce Howell | BSSC | 1:10.46 | 1992 |
| 6 | Jeff F Natalizio | NOVA | 1:10.91 | 2019 |
| 7 | Matthew B Schmidt | WH2O | 1:11.15 | 2013 |
| 8 | Michael Hamm | LAPS | 1:11.76 | 1996 |
| 9 | Ken A Ziskin | SCAQ | 1:12.09 | 1986 |
| 10 | Michael Mason | ROSE | 1:12.45 | 2012 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|---------------------|-------------|----------------|-------------|
| 1 | Steve T West | NOVA | 2:20.34 | 2011 |
| 2 | Ed Moses | GRA | 2:28.89 | 2016 |
| 3 | Michael J Ruffner | GWSC | 2:29.95 | 2001 |
| 4 | Matthew B Schmidt | WH2O | 2:37.26 | 2013 |
| 5 | Ken A Ziskin | SCAQ | 2:40.18 | 1986 |
| 6 | Mark Magee | LVM | 2:41.14 | 2007 |
| 7 | Tait C Ecklund | ROSE | 2:41.20 | 2016 |
| 8 | Tom Reudy | WH2O | 2:41.21 | 1990 |
| 9 | Michael Hamm | LAPS | 2:41.37 | 1996 |
| 10 | Michael Mason | ROSE | 2:41.49 | 2012 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|-----------------------|------------|--------------|-------------|
| 1 | Glenn M Counts | LVM | 25.18 | 2012 |
| *2 | Igor Marchenko | NOVA | 25.42 | 2012 |
| *2 | Mario L Marshall | GRA | 25.42 | 2019 |
| 4 | Felipe Delgado | NOVA | 25.89 | 2009 |
| 5 | Jeff F Natalizio | NOVA | 25.96 | 2019 |
| 6 | Keith Dennison | LVM | 26.02 | 2009 |
| 7 | Frank E Wattles | UNAT | 26.13 | 2007 |
| 8 | Christopher R Gibson | WH2O | 26.19 | 2019 |
| 9 | Bernie Zeruhn | NOVA | 26.31 | 2006 |
| 10 | Brad Hibbard | TYR | 26.44 | 2006 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|----------------------|-------------|--------------|-------------|
| 1 | Bernie Zeruhn | NOVA | 56.41 | 2006 |
| 2 | Mario L Marshall | GRA | 56.72 | 2019 |
| 3 | Frank E Wattles | UNAT | 56.76 | 2007 |
| 4 | James Belardi | SCAQ | 58.08 | 1992 |
| 5 | Keith Dennison | LVM | 58.51 | 2009 |
| 6 | Erik Hochstein | SCAQ | 59.08 | 2003 |
| 7 | Mike G Shaffer | VCM | 59.11 | 2001 |
| 8 | Christopher R Gibson | WH2O | 59.40 | 2019 |
| 9 | Derek Robinson | PHSH | 59.56 | 2004 |
| 10 | Peter Egan | SCAQ | 59.65 | 2000 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | Bernie Zeruhn | NOVA | 2:07.13 | 2006 |
| 2 | Mike Shaffer | VCM | 2:08.65 | 2002 |
| 3 | Frank E Wattles | UNAT | 2:09.10 | 2007 |
| 4 | James Belardi | SCAQ | 2:09.18 | 1992 |
| 5 | Erik Hochstein | SCAQ | 2:12.27 | 2003 |
| 6 | Mark Magee | CLVM | 2:12.95 | 2006 |
| 7 | Keith Ryan | NOVA | 2:22.18 | 2019 |
| 8 | Danny Giometti | MVN | 2:22.37 | 2022 |
| 9 | Daniel Sullivan | NOVA | 2:23.29 | 1996 |
| 10 | Steven H Lewis | GEM | 2:23.37 | 1989 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|--------------------|------------|----------------|-------------|
| 1 | Ryan Lochte | GRA | 1:58.48 | 2021 |
| 2 | Markus A Rogan | UCLA | 2:07.84 | 2019 |
| 3 | Mark A Magee | CLVM | 2:16.85 | 2004 |
| 4 | Bernie Zeruhn | NOVA | 2:18.41 | 2007 |
| 5 | Brian J Olver | WH2O | 2:19.34 | 2013 |
| 6 | Jim McConica | SCAQ | 2:20.37 | 1987 |
| 7 | Peter O'Keefe | MMSC | 2:20.44 | 1985 |
| 8 | Juan Ortiz | UNAT | 2:20.71 | 2023 |
| 9 | Clay Evans | SCAQ | 2:21.69 | 1992 |
| 10 | Tom Reudy | WH2O | 2:22.16 | 1990 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-------------------|-------------|----------------|-------------|
| 1 | Mark Magee | CLVM | 4:52.92 | 2003 |
| 2 | James Belardi | SCAQ | 4:55.13 | 1992 |
| 3 | Juan Ortiz | UNAT | 4:57.39 | 2022 |
| 4 | Scott Reed | SBM | 4:59.60 | 2006 |
| 5 | Jim McConica | SCAQ | 5:01.82 | 1987 |
| 6 | Marcel Rinzier | NOVA | 5:02.55 | 2006 |
| 7 | Keith Ryan | NOVA | 5:04.91 | 2019 |
| 8 | Gary Quinn | WH2O | 5:07.87 | 1996 |
| 9 | Brian J Olver | WH2O | 5:08.27 | 2013 |
| 10 | Clay Evans | SCAQ | 5:08.69 | 1989 |

40-44 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|------------------------|------------|--------------|-------------|
| 1 | Ann Worthington | MVN | 27.28 | 2006 |
| 2 | Susan Von Der Lippe | TYR | 27.77 | 2006 |
| 3 | Collette Sappey | TYR | 27.96 | 2006 |
| 4 | Erika M Stebbins | UCLA | 28.45 | 2013 |
| 5 | Anna Pettis-Scott | TYR | 28.60 | 2006 |
| 6 | Sarah P Condor-Fisher | MACS | 28.84 | 2015 |
| 7 | Marika McCue | TYR | 29.28 | 2006 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|------------------------|------------|----------------|-------------|
| 1 | Ann Worthington | MVN | 1:01.09 | 2006 |
| 2 | Cindy Bertelink | NOVA | 1:02.00 | 2019 |
| 3 | Wenke K Seider | OJAI | 1:02.23 | 2012 |
| 4 | Melanie M Valerio | SCAQ | 1:02.55 | 2012 |
| 5 | Erika M Stebbins | UCLA | 1:02.61 | 2013 |
| 6 | Collette Sappey | TYR | 1:03.39 | 2006 |
| 7 | Maryanne Keverer | UNAT | 1:03.65 | 1996 |

| | | | | |
|----|------------------|------|-------|------|
| 8 | Christy Shinnick | CTSM | 29.48 | 2013 |
| 9 | Maryanne Keever | UNAT | 29.60 | 1996 |
| 10 | Emily J Odgers | NOVA | 29.70 | 2011 |

| | | | | |
|----|----------------|------|---------|------|
| 8 | Angela Grillo | SCAQ | 1:04.47 | 2019 |
| 9 | Emily J Odgers | NOVA | 1:05.27 | 2011 |
| 10 | Bonnie Adair | SCAQ | 1:05.37 | 1993 |

200 LC METER FREESTYLE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 2:10.74 | 2006 |
| 2 | Erika M Stebbins | UCLA | 2:16.51 | 2013 |
| 3 | Cindy Bertelink | NOVA | 2:19.30 | 2019 |
| 4 | Amy S Collins | NOVA | 2:21.48 | 2013 |
| 5 | Amy Dantzler | WH2O | 2:22.05 | 2007 |
| 6 | T J Sorenson | MVN | 2:22.49 | 2010 |
| 7 | Angela Grillo | SCAQ | 2:22.63 | 2019 |
| 8 | Eve G Maidenberg | CVMM | 2:24.16 | 2019 |
| 9 | Emily J Odgers | NOVA | 2:24.95 | 2011 |
| 10 | Julie Wynn | DSSM | 2:25.58 | 1996 |

400 LC METER FREESTYLE

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Janet B Evans | GWSC | 4:22.87 | 2011 |
| 2 | Cindy Bertelink | NOVA | 4:41.66 | 2019 |
| 3 | Amy Dantzler | WH2O | 4:51.02 | 2007 |
| 4 | Heidi M Cough | NOVA | 5:01.97 | 2021 |
| 5 | Heidi Christensen | DSSM | 5:03.64 | 2000 |
| 6 | Eve G Maidenberg | CVMM | 5:07.03 | 2019 |
| 7 | Karen E Schultz | SBM | 5:12.13 | 2019 |
| 8 | Jill E Keenan-Boline | ROSE | 5:13.14 | 2013 |
| 9 | Kari S Adams | LVM | 5:13.45 | 2010 |
| 10 | Angela Grillo | SCAQ | 5:14.01 | 2019 |

800 LC METER FREESTYLE

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Janet B Evans | GWSC | 8:59.06 | 2011 |
| 2 | Amy Dantzler | WH2O | 9:57.84 | 2007 |
| 3 | Laurie Z Dodd | UCLA | 9:58.80 | 2016 |
| 4 | Heidi Christensen | DSSM | 10:22.39 | 2000 |
| 5 | Heidi M Cough | NOVA | 10:24.32 | 2021 |
| 6 | Eve G Maidenberg | CVMM | 10:27.07 | 2019 |
| 7 | Jill E Keenan-Boline | ROSE | 10:29.28 | 2013 |
| 8 | Julie S Flores | CSAM | 10:37.24 | 2009 |
| 9 | Angela Grillo | SCAQ | 10:41.92 | 2019 |
| 10 | Kelly A Richell | MVN | 10:43.37 | 2009 |

1500 LC METER FREESTYLE

| | | | | |
|----|----------------------|-------------|-----------------|-------------|
| 1 | Janet B Evans | GWSC | 18:43.69 | 2011 |
| 2 | Amy Dantzler | WH2O | 18:57.62 | 2007 |
| 3 | Rossella Pescatori | SCAQ | 20:09.46 | 2012 |
| 4 | Julie S Flores | CSAM | 20:21.35 | 2009 |
| 5 | T J Sorenson | MVN | 20:30.18 | 2010 |
| 6 | Eve G Maidenberg | CVMM | 20:31.55 | 2019 |
| 7 | Leslie B Monroe | CVMM | 20:37.40 | 2016 |
| 8 | Tami Engel | MVN | 20:41.80 | 2005 |
| 9 | Karen E Schultz | SBM | 20:42.40 | 2019 |
| 10 | Jinxi Caddel | CVMM | 20:45.81 | 2010 |

50 LC METER BACKSTROKE

| | | | | |
|----|-----------------------------|------------|--------------|-------------|
| 1 | Jennifer Stein | TYR | 33.42 | 2006 |
| 2 | Maryanne Keever | UNAT | 33.61 | 1996 |
| 3 | Marika Mc Cue | TYR | 33.65 | 2006 |
| 4 | Brooke J Green | SBM | 34.01 | 2019 |
| 5 | Nancy Reno | DUST | 34.08 | 1996 |
| 6 | Carole Shigaki | WH2O | 34.44 | 1995 |
| 7 | Jennifer A Finotti-Sheppard | CVMM | 35.41 | 2021 |
| 8 | Kendra E Wilson | ROSE | 35.85 | 2021 |
| 9 | Tina Jamieson | SWM | 36.36 | 2008 |
| 10 | Jenni Carlson | SCAQ | 36.38 | 2010 |

100 LC METER BACKSTROKE

| | | | | |
|----|-----------------------------|-------------|----------------|-------------|
| 1 | Maryanne Keever | UNAT | 1:11.63 | 1996 |
| 2 | Marika Mc Cue | TYR | 1:13.37 | 2006 |
| 3 | Nancy Reno | DUST | 1:14.39 | 1996 |
| 4 | Jennifer A Finotti-Sheppard | CVMM | 1:14.80 | 2021 |
| 5 | Brooke J Green | SBM | 1:15.60 | 2019 |
| 6 | Carole Shigaki | WH2O | 1:16.38 | 1995 |
| 7 | Calley J Prezzano | CVMM | 1:19.63 | 2023 |
| 8 | Susan Hitch | LVM | 1:20.63 | 2018 |
| 9 | Stacy M Tse | MVN | 1:21.11 | 2021 |
| 10 | Jenni Carlson | UCLA | 1:21.22 | 2014 |

200 LC METER BACKSTROKE

| | | | | |
|----|-----------------------------|-------------|----------------|-------------|
| 1 | Erika M Stebbins | UCLA | 2:34.53 | 2013 |
| 2 | Maryanne Keever | UNAT | 2:37.75 | 1996 |
| 3 | Jennifer A Finotti-Sheppard | CVMM | 2:39.40 | 2021 |
| 4 | Nancy Reno | DUST | 2:45.02 | 1996 |
| 5 | Carole Shigaki | WH2O | 2:45.17 | 1995 |
| 6 | Christine Aloia | SBM | 2:52.24 | 2004 |
| 7 | Brooke J Green | SBM | 2:52.99 | 2019 |
| 8 | Stacy M Tse | MVN | 2:56.29 | 2022 |
| 9 | Leslie B Monroe | CVMM | 2:57.57 | 2018 |
| 10 | Paula James | CLVM | 2:58.90 | 2003 |

50 LC METER BREASTSTROKE

| | | | | |
|----|----------------------------|------------|--------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 33.25 | 2006 |
| 2 | Wenke K Seider | OJAI | 35.63 | 2012 |
| 3 | Sarah P Condor-Fisher | MACS | 36.06 | 2016 |
| 4 | Amy S Collins | NOVA | 36.97 | 2013 |
| 5 | Anastasia Kurteeva | WH2O | 37.63 | 2023 |
| 6 | Kendra E Wilson | ROSE | 37.82 | 2021 |
| 7 | Rossella Pescatori | SCAQ | 38.17 | 2012 |
| 8 | Ann Worthington | MVN | 38.26 | 2006 |
| 9 | Dawn Schroeder | SBM | 38.49 | 2006 |
| 10 | Marika Mc Cue | TYR | 38.72 | 2006 |

100 LC METER BREASTSTROKE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 1:13.34 | 2006 |
| 2 | Wenke K Seider | OJAI | 1:17.14 | 2011 |
| 3 | Rossella Pescatori | SCAQ | 1:20.00 | 2012 |
| 4 | Amy S Collins | NOVA | 1:20.19 | 2013 |
| 5 | Sarah P Condor-Fisher | MACS | 1:22.09 | 2014 |
| 6 | Kendra E Wilson | ROSE | 1:22.56 | 2021 |
| 7 | Anastasia Kurteeva | WH2O | 1:23.42 | 2023 |
| 8 | Dawn Schroeder | SBM | 1:23.55 | 2006 |
| 9 | Julie S Flores | CSAM | 1:24.63 | 2009 |
| 10 | Susie S Casero | SCAQ | 1:26.13 | 2019 |

200 LC METER BREASTSTROKE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 2:38.44 | 2006 |
| 2 | Wenke K Seider | OJAI | 2:49.37 | 2011 |
| 3 | Rossella Pescatori | SCAQ | 2:51.34 | 2012 |
| 4 | Anastasia Kurteeva | WH2O | 2:59.36 | 2023 |
| 5 | Kendra E Wilson | ROSE | 3:01.48 | 2021 |
| 6 | Dawn Schroeder | SBM | 3:03.44 | 2006 |
| 7 | Rhian Gulassa | SLOM | 3:09.28 | 1995 |
| 8 | Julie S Flores | CSAM | 3:10.39 | 2009 |
| 9 | Sarah P Condor-Fisher | MACS | 3:10.70 | 2015 |
| 10 | Mary K Jurey | SCAQ | 3:11.61 | 2009 |

50 LC METER BUTTERFLY

| | | | | |
|----|----------------------------|------------|--------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 28.62 | 2006 |
| 2 | Wenke K Seider | OJAI | 29.89 | 2012 |
| 3 | Cindy Bertelink | NOVA | 30.05 | 2019 |
| 4 | Ann Worthington | MVN | 30.14 | 2006 |
| 5 | Anna T Pettis-Scott | TYR | 30.55 | 2006 |
| 6 | Sarah P Condor-Fisher | MACS | 31.23 | 2014 |
| 7 | Bonnie Adair | SCAQ | 31.45 | 1993 |
| 8 | Ann Worthington | MVN | 31.56 | 2006 |
| 9 | Collette Sappey | TYR | 31.53 | 2006 |
| 10 | Arlette Godges | SCAQ | 31.89 | 2006 |

100 LC METER BUTTERFLY

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 1:03.38 | 2006 |
| 2 | Wenke K Seider | OJAI | 1:06.35 | 2013 |
| 3 | Gabrielle E Chang | SBM | 1:06.80 | 2017 |
| 4 | Cindy Bertelink | NOVA | 1:08.11 | 2019 |
| 5 | Arlette Godges | SCAQ | 1:12.27 | 2006 |
| 6 | Anna T Pettis-Scott | TYR | 1:13.67 | 2006 |
| 7 | Tami Engel | MVN | 1:15.61 | 2004 |
| 8 | Leslie B Monroe | CVMM | 1:16.79 | 2016 |
| 9 | Tina Jamieson | SWM | 1:16.83 | 2008 |
| 10 | Mary Jurey | SCAQ | 1:17.29 | 2009 |

200 LC METER BUTTERFLY

| | | | | |
|---|----------------------------|------------|----------------|-------------|
| 1 | Susan Von Der Lippe | TYR | 2:24.78 | 2006 |
| 2 | Heidi M Cough | NOVA | 2:46.34 | 2021 |
| 3 | Leslie B Monroe | CVMM | 2:54.88 | 2016 |
| 4 | Kelly Oliner | SCA | 2:56.66 | 2008 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|---|--------------------------|------------|----------------|-------------|
| 1 | Gabrielle E Chang | SBM | 2:30.64 | 2017 |
| 2 | Wenke K Seider | OJAI | 2:30.70 | 2013 |
| 3 | Amy S Collins | NOVA | 2:37.02 | 2013 |
| 4 | Marika Mc Cue | TYR | 2:41.91 | 2006 |

| | | | | | | | | | |
|----|------------------|------|---------|------|----|-----------------------------|------|---------|------|
| 5 | Tami Engel | MVN | 2:56.88 | 2004 | 5 | Rossella Pescatori | SCAQ | 2:42.67 | 2012 |
| 6 | Christie Ciraulo | UCLA | 3:08.15 | 1998 | 6 | Angela Grillo | SCAQ | 2:43.15 | 2019 |
| 7 | Deanna C Koehler | CVMM | 3:18.38 | 2013 | 7 | Maryanne Keever | UNAT | 2:43.47 | 1996 |
| 8 | Janet Royer | IHAC | 3:21.82 | 1981 | 8 | Jennifer A Finotti-Sheppard | CVMM | 2:45.12 | 2021 |
| 9 | Jean M Carlson | SBM | 3:27.52 | 2006 | 9 | Anastasia Kurteeva | WH2O | 2:46.06 | 2023 |
| 10 | Judith Tanenbaum | UNAT | 3:30.71 | 2008 | 10 | Kendra E Wilson | ROSE | 2:46.49 | 2021 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----------|---------------------------|-------------|----------------|-------------|
| 1 | Rossella Pescatori | SCAQ | 5:48.54 | 2012 |
| 2 | Leslie B Monroe | CVMM | 5:57.90 | 2016 |
| 3 | T J Sorenson | MVN | 6:06.77 | 2010 |
| 4 | Tami Engel | MVN | 6:12.09 | 2004 |
| 5 | Kelly Oliner | SCA | 6:16.11 | 2008 |
| 6 | Paula James | CLVM | 6:16.21 | 2003 |
| 7 | Christine Aloia | SBM | 6:17.36 | 2004 |
| 8 | Lucy Johnson | BSSC | 6:22.19 | 1987 |
| 9 | Stephanie Kramer | NOVA | 6:22.23 | 2015 |
| 10 | Janet Royer | IHAC | 6:34.12 | 1981 |

40-44 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----------|-----------------------|-------------|--------------|-------------|
| 1 | Erik Hochstein | SCAQ | 24.24 | 2008 |
| 2 | Anthony Ervin | GRA | 24.27 | 2023 |
| 3 | John Smith | TYR | 24.39 | 2006 |
| 4 | Chuck Ponthier | LAPS | 24.40 | 2006 |
| 5 | Rich Saeger | TYR | 24.57 | 2006 |
| 6 | Stanley Fujimoto | UNAT | 24.71 | 2002 |
| 7 | Kip Fulbeck | UCSB | 25.00 | 2006 |
| 8 | Felipe Delgado | NOVA | 25.02 | 2013 |
| 9 | Paul V Carter | SCAQ | 25.06 | 2001 |
| 10 | Brad A Hibbard | MVN | 25.32 | 2013 |

100 LC METER FREESTYLE

| | | | | |
|----------|-----------------------|-------------|--------------|-------------|
| 1 | Erik Hochstein | SCAQ | 52.10 | 2009 |
| 2 | Rich Saeger | TYR | 53.45 | 2006 |
| 3 | Paul V Carter | SCAQ | 54.03 | 2001 |
| 4 | Markus A Rogan | UCLA | 54.15 | 2023 |
| 5 | John Smith | TYR | 54.27 | 2006 |
| 6 | Christopher E Beach | SCAQ | 55.18 | 2009 |
| 7 | Dickie Fernandez | NOVA | 56.18 | 2012 |
| 8 | Michael L Power | UCSB | 56.29 | 2008 |
| 9 | Kip Fulbeck | UCSB | 56.47 | 2006 |
| 10 | Gerry P Leutner | MVN | 56.67 | 2004 |

200 LC METER FREESTYLE

| | | | | |
|----------|--------------------|------------|----------------|-------------|
| 1 | Rich Saeger | TYR | 1:55.06 | 2006 |
| 2 | Erik Hochstein | SCAQ | 1:55.70 | 2008 |
| 3 | Paul V Carter | SCAQ | 1:59.38 | 2001 |
| 4 | Mike Shaffer | VCM | 2:02.38 | 2006 |
| 5 | Ryan E Cox | MVN | 2:04.64 | 2013 |
| 6 | Gerry A Rodrigues | UCLA | 2:05.01 | 2005 |
| 7 | Jim McConica | VCM | 2:05.26 | 1993 |
| 8 | Steve West | NOVA | 2:06.18 | 2016 |
| 9 | Keith W Hughes | CLVM | 2:06.58 | 2002 |
| 10 | Dickie Fernandez | NOVA | 2:06.59 | 2012 |

400 LC METER FREESTYLE

| | | | | |
|----------|-----------------------|-------------|----------------|-------------|
| 1 | Erik Hochstein | SCAQ | 4:06.74 | 2009 |
| 2 | Mike G Shaffer | VCM | 4:20.09 | 2005 |
| 3 | Ryan E Cox | MVN | 4:20.36 | 2013 |
| 4 | Mark A Magee | LVM | 4:22.05 | 2009 |
| 5 | Gerry A Rodrigues | UCLA | 4:24.10 | 2005 |
| 6 | Clay Evans | SCAQ | 4:31.65 | 1994 |
| 7 | Keith W Hughes | CLVM | 4:32.92 | 2002 |
| 8 | Steve West | NOVA | 4:33.17 | 2014 |
| 9 | Yann J De Fabrique | NOVA | 4:33.29 | 2015 |
| 10 | Dan Wegner | LVM | 4:33.70 | 2013 |

800 LC METER FREESTYLE

| | | | | |
|----------|--------------------|------------|----------------|-------------|
| 1 | Ryan E Cox | MVN | 8:49.38 | 2013 |
| 2 | Mike Shaffer | VCM | 8:57.91 | 2006 |
| 3 | Gerry A Rodrigues | UCLA | 9:07.91 | 2005 |
| 4 | Yann J De Fabrique | NOVA | 9:11.50 | 2015 |
| 5 | Tim Hedrick | VCM | 9:22.64 | 2003 |
| 6 | Lyle Nalli | SAM | 9:28.27 | 2001 |
| 7 | David A Popko | RAA | 9:28.55 | 2017 |
| 8 | Roy A Berg | NOVA | 9:30.33 | 2008 |
| 9 | Byron Reidenbaugh | UNAT | 9:31.73 | 1993 |
| 10 | Randy Eickhoff | UCLA | 9:37.80 | 2006 |

1500 LC METER FREESTYLE

| | | | | |
|----------|-------------------|------------|-----------------|-------------|
| 1 | Ryan E Cox | MVN | 16:55.84 | 2013 |
| 2 | Mike G Shaffer | VCM | 17:09.14 | 2009 |
| 3 | Gerry A Rodrigues | UCLA | 17:26.47 | 2005 |
| 4 | Jim McConica | VCM | 17:47.09 | 1993 |
| 5 | Tim Hedrick | VCM | 18:14.41 | 2003 |
| 6 | Lyle A Nalli | SAM | 18:16.64 | 2001 |
| 7 | Fernando Gallud | UCLA | 18:20.21 | 2000 |
| 8 | Keith W Hughes | CLVM | 18:23.08 | 2002 |
| 9 | David A Popko | RAA | 18:33.48 | 2017 |
| 10 | David D Galluzzi | ROSE | 18:40.98 | 2018 |

50 LC METER BACKSTROKE

| | | | | |
|----------|--------------------|------------|--------------|-------------|
| 1 | Rich Saeger | TYR | 28.53 | 2006 |
| 2 | Jeff Natalizio | NOVA | 28.77 | 2022 |
| 3 | Clay Evans | SCAQ | 29.10 | 1996 |
| 4 | Peter O'Keefe | SCAQ | 29.38 | 1990 |
| 5 | James Ballard | WH2O | 29.66 | 1998 |
| 6 | Mike G Shaffer | VCM | 29.74 | 2008 |
| 7 | Nick J Fusedale | ROSE | 29.96 | 2015 |
| 8 | Frank A Wasko | NOVA | 30.20 | 2003 |
| 9 | Kurt Murdoch | LBG | 30.47 | 2006 |
| 10 | David M Sumner | MVN | 30.71 | 2013 |

100 LC METER BACKSTROKE

| | | | | |
|----------|--------------------|------------|----------------|-------------|
| 1 | Rich Saeger | TYR | 1:00.64 | 2006 |
| 2 | Peter O'Keefe | SCAQ | 1:03.39 | 1990 |
| 3 | Clay Evans | SCAQ | 1:04.49 | 1996 |
| 4 | Gary Quinn | WH2O | 1:05.51 | 1998 |
| 5 | Kurt Murdoch | LBG | 1:05.76 | 2006 |
| 6 | David D Galluzzi | ROSE | 1:06.25 | 2018 |
| 7 | Mike Shaffer | VCM | 1:07.00 | 2005 |
| 8 | Jeff Hoskinson | UCI | 1:07.09 | 2013 |
| 9 | Byron Reidenbaugh | UNAT | 1:07.40 | 1993 |
| 10 | Bernie Zeruhn | NOVA | 1:07.62 | 2012 |

200 LC METER BACKSTROKE

| | | | | |
|----------|-----------------------|-------------|----------------|-------------|
| 1 | Erik Hochstein | SCAQ | 2:14.37 | 2009 |
| 2 | Peter O'Keefe | SCAQ | 2:18.17 | 1990 |
| 3 | Clay Evans | SCAQ | 2:18.53 | 1994 |
| 4 | Gary Quinn | WH2O | 2:22.78 | 1998 |
| 5 | Lance Larson | TROJ | 2:23.66 | 1982 |
| 6 | Jeff Hoskinson | UCI | 2:24.72 | 2013 |
| 7 | David D Galluzzi | ROSE | 2:25.45 | 2018 |
| 8 | Frank A Wasko | NOVA | 2:26.10 | 2004 |
| 9 | Mike Shaffer | VCM | 2:26.37 | 2005 |
| 10 | Kurt L Murdoch | LBG | 2:28.60 | 2006 |

50 LC METER BREASTSTROKE

| | | | | |
|----------|---------------------|-------------|--------------|-------------|
| 1 | Steve West | NOVA | 29.29 | 2016 |
| 2 | Val Bagri | RYL | 30.32 | 2014 |
| 3 | Greg Rhodenbaugh | TYR | 31.13 | 2006 |
| 4 | Michael T Mason | ROSE | 31.47 | 2014 |
| 5 | Jeff Natalizio | NOVA | 31.98 | 2022 |
| 6 | Michael Hamm | LAPS | 32.71 | 1999 |
| 7 | Christopher E Beach | SCAQ | 32.79 | 2009 |
| 8 | Michael Ruffner | TYR | 32.82 | 2006 |
| 9 | Roy A Berg | NOVA | 32.98 | 2008 |
| 10 | Stephen J Ruffner | UNAT | 33.04 | 2001 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|---------------------|-------------|----------------|-------------|
| 1 | Steve T West | NOVA | 1:03.76 | 2012 |
| 2 | Val Bagri | RYL | 1:06.37 | 2015 |
| 3 | Michael J Ruffner | TYR | 1:08.28 | 2005 |
| 4 | Peter Wisner | CPM | 1:12.58 | 1987 |
| 5 | Michael T Mason | ROSE | 1:13.00 | 2014 |
| 6 | Michael Hamm | LAPS | 1:13.95 | 1999 |
| 7 | Ken A Ziskin | WSM | 1:14.27 | 1989 |
| 8 | Stephen J Ruffner | UNAT | 1:14.47 | 2001 |
| 9 | Paul Henne | SCAQ | 1:14.78 | 1989 |
| 10 | Terrance Tongate | MVN | 1:15.16 | 2004 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|-------------------|-------------|----------------|-------------|
| 1 | Steve West | NOVA | 2:18.57 | 2015 |
| 2 | Val Bagri | RYL | 2:27.67 | 2015 |
| 3 | Peter Wisner | CPM | 2:38.02 | 1987 |
| 4 | Mark A Magee | LVM | 2:42.59 | 2012 |
| 5 | Ken A Ziskin | WSM | 2:43.27 | 1989 |
| 6 | Michael Hamm | LAPS | 2:43.79 | 1999 |
| 7 | Sean Crowley | DSSM | 2:44.39 | 2006 |
| 8 | Brandon Day | ROSE | 2:46.52 | 2006 |
| 9 | Tom Reudy | WH2O | 2:46.56 | 1997 |
| 10 | Mauro Bordovsky | WH2O | 2:47.85 | 1998 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|-----------------------|-------------|--------------|-------------|
| 1 | Chuck Ponthier | LAPS | 26.32 | 2006 |
| 2 | Paul V Carter | SCAQ | 26.43 | 2001 |
| 3 | Mario L Marshall | GRA | 26.55 | 2022 |
| 4 | John Smith | TYR | 26.76 | 2006 |
| 5 | Mike G Shaffer | VCM | 26.98 | 2009 |
| 6 | Christopher E Beach | SCAQ | 26.99 | 2009 |
| 7 | Jeff Natalizio | NOVA | 27.08 | 2022 |
| 8 | Stanley Fujimoto | UNAT | 27.18 | 2002 |
| 9 | David M Sumner | MVN | 27.30 | 2013 |
| 10 | Clay Evans | SCAQ | 27.39 | 1994 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|----------------------|-------------|--------------|-------------|
| 1 | Paul V Carter | SCAQ | 57.57 | 2001 |
| 2 | Mario L Marshall | GRA | 58.67 | 2022 |
| 3 | Mike Shaffer | VCM | 58.70 | 2006 |
| 4 | James Belardi | SCAQ | 59.64 | 1997 |
| 5 | Chuck Ponthier | LAPS | 59.79 | 2006 |
| 6 | Mark A Magee | LVM | 1:00.92 | 2009 |
| 7 | Yann J De Fabrique | NOVA | 1:01.01 | 2015 |
| 8 | Roy A Berg | NOVA | 1:01.16 | 2008 |
| 9 | Joshua Schwartz | ROSE | 1:01.25 | 2019 |
| 10 | Lance Larson | TROJ | 1:02.05 | 1980 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|---------------------|------------|----------------|-------------|
| 1 | Mike Shaffer | VCM | 2:10.20 | 2006 |
| 2 | James Belardi | SCAQ | 2:11.53 | 1997 |
| 3 | Mark A Magee | LVM | 2:13.50 | 2009 |
| 4 | Joshua Schwartz | ROSE | 2:15.54 | 2019 |
| 5 | Daniel Sullivan | NOVA | 2:22.72 | 2001 |
| 6 | Michael Heather | UNAT | 2:22.78 | 1994 |
| 7 | Andrew Bo Luddy | MVN | 2:23.17 | 2022 |
| 8 | Lance Larson | TROJ | 2:27.47 | 1981 |
| 9 | Clay Evans | SCAQ | 2:27.74 | 1995 |
| 10 | Sabri Ozun | CLVM | 2:28.50 | 2003 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Markus A Rogan | UCLA | 2:08.63 | 2023 |
| 2 | Erik Hochstein | SCAQ | 2:14.13 | 2009 |
| 3 | Steve West | NOVA | 2:16.57 | 2013 |
| 4 | John Smith | TYR | 2:17.53 | 2006 |
| 5 | Michael J Ruffner | TYR | 2:18.41 | 2005 |
| 6 | Mark A Magee | LVM | 2:19.47 | 2009 |
| 7 | James Belardi | SCAQ | 2:20.67 | 1997 |
| 8 | Clay Evans | SCAQ | 2:20.80 | 1994 |
| 9 | Peter O'Keefe | SCAQ | 2:22.23 | 1990 |
| 10 | Byron Reidenbaugh | UNAT | 2:22.82 | 1993 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|---------------------|------------|----------------|-------------|
| 1 | Mark A Magee | LVM | 4:57.41 | 2009 |
| 2 | Mike Shaffer | VCM | 4:58.36 | 2006 |
| 3 | Clay Evans | SCAQ | 5:02.83 | 1994 |
| 4 | Byron Reidenbaugh | UNAT | 5:05.85 | 1993 |
| 5 | Lyle Nalli | SAM | 5:08.71 | 2001 |
| 6 | Jeff Hoskinson | UCI | 5:09.20 | 2013 |
| 7 | Erik Hochstein | SCAQ | 5:09.96 | 2009 |
| 8 | Ryan E Cox | MVN | 5:12.58 | 2015 |
| 9 | Lance Larson | TROJ | 5:15.84 | 1980 |
| 10 | Gerry A Rodrigues | UCLA | 5:16.26 | 2005 |

45-49 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|-----------------------|-------------|--------------|-------------|
| 1 | Melanie Thomas | UNAT | 27.09 | 2015 |
| 2 | Traci S Granger | LAPS | 29.07 | 2005 |
| 3 | Heather Shannon | UCLA | 29.18 | 2006 |
| 4 | Bonnie S Rogers | FMT | 29.50 | 2009 |
| 5 | Becky Cleavenger | CVMM | 29.65 | 2011 |
| 6 | Sarah P Condor-Fisher | MACS | 29.71 | 2018 |
| 7 | M Kleine Spang | WH2O | 29.97 | 2003 |
| 8 | Nancy L Leichter | ROSE | 30.15 | 2019 |
| 9 | Arlette A Godges | SCAQ | 30.16 | 2012 |
| 10 | Kari S Adams | LVM | 30.19 | 2012 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|--------------|-------------|
| 1 | Melanie Thomas | UNAT | 57.40 | 2015 |
| 2 | Gabrielle E Rose | UNAT | 58.44 | 2022 |
| 3 | Traci S Granger | LAPS | 1:05.61 | 2005 |
| 4 | Bonnie S Rogers | FMT | 1:05.83 | 2009 |
| 5 | Jenny L Cook | UCLA | 1:05.84 | 2006 |
| 6 | Sarah P Condor-Fisher | MVN | 1:05.91 | 2019 |
| 7 | Arlette A Godges | SCAQ | 1:06.03 | 2013 |
| 8 | Ana Fradkin | SCAQ | 1:06.10 | 2019 |
| 9 | Kari S Adams | LVM | 1:06.19 | 2012 |
| 10 | Becky Cleavenger | CVMM | 1:06.22 | 2011 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Susanne Simpson | NOVA | 2:15.27 | 2008 |
| 2 | Laurie Z Dodd | UCLA | 2:22.02 | 2017 |
| 3 | Kari S Adams | LVM | 2:22.03 | 2012 |
| 4 | Florence Aitken | LVM | 2:24.00 | 2015 |
| 5 | Joy M Leutner | MVN | 2:24.39 | 2004 |
| 6 | Denise H Brown | NOVA | 2:25.23 | 2008 |
| 7 | Eve G Maidenberg | CVMM | 2:25.94 | 2021 |
| 8 | Jenny L Cook | UCLA | 2:25.98 | 2006 |
| 9 | Becky Cleavenger | CVMM | 2:26.23 | 2012 |
| 10 | Arlette A Godges | SCAQ | 2:27.99 | 2013 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Susanne Simpson | NOVA | 4:43.14 | 2008 |
| 2 | Laurie Z Dodd | UCLA | 4:49.12 | 2017 |
| 3 | Denise H Brown | NOVA | 4:58.85 | 2008 |
| 4 | Amy L Dantzler | WH2O | 5:02.49 | 2011 |
| 5 | Florence Aitken | LVM | 5:03.13 | 2015 |
| 6 | Kari S Adams | LVM | 5:03.96 | 2012 |
| 7 | Joy M Leutner | MVN | 5:04.38 | 2004 |
| 8 | Eve G Maidenberg | CVMM | 5:05.87 | 2021 |
| 9 | Jenny Cook | UCLA | 5:08.71 | 2006 |
| 10 | Lisa E Broadfield | CMAC | 5:10.80 | 2023 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|--------------------------|-------------|----------------|-------------|
| 1 | Susanne B Simpson | NOVA | 9:46.88 | 2008 |
| 2 | Laurie Z Dodd | UCLA | 9:51.92 | 2017 |
| 3 | Denise Brown | NOVA | 10:04.43 | 2008 |
| 4 | Amy L Dantzler | WH2O | 10:18.44 | 2011 |
| 5 | Joy M Leutner | MVN | 10:25.24 | 2004 |
| 6 | Kari S Adams | LVM | 10:30.14 | 2012 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|----------------------|-------------|-----------------|-------------|
| 1 | Laurie Z Dodd | UCLA | 18:56.48 | 2017 |
| 2 | Denise H Brown | NOVA | 19:20.51 | 2008 |
| 3 | Amy L Dantzler | WH2O | 19:27.89 | 2011 |
| 4 | Joy Leutner | MVN | 20:14.02 | 2004 |
| 5 | Heidi Christensen | DSSM | 20:18.19 | 2003 |
| 6 | Leslie B Monroe | CVMM | 20:25.69 | 2019 |

| | | | | |
|----|--------------------|------|----------|------|
| 7 | Jenny Cook | UCLA | 10:31.75 | 2006 |
| 8 | Eve G Maidenberg | CVMM | 10:40.47 | 2021 |
| 9 | Leslie B Monroe | CVMM | 10:45.01 | 2019 |
| 10 | Rossella Pescatori | SCAQ | 10:47.60 | 2018 |

| | | | | |
|----|------------------|------|----------|------|
| 7 | Eve G Maidenberg | CVMM | 20:37.65 | 2021 |
| 8 | Kari S Adams | LVM | 20:42.62 | 2013 |
| 9 | Deanna C Koehler | CVMM | 20:47.83 | 2015 |
| 10 | Susan D Shore | WH2O | 21:29.31 | 2009 |

50 LC METER BACKSTROKE

| | | | | |
|----|----------------------|-------------|--------------|-------------|
| 1 | N Kirkpatrick | DSSM | 34.66 | 2000 |
| 2 | Nicole Perkins | SBM | 34.91 | 2017 |
| 3 | Jane E Mc Call | LAPS | 35.62 | 2005 |
| 4 | Susie Atwood | BEAC | 35.78 | 1998 |
| 5 | Beata M Konopka | CVMM | 36.03 | 2018 |
| 6 | Ana Fradkin | SCAQ | 36.22 | 2019 |
| 7 | Jenni Carlson | UCLA | 36.56 | 2015 |
| 8 | Elizabeth R Olsheim | MVN | 37.18 | 2019 |
| 9 | Mimi Frank | SBAY | 37.43 | 1992 |
| 10 | Stacey Bennett | NOVA | 37.50 | 2019 |

100 LC METER BACKSTROKE

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Susie Atwood | BEAC | 1:14.70 | 1998 |
| 2 | Nancy Kirkpatrick-Reno | DSSM | 1:18.46 | 2000 |
| 3 | Jane E Mc Call | LAPS | 1:19.08 | 2005 |
| 4 | T Sorenson | MVN | 1:20.83 | 2012 |
| 5 | Kristin K Balogh | LVM | 1:21.07 | 2017 |
| 6 | Paula James | CLVM | 1:21.60 | 2006 |
| 7 | Beata M Konopka | CVMM | 1:21.65 | 2018 |
| 8 | Rossella Pescatori | SCAQ | 1:22.57 | 2017 |
| 9 | Mimi Frank | SLUG | 1:22.62 | 1995 |
| 10 | Kristina J Neill | MVN | 1:22.83 | 2013 |

200 LC METER BACKSTROKE

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Susie Atwood | BEAC | 2:47.64 | 1998 |
| 2 | Jane E Mc Call | LAPS | 2:48.67 | 2005 |
| 3 | N Kirkpatrick | DSSM | 2:50.19 | 2000 |
| 4 | Cheryl A Simmons | ROSE | 2:52.91 | 2013 |
| 5 | Kristina J Neill | MVN | 2:54.21 | 2013 |
| 6 | Paula James | CLVM | 2:56.91 | 2004 |
| 7 | T Sorenson | MVN | 2:58.67 | 2011 |
| 8 | Ahelee Sue M Osborn | NOVA | 2:57.68 | 2007 |
| 9 | Colleen M Yanco | BGWM | 2:58.71 | 2006 |
| 10 | Mimi Frank | SBAY | 3:00.95 | 1992 |

50 LC METER BREASTSTROKE

| | | | | |
|----|-------------------------|-------------|--------------|-------------|
| 1 | Gabrielle E Rose | UNAT | 33.68 | 2022 |
| 2 | Wenke K Seider | OJAI | 36.17 | 2014 |
| 3 | Sarah P Condor-Fisher | MVN | 36.77 | 2019 |
| 4 | Rossella Pescatori | SCAQ | 38.25 | 2018 |
| 5 | Cheryl A Simmons | ROSE | 39.04 | 2016 |
| 6 | Karen L Melick | SCAQ | 39.10 | 2005 |
| 7 | Heather Shannon | UCLA | 39.16 | 2006 |
| 8 | Jennifer Weiderman | CVMM | 39.44 | 2014 |
| 9 | Joyce Slees | LAPS | 39.63 | 2023 |
| 10 | Nancy L Leichter | ROSE | 39.71 | 2019 |

100 LC METER BREASTSTROKE

| | | | | |
|----|-------------------------|------------|----------------|-------------|
| 1 | Gabrielle E Rose | SBM | 1:10.96 | 2023 |
| 2 | Wenke K Seider | OJAI | 1:15.95 | 2014 |
| 3 | Sarah P Condor-Fisher | MVN | 1:23.22 | 2019 |
| 4 | Rossella Pescatori | SCAQ | 1:23.67 | 2018 |
| 5 | Cheryl A Simmons | ROSE | 1:25.51 | 2016 |
| 6 | Karen Melick | SCAQ | 1:26.35 | 2002 |
| 7 | Jenny Cook | UCLA | 1:26.68 | 2006 |
| 8 | Nancy L Leichter | ROSE | 1:27.61 | 2017 |
| 9 | Joyce Slees | LAPS | 1:27.66 | 2023 |
| 10 | Jennifer Weiderman | CVMM | 1:27.93 | 2015 |

200 LC METER BREASTSTROKE

| | | | | |
|----|-------------------------|------------|----------------|-------------|
| 1 | Gabrielle E Rose | SBM | 2:32.86 | 2023 |
| 2 | Wenke K Seider | OJAI | 2:48.13 | 2014 |
| 3 | Rossella Pescatori | SCAQ | 3:00.47 | 2019 |
| 4 | Cheryl A Simmons | ROSE | 3:06.07 | 2016 |
| 5 | Karen Melick | SCAQ | 3:06.39 | 2002 |
| 6 | Jennifer Weiderman | CVMM | 3:11.70 | 2015 |
| 7 | Sharon C Otsuki | SBM | 3:12.65 | 2021 |
| 8 | Nancy L Leichter | ROSE | 3:15.33 | 2017 |
| 9 | Deanna C Koehler | CVMM | 3:17.19 | 2015 |
| 10 | Lisa J Augerson | MVN | 3:17.48 | 2008 |

50 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Wenke K Seider | OJAI | 29.04 | 2014 |
| 2 | Traci Granger | LAPS | 30.80 | 2004 |
| 3 | Bonnie S Rogers | FMT | 31.50 | 2009 |
| 4 | Arllette A Godges | SCAQ | 31.85 | 2013 |
| 5 | Kris Edwards | BGWM | 32.14 | 2006 |
| 6 | Sarah P Condor-Fisher | MVN | 32.20 | 2019 |
| 7 | Stacey A Bennett | NOVA | 32.21 | 2018 |
| 8 | Jane E Mc Call | LAPS | 32.52 | 2005 |
| 9 | Ana Fradkin | SCAQ | 32.62 | 2019 |
| 10 | Kari S Adams | LVM | 32.66 | 2013 |

100 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Wenke K Seider | OJAI | 1:04.96 | 2014 |
| 2 | Traci S Granger | LAPS | 1:09.85 | 2005 |
| 3 | Susanne B Simpson | NOVA | 1:12.58 | 2008 |
| 4 | Arllette A Godges | SCAQ | 1:12.65 | 2013 |
| 5 | Stacey A Bennett | NOVA | 1:12.92 | 2018 |
| 6 | Jane McCall | LAPS | 1:13.48 | 2004 |
| 7 | Jenny Cook | UCLA | 1:15.31 | 2006 |
| 8 | Laurie Z Dodd | UCLA | 1:16.35 | 2017 |
| 9 | Ana Fradkin | SCAQ | 1:16.37 | 2019 |
| 10 | Kari S Adams | LVM | 1:16.52 | 2012 |

200 LC METER BUTTERFLY

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Traci S Granger | LAPS | 2:46.11 | 2005 |
| 2 | Laurie Z Dodd | UCLA | 2:47.65 | 2017 |
| 3 | Stacey A Bennett | NOVA | 2:49.69 | 2019 |
| 4 | Denise Brown | NOVA | 2:49.82 | 2008 |
| 5 | Joy M Leutner | MVN | 2:50.36 | 2004 |
| 6 | Leslie B Monroe | CVMM | 2:51.67 | 2019 |
| 7 | Maureen E Mac Donald | SCAQ | 2:54.02 | 2009 |
| 8 | Lisa E Broadfield | CMAC | 2:56.82 | 2023 |
| 9 | Deanna C Koehler | CVMM | 3:10.61 | 2015 |
| 10 | Sherry Kittrell | PCA | 3:21.22 | 2000 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-------------------------|------------|----------------|-------------|
| 1 | Gabrielle E Rose | SBM | 2:20.41 | 2023 |
| 2 | Wenke K Seider | OJAI | 2:28.42 | 2014 |
| 3 | Traci S Granger | LAPS | 2:44.33 | 2005 |
| 4 | Jenny Cook | UCLA | 2:44.81 | 2006 |
| 5 | Jane E Mc Call | LAPS | 2:46.19 | 2005 |
| 6 | Cheryl A Simmons | ROSE | 2:49.52 | 2012 |
| 7 | Rossella Pescatori | SCAQ | 2:50.34 | 2019 |
| 8 | Stacey A Bennett | NOVA | 2:51.12 | 2019 |
| 9 | Nancy Kirkpatrick | DSSM | 2:52.21 | 2000 |
| 10 | Phyllis A Alvarez | UCI | 2:53.11 | 2004 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Laurie Z Dodd | UCLA | 5:44.17 | 2017 |
| 2 | Jenny Cook | UCLA | 5:52.29 | 2006 |
| 3 | Denise H Brown | NOVA | 5:57.67 | 2008 |
| 4 | Joy M Leutner | MVN | 6:01.20 | 2004 |
| 5 | Cheryl A Simmons | ROSE | 6:01.90 | 2015 |
| 6 | T J Sorenson | MVN | 6:08.68 | 2011 |
| 7 | Paula James | CLVM | 6:17.17 | 2004 |
| 8 | Maureen E Mac Donald | SCAQ | 6:17.35 | 2009 |
| 9 | Deanna C Koehler | CVMM | 6:21.89 | 2015 |
| 10 | Colleen M Yanco | BGWM | 6:22.32 | 2006 |

45-49 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|---|-------------------|------------|--------------|-------------|
| 1 | Paul Smith | TYR | 24.29 | 2006 |
|---|-------------------|------------|--------------|-------------|

100 LC METER FREESTYLE

| | | | | |
|---|------------------------|-------------|--------------|-------------|
| 1 | Nicolas Granger | ROSE | 53.77 | 2016 |
|---|------------------------|-------------|--------------|-------------|

| | | | | |
|----|------------------|------|-------|------|
| 2 | Matthew N Biondi | CVMM | 25.03 | 2014 |
| 3 | Rich E Saeger | MVN | 25.14 | 2013 |
| 4 | Nicolas Granger | ROSE | 25.23 | 2016 |
| 5 | Michael J Boosin | CVMM | 25.29 | 2014 |
| 6 | Steve West | NOVA | 25.53 | 2019 |
| 7 | Dan Wegner | LVM | 25.85 | 2017 |
| 8 | Kevin R Quinn | ROSE | 25.93 | 2023 |
| 9 | Michael L Power | SBM | 25.94 | 2013 |
| 10 | Paul V Carter | NOVA | 26.06 | 2005 |

| | | | | |
|----|------------------|------|-------|------|
| 2 | Matthew N Biondi | CVMM | 54.10 | 2014 |
| 3 | Paul L Smith | TYR | 54.41 | 2006 |
| 4 | Rich E Saeger | MVN | 55.20 | 2013 |
| 5 | Paul Carter | SCAQ | 55.35 | 2002 |
| 6 | Steve West | NOVA | 56.09 | 2018 |
| 7 | Michael L Power | SBM | 56.81 | 2013 |
| 8 | Dan Wegner | LVM | 56.91 | 2019 |
| 9 | Michael J Boosin | SCAQ | 57.64 | 2013 |
| 10 | Gerry Rodrigues | UCLA | 57.90 | 2007 |

200 LC METER FREESTYLE

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Nicolas Granger | ROSE | 1:58.08 | 2016 |
| 2 | Paul Smith | TYR | 2:00.44 | 2006 |
| 3 | Rich E Saeger | MVN | 2:03.27 | 2013 |
| 4 | Jim McConica | VCM | 2:04.36 | 1999 |
| 5 | Dan Wegner | LVM | 2:04.40 | 2017 |
| 6 | Gerry A Rodrigues | UCLA | 2:05.51 | 2007 |
| 7 | Ryan E Cox | MVN | 2:05.76 | 2019 |
| 8 | David D Galluzzi | ROSE | 2:07.10 | 2019 |
| 9 | Lyle Nalli | SCAQ | 2:10.17 | 2005 |
| 10 | Peter O'Keefe | SCAQ | 2:10.21 | 1995 |

400 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Jim McConica | VCM | 4:21.16 | 1999 |
| 2 | Ryan E Cox | MVN | 4:23.53 | 2019 |
| 3 | Gerry A Rodrigues | UCLA | 4:25.72 | 2007 |
| 4 | Dan Wegner | LVM | 4:27.53 | 2017 |
| 5 | David D Galluzzi | ROSE | 4:29.51 | 2019 |
| 6 | Lyle Nalli | SCAQ | 4:33.41 | 2005 |
| 7 | Lincoln P Djang | MVN | 4:34.35 | 2005 |
| 8 | Mark A Magee | LVM | 4:36.29 | 2014 |
| 9 | Brad M Shenfeld | UCLA | 4:38.38 | 2019 |
| 10 | Kurtis C Baron | VCM | 4:38.88 | 2009 |

800 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Jim McConica | VCM | 8:58.84 | 1999 |
| 2 | Ryan E Cox | MVN | 9:15.37 | 2019 |
| 3 | Gerry A Rodrigues | UCLA | 9:20.70 | 2007 |
| 4 | Mike G Shaffer | VCM | 9:27.90 | 2010 |
| 5 | David D Galluzzi | ROSE | 9:29.11 | 2019 |
| 6 | Lincoln P Djang | MVN | 9:32.74 | 2005 |
| 7 | Lyle Nalli | SCAQ | 9:33.10 | 2005 |
| 8 | Mark A Magee | LVM | 9:36.55 | 2014 |
| 9 | Brad M Shenfeld | UCLA | 9:37.73 | 2019 |
| 10 | Fernando Gallud | NOVA | 9:41.48 | 2006 |

1500 LC METER FREESTYLE

| | | | | |
|----|-------------------|------------|-----------------|-------------|
| 1 | Ryan E Cox | MVN | 17:25.32 | 2019 |
| 2 | Mike G Shaffer | VCM | 17:44.14 | 2012 |
| 3 | Craig M Nadel | SCAQ | 17:44.90 | 2009 |
| 4 | David D Galluzzi | ROSE | 18:05.98 | 2019 |
| 5 | Lyle Nalli | SCAQ | 18:23.34 | 2005 |
| 6 | Doug J Koehler | CVMM | 18:32.19 | 2014 |
| 7 | Buzz Harper | LAPS | 18:42.18 | 2005 |
| 8 | Michael D Collins | NOVA | 18:45.01 | 2013 |
| 9 | Simon A Millar | UCLA | 18:49.55 | 2013 |
| 10 | Jonathan A Edge | SCMC | 18:53.68 | 2013 |

50 LC METER BACKSTROKE

| | | | | |
|----|----------------------|-------------|--------------|-------------|
| 1 | James Ballard | WH2O | 29.75 | 2003 |
| 2 | Michael J Boosin | CVMM | 30.00 | 2014 |
| 3 | Frank Wasko | NOVA | 30.10 | 2006 |
| 4 | David D Galluzzi | ROSE | 30.45 | 2019 |
| 5 | Mike G Shaffer | VCM | 30.51 | 2012 |
| 6 | Dan Wegner | LVM | 30.55 | 2017 |
| 7 | Peter O'Keefe | SCAQ | 30.59 | 1995 |
| 8 | Bryan V Jennings | LVM | 30.62 | 2010 |
| 9 | David M Sumner | MVN | 31.29 | 2019 |
| 10 | Wayne Deloney | MVN | 31.32 | 2006 |

100 LC METER BACKSTROKE

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Rich E Saeger | MVN | 1:02.22 | 2012 |
| 2 | James Ballard | WH2O | 1:03.56 | 2003 |
| 3 | Bryan V Jennings | LVM | 1:04.65 | 2010 |
| 4 | David D Galluzzi | ROSE | 1:05.34 | 2019 |
| 5 | Peter O'Keefe | SCAQ | 1:05.64 | 1995 |
| 6 | Matthew E Nance | SCAQ | 1:06.02 | 2011 |
| 7 | Dan Wegner | LVM | 1:06.35 | 2017 |
| 8 | Michael J Boosin | SCAQ | 1:07.86 | 2013 |
| 9 | Frank Wasko | NOVA | 1:08.46 | 2010 |
| 10 | Wayne A Deloney | MVN | 1:09.30 | 2009 |

200 LC METER BACKSTROKE

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Rich E Saeger | MVN | 2:13.37 | 2012 |
| 2 | David D Galluzzi | ROSE | 2:22.43 | 2019 |
| 3 | Peter O'Keefe | SCAQ | 2:23.84 | 1995 |
| 4 | Buzz Harper | LAPS | 2:24.28 | 2006 |
| 5 | James Ballard | WH2O | 2:24.84 | 2003 |
| 6 | Lincoln Djang | MVN | 2:25.06 | 2004 |
| 7 | Bryan V Jennings | LVM | 2:25.43 | 2010 |
| 8 | Frank A Wasko | NOVA | 2:28.08 | 2005 |
| 9 | Dan Wegner | LVM | 2:28.69 | 2019 |
| 10 | Ed Bartsch | TROJ | 2:31.90 | 1989 |

50 LC METER BREASTSTROKE

| | | | | |
|----|---------------------|-------------|--------------|-------------|
| 1 | Steve West | NOVA | 29.42 | 2019 |
| 2 | Richard Schroeder | SBM | 30.27 | 2006 |
| 3 | Nicolas Granger | ROSE | 30.51 | 2016 |
| 4 | Tryggvi Helgason | LVM | 32.75 | 2009 |
| 5 | Gerard Von Hoffmann | NOVA | 33.13 | 2004 |
| 6 | Bob A Ward | OJAI | 33.25 | 2009 |
| 7 | Terry Tongate | NOVA | 33.40 | 2006 |
| 8 | Philip John Templin | UCI | 33.49 | 2002 |
| 9 | David M Sumner | MVN | 33.52 | 2019 |
| 10 | Peter Wisner | UNAT | 33.92 | 1992 |

100 LC METER BREASTSTROKE

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Steve West | NOVA | 1:04.77 | 2019 |
| 2 | Val Bagri | RYL | 1:08.05 | 2022 |
| 3 | Richard Schroeder | SBM | 1:08.92 | 2006 |
| 4 | Tryggvi Helgason | LVM | 1:12.44 | 2009 |
| 5 | Peter Wisner | UNAT | 1:13.95 | 1992 |
| 6 | Jay Olson | WH2O | 1:13.99 | 1998 |
| 7 | Doug J Koehler | CVMM | 1:14.46 | 2014 |
| 8 | Bob A Ward | OJAI | 1:15.47 | 2009 |
| 9 | Gerard Von Hoffmann | NOVA | 1:15.48 | 2005 |
| 10 | Philip John Templin | UCI | 1:15.68 | 2001 |

200 LC METER BREASTSTROKE

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Steve West | NOVA | 2:19.44 | 2018 |
| 2 | Peter Wisner | UNAT | 2:41.88 | 1992 |
| 3 | Doug J Koehler | CVMM | 2:43.83 | 2014 |
| 4 | Gerard Von Hoffmann | NOVA | 2:45.62 | 2005 |
| 5 | Brian E Kelca | UCI | 2:45.69 | 2005 |
| 6 | Tryggvi Helgason | LVM | 2:47.14 | 2009 |
| 7 | Michael D Lucero | GRA | 2:47.59 | 2015 |
| 8 | Philip John Templin | UCI | 2:48.64 | 2002 |
| 9 | Bob A Ward | OJAI | 2:48.89 | 2009 |
| 10 | Mauro Bordovsky | WH2O | 2:48.96 | 2003 |

50 LC METER BUTTERFLY

| | | | | |
|----|-------------------|------------|--------------|-------------|
| 1 | Paul Smith | TYR | 25.90 | 2006 |
| 2 | Paul Carter | SCAQ | 26.12 | 2002 |
| 3 | Nicolas Granger | ROSE | 26.99 | 2016 |
| 4 | James Ballard | WH2O | 27.19 | 2003 |
| 5 | Peter F Egan | SCAQ | 27.37 | 2009 |
| 6 | David M Sumner | MVN | 27.57 | 2016 |
| 7 | Mike G Shaffer | VCM | 27.62 | 2014 |
| 8 | Brian E Kelca | UCI | 27.63 | 2005 |
| 9 | Michael L Power | SBM | 27.82 | 2013 |
| 10 | Frank A Wasko | NOVA | 27.92 | 2005 |

100 LC METER BUTTERFLY

| | | | | |
|----|--------------------|-------------|--------------|-------------|
| 1 | Paul Carter | SCAQ | 56.42 | 2002 |
| 2 | Paul Smith | TYR | 59.04 | 2006 |
| 3 | Mike G Shaffer | VCM | 1:00.51 | 2013 |
| 4 | Jim Belardi | SCAQ | 1:00.69 | 2002 |
| 5 | Brian E Kelca | UCI | 1:01.06 | 2005 |
| 6 | James Ballard | WH2O | 1:01.43 | 2003 |
| 7 | Boo Graner Gallas | SLUG | 1:02.47 | 1996 |
| 8 | Mark Hontas | SCA | 1:02.82 | 2009 |
| 9 | Sabri Ozun | LVM | 1:03.05 | 2008 |
| 10 | Mark A Magee | LVM | 1:03.65 | 2013 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|--------------------|-------------|----------------|-------------|
| 1 | Paul Carter | SCAQ | 2:10.97 | 2002 |
| 2 | Mike G Shaffer | VCM | 2:13.93 | 2014 |
| 3 | Jim Belardi | SCAQ | 2:14.96 | 2002 |
| 4 | Mark A Magee | LVM | 2:20.65 | 2014 |
| 5 | Boo Graner Gallas | SLUG | 2:21.84 | 1996 |
| 6 | Brian E Kelca | UCI | 2:24.79 | 2005 |
| 7 | Mark Hontas | SCA | 2:25.03 | 2009 |
| 8 | Daniel Sullivan | UCI | 2:25.05 | 2005 |
| 9 | Sabri Ozun | LVM | 2:26.01 | 2008 |
| 10 | Lincoln Djang | MVN | 2:30.19 | 2004 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|-------------|----------------|-------------|
| 1 | Nicolas Granger | ROSE | 2:10.09 | 2016 |
| 2 | Steve West | NOVA | 2:16.42 | 2018 |
| 3 | Paul Carter | SCAQ | 2:19.69 | 2002 |
| 4 | Lincoln P Djang | MVN | 2:22.21 | 2005 |
| 5 | Matthew E Nance | SCAQ | 2:24.88 | 2011 |
| 6 | Mark A Magee | LVM | 2:25.51 | 2013 |
| 7 | Ryan E Cox | MVN | 2:25.60 | 2019 |
| 8 | Tom Reudy | WH2O | 2:26.43 | 2003 |
| 9 | Peter F Egan | SCAQ | 2:27.45 | 2009 |
| 10 | Bryan V Jennings | LVM | 2:27.65 | 2010 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|-------------|----------------|-------------|
| 1 | Nicolas Granger | ROSE | 4:46.41 | 2016 |
| 2 | Ryan E Cox | MVN | 5:04.15 | 2019 |
| 3 | Lincoln Djang | MVN | 5:04.67 | 2004 |
| 4 | Mark A Magee | LVM | 5:04.85 | 2014 |
| 5 | Lyle Nalli | SCAQ | 5:15.90 | 2005 |
| 6 | Buzz Harper | LAPS | 5:16.88 | 2006 |
| 7 | Doug J Koehler | CVMM | 5:21.58 | 2014 |
| 8 | Jeff Hoskinson | NOVA | 5:25.16 | 2019 |
| 9 | Bruce R Hatton | WH2O | 5:27.33 | 2003 |
| 10 | Michael D Collins | NOVA | 5:30.19 | 2012 |

50-54 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|-----------------------|-------------|--------------|-------------|
| 1 | Melanie Thomas | NOVA | 29.58 | 2021 |
| 2 | Lisa L Schoenneman | CVMM | 29.68 | 2014 |
| 3 | Arlette A Godges | CVMM | 29.73 | 2016 |
| 4 | Katie Osborne | NOVA | 29.74 | 2013 |
| 5 | Becky Cleavenger | CVMM | 29.75 | 2013 |
| 6* | Ahelee Sue M Osborn | NOVA | 29.87 | 2008 |
| 6* | Melissa Going | MVN | 29.87 | 2019 |
| 8 | Trina R Schaetz | NOVA | 30.05 | 2023 |
| 9 | Traci S Granger | LAPS | 30.64 | 2012 |
| 10* | Jenny L Cook | UCLA | 30.68 | 2011 |
| 10* | Jelena Kunovac | LVM | 30.68 | 2018 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Melanie Thomas | NOVA | 1:01.82 | 2021 |
| 2 | Lisa L Schoenneman | CVMM | 1:05.05 | 2014 |
| 3 | Arlette A Godges | CVMM | 1:05.17 | 2017 |
| 4 | Jill E Gellatly | CVMM | 1:05.49 | 2019 |
| 5 | Jenny L Cook | SCAQ | 1:05.84 | 2010 |
| 6 | Leslie Daland-James | CVMM | 1:06.17 | 2019 |
| 7 | Ahelee Sue M Osborn | NOVA | 1:06.41 | 2008 |
| 8 | Becky Cleavenger | CVMM | 1:06.43 | 2016 |
| 9 | Katie Osborne | NOVA | 1:06.52 | 2013 |
| 10 | Stacey S Warmuth | VCM | 1:08.25 | 2008 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Jill E Gellatly | CVMM | 2:20.15 | 2019 |
| 2 | Jenny L Cook | SCAQ | 2:22.71 | 2010 |
| 3 | Ahelee Sue M Osborn | MVN | 2:23.39 | 2009 |
| 4 | Becky Cleavenger | CVMM | 2:23.61 | 2013 |
| 5 | Katie Osborne | NOVA | 2:26.80 | 2013 |
| 6 | Stacey S Warmuth | VCM | 2:27.66 | 2008 |
| 7 | Susanne B Simpson | NOVA | 2:27.90 | 2012 |
| 8 | Arlette A Godges | CVMM | 2:28.98 | 2014 |
| 9 | Jane A Hoag | MVN | 2:29.20 | 2019 |
| 10 | Kari S Adams | LVM | 2:29.31 | 2016 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Jill E Gellatly | CVMM | 4:49.13 | 2019 |
| 2 | Jenny L Cook | SCAQ | 4:58.64 | 2008 |
| 3 | Ahelee Sue Osborn | NOVA | 5:01.06 | 2008 |
| 4 | Jane A Hoag | MVN | 5:02.44 | 2019 |
| 5 | Becky Cleavenger | CVMM | 5:04.94 | 2013 |
| 6 | Susanne B Simpson | NOVA | 5:04.95 | 2012 |
| 7 | Stacey S Warmuth | VCM | 5:08.47 | 2008 |
| 8 | Carolyn Battin | CLVM | 5:13.81 | 2006 |
| 9 | Kari S Adams | LVM | 5:14.25 | 2016 |
| 10 | Emily J Odgers | NOVA | 5:14.39 | 2022 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|-----------------|-------------|
| 1 | Jill E Gellatly | CVMM | 10:03.33 | 2019 |
| 2 | Jane A Hoag | MVN | 10:10.17 | 2019 |
| 3 | Jenny L Cook | SCAQ | 10:19.65 | 2008 |
| 4 | Susanne B Simpson | NOVA | 10:21.35 | 2012 |
| 5 | Christie Ciraulo | UCLA | 10:43.62 | 2005 |
| 6 | Heidi L Christensen | CSAM | 10:44.80 | 2009 |
| 7 | Kathi Lindstrom | MVN | 10:45.68 | 2003 |
| 8 | Carolyn Battin | CLVM | 10:45.74 | 2006 |
| 9 | Becky Cleavenger | CVMM | 10:51.65 | 2016 |
| 10 | Linda J Simons | CTM | 10:52.18 | 2018 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|------------------------|-------------|-----------------|-------------|
| 1 | Jill E Gellatly | CVMM | 19:00.94 | 2019 |
| 2 | Jane A Hoag | MVN | 19:16.88 | 2019 |
| 3 | Jenny L Cook | SCAQ | 20:27.20 | 2010 |
| 4 | Heidi L Christensen | CSAM | 20:28.20 | 2009 |
| 5 | Kathi Lindstrom | MVN | 20:33.27 | 2003 |
| 6 | Carolyn Battin | LVM | 20:51.07 | 2007 |
| 7 | Ahelee Sue M Osborn | NOVA | 20:53.69 | 2008 |
| 8 | Christie Ciraulo | UCLA | 20:56.41 | 2005 |
| 9 | Becky Cleavenger | CVMM | 20:58.32 | 2013 |
| 10 | Debbie D Richardson | LAPS | 21:01.58 | 2013 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|----------------------|-------------|--------------|-------------|
| 1 | Lisa N Hilger | ROSE | 34.18 | 2012 |
| 2 | Jelena A Kunovac | LVM | 34.39 | 2017 |
| 3 | Ahelee Sue M Osborn | MVN | 34.94 | 2009 |
| 4 | Jane A Hoag | MVN | 34.98 | 2019 |
| 5 | Michele N Merritt | NOVA | 35.15 | 2019 |
| 6 | Beata M Konopka | CVMM | 36.05 | 2019 |
| 7 | Stacey S Warmuth | VCM | 36.33 | 2008 |
| 8 | Jill E Gellatly | CVMM | 36.39 | 2019 |
| 9 | Heather W Meckelborg | SBM | 37.25 | 2023 |
| 10 | Karen Sing | NOVA | 37.28 | 2008 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|--------------------|------------|----------------|-------------|
| 1 | Jane A Hoag | MVN | 1:14.46 | 2019 |
| 2 | Ahelee Sue Osborn | NOVA | 1:15.70 | 2008 |
| 3 | Lisa N Hilger | ROSE | 1:15.82 | 2013 |
| 4 | Jelena A Kunovac | LVM | 1:17.12 | 2018 |
| 5 | Jill E Gellatly | CVMM | 1:17.20 | 2019 |
| 6 | Heather Meckelborg | SBM | 1:18.98 | 2023 |
| 7 | Stacey S Warmuth | VCM | 1:19.88 | 2008 |
| 8 | Katie Osborne | NOVA | 1:20.37 | 2016 |
| 9 | Beata M Konopka | CVMM | 1:22.34 | 2019 |
| 10 | Paula James | LVM | 1:22.53 | 2009 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------|------------|----------------|-------------|
| 1 | Jane A Hoag | MVN | 2:41.08 | 2019 |
| 2 | Jill E Gellatly | CVMM | 2:41.89 | 2019 |
| 3 | Ahelee Sue M Osborn | MVN | 2:42.91 | 2009 |
| 4 | Lisa N Hilger | ROSE | 2:46.49 | 2012 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|------------------------|-------------|--------------|-------------|
| 1 | Trina R Schaetz | NOVA | 36.73 | 2023 |
| 2 | Jenny L Cook | SCAQ | 39.09 | 2008 |
| 3 | Melissa Going | MVN | 39.29 | 2019 |
| 4 | Jennifer Weiderman | CVMM | 39.44 | 2018 |

| | | | | |
|----|-----------------------|------|---------|------|
| 5 | Heather W Meckelborg | SBM | 2:49.23 | 2023 |
| 6 | Cheryl A Simmons | ROSE | 2:54.73 | 2017 |
| 7 | Bonnie L Spivey | MVN | 2:55.26 | 2012 |
| 8 | Becky Cleavenger | CVMM | 2:56.71 | 2015 |
| 9 | Marion B Schoneberger | SBM | 2:58.39 | 2005 |
| 10 | Marci Baun | SCAQ | 2:58.98 | 2019 |

| | | | | |
|----|---------------------|------|-------|------|
| 5 | Karen Melick | SCAQ | 39.69 | 2007 |
| 6 | Deena Esparza | SCA | 39.71 | 2015 |
| 7 | Cheryl A Simmons | ROSE | 40.10 | 2017 |
| 8 | Arlette A Godes | CVMM | 40.38 | 2016 |
| 9 | Ahelee Sue M Osborn | MVN | 40.42 | 2009 |
| 10 | Lisa L Schoenneman | UNAT | 40.80 | 2013 |

100 LC METER BREASTSTROKE

| | | | | |
|----|-------------------------|-------------|----------------|-------------|
| 1 | Trina R Schaeztz | NOVA | 1:23.81 | 2023 |
| 2 | Jenny L Cook | SCAQ | 1:24.06 | 2010 |
| 3 | Cheryl A Simmons | ROSE | 1:26.33 | 2019 |
| 4 | Karen Melick | SCAQ | 1:27.26 | 2007 |
| 5 | Jennifer Weiderman | CVMM | 1:27.70 | 2018 |
| 6 | Melissa Going | MVN | 1:28.06 | 2019 |
| 7 | Ahelee Sue M Osborn | NOVA | 1:28.07 | 2008 |
| 8 | Deena Esparza | SCA | 1:28.33 | 2015 |
| 9 | Nancy L Leichter | ROSE | 1:31.00 | 2022 |
| 10 | Arlette A Godes | CVMM | 1:32.43 | 2018 |

200 LC METER BREASTSTROKE

| | | | | |
|----|--------------------|-------------|----------------|-------------|
| 1 | Jenny Cook | SCAQ | 3:05.84 | 2008 |
| 2 | Cheryl A Simmons | ROSE | 3:07.18 | 2017 |
| 3 | Deena Esparza | SCA | 3:07.80 | 2015 |
| 4 | Jane A Hoag | MVN | 3:07.80 | 2019 |
| 5 | Karen Melick | SCAQ | 3:08.65 | 2007 |
| 6 | Jennifer Weiderman | CVMM | 3:10.00 | 2018 |
| 7 | Jill E Gellatly | CVMM | 3:19.61 | 2019 |
| 8 | Paula James | LVM | 3:21.71 | 2009 |
| 9 | Cheri Ellington | SCMC | 3:22.82 | 2009 |
| 10 | Carolyn H Battin | CLVM | 3:22.88 | 2004 |

50 LC METER BUTTERFLY

| | | | | |
|----|------------------------|-------------|--------------|-------------|
| 1 | Arlette A Godes | CVMM | 32.11 | 2018 |
| 2 | Lisa L Schoenneman | CVMM | 32.49 | 2014 |
| 3 | Christie Ciraulo | UCLA | 32.59 | 2006 |
| 4 | Kris E Edwards | BGWM | 32.67 | 2013 |
| 5 | Katie Osborne | NOVA | 32.81 | 2013 |
| 6 | Ahelee Sue Osborn | NOVA | 33.05 | 2008 |
| 7 | Jenny L Cook | SCAQ | 33.22 | 2009 |
| 8 | Jane E Mc Call | LAPS | 33.37 | 2010 |
| 9 | Stacey S Warmuth | VCM | 33.47 | 2008 |
| 10 | Deena Esparza | SCA | 33.78 | 2015 |

100 LC METER BUTTERFLY

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Jenny L Cook | SCAQ | 1:13.97 | 2010 |
| 2 | Christie Ciraulo | UCLA | 1:14.99 | 2005 |
| 3 | Susanne B Simpson | NOVA | 1:15.11 | 2012 |
| 4 | Arlette A Godes | CVMM | 1:15.25 | 2017 |
| 5 | Kari S Adams | LVM | 1:15.61 | 2016 |
| 6 | Jane A Hoag | MVN | 1:18.19 | 2019 |
| 7 | Katie Osborne | NOVA | 1:18.61 | 2013 |
| 8 | Becky Cleavenger | CVMM | 1:19.63 | 2014 |
| 9 | Jane E Mc Call | LAPS | 1:20.41 | 2010 |
| 10 | Cindy J Braden | SBM | 1:20.64 | 2013 |

200 LC METER BUTTERFLY

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Jenny L Cook | SCAQ | 2:43.11 | 2008 |
| 2 | Traci S Granger | LAPS | 2:49.54 | 2012 |
| 3 | Susanne B Simpson | NOVA | 2:49.59 | 2012 |
| 4 | Christie Ciraulo | UCLA | 3:04.83 | 2005 |
| 5 | Cindy J Braden | SBM | 3:08.82 | 2013 |
| 6 | Kayley N Vernallis | ROSE | 3:13.49 | 2012 |
| 7 | Gail Peters-Roper | UNAT | 3:15.92 | 1982 |
| 8 | Jennifer Weiderman | CVMM | 3:16.49 | 2018 |
| 9 | Colleen M Yanco | NOVA | 3:18.82 | 2013 |
| 10 | Sherry Kittrell | UNAT | 3:26.79 | 2003 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Jenny L Cook | SCAQ | 2:39.49 | 2008 |
| 2 | Jill E Gellatly | CVMM | 2:40.79 | 2019 |
| 3 | Ahelee Sue M Osborn | MVN | 2:43.03 | 2009 |
| 4 | Becky Cleavenger | CVMM | 2:51.94 | 2015 |
| 5 | Cheryl A Simmons | ROSE | 2:53.57 | 2017 |
| 6 | Deena Esparza | SCA | 2:54.60 | 2015 |
| 7 | Jennifer Weiderman | CVMM | 2:54.93 | 2018 |
| 8 | Bonnie L Spivey | MVN | 2:55.78 | 2012 |
| 9 | Marion B Schoneberger | SBM | 2:56.67 | 2005 |
| 10 | Kathi Lindstrom | MVN | 2:57.84 | 2003 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Jane A Hoag | MVN | 5:40.79 | 2019 |
| 2 | Jill E Gellatly | CVMM | 5:45.53 | 2019 |
| 3 | Jenny L Cook | SCAQ | 5:49.32 | 2008 |
| 4 | Bonnie L Spivey | MVN | 6:07.01 | 2009 |
| 5 | Cheryl A Simmons | ROSE | 6:08.24 | 2019 |
| 6 | Ahelee Sue M Osborn | NOVA | 6:11.33 | 2008 |
| 7 | Jennifer Weiderman | CVMM | 6:16.01 | 2018 |
| 8 | Paula James | LVM | 6:23.78 | 2009 |
| 9 | Gail Peters-Roper | UNAT | 6:35.20 | 1982 |
| 10 | Katie Osborne | NOVA | 6:46.01 | 2014 |

50-54 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|-------------------------|-------------|--------------|-------------|
| 1 | Michael J Boosin | CVMM | 25.42 | 2016 |
| 2 | Mike Irvin | RAA | 25.74 | 2017 |
| 3 | Nicolas Granger | ROSE | 25.93 | 2017 |
| 4 | Richard A Schroeder | UCSB | 26.02 | 2012 |
| 5 | Chris L Wall | CVMM | 26.24 | 2014 |
| 6* | Michael L Power | SBM | 26.28 | 2019 |
| 6* | Ronald D Scott | ROSE | 26.28 | 2023 |
| 8 | Scott L Adair | CVMM | 26.47 | 2015 |
| 9 | Sam Franklin | LVM | 26.52 | 2007 |
| 10 | Jeff Farrell | SBSC | 26.65 | 1988 |

100 LC METER FREESTYLE

| | | | | |
|----|------------------------|-------------|--------------|-------------|
| 1 | Nicolas Granger | ROSE | 54.18 | 2017 |
| 2 | Mike Irvin | RAA | 55.72 | 2017 |
| 3 | Richard A Schroeder | UCSB | 56.55 | 2012 |
| 4 | Bryan V Jennings | LVM | 57.45 | 2013 |
| 5 | Ronald Scott | ROSE | 58.21 | 2022 |
| 6 | Michael J Boosin | CVMM | 58.77 | 2016 |
| 7 | Michael L Power | SBM | 58.81 | 2019 |
| 8 | Gerard Von Hoffmann | NOVA | 58.93 | 2006 |
| 9 | Sam Franklin | LVM | 59.39 | 2007 |
| 10 | Nick Boshoff | GRA | 59.42 | 2018 |

200 LC METER FREESTYLE

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Nicolas Granger | ROSE | 2:00.89 | 2018 |
| 2 | Jim McConica | VCM | 2:02.50 | 2000 |
| 3 | Rich E Saeger | MVN | 2:03.31 | 2015 |
| 4 | Mike Irvin | RAA | 2:05.60 | 2017 |
| 5 | Kurt F Dickson | GRA | 2:09.61 | 2018 |
| 6 | Brad M Shenfeld | UCLA | 2:11.13 | 2023 |
| 7 | Mark A Magee | GRA | 2:13.42 | 2018 |
| 8 | Andrew K Bray | UNAT | 2:13.60 | 2009 |
| 9 | Ryan E Cox | MVN | 2:13.70 | 2023 |
| 10 | Steve West | NOVA | 2:13.87 | 2023 |

400 LC METER FREESTYLE

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Nicolas Granger | ROSE | 4:15.93 | 2017 |
| 2 | Jim McConica | VCM | 4:19.47 | 2000 |
| 3 | Kurt F Dickson | GRA | 4:31.48 | 2018 |
| 4 | Brad M Shenfeld | UCLA | 4:34.70 | 2023 |
| 5 | Buzz L Harper | LAPS | 4:40.77 | 2013 |
| 6 | Ryan E Cox | MVN | 4:42.53 | 2023 |
| 7 | Bruce W Thomas | SCAQ | 4:42.99 | 2011 |
| 8 | Brian Goodell | MVN | 4:44.24 | 2011 |
| 9 | Robbie E Allen | VCM | 4:44.26 | 2015 |
| 10 | James M Riddle | NOVA | 4:44.60 | 2013 |

800 LC METER FREESTYLE

| 1 | Jim McConica | VCM | 9:03.84 | 2001 |
|----|------------------|------|---------|------|
| 2 | Nicolas Granger | ROSE | 9:19.76 | 2018 |
| 3 | Buzz L Harper | LAPS | 9:29.19 | 2013 |
| 4 | Mike G Shaffer | VCM | 9:29.48 | 2015 |
| 5 | Brad M Shenfeld | UCLA | 9:30.99 | 2023 |
| 6 | Kurt F Dickson | GRA | 9:31.75 | 2021 |
| 7 | Robbie E Allen | VCM | 9:40.83 | 2015 |
| 8 | R Scott Townsend | CLVM | 9:45.16 | 2004 |
| 9 | Bruce W Thomas | SCAQ | 9:45.52 | 2011 |
| 10 | Mark A Magee | GRA | 9:49.14 | 2019 |

50 LC METER BACKSTROKE

| 1 | Nicolas Granger | ROSE | 28.97 | 2017 |
|----|------------------|------|-------|------|
| 2 | Bryan V Jennings | LVM | 29.39 | 2013 |
| 3 | Jamie Fowler | NOVA | 29.43 | 2009 |
| 4 | Michael J Boosin | CVMM | 30.28 | 2016 |
| 5 | Mike G Shaffer | VCM | 31.12 | 2016 |
| 6 | Bruce Kocsis | MMM | 31.44 | 2002 |
| 7 | Brian Patno | FMT | 31.68 | 2006 |
| 8 | Tord Benner | NOVA | 31.85 | 2010 |
| 9 | Kurt F Dickson | GRA | 32.06 | 2021 |
| 10 | Frans D Nelson | SCAQ | 32.13 | 1992 |

200 LC METER BACKSTROKE

| 1 | Nicolas Granger | ROSE | 2:14.53 | 2017 |
|----|------------------|------|---------|------|
| 2 | Jamie Fowler | NOVA | 2:17.74 | 2009 |
| 3 | Matthew E Nance | SCAQ | 2:20.04 | 2015 |
| 4 | Bryan V Jennings | LVM | 2:20.53 | 2013 |
| 5 | Mike Irvin | RAA | 2:21.73 | 2017 |
| 6 | Kurt F Dickson | GRA | 2:22.79 | 2021 |
| 7 | Jim McConica | VCM | 2:25.70 | 2000 |
| 8 | Jose C deSouza | ROSE | 2:33.64 | 2022 |
| 9 | Donald J Snyder | SCAQ | 2:35.60 | 2011 |
| 10 | Doug Kajiwara | SCAQ | 2:38.08 | 2010 |

100 LC METER BREASTSTROKE

| 1 | Steve West | NOVA | 1:06.12 | 2022 |
|----|---------------------|------|---------|------|
| 2 | Richard A Schroeder | UCSB | 1:09.23 | 2012 |
| 3 | Chris D Duplanty | NOVA | 1:10.91 | 2018 |
| 4 | Gerard von Hoffmann | NOVA | 1:12.69 | 2010 |
| 5 | Doug J Koehler | CVMM | 1:15.38 | 2016 |
| 6 | Tryggvi Helgason | SCMC | 1:16.97 | 2015 |
| 7 | Nick Boshoff | GRA | 1:17.57 | 2018 |
| 8 | Winston S Uchiyama | ROSE | 1:17.97 | 2009 |
| 9 | Philip John Templin | UCI | 1:18.02 | 2004 |
| 10 | John Derr | VCM | 1:18.03 | 2002 |

50 LC METER BUTTERFLY

| 1 | Sam Franklin | LVM | 27.30 | 2007 |
|----|---------------------|------|-------|------|
| 2 | Nicolas Granger | ROSE | 27.71 | 2017 |
| 3 | Ronald Scott | ROSE | 27.83 | 2023 |
| 4 | John L Oberto | UNAT | 27.73 | 2008 |
| 5 | Steve West | NOVA | 27.96 | 2023 |
| 6 | Brian Patno | FMT | 27.97 | 2006 |
| 7 | Gerard Von Hoffmann | NOVA | 28.19 | 2009 |
| 8 | Jamie Fowler | NOVA | 28.27 | 2012 |
| 9* | Jeff Taylor | MVN | 28.38 | 2007 |
| 9* | Mike G Shaffer | VCM | 28.38 | 2015 |

200 LC METER BUTTERFLY

| 1 | Mike G Shaffer | VCM | 2:16.38 | 2015 |
|----|-------------------|------|---------|------|
| 2 | Jim Mc Conica | VCM | 2:25.14 | 2001 |
| 3 | Mark A Magee | GRA | 2:25.17 | 2019 |
| 4 | Kurt F Dickson | GRA | 2:28.59 | 2021 |
| 5 | Tito Morales | UCLA | 2:36.39 | 2012 |
| 6 | Laurence T Jaffee | LVM | 2:37.05 | 2011 |
| 7 | Michael Heather | ROSE | 2:41.96 | 2005 |
| 8 | Dan Borton | ROSE | 2:42.35 | 2018 |
| 9 | Doug J Koehler | CVMM | 2:45.60 | 2019 |
| 10 | Robbie E Allen | VCM | 2:45.64 | 2016 |

400 LC METER INDIVIDUAL MEDLEY

| 1 | Nicolas Granger | ROSE | 4:45.61 | 2017 |
|---|-----------------|------|---------|------|
| 2 | Jamie Fowler | NOVA | 5:04.32 | 2009 |
| 3 | Jim McConica | VCM | 5:07.52 | 2002 |
| 4 | Mark A Magee | GRA | 5:12.20 | 2018 |
| 5 | Mike G Shaffer | VCM | 5:17.72 | 2015 |
| 6 | Buzz L Harper | LAPS | 5:25.63 | 2013 |
| 7 | Don Cholodenko | NOVA | 5:28.76 | 2008 |
| 8 | Brad M Shenfeld | UCLA | 5:30.93 | 2023 |

1500 LC METER FREESTYLE

| 1 | Jim McConica | VCM | 17:08.33 | 2000 |
|----|----------------|------|----------|------|
| 2 | Buzz L Harper | LAPS | 18:01.17 | 2013 |
| 3 | Andrew K Bray | UNAT | 18:05.24 | 2009 |
| 4 | Kurt F Dickson | GRA | 18:11.08 | 2018 |
| 5 | Robbie E Allen | VCM | 18:25.05 | 2015 |
| 6 | Bruce W Thomas | SCAQ | 18:27.56 | 2010 |
| 7 | Mike G Shaffer | VCM | 18:34.53 | 2017 |
| 8 | Ryan E Cox | MVN | 18:44.44 | 2023 |
| 9 | Brian Goodell | MVN | 18:47.61 | 2011 |
| 10 | James M Riddle | NOVA | 18:57.88 | 2013 |

100 LC METER BACKSTROKE

| 1 | Nicolas Granger | ROSE | 1:01.57 | 2017 |
|----|------------------|------|---------|------|
| 2 | Jamie Fowler | NOVA | 1:02.93 | 2009 |
| 3 | Mike Irvin | RAA | 1:03.88 | 2017 |
| 4 | Bryan V Jennings | LVM | 1:03.92 | 2013 |
| 5 | Matthew E Nance | SCAQ | 1:05.18 | 2015 |
| 6 | Kurt F Dickson | GRA | 1:07.90 | 2018 |
| 7 | Mike G Shaffer | VCM | 1:08.18 | 2018 |
| 8 | Jim Mc Conica | VCM | 1:08.88 | 2001 |
| 9 | Buzz L Harper | LAPS | 1:10.46 | 2013 |
| 10 | Brian Patno | FMT | 1:10.66 | 2006 |

50 LC METER BREASTSTROKE

| 1 | Steve West | NOVA | 29.90 | 2022 |
|----|---------------------|------|-------|------|
| 2 | Richard A Schroeder | UCSB | 30.88 | 2012 |
| 3 | Chris D Duplanty | NOVA | 32.08 | 2019 |
| 4 | Gerard von Hoffmann | NOVA | 32.80 | 2010 |
| 5 | Tryggvi Helgason | SCMC | 33.77 | 2015 |
| 6 | Nick Boshoff | GRA | 34.10 | 2018 |
| 7 | Sergei Cemenenkoff | UNAT | 34.45 | 2016 |
| 8 | Doug J Koehler | CVMM | 34.55 | 2016 |
| 9 | Rod Cargill | UNAT | 34.61 | 1997 |
| 10 | Philip John Templin | UCI | 34.74 | 2005 |

200 LC METER BREASTSTROKE

| 1 | Steve West | NOVA | 2:24.44 | 2022 |
|----|---------------------|------|---------|------|
| 2 | Chris D Duplanty | NOVA | 2:36.58 | 2018 |
| 3 | Gerard von Hoffmann | NOVA | 2:43.77 | 2010 |
| 4 | Don Cholodenko | NOVA | 2:45.42 | 2008 |
| 5 | Tryggvi Helgason | SCMC | 2:45.51 | 2013 |
| 6 | Mark D Stori | SBM | 2:49.44 | 2016 |
| 7 | Mark A Magee | GRA | 2:49.53 | 2018 |
| 8 | Winston S Uchiyama | ROSE | 2:50.37 | 2009 |
| 9 | Tegze Haraszti | HBSC | 2:50.87 | 1994 |
| 10 | Nick Boshoff | GRA | 2:51.15 | 2018 |

100 LC METER BUTTERFLY

| 1 | Mike G Shaffer | VCM | 1:01.20 | 2015 |
|----|-------------------|------|---------|------|
| 2 | Mike Irvin | RAA | 1:02.63 | 2017 |
| 3 | Sam Franklin | LVM | 1:03.21 | 2007 |
| 4 | Brian Patno | FMT | 1:03.87 | 2006 |
| 5 | Nicolas Granger | ROSE | 1:04.01 | 2017 |
| 6 | Tryggvi Helgason | SCMC | 1:04.45 | 2014 |
| 7* | Mark A Magee | GRA | 1:04.52 | 2018 |
| 7* | Ronald D Scott | ROSE | 1:04.52 | 2022 |
| 9 | Charles C Stevens | ROSE | 1:04.82 | 2023 |
| 10 | Kelly S Karren | CVMM | 1:04.87 | 2023 |

200 LC METER INDIVIDUAL MEDLEY

| 1 | Nicolas Granger | ROSE | 2:11.15 | 2017 |
|----|---------------------|------|---------|------|
| 2 | Jamie Fowler | NOVA | 2:18.05 | 2009 |
| 3 | Mike Irvin | RAA | 2:18.59 | 2017 |
| 4 | Steve West | NOVA | 2:20.61 | 2023 |
| 5 | Matthew E Nance | SCAQ | 2:24.52 | 2017 |
| 6 | Jim McConica | VCM | 2:25.77 | 2000 |
| 7 | Mark A Magee | GRA | 2:25.89 | 2018 |
| 8 | Gerard Von Hoffmann | NOVA | 2:28.95 | 2010 |
| 9 | Bryan V Jennings | LVM | 2:30.22 | 2013 |
| 10 | Mark D Stori | SBM | 2:30.23 | 2016 |

| | | | | |
|----|----------------|------|---------|------|
| 9 | Doug J Koehler | CVMM | 5:31.94 | 2016 |
| 10 | Robbie E Allen | VCM | 5:33.62 | 2015 |

55-59 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|------------------------|-------------|--------------|-------------|
| 1 | Veronica Hibben | UCLA | 29.55 | 2014 |
| 2 | Traci S Granger | LAPS | 29.79 | 2014 |
| 3 | Becky Cleavenger | CVMM | 29.93 | 2019 |
| 4 | Arlette A Godges | CVMM | 30.29 | 2019 |
| 5 | Kim O'Grady | ROSE | 30.46 | 2017 |
| 6 | Jelena A Kunovac | LVM | 30.59 | 2019 |
| 7 | Carolyn H Battin | LVM | 30.82 | 2009 |
| 8 | Katie Osborne | NOVA | 30.97 | 2019 |
| 9 | Sherry S Flanery | MVN | 31.15 | 2019 |
| 10 | Bonnie S Rogers | GWSC | 31.33 | 2019 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Veronica Hibben | UCLA | 1:05.48 | 2014 |
| 2 | Becky Cleavenger | CVMM | 1:05.70 | 2019 |
| 3 | Arlette A Godges | CVMM | 1:05.72 | 2019 |
| 4 | Kim O'Grady | ROSE | 1:06.65 | 2017 |
| 5 | Carolyn H Battin | LVM | 1:07.99 | 2009 |
| 6 | Katie Osborne | NOVA | 1:08.32 | 2019 |
| 7 | Kari S Jauch | LVM | 1:08.59 | 2022 |
| 8 | Traci S Granger | LAPS | 1:09.23 | 2014 |
| 9 | Bonnie S Rogers | GWSC | 1:09.40 | 2019 |
| 10 | Katie Osborne | NOVA | 1:09.52 | 2022 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|--------------------|-------------|----------------|-------------|
| 1 | Kim O'Grady | ROSE | 2:22.27 | 2017 |
| 2 | Becky Cleavenger | CVMM | 2:24.57 | 2019 |
| 3 | Kari Jauch | LVM | 2:27.16 | 2022 |
| 4 | Veronica Hibben | UCLA | 2:27.53 | 2014 |
| 5 | Carolyn H Battin | LVM | 2:29.54 | 2009 |
| 6 | Jenny L Cook | UCLA | 2:30.24 | 2013 |
| 7 | Bonnie L Spivey | MVN | 2:31.06 | 2013 |
| 8 | Karen L Einsidler | UNAT | 2:31.52 | 2013 |
| 9 | Christie Ciraulo | UCLA | 2:32.66 | 2008 |
| 10 | Stacey Warmuth | VCM | 2:32.80 | 2013 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|--------------------|-------------|----------------|-------------|
| 1 | Kim O'Grady | ROSE | 4:56.44 | 2017 |
| 2 | Bonnie L Spivey | MVN | 5:07.38 | 2013 |
| 3 | Christie Ciraulo | UCLA | 5:09.03 | 2008 |
| 4 | Stacey Warmuth | VCM | 5:11.32 | 2013 |
| 5 | Kari Jauch | LVM | 5:14.79 | 2022 |
| 6 | Karen L Einsidler | UNAT | 5:17.90 | 2013 |
| 7 | Becky Cleavenger | CVMM | 5:19.48 | 2019 |
| 8 | Veronica Hibben | UCLA | 5:22.81 | 2015 |
| 9 | Carolyn H Battin | LVM | 5:23.07 | 2009 |
| 10 | Jenny Cook | UCLA | 5:26.53 | 2014 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|--------------------|-------------|-----------------|-------------|
| 1 | Kim O'Grady | ROSE | 10:16.44 | 2017 |
| 2 | Christie Ciraulo | UCLA | 10:38.30 | 2009 |
| 3 | Carolyn H Battin | LVM | 10:40.54 | 2009 |
| 4 | Bonnie L Spivey | MVN | 10:45.28 | 2013 |
| 5 | Stacey Warmuth | VCM | 10:45.63 | 2013 |
| 6 | Karen L Einsidler | UNAT | 10:52.64 | 2013 |
| 7 | Kari Jauch | LVM | 10:52.79 | 2022 |
| 8 | Jenny L Cook | UCLA | 11:06.60 | 2013 |
| 9 | Cheri Ellington | SCMC | 11:17.12 | 2013 |
| 10 | Veronica Hibben | UCI | 11:34.80 | 2011 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|---------------------|-------------|-----------------|-------------|
| 1 | Kim O'Grady | ROSE | 19:27.15 | 2016 |
| 2 | Christie Ciraulo | UCLA | 20:06.88 | 2008 |
| 3 | Bonnie L Spivey | MVN | 20:16.34 | 2013 |
| 4 | Cheri Ellington | SCMC | 21:09.81 | 2013 |
| 5 | Carolyn H Battin | LVM | 21:10.21 | 2010 |
| 6 | Kari Jauch | LVM | 21:10.96 | 2022 |
| 7 | Linda J Simons | GRA | 21:52.85 | 2021 |
| 8 | Debbie D Richardson | LAPS | 21:56.09 | 2018 |
| 9 | Jennifer Weiderman | CVMM | 22:06.91 | 2023 |
| 10 | Veronica Hibben | UCI | 22:09.15 | 2011 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|-------------------------|------------|--------------|-------------|
| 1 | Jelena A Kunovac | LVM | 34.25 | 2019 |
| 2 | Mindy Dougherty | MVN | 36.16 | 2009 |
| 3 | Katie Osborne | NOVA | 36.53 | 2019 |
| 4 | Stacey Warmuth | VCM | 36.98 | 2013 |
| 5 | Nancy Kirkpatrick-Reno | CVMM | 37.60 | 2012 |
| 6 | Arlette A Godges | CVMM | 37.74 | 2021 |
| 7 | Sarah Osborne | ROSE | 38.09 | 2017 |
| 8 | Bonnie L Spivey | MVN | 38.44 | 2013 |
| 9 | Leslie Hardt | VCM | 38.50 | 2006 |
| 10 | Vicki Serianni | UCLA | 39.02 | 2006 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|-------------------------|------------|----------------|-------------|
| 1 | Jelena A Kunovac | LVM | 1:16.66 | 2019 |
| 2 | Mindy M Dougherty | MVN | 1:19.45 | 2009 |
| 3 | Stacey Warmuth | VCM | 1:19.85 | 2013 |
| 4 | Bonnie L Spivey | MVN | 1:21.72 | 2013 |
| 5 | Sarah Osborne | ROSE | 1:22.67 | 2017 |
| 6 | Karen L Einsidler | UNAT | 1:24.27 | 2013 |
| 7 | Kari Jauch | LVM | 1:25.06 | 2022 |
| 8 | Becky Cleavenger | CVMM | 1:25.39 | 2021 |
| 9 | Vicki Serianni | UCLA | 1:25.55 | 2006 |
| 10 | Leslie Hardt | VCM | 1:26.28 | 2006 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|--------------------------|------------|----------------|-------------|
| 1 | Mindy M Dougherty | MVN | 2:50.50 | 2009 |
| 2 | Bonnie L Spivey | MVN | 2:50.72 | 2013 |
| 3 | Karen L Einsidler | UNAT | 2:56.29 | 2013 |
| 4 | Jelena A Kunovac | LVM | 2:56.35 | 2019 |
| 5 | Becky Cleavenger | CVMM | 3:00.10 | 2018 |
| 6 | Kari Jauch | LVM | 3:01.07 | 2022 |
| 7 | Cheryl Simmons | ROSE | 3:05.57 | 2022 |
| 8 | Vicki Serianni | UCLA | 3:07.98 | 2006 |
| 9 | Ming H Robinson | NOVA | 3:09.64 | 2019 |
| 10 | Cheri Ellington | SCMC | 3:10.48 | 2015 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|-------------------------|-------------|--------------|-------------|
| 1 | Terri MacDougall | NOVA | 37.40 | 2019 |
| 2 | Jenny L Cook | UCLA | 39.10 | 2013 |
| 3 | Andra Jaunzeme | WH2O | 39.93 | 2009 |
| 4 | Heather Shannon | UCLA | 39.94 | 2019 |
| 5 | Arlette A Godges | CVMM | 39.97 | 2022 |
| 6 | Jelena A Kunovac | LVM | 41.02 | 2023 |
| 7 | Becky Cleavenger | CVMM | 41.06 | 2022 |
| 8 | Jennifer Weiderman | CVMM | 41.31 | 2022 |
| 9 | Deena Esparza | CLMS | 41.90 | 2022 |
| 10 | Cheryl A Simmons | ROSE | 42.15 | 2022 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|-------------------------|-------------|----------------|-------------|
| 1 | Terri MacDougall | NOVA | 1:25.28 | 2019 |
| 2 | Jenny L Cook | UCLA | 1:25.86 | 2013 |
| 3 | Jennifer Weiderman | CVMM | 1:29.18 | 2022 |
| 4 | Cheryl A Simmons | ROSE | 1:29.29 | 2022 |
| 5 | Andra Jaunzeme | WH2O | 1:30.34 | 2009 |
| 6 | Deena Esparza | CLMS | 1:31.38 | 2021 |
| 7 | Cheri Ellington | SCMC | 1:32.08 | 2013 |
| 8 | Jelena A Kunovac | LVM | 1:32.35 | 2019 |
| 9 | Arlette A Godges | CVMM | 1:32.83 | 2019 |
| 10 | Karen L Melick | SCAQ | 1:36.27 | 2012 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|---------------------|-------------|----------------|-------------|
| 1 | Jenny L Cook | UCLA | 3:09.59 | 2014 |
| 2 | Cheryl A Simmons | ROSE | 3:12.78 | 2022 |
| 3 | Terri MacDougall | NOVA | 3:12.87 | 2019 |
| 4 | Jennifer Weiderman | CVMM | 3:13.19 | 2022 |
| 5 | Deena Esparza | CLMS | 3:15.25 | 2021 |
| 6 | Karen L Melick | SCAQ | 3:22.94 | 2012 |
| 7 | Cheri Ellington | SCMC | 3:23.78 | 2012 |
| 8 | Gail Roper | MMSC | 3:32.78 | 1985 |
| 9 | Colleen M Yanco | NOVA | 3:34.26 | 2015 |
| 10 | Susan Gold | ROSE | 3:35.51 | 2015 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|------------------------|-------------|--------------|-------------|
| 1 | Traci S Granger | LAPS | 30.97 | 2013 |
| 2 | Arlette A Godges | CVMM | 32.13 | 2019 |
| 3 | Christie Ciraulo | UCLA | 32.57 | 2008 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Traci S Granger | LAPS | 1:12.50 | 2014 |
| 2 | Arlette A Godges | CVMM | 1:16.54 | 2019 |
| 3 | Christie Ciraulo | UCLA | 1:17.14 | 2008 |

| | | | | |
|----|------------------|------|-------|------|
| 4 | Veronica Hibben | UCLA | 32.61 | 2014 |
| 5 | Katie Osborne | NOVA | 33.05 | 2019 |
| 6 | Jelena A Kunovac | TRB | 33.30 | 2023 |
| 7 | Stacey Warmuth | VCM | 33.43 | 2013 |
| 8 | Becky Cleavenger | CVMM | 33.79 | 2019 |
| 9 | Jenny L Cook | UCLA | 33.93 | 2013 |
| 10 | Bonnie S Rogers | GWSC | 34.01 | 2019 |

| | | | | |
|----|---------------------|------|---------|------|
| 4 | Veronica Hibben | UCLA | 1:18.42 | 2014 |
| 5 | Jenny L Cook | UCLA | 1:19.34 | 2014 |
| 6 | Katie Osborne | NOVA | 1:21.72 | 2019 |
| 7 | Bonnie L Spivey | MVN | 1:22.78 | 2013 |
| 8 | Debbie D Richardson | LAPS | 1:23.48 | 2019 |
| 9 | Jennifer Weiderman | CVMM | 1:23.77 | 2023 |
| 10 | Deena Esparza | CLMS | 1:24.99 | 2021 |

200 LC METER BUTTERFLY

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Traci S Granger | LAPS | 2:52.31 | 2013 |
| 2 | Christie Ciraulo | UCLA | 3:05.77 | 2008 |
| 3 | Jenny L Cook | UCLA | 3:08.28 | 2014 |
| 4 | Jennifer Weiderman | CVMM | 3:09.12 | 2023 |
| 5 | Gail Roper | MMSC | 3:19.84 | 1985 |
| 6 | Cecilie Boysen | ROSE | 3:21.78 | 2019 |
| 7 | Susan Gold | ROSE | 3:24.39 | 2015 |
| 8 | Anne Adams | TROJ | 3:37.02 | 1983 |
| 9 | Colleen M Yanco | NOVA | 3:38.93 | 2016 |
| 10 | Kim S Thornton | NOVA | 3:39.58 | 2011 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Jenny L Cook | UCLA | 2:49.97 | 2015 |
| 2 | Traci S Granger | LAPS | 2:50.69 | 2013 |
| 3 | Becky Cleavenger | CVMM | 2:51.94 | 2018 |
| 4 | Bonnie L Spivey | MVN | 2:53.04 | 2013 |
| 5 | Jennifer Weiderman | CVMM | 2:59.38 | 2022 |
| 6 | Deena Esparza | CLMS | 3:00.13 | 2023 |
| 7 | Cheryl Simmons | ROSE | 3:00.43 | 2023 |
| 8 | Cheri Ellington | SCMC | 3:01.01 | 2013 |
| 9 | Marion B Schoneberger | SBM | 3:06.95 | 2009 |
| 10 | Gail Roper | MMSC | 3:07.65 | 1985 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|------------------------|------------|----------------|-------------|
| 1 | Bonnie L Spivey | MVN | 5:53.54 | 2013 |
| 2 | Jenny L Cook | UCLA | 6:07.86 | 2015 |
| 3 | Cheryl A Simmons | ROSE | 6:19.71 | 2022 |
| 4 | Jennifer Weiderman | CVMM | 6:26.98 | 2021 |
| 5 | Deena Esparza | CLMS | 6:27.59 | 2023 |
| 6 | Gail Roper | MMSC | 6:42.05 | 1985 |
| 7 | Susan Gold | ROSE | 6:51.54 | 2015 |
| 8 | Colleen M Yanco | NOVA | 6:55.81 | 2016 |
| 9 | Ming H Robinson | NOVA | 6:58.31 | 2019 |
| 10 | Kim S Thornton | NOVA | 6:58.60 | 2009 |

55-59 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|------------------------|------------|--------------|-------------|
| 1 | Michael J Blatt | VCM | 26.45 | 2012 |
| 2 | Dan Stephenson | ROSE | 26.64 | 2013 |
| 3 | Kip Fulbeck | SBM | 26.83 | 2021 |
| 4 | Jeff Farrell | SBM | 27.08 | 1995 |
| 5 | Ross Breitenbach | ROSE | 27.14 | 2023 |
| 6 | Bob Baldocchi | ROSE | 27.18 | 2023 |
| 7 | Chris L Wall | CVMM | 27.20 | 2017 |
| 8 | Scott L Adair | CVMM | 27.33 | 2019 |
| 9 | Michael Boosin | CVMM | 27.35 | 2021 |
| 10 | Douglas C Barker | MVN | 27.64 | 2019 |

100 LC METER FREESTYLE

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Dan Stephenson | ROSE | 57.77 | 2014 |
| 2 | Bob Baldocchi | ROSE | 58.88 | 2023 |
| 3 | Michael J Blatt | VCM | 59.22 | 2012 |
| 4 | Ross Breitenbach | ROSE | 1:00.07 | 2023 |
| 5 | Jeff Farrell | SBM | 1:00.87 | 1995 |
| 6 | Kurt F Dickson | GRA | 1:01.45 | 2022 |
| 7 | Scott L Adair | CVMM | 1:01.60 | 2019 |
| 8 | Thomas S Taylor | ROSE | 1:01.68 | 2018 |
| 9 | R Scott Townsend | LVM | 1:01.72 | 2009 |
| 10 | Tito Morales | UCLA | 1:02.06 | 2015 |

200 LC METER FREESTYLE

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Dan Stephenson | ROSE | 2:06.26 | 2012 |
| 2 | Jim McConica | VCM | 2:08.03 | 2005 |
| 3 | Kurt F Dickson | GRA | 2:11.56 | 2022 |
| 4 | Mike G Shaffer | VCM | 2:12.96 | 2021 |
| 5 | Ross C Breitenbach | ROSE | 2:14.25 | 2023 |
| 6 | Tito Morales | UCLA | 2:14.65 | 2016 |
| 7 | Michael J Blatt | VCM | 2:15.10 | 2013 |
| 8 | Bob Baldocchi | ROSE | 2:16.07 | 2023 |
| 9 | Thomas S Taylor | ROSE | 2:16.12 | 2018 |
| 10 | Nils K Plett | ROSE | 2:17.53 | 2023 |

400 LC METER FREESTYLE

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Jim Mc Conica | VCM | 4:25.34 | 2005 |
| 2 | Dan Stephenson | ROSE | 4:32.87 | 2012 |
| 3 | Kurt F Dickson | GRA | 4:34.33 | 2023 |
| 4 | R Scott Townsend | LVM | 4:39.56 | 2009 |
| 5 | Bruce W Thomas | SCAQ | 4:40.73 | 2015 |
| 6 | Tito Morales | UCLA | 4:48.08 | 2016 |
| 7 | Tim P Buckley | FMT | 4:54.10 | 2011 |
| 8 | James J Tobin | MVN | 4:54.84 | 2021 |
| 9 | Bill Darby | UNAT | 4:56.79 | 2002 |
| 10 | Dan Jensen | GRA | 4:58.40 | 2015 |

800 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Jim McConica | VCM | 9:06.86 | 2006 |
| 2 | Dan Stephenson | ROSE | 9:32.37 | 2013 |
| 3 | Kurt F Dickson | GRA | 9:34.82 | 2023 |
| 4 | Bruce W Thomas | SCAQ | 9:39.82 | 2015 |
| 5 | R Scott Townsend | LVM | 9:42.16 | 2009 |
| 6 | Tito Morales | UCLA | 10:02.27 | 2016 |
| 7 | Bill Darby | UNAT | 10:17.43 | 2002 |
| 8 | Dan Jensen | GRA | 10:22.22 | 2015 |
| 9 | Michael J Blatt | VCM | 10:28.60 | 2012 |
| 10 | Jeffrey W Crosson | NOVA | 10:28.63 | 2017 |

1500 LC METER FREESTYLE

| | | | | |
|----|----------------------|------------|-----------------|-------------|
| 1 | Jim Mc Conica | VCM | 17:40.10 | 2005 |
| 2 | Bruce W Thomas | SCAQ | 18:31.80 | 2015 |
| 3 | Kurt F Dickson | GRA | 19:03.38 | 2022 |
| 4 | Tito Morales | UCLA | 19:27.40 | 2015 |
| 5 | Bill Darby | UNAT | 19:27.48 | 2002 |
| 6 | Jeffrey W Crosson | NOVA | 19:52.95 | 2018 |
| 7 | Hubie Kerns | VCM | 19:59.59 | 2008 |
| 8 | Rick Phillips | SCAQ | 20:04.23 | 2009 |
| 9 | Dan Jensen | GRA | 20:04.66 | 2015 |
| 10 | Stephen P Sponagle | NOVA | 20:09.20 | 2014 |

50 LC METER BACKSTROKE

| | | | | |
|----|----------------------|------------|--------------|-------------|
| 1 | Philipp Djang | MVN | 31.93 | 2013 |
| 2 | Dan Stephenson | ROSE | 32.02 | 2012 |
| 3 | Kurt F Dickson | GRA | 32.55 | 2022 |
| 4 | Michael J Boosin | CVMM | 32.72 | 2021 |
| 5 | Mike G Shaffer | VCM | 32.96 | 2021 |
| 6 | Nils K Plett | ROSE | 33.53 | 2023 |
| 7 | Toby Weissert | NOVA | 33.66 | 2013 |
| 8 | Clay T Evans | SCAQ | 34.07 | 2009 |
| 9 | Boyd Johnson | UNAT | 34.13 | 1983 |
| 10 | James B Lucas | LAAC | 34.19 | 2009 |

100 LC METER BACKSTROKE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Kurt F Dickson | GRA | 1:08.00 | 2022 |
| 2 | Dan Stephenson | ROSE | 1:09.07 | 2014 |
| 3 | Mike G Shaffer | VCM | 1:10.37 | 2022 |
| 4 | Jim McConica | VCM | 1:10.38 | 2006 |
| 5 | Philipp A Djang | MVN | 1:10.47 | 2013 |
| 6 | Tito Morales | UCLA | 1:13.98 | 2017 |
| 7 | James B Lucas | LAAC | 1:14.00 | 2009 |
| 8 | R Scott Townsend | LVM | 1:14.34 | 2009 |
| 9 | Hubie Kerns | UNAT | 1:14.52 | 2004 |
| 10 | Peter R O'Keeffe | UCLA | 1:16.46 | 2006 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|-----------------------|------------|----------------|-------------|
| 1 | Kurt F Dickson | GRA | 2:21.26 | 2022 |
| 2 | Jim Mc Conica | VCM | 2:25.89 | 2005 |
| 3 | Dan Stephenson | ROSE | 2:30.06 | 2014 |
| 4 | Nils K Plett | ROSE | 2:35.45 | 2023 |
| 5 | Tito Morales | UCLA | 2:37.30 | 2015 |
| 6 | R Scott Townsend | LVM | 2:38.24 | 2009 |
| 7 | Philipp A Djang | MVN | 2:42.14 | 2013 |
| 8 | James B Lucas | LAAC | 2:45.27 | 2009 |
| 9 | Frank Warner | TYR | 2:46.90 | 2005 |
| 10 | Tegze Haraszti | HBSC | 2:47.06 | 1998 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|----------------------------|-------------|--------------|-------------|
| 1 | Gerard Von Hoffmann | NOVA | 32.92 | 2011 |
| 2 | Marlow D Peterson | MVN | 34.66 | 2015 |
| 3 | Dan P Leonard | SCAQ | 35.02 | 2009 |
| 4 | Hubie Kerns | VCM | 35.10 | 2005 |
| 5 | John Derr | VCM | 35.43 | 2004 |
| 6 | Mark D Fleming | ROSE | 35.66 | 2023 |
| 7 | Michael J Blatt | VCM | 35.77 | 2011 |
| 8 | Peter Wisner | ROSE | 35.81 | 2003 |
| 9 | Philip John Templin | UCI | 36.12 | 2009 |
| 10 | Winston S Uchiyama | ROSE | 36.24 | 2013 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|----------------------------|-------------|----------------|-------------|
| 1 | Gerard Von Hoffmann | NOVA | 1:12.87 | 2011 |
| 2 | John Derr | VCM | 1:18.37 | 2004 |
| 3 | Hubie Kerns | VCM | 1:18.56 | 2008 |
| 4 | Dan P Leonard | SCAQ | 1:18.79 | 2009 |
| 5* | Marlow D Peterson | MVN | 1:19.05 | 2015 |
| 5* | Tegze Haraszti | HBSC | 1:19.05 | 1998 |
| 7 | Doug J Koehler | CVMM | 1:20.13 | 2023 |
| 8 | Michael J Blatt | VCM | 1:20.50 | 2012 |
| 9* | Mauro Bordovsky | WH2O | 1:21.11 | 2011 |
| 9* | Thomas S Taylor | ROSE | 1:21.11 | 2017 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|----------------------------|-------------|----------------|-------------|
| 1 | Gerard Von Hoffmann | NOVA | 2:42.88 | 2011 |
| *2 | Tegze Haraszti | HBSC | 2:54.08 | 1998 |
| *2 | John Derr | VCM | 2:54.08 | 2004 |
| 4 | Hubie Kerns | VCM | 2:54.92 | 2008 |
| 5 | Thomas S Taylor | ROSE | 2:55.68 | 2018 |
| 6 | Philip John Templin | UCI | 2:57.22 | 2009 |
| 7 | Michael J Blatt | VCM | 2:58.14 | 2013 |
| 8 | Dan P Leonard | SCAQ | 2:58.78 | 2009 |
| 9 | Laurence T Jaffee | LVM | 2:59.08 | 2016 |
| 10 | Marlow D Peterson | MVN | 2:59.55 | 2015 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|---------------------|------------|--------------|-------------|
| 1 | Kip Fulbeck | SBM | 28.48 | 2021 |
| 2 | Gerard Von Hoffmann | NOVA | 29.06 | 2012 |
| 3 | Frank A Wasko | MVN | 29.18 | 2015 |
| 4 | Dan Stephenson | ROSE | 29.37 | 2014 |
| 5 | Jeff S Taylor | MVN | 29.53 | 2013 |
| 6 | Mike G Shaffer | VCM | 29.65 | 2021 |
| 7 | Thomas S Taylor | ROSE | 29.74 | 2018 |
| 8 | Tito Morales | UCLA | 29.81 | 2017 |
| 9 | Fred Uytensu | UNAT | 29.86 | 2019 |
| 10 | Michael R Heather | MVN | 29.95 | 2009 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|----------------------------|-------------|----------------|-------------|
| 1 | Gerard Von Hoffmann | NOVA | 1:06.26 | 2011 |
| 2 | Tito Morales | UCLA | 1:07.10 | 2016 |
| 3 | James J Tobin | MVN | 1:07.85 | 2021 |
| 4 | Michael R Heather | MVN | 1:08.33 | 2009 |
| 5 | Robert J Ross | SCAQ | 1:08.75 | 2009 |
| 6 | Frank A Wasko | MVN | 1:09.39 | 2015 |
| 7 | Toby Weissert | NOVA | 1:09.48 | 2013 |
| 8 | Steven Van Nort | LAPS | 1:09.55 | 2006 |
| 9 | Fred Uytensu | UNAT | 1:09.89 | 2019 |
| 10 | Dan P Leonard | SCAQ | 1:10.08 | 2009 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|-----------------------|------------|----------------|-------------|
| 1 | Mike G Shaffer | VCM | 2:24.42 | 2021 |
| 2 | Jim Mc Conica | VCM | 2:28.62 | 2006 |
| 3 | Kurt F Dickson | GRA | 2:33.74 | 2022 |
| 4 | Tito Morales | UCLA | 2:36.50 | 2017 |
| 5 | James J Tobin | MVN | 2:37.86 | 2022 |
| 6 | Robert J Ross | SCAQ | 2:40.66 | 2009 |
| 7 | Laurence T Jaffee | LVM | 2:41.86 | 2016 |
| 8 | Steven Van Nort | LAPS | 2:49.08 | 2006 |
| 9 | Michael R Heather | MVN | 2:50.55 | 2009 |
| 10 | Dan Borton | ROSE | 2:50.80 | 2023 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Dan Stephenson | ROSE | 2:28.66 | 2014 |
| 2 | Jim McConica | VCM | 2:29.02 | 2005 |
| 3 | Gerard Von Hoffmann | NOVA | 2:30.21 | 2011 |
| 4 | Tito Morales | UCLA | 2:32.91 | 2017 |
| 5 | Michael J Blatt | VCM | 2:35.89 | 2012 |
| 6 | Hubie Kerns | VCM | 2:36.11 | 2005 |
| 7 | Laurence T Jaffee | LVM | 2:38.02 | 2016 |
| 8 | Toby Weissert | NOVA | 2:38.41 | 2013 |
| 9 | Winston S Uchiyama | ROSE | 2:40.84 | 2015 |
| 10 | Tegze Haraszti | HBSC | 2:41.35 | 1998 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|----------------------|------------|----------------|-------------|
| 1 | Jim Mc Conica | VCM | 5:17.10 | 2005 |
| 2 | Tito Morales | UCLA | 5:25.14 | 2017 |
| 3 | Dan Stephenson | ROSE | 5:26.70 | 2012 |
| 4 | Mike G Shaffer | VCM | 5:27.01 | 2022 |
| 5 | Kurt F Dickson | GRA | 5:35.65 | 2022 |
| 6 | Toby Weissert | NOVA | 5:42.81 | 2013 |
| 7 | Philip John Templin | UCI | 5:48.49 | 2009 |
| 8 | Bruce W Thomas | SCAQ | 5:51.69 | 2015 |
| 9 | Michael Collins | NOVA | 5:54.11 | 2023 |
| 10 | Steven Van Nort | LAPS | 5:55.65 | 2007 |

60-64 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|------------------------|-------------|--------------|-------------|
| 1 | Traci S Granger | LAPS | 30.16 | 2018 |
| 2 | Becky Cleavenger | CVMM | 30.18 | 2023 |
| 3 | Veronica Hibben | UCLA | 30.38 | 2016 |
| 4 | Christie Ciraulo | UCLA | 32.61 | 2016 |
| 5 | Beverly B Meteyer | LVM | 32.94 | 2013 |
| 6 | Joanne Saul-Zachau | LVM | 32.97 | 2019 |
| 7 | Elizabeth H Boscacci | SBM | 33.06 | 2019 |
| 8 | Nancy Kirkpatrick-Reno | CVMM | 33.69 | 2015 |
| 9 | Beverly Montrella | MVN | 34.04 | 2008 |
| 10 | Carolyn Battin | LVM | 34.19 | 2014 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Veronica Hibben | UCLA | 1:06.41 | 2017 |
| 2 | Becky Cleavenger | CVMM | 1:07.77 | 2023 |
| 3 | Traci S Granger | LAPS | 1:10.11 | 2018 |
| 4 | Joanne Saul-Zachau | LVM | 1:15.07 | 2019 |
| 5 | Elizabeth H Boscacci | SBM | 1:15.25 | 2019 |
| 6 | Beverly B Meteyer | LVM | 1:15.76 | 2016 |
| 7 | Carolyn Battin | LVM | 1:15.95 | 2014 |
| 8 | Christie Ciraulo | UCLA | 1:16.45 | 2013 |
| 9 | Denise M Hearst | CVMM | 1:16.68 | 2019 |
| 10 | Diana Dolan LaMar | LVM | 1:16.74 | 2018 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Veronica Hibben | UCLA | 2:28.60 | 2016 |
| 2 | Becky Cleavenger | CVMM | 2:35.00 | 2023 |
| 3 | Christie Ciraulo | UCLA | 2:35.28 | 2013 |
| 4 | Stephanie Saucy | LVM | 2:37.12 | 2023 |
| 5 | Charlotte D Gutierrez | SBM | 2:42.55 | 2016 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 5:09.84 | 2019 |
| 2 | Christie Ciraulo | UCLA | 5:20.59 | 2014 |
| 3 | Stephanie Saucy | LVM | 5:23.35 | 2023 |
| 4 | Veronica Hibben | UCLA | 5:25.31 | 2016 |
| 5 | Kim O'Grady | ROSE | 5:25.59 | 2021 |

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|----|--------------------|------|---------|------|
| 6 | Diana Dolan LaMar | LVM | 2:45.37 | 2018 |
| 7 | Joanne Saul-Zachau | LVM | 2:45.56 | 2019 |
| 8 | Carol W Wilson | MVN | 2:45.72 | 2019 |
| 9 | Denise M Hearst | CVMM | 2:46.14 | 2019 |
| 10 | Carolyn Battin | LVM | 2:46.97 | 2014 |

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|----|-----------------------|------|---------|------|
| 6 | Cheri Ellington | GRA | 5:39.33 | 2017 |
| 7 | Denise M Hearst | CVMM | 5:41.34 | 2019 |
| 8 | Diana Dolan LaMar | LVM | 5:45.35 | 2018 |
| 9 | Charlotte D Gutierrez | SBM | 5:47.56 | 2016 |
| 10 | Carolyn Battin | LVM | 5:48.93 | 2014 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|-----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 10:34.37 | 2019 |
| 2 | Christie Ciraulo | UCLA | 11:02.30 | 2015 |
| 3 | Stephanie Saucy | LVM | 11:08.37 | 2023 |
| 4 | Veronica Hibben | NOVA | 11:33.06 | 2019 |
| 5 | Denise M Hearst | CVMM | 11:34.29 | 2019 |
| 6 | Niki F Stokols | CVMM | 11:45.53 | 2017 |
| 7 | Cheri Ellington | GRA | 11:47.43 | 2017 |
| 8 | Diana Dolan LaMar | LVM | 11:50.85 | 2018 |
| 9 | Carol W Wilson | MVN | 11:53.14 | 2017 |
| 10 | Charlotte D Gutierrez | SBM | 11:55.29 | 2016 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|------------------------|-------------|-----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 19:57.23 | 2019 |
| 2 | Christie Ciraulo | UCLA | 20:52.70 | 2015 |
| 3 | Stephanie Saucy | LVM | 21:51.37 | 2023 |
| 4 | Denise M Hearst | CVMM | 21:52.46 | 2019 |
| 5 | Diana Dolan LaMar | LVM | 22:20.73 | 2018 |
| 6 | Niki F Stokols | CVMM | 22:47.48 | 2018 |
| 7 | Joanne Saul-Zachau | LVM | 22:52.33 | 2019 |
| 8 | Carol W Wilson | MVN | 22:55.81 | 2017 |
| 9 | Alison A Mitchell | MVN | 23:15.12 | 2014 |
| 10 | Jeannette M Bauer | SCA | 23:23.20 | 2009 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|-------------------------------|-------------|--------------|-------------|
| 1 | Nancy Kirkpatrick-Reno | CVMM | 37.38 | 2015 |
| 2 | Veronica Hibben | UCLA | 38.52 | 2016 |
| 3 | Mindy M Dougherty | MVN | 39.26 | 2013 |
| 4 | Eugenia Gregorie | UNAT | 41.74 | 2000 |
| 5 | Marion B Schoneberger | SBM | 41.83 | 2017 |
| 6 | Christie Ciraulo | UCLA | 41.98 | 2015 |
| 7 | Kerri Lumbert Gentry | UNAT | 42.52 | 2017 |
| 8 | Joanne Saul-Zachau | LVM | 42.63 | 2019 |
| 9 | Laurie Thomas | ROSE | 43.10 | 2023 |
| 10 | Monica B Little | SBM | 43.95 | 2014 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|------------------------|-------------|----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 1:22.62 | 2018 |
| 2 | Jody A Bergstrom | MVN | 1:23.84 | 2023 |
| 3 | Mindy M Dougherty | MVN | 1:25.76 | 2014 |
| 4 | Nancy Kirkpatrick-Reno | CVMM | 1:26.89 | 2015 |
| 5 | Stephanie Saucy | LVM | 1:27.28 | 2023 |
| 6 | Christie Ciraulo | UCLA | 1:28.21 | 2013 |
| 7 | Marion B Schoneberger | SBM | 1:29.40 | 2017 |
| 8 | Kerri Lumbert Gentry | UNAT | 1:29.96 | 2017 |
| 9 | Jeanne M McCleave | MVN | 1:32.56 | 2015 |
| 10 | Cheri Ellington | CANY | 1:33.37 | 2019 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|------------------------|-------------|----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 2:49.65 | 2019 |
| 2 | Stephanie Saucy | LVM | 2:55.43 | 2023 |
| 3 | Christie Ciraulo | UCLA | 3:04.31 | 2015 |
| 4 | Andra Jaunzeme | WH2O | 3:05.53 | 2013 |
| 5 | Kerri Lumbert Gentry | UNAT | 3:10.96 | 2017 |
| 6 | Mindy M Dougherty | MVN | 3:11.02 | 2013 |
| 7 | Cheri Ellington | GRA | 3:14.53 | 2017 |
| 8 | Becky Cleavenger | CVMM | 3:14.68 | 2023 |
| 9 | Denise M Hearst | CVMM | 3:15.73 | 2019 |
| 10 | Joanne Saul-Zachau | LVM | 3:19.62 | 2019 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|-------------------------|-------------|--------------|-------------|
| 1 | Becky Cleavenger | CVMM | 41.44 | 2023 |
| 2 | Karen L Melick | SCAQ | 42.81 | 2019 |
| 3 | Andra Jaunzeme | WH2O | 43.09 | 2013 |
| 4 | Jody Bergstrom | MVN | 43.62 | 2023 |
| 5 | Lynn Y Rutherford | SBM | 44.88 | 2017 |
| 6 | Cheri Ellington | GRA | 45.08 | 2017 |
| 7 | Carole Andre | UCLA | 45.28 | 2014 |
| 8 | Helene I Hirsch | TSTT | 45.42 | 2017 |
| 9 | Charlotte D Gutierrez | SBM | 45.50 | 2016 |
| 10 | Nancy Kirkpatrick-Reno | CVMM | 45.58 | 2015 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Karen L Melick | SCAQ | 1:35.12 | 2017 |
| 2 | Cheri Ellington | GRA | 1:35.56 | 2017 |
| 3 | Andra Jaunzeme | WH2O | 1:35.75 | 2013 |
| 4 | Jody Bergstrom | MVN | 1:35.97 | 2023 |
| 5 | Carol W Wilson | MVN | 1:40.35 | 2019 |
| 6 | Helene I Hirsch | TSTT | 1:41.29 | 2017 |
| 7 | Diana Dolan LaMar | LVM | 1:43.30 | 2018 |
| 8 | Carole Andre | UCLA | 1:43.87 | 2014 |
| 9 | Jessica W Seaton | WH2O | 1:44.73 | 2013 |
| 10 | Robin M Smith | NOVA | 1:46.16 | 2015 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Karen L Melick | SCAQ | 3:21.20 | 2017 |
| 2 | Andra Jaunzeme | WH2O | 3:22.57 | 2013 |
| 3 | Cheri Ellington | GRA | 3:24.16 | 2017 |
| 4 | Carol W Wilson | MVN | 3:40.75 | 2019 |
| 5 | Diana Dolan LaMar | LVM | 3:45.69 | 2018 |
| 6 | Jessica W Seaton | WH2O | 3:51.19 | 2013 |
| 7 | Beverly J Montrella | MVN | 3:51.38 | 2009 |
| 8 | Helene I Hirsch | TSTT | 3:51.59 | 2017 |
| 9 | Sigute Miller | SCAQ | 3:52.22 | 2018 |
| 10 | Jeannette M Bauer | SCA | 3:53.91 | 2009 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|------------------------|-------------|--------------|-------------|
| 1 | Traci S Granger | LAPS | 31.11 | 2019 |
| 2 | Veronica Hibben | UCLA | 33.24 | 2016 |
| 3 | Becky Cleavenger | CVMM | 33.40 | 2023 |
| 4 | Christie Ciraulo | UCLA | 33.74 | 2013 |
| 5 | Andra Jaunzeme | WH2O | 36.90 | 2013 |
| 6 | Stephanie Saucy | LVM | 36.97 | 2023 |
| 7 | Lynn Y Rutherford | SBM | 37.53 | 2017 |
| 8 | Heather C Lambert | LBG | 38.95 | 2014 |
| 9 | Carol Jewell | NOVA | 39.27 | 2006 |
| 10 | Helen Cox | CVMM | 40.41 | 2021 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Traci S Granger | LAPS | 1:13.51 | 2018 |
| 2 | Christie Ciraulo | UCLA | 1:20.92 | 2013 |
| 3 | Veronica Hibben | UCLA | 1:20.93 | 2016 |
| 4 | Stephanie Saucy | LVM | 1:21.74 | 2023 |
| 5 | Becky Cleavenger | CVMM | 1:26.86 | 2023 |
| 6 | Andra Jaunzeme | WH2O | 1:33.81 | 2013 |
| 7 | Helen Cox | CVMM | 1:37.75 | 2021 |
| 8 | Beverly J Montrella | MVN | 1:40.32 | 2008 |
| 9 | Anne Adams | UNAT | 1:40.93 | 1989 |
| 10 | Heather C Lambert | LBG | 1:43.18 | 2014 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Traci S Granger | LAPS | 2:52.77 | 2018 |
| 2 | Christie Ciraulo | UCLA | 3:12.51 | 2014 |
| 3 | Anne Adams | UNAT | 3:43.86 | 1989 |
| 4 | Alison A Mitchell | MVN | 3:46.41 | 2014 |
| 5 | Heather C Lambert | LBG | 3:49.21 | 2014 |
| 6 | Lisa R Cannon | NOVA | 3:57.38 | 2019 |
| 7 | Beverly Montrella | MVN | 4:00.86 | 2007 |
| 8 | Malchia Olshan | OSB | 4:15.56 | 1994 |
| 9 | Shirley Erickson | SBSC | 4:17.48 | 1985 |
| 10 | Sandy Stinson | CENT | 4:17.78 | 1986 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|-------------|----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 2:53.62 | 2019 |
| 2 | Stephanie Saucy | LVM | 2:55.44 | 2023 |
| 3 | Becky Cleavenger | CVMM | 2:55.46 | 2023 |
| 4 | Traci S Granger | LAPS | 3:00.21 | 2019 |
| 5 | Christie Ciraulo | UCLA | 3:10.92 | 2017 |
| 6 | Diana Dolan LaMar | LVM | 3:15.29 | 2018 |
| 7 | Marion B Schoneberger | SBM | 3:16.68 | 2014 |
| 8 | Carol W Wilson | MVN | 3:19.32 | 2019 |
| 9 | Beverly Montrella | MVN | 3:22.70 | 2008 |
| 10 | Joanne Saul-Zachau | LVM | 3:23.83 | 2019 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------------|-------------|----------------|-------------|
| 1 | Bonnie L Spivey | LAPS | 5:58.81 | 2019 |
| 2 | Stephanie Saucy | LVM | 6:12.32 | 2023 |

| | | | | |
|----|--------------------|------|---------|------|
| 3 | Backy Cleavenger | CVMM | 6:49.12 | 2023 |
| 4 | Alison A Mitchell | MVN | 7:03.41 | 2014 |
| 5 | Diana Dolan LaMar | LVM | 7:06.08 | 2018 |
| 6 | Beverly Montrella | MVN | 7:16.12 | 2008 |
| 7 | Joanne Saul-Zachau | LVM | 7:21.66 | 2019 |
| 8 | Heather C Lambert | LBG | 7:45.52 | 2014 |
| 9 | Gina Waymire | LVM | 7:45.87 | 2023 |
| 10 | Jessica W Seaton | WH2O | 7:47.73 | 2013 |

60-64 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 26.70 | 1998 |
| 2 | Michael J Blatt | VCM | 26.93 | 2015 |
| 3 | Dan Stephenson | ROSE | 26.98 | 2017 |
| 4 | Jeffrey R Stevens | NOVA | 27.10 | 2019 |
| 5 | Don G Smith | CVMM | 27.64 | 2023 |
| 6 | Peter R O'Keeffe | UCLA | 27.91 | 2013 |
| 7 | Thomas S Taylor | ROSE | 28.13 | 2023 |
| 8 | Glenn A Gruber | VCM | 28.29 | 2013 |
| 9 | Pat Meaney | GRA | 28.33 | 2019 |
| 10 | Frank Piemme | SBSC | 28.88 | 1986 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|--------------|-------------|
| 1 | Dan Stephenson | ROSE | 58.06 | 2017 |
| 2 | Jeff Farrell | SBM | 1:00.11 | 1998 |
| 3 | Michael J Blatt | VCM | 1:00.57 | 2015 |
| 4 | Tito Morales | UCLA | 1:01.52 | 2019 |
| 5 | Thomas S Taylor | ROSE | 1:02.27 | 2019 |
| 6 | Pat Meaney | GRA | 1:02.97 | 2019 |
| 7 | Peter R O'Keeffe | UCLA | 1:03.32 | 2013 |
| 8 | Glenn A Gruber | VCM | 1:03.37 | 2012 |
| 9 | Heinz Hercher | TCC | 1:03.67 | 2016 |
| 10 | Hubie Kerns | VCM | 1:05.01 | 2009 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Dan Stephenson | ROSE | 2:07.68 | 2017 |
| 2 | Jim Mc Conica | VCM | 2:12.57 | 2010 |
| 3 | Tito Morales | UCLA | 2:14.99 | 2019 |
| 4 | Thomas S Taylor | ROSE | 2:17.55 | 2019 |
| 5 | Scott Townsend | LVM | 2:18.14 | 2013 |
| 6 | Michael J Blatt | VCM | 2:19.03 | 2015 |
| 7 | Doug Kajiwara | SCAQ | 2:19.69 | 2017 |
| 8 | Jeff Farrell | SBM | 2:20.54 | 1998 |
| 9 | Glenn A Gruber | VCM | 2:22.10 | 2009 |
| 10 | Hubie Kerns | VCM | 2:24.72 | 2011 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Dan Stephenson | ROSE | 4:36.85 | 2017 |
| 2 | Andrew K Bray | UNAT | 4:36.89 | 2018 |
| 3 | Jim Mc Conica | VCM | 4:40.00 | 2012 |
| 4 | Tito Morales | UCLA | 4:53.07 | 2019 |
| 5 | Bruce W Thomas | SCAQ | 4:57.62 | 2017 |
| 6 | Michael J Blatt | VCM | 4:57.95 | 2015 |
| 7 | Scott Townsend | LVM | 5:00.20 | 2013 |
| 8 | Sandy Galletly | SCAQ | 5:01.03 | 2002 |
| 9 | Glenn A Gruber | VCM | 5:01.81 | 2009 |
| 10 | Doug Kajiwara | CVMM | 5:02.34 | 2021 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | Andrew K Bray | UNAT | 9:29.70 | 2018 |
| 2 | Jim McConica | VCM | 9:35.50 | 2012 |
| 3 | Dan Stephenson | ROSE | 9:49.31 | 2017 |
| 4 | Scott Townsend | LVM | 9:59.99 | 2013 |
| 5 | Bruce W Thomas | SCAQ | 10:02.82 | 2017 |
| 6 | Doug Kajiwara | SCAQ | 10:09.22 | 2018 |
| 7 | Tito Morales | UCLA | 10:24.27 | 2023 |
| 8 | Glenn Gruber | VCM | 10:34.50 | 2009 |
| 9 | Stephen P Sponagle | NOVA | 10:36.82 | 2016 |
| 10 | Hubie Kerns | VCM | 10:40.20 | 2012 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|----------------------|-------------|-----------------|-------------|
| 1 | Andrew K Bray | UNAT | 18:01.45 | 2018 |
| 2 | Jim Mc Conica | VCM | 18:12.09 | 2010 |
| 3 | Scott Townsend | LVM | 19:01.70 | 2013 |
| 4 | Doug Kajiwara | SCAQ | 19:30.40 | 2019 |
| 5 | Dan Stephenson | ROSE | 19:48.68 | 2021 |
| 6 | Sandy Galletly | SCAQ | 19:51.97 | 2002 |
| 7 | Bruce W Thomas | NOVA | 20:08.93 | 2021 |
| 8 | Bill Darby | UNAT | 20:20.12 | 2011 |
| 9 | Stephen P Sponagle | NOVA | 20:23.36 | 2016 |
| 10 | Jeffrey W Crosson | NOVA | 20:24.96 | 2021 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|---------------------|-------------|--------------|-------------|
| 1 | Jamie Fowler | NOVA | 30.59 | 2019 |
| 2 | Dan Stephenson | ROSE | 32.76 | 2017 |
| 3 | Peter R O'Keeffe | UCLA | 32.88 | 2013 |
| 4 | Tito Morales | UCLA | 33.08 | 2019 |
| 5 | Doug Kajiwara | SCAQ | 33.52 | 2018 |
| 6 | Toby Weissert | NOVA | 34.18 | 2018 |
| 7 | Jim Mc Conica | VCM | 34.34 | 2012 |
| 8 | James B Lucas | SCAQ | 34.98 | 2012 |
| 9 | Jeff Farrell | SBM | 35.05 | 2001 |
| 10 | Brian S Goodell | MVN | 35.16 | 2019 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------|-------------|----------------|-------------|
| 1 | Jamie Fowler | NOVA | 1:06.08 | 2019 |
| 2 | Jim Mc Conica | VCM | 1:13.17 | 2011 |
| 3 | Tito Morales | UCLA | 1:13.26 | 2019 |
| 4 | Peter R O'Keeffe | UCLA | 1:14.00 | 2013 |
| 5 | Doug Kajiwara | CVMM | 1:14.08 | 2021 |
| 6 | Scott Townsend | LVM | 1:15.54 | 2013 |
| 7 | Hubie Kerns | VCM | 1:16.09 | 2011 |
| 8 | Toby Weissert | NOVA | 1:16.41 | 2019 |
| 9 | James B Lucas | SCAQ | 1:17.61 | 2012 |
| 10 | John Lorenz | NOVA | 1:18.22 | 2019 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------|-------------|----------------|-------------|
| 1 | Jamie Fowler | NOVA | 2:26.12 | 2019 |
| 2 | Dan Stephenson | ROSE | 2:30.95 | 2018 |
| 3 | Jim Mc Conica | VCM | 2:33.94 | 2012 |
| 4 | Tito Morales | UCLA | 2:36.75 | 2019 |
| 5 | Doug Kajiwara | SCAQ | 2:40.04 | 2019 |
| 6 | Scott Townsend | LVM | 2:40.26 | 2013 |
| 7 | Toby Weissert | NOVA | 2:45.11 | 2019 |
| 8 | Peter R O'Keeffe | UCLA | 2:46.37 | 2013 |
| 9 | Hubie Kerns | SCAQ | 2:46.90 | 2009 |
| 10 | James B Lucas | SCAQ | 2:52.45 | 2012 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|----------------------------|-------------|--------------|-------------|
| 1 | Gerard Von Hoffmann | NOVA | 34.67 | 2016 |
| 2 | Pat Meaney | GRA | 35.03 | 2019 |
| 3 | Don G Smith | CVNN | 35.69 | 2023 |
| 4 | Hubie Kerns | VCM | 36.10 | 2013 |
| 5 | Clive G Edwards | SWM | 36.44 | 2014 |
| 6 | Thomas S Taylor | ROSE | 36.69 | 2021 |
| 7 | Michael J Blatt | VCM | 36.84 | 2015 |
| 8 | George Downs | SCAQ | 37.15 | 1999 |
| 9 | Jeff Farrell | SBM | 37.28 | 1999 |
| 10 | Donny W Smith | SWLB | 37.56 | 2021 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|------------------------|-------------|----------------|-------------|
| 1 | Thomas S Taylor | ROSE | 1:19.17 | 2019 |
| 2 | Hubie Kerns | VCM | 1:22.08 | 2013 |
| 3 | Pat Meaney | GRA | 1:22.74 | 2019 |
| 4 | Michael J Blatt | VCM | 1:23.66 | 2015 |
| 5 | Henry Vehovec | NOVA | 1:24.06 | 2019 |
| 6 | Winston S Uchiyama | ROSE | 1:24.70 | 2021 |
| 7 | Clive G Edwards | SWM | 1:24.84 | 2014 |
| 8 | Tegze P Haraszti | HBSC | 1:25.00 | 2001 |
| 9 | Mauro Bordovsky | WH2O | 1:25.04 | 2019 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|------------------------|-------------|----------------|-------------|
| 1 | Thomas S Taylor | ROSE | 2:53.60 | 2019 |
| 2 | Gerard Von Hoffmann | NOVA | 2:58.32 | 2016 |
| 3 | Tito Morales | UCLA | 3:00.28 | 2019 |
| 4 | Michael J Blatt | VCM | 3:03.23 | 2015 |
| 5 | Hubie Kerns | VCM | 3:04.18 | 2011 |
| 6 | Tegze P Haraszti | HBSC | 3:06.10 | 2001 |
| 7 | Winston S Uchiyama | ROSE | 3:06.70 | 2021 |
| 8 | Stephen P Sponagle | NOVA | 3:08.05 | 2015 |
| 9 | Allen Murray | UCI | 3:10.02 | 2004 |

10 Allen Murray UCI 1:26.61 2004

10 Patrick Schlup UCI 3:11.19 2000

| 50 LC METER BUTTERFLY | | | |
|-----------------------|---------------------|------------|-------------------|
| 1 | Brian Patno | FMT | 28.75 2016 |
| 2 | Thomas S Taylor | ROSE | 29.71 2023 |
| 3 | Jamie Fowler | NVOA | 29.79 2019 |
| 4 | Gerard Von Hoffmann | NOVA | 30.18 2016 |
| 5 | Tito Morales | UCLA | 30.56 2023 |
| 6 | Jeff Farrell | SBM | 31.01 1998 |
| 7 | Glenn A Gruber | VCM | 31.02 2010 |
| 8 | Bruce Menefee | GRA | 31.06 2019 |
| 9 | Hubie Kerns | VCM | 31.12 2010 |
| 10 | Toby Weissert | NOVA | 31.37 2018 |

| 100 LC METER BUTTERFLY | | | |
|------------------------|--------------------|------------|---------------------|
| 1 | Brian Patno | FMT | 1:06.02 2016 |
| 2 | Dan Stephenson | ROSE | 1:08.04 2018 |
| 3 | Tito Morales | UCLA | 1:09.03 2023 |
| 4 | Thomas S Taylor | ROSE | 1:10.65 2021 |
| 5 | Hubie Kerns | VCM | 1:12.02 2011 |
| 6 | Steven Van Nort | LAPS | 1:15.17 2011 |
| 7 | Jorge E Martinez | UNAT | 1:15.90 2007 |
| 8 | Erik A Sterne | ROSE | 1:16.29 2013 |
| 9 | Michael Heather | MVN | 1:16.42 2015 |
| 10 | Heinz Hercher | TCC | 1:18.03 2016 |

| 200 LC METER BUTTERFLY | | | |
|------------------------|---------------------|-------------|---------------------|
| 1 | Tito Morales | UCLA | 2:39.21 2019 |
| 2 | Hubie Kerns | VCM | 2:53.85 2011 |
| 3 | John Holbeck | MYST | 2:59.36 2018 |
| 4 | Paulo Figueiredo | WH2O | 3:06.23 2006 |
| 5 | Chuck Milam | MMM | 3:15.74 2006 |
| 6 | Steven Van Nort | LAPS | 3:17.82 2011 |
| 7 | Tom Burke | GRA | 3:18.94 2021 |
| 8 | William A Kennedy | LBSU | 3:26.92 2017 |
| 9 | Bob Merrick | GYSM | 3:28.64 1983 |
| 10 | Henry Greenberg | NOVA | 3:29.61 2009 |

| 200 LC METER INDIVIDUAL MEDLEY | | | |
|--------------------------------|---------------------|-------------|---------------------|
| 1 | Tito Morales | UCLA | 2:30.98 2019 |
| 2 | Doug Kajiwara | SCAQ | 2:34.77 2018 |
| 3 | Dan Stephenson | ROSE | 2:35.03 2019 |
| 4 | Gerard Von Hoffmann | NOVA | 2:39.32 2016 |
| 5 | Hubie Kerns | VCM | 2:42.94 2011 |
| 6 | Toby Weissert | NOVA | 2:43.76 2019 |
| 7 | Winston S Uchiyama | ROSE | 2:45.02 2021 |
| 8 | Jeff Farrell | SBM | 2:46.41 1998 |
| 9 | Michael J Blatt | VCM | 2:46.51 2015 |
| 10 | Sandy Galletly | SCAQ | 2:46.75 2002 |

| 400 LC METER INDIVIDUAL MEDLEY | | | |
|--------------------------------|---------------------|-------------|---------------------|
| 1 | Tito Morales | UCLA | 5:28.47 2019 |
| 2 | Hubie Kerns | VCM | 5:53.91 2010 |
| 3 | John Holbeck | YST | 5:56.42 2019 |
| 4 | Toby Weissert | NOVA | 5:57.14 2019 |
| 5 | Sandy Galletly | SCAQ | 5:58.50 2004 |
| 6 | Steven Van Nort | LAPS | 6:14.84 2012 |
| 7 | Paulo Figueiredo | WH2O | 6:21.42 2006 |
| 8 | Tom Burke | GRA | 6:30.44 2021 |
| 9 | Dan Jensen | GRA | 6:31.50 2018 |
| 10 | Steven R Czekala | WH2O | 6:34.52 2023 |

65-69 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | |
|-----------------------|------------------------|-------------|-------------------|
| 1 | Veronica Hibben | NOVA | 30.71 2021 |
| 2 | Jacki Hirsty | UNAT | 30.76 2017 |
| 3 | Shelly Marshall | CVMM | 32.88 2023 |
| 4 | Elizabeth Boscacci | SBM | 33.19 2022 |
| 5 | Carole Andre | UCLA | 33.50 2019 |
| 6 | Beverly B Meteyer | LVM | 34.06 2019 |
| 7 | Evie S Lynch | UCLA | 34.11 2019 |
| 8 | Jan L Levinrad | WH2O | 34.31 2014 |
| 9* | Heather C Lambert | LBG | 34.86 2019 |
| 9* | Sharon Dill | MVN | 34.86 2023 |

| 100 LC METER FREESTYLE | | | |
|------------------------|------------------------|-------------|---------------------|
| 1 | Veronica Hibben | NOVA | 1:07.26 2022 |
| 2 | Jacki Hirsty | UNAT | 1:09.61 2017 |
| 3 | Shelly Marshall | CVMM | 1:14.03 2023 |
| 4 | Elizabeth H Boscacci | SBM | 1:15.10 2021 |
| 5 | Carole Andre | UCLA | 1:15.90 2019 |
| 6 | Sharon Dill | MVN | 1:17.13 2023 |
| 7 | Beverly B Meteyer | LVM | 1:17.18 2019 |
| 8 | Joanne Saul-Zachau | LVM | 1:18.30 2023 |
| 9 | Helen Cox | CVMM | 1:19.64 2023 |
| 10 | Diana Dolan LaMar | MVN | 1:19.93 2022 |

| 200 LC METER FREESTYLE | | | |
|------------------------|------------------------|-------------|---------------------|
| 1 | Veronica Hibben | NOVA | 2:33.00 2021 |
| 2 | Jacki Hirsty | UNAT | 2:33.88 2017 |
| 3 | Christie Ciraulo | UCLA | 2:42.98 2018 |
| 4 | Elizabeth Boscacci | SBM | 2:47.25 2022 |
| 5 | Mindy M Dougherty | MVN | 2:49.99 2017 |
| 6 | Joanne Saul-Zachau | LVM | 2:51.77 2023 |
| 7 | Charlotte D Gutierrez | SBM | 2:54.33 2018 |
| 8 | Diana Dolan LaMar | MVN | 2:54.73 2022 |
| 9 | Helen Cox | CVMM | 2:55.27 2023 |
| 10 | Niki Stokols | CVMM | 2:58.38 2023 |

| 400 LC METER FREESTYLE | | | |
|------------------------|-----------------------|-------------|---------------------|
| 1 | Jacki Hirsty | UNAT | 5:28.07 2017 |
| 2 | Veronica Hibben | NOVA | 5:29.74 2022 |
| 3 | Christie Ciraulo | UCLA | 5:38.53 2019 |
| 4 | Sharon Dill | MVN | 5:48.93 2023 |
| 5 | Elizabeth H Boscacci | SBM | 5:58.03 2022 |
| 6 | Charlotte D Gutierrez | SBM | 6:01.76 2019 |
| 7 | Joanne Saul-Zachau | LVM | 6:01.95 2023 |
| 8 | Diana Dolan LaMar | MVN | 6:07.78 2022 |
| 9 | Niki Stokols | CVMM | 6:11.34 2023 |
| 10 | Mindy M Dougherty | MVN | 6:12.96 2018 |

| 800 LC METER FREESTYLE | | | |
|------------------------|-------------------------|-------------|----------------------|
| 1 | Christie Ciraulo | UCLA | 11:17.95 2019 |
| 2 | Veronica Hibben | NOVA | 12:00.03 2021 |
| 3 | Sharon Dill | MVN | 12:05.94 2023 |
| 4 | Charlotte D Gutierrez | SBM | 12:08.49 2019 |
| 5 | Diana Dolan LaMar | MVN | 12:20.75 2022 |
| 6 | Joanne Saul-Zachau | LVM | 12:23.33 2023 |
| 7 | Carol Wilson | MVN | 12:23.61 2023 |
| 8 | Elizabeth H Boscacci | SBM | 12:30.44 2021 |
| 9 | Gwen Uthus | MVN | 13:00.04 2019 |
| 10 | Beverly J Montrella | MVN | 13:13.36 2012 |

| 1500 LC METER FREESTYLE | | | |
|-------------------------|-------------------------|-------------|----------------------|
| 1 | Christie Ciraulo | UCLA | 21:32.84 2019 |
| 2 | Veronica Hibben | NOVA | 22:41.12 2023 |
| 3 | Sharon Dill | MVN | 22:47.54 2023 |
| 4 | Diana Dolan LaMar | MVN | 23:13.26 2022 |
| 5 | Joanne Saul-Zachau | LVM | 23:32.13 2023 |
| 6 | Niki F Stokols | CVMM | 23:37.69 2022 |
| 7 | Elizabeth H Boscacci | SBM | 23:46.76 2021 |
| 8 | Gwen Uthus | MVN | 24:18.82 2019 |
| 9 | Beverly J Montrella | MVN | 25:35.78 2015 |
| 10 | Malchia Olshan | OSB | 27:19.47 1996 |

| 50 LC METER BACKSTROKE | | | |
|------------------------|---------------------|-------------|-------------------|
| 1 | Evie S Lynch | UCLA | 38.21 2019 |
| 2 | Helen Cox | CVMM | 41.97 2023 |
| 3 | Jeanne M Mc Cleave | MVN | 42.12 2019 |
| 4 | Jan L Levinrad | WH2O | 43.16 2014 |

| 100 LC METER BACKSTROKE | | | |
|-------------------------|---------------------|-------------|---------------------|
| 1 | Evie S Lynch | UCLA | 1:25.26 2019 |
| 2 | Mindy M Dougherty | MVN | 1:28.64 2017 |
| 3 | Joanne Saul-Zachau | LCM | 1:32.59 2023 |
| 4 | Helen Cox | CVMM | 1:33.62 2023 |

| | | | | |
|----|----------------------|------|-------|------|
| 5* | Ellen J Rockholm | KMAN | 44.58 | 2013 |
| 5* | Elizabeth H Boscacci | SBM | 44.58 | 2021 |
| 7 | Dorothy LaChasse | SBSC | 44.71 | 1989 |
| 8 | Jill Johnson | MSCA | 45.67 | 2021 |
| 9 | Beverly J Montrella | MVN | 45.75 | 2015 |
| 10 | Monica B Little | SBM | 46.19 | 2017 |

| | | | | |
|----|----------------------|------|---------|------|
| 5 | Jeanne M Mc Cleave | MVN | 1:34.32 | 2019 |
| 6 | Marion Schoneberger | SBM | 1:34.59 | 2023 |
| 7 | Christie Ciraulo | UCLA | 1:34.60 | 2018 |
| 8 | Kerri Lumbert Gentry | UNAT | 1:37.85 | 2022 |
| 9 | Jan L Levinrad | WH2O | 1:38.42 | 2014 |
| 10 | Beverly J Montrella | MVN | 1:38.85 | 2013 |

200 LC METER BACKSTROKE

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Evie S Lynch | UCLA | 3:03.17 | 2019 |
| 2 | Christie Ciraulo | UCLA | 3:17.80 | 2019 |
| 3 | Helen Cox | CVMM | 3:22.31 | 2023 |
| 4 | Kerri Lumbert Gentry | UNAT | 3:27.83 | 2022 |
| 5 | Joanne Saul-Zachau | LVM | 3:27.88 | 2023 |
| 6 | Mary Newcombe | ROSE | 3:31.77 | 2022 |
| 7 | Diana Dolan LaMar | MVN | 3:32.67 | 2022 |
| 8 | Dorothy LaChasse | SBSC | 3:40.34 | 1989 |
| 9 | Beverly J Montrella | MVN | 3:41.13 | 2015 |
| 10 | Sandy Stinson | CENT | 3:47.48 | 1988 |

50 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Karen L Melick | SCAQ | 43.11 | 2022 |
| 2 | Carole Andre | UCLA | 44.21 | 2019 |
| 3 | Charlotte D Gutierrez | SBM | 45.74 | 2019 |
| 4 | Evie S Lynch | UCLA | 46.40 | 2019 |
| 5 | Danielle Ogier | UNAT | 46.67 | 2019 |
| 6 | Elizabeth H Boscacci | SBM | 46.79 | 2022 |
| 7 | Sigute Miller | GRA | 46.80 | 2023 |
| 8 | Jeanne M McCleave | MVN | 47.98 | 2019 |
| 9 | Niki F Stokols | CVMM | 48.95 | 2023 |
| 10 | Janie Berezcky | UNAT | 48.99 | 2023 |

100 LC METER BREASTSTROKE

| | | | | |
|----|------------------------------|------------|----------------|-------------|
| 1 | Charlotte D Gutierrez | SBM | 1:39.25 | 2018 |
| 2 | Carole Andre | UCLA | 1:40.16 | 2019 |
| 3 | Karen L Melick | SCAQ | 1:41.27 | 2022 |
| 4 | Elizabeth Boscacci | SBM | 1:46.94 | 2023 |
| 5 | Jeannette M Bauer | SCA | 1:51.08 | 2014 |
| 6 | Jeanne M Mc Cleave | MVN | 1:52.03 | 2021 |
| 7 | Jessica W Seaton | WH2O | 1:53.27 | 2019 |
| 8 | Beverly J Montrella | MVN | 1:57.11 | 2012 |
| 9 | Nancy H Stanbury | LBG | 1:57.21 | 2018 |
| 10 | Diana Dolan LaMar | MVN | 1:57.78 | 2023 |

200 LC METER BREASTSTROKE

| | | | | |
|----|---------------------------|-------------|----------------|-------------|
| 1 | Karen L Melick | SCAQ | 3:36.84 | 2022 |
| 2 | Charlotte D Gutierrez | SCAQ | 3:39.24 | 2019 |
| 3 | Danielle Ogier | UNAT | 3:45.59 | 2019 |
| 4 | Elizabeth H Boscacci | SBM | 4:01.08 | 2022 |
| 5 | Diana Dolan LaMar | MVN | 4:04.18 | 2022 |
| 6 | Peggy McDowell-Cramer | SLO | 4:09.37 | 2006 |
| 7 | Beverly J Montrella | MVN | 4:10.91 | 2012 |
| 8 | Jessica Seaton | WH2O | 4:11.27 | 2022 |
| 9 | Mickey Shockley | SLUG | 4:11.99 | 1994 |
| 10 | Wendy Scherwat Ducourneau | GRA | 4:12.56 | 2017 |

50 LC METER BUTTERFLY

| | | | | |
|----|-------------------------|-------------|--------------|-------------|
| 1 | Christie Ciraulo | UCLA | 34.50 | 2019 |
| 2 | Veronica Hibben | NOVA | 34.80 | 2021 |
| 3 | Jacki Hirsty | UNAT | 36.41 | 2017 |
| 4 | Shelly R Marshall | CVMM | 36.96 | 2022 |
| 5 | Helen Cox | CVMM | 37.01 | 2023 |
| 6 | Evie S Lynch | UCLA | 38.18 | 2019 |
| 7 | Carole Andre | UCLA | 38.85 | 2019 |
| 8 | Beverly B Meteyer | LVM | 40.53 | 2019 |
| 9 | Jan L Levinrad | WH2O | 41.77 | 2014 |
| 10 | Debbie S Bradbury | NOVA | 42.85 | 2018 |

100 LC METER BUTTERFLY

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Veronica Hibben | NOVA | 1:24.82 | 2021 |
| 2 | Christie Ciraulo | UCLA | 1:25.18 | 2019 |
| 3 | Helen Cox | CVMM | 1:27.89 | 2023 |
| 4 | Diana Dolan LaMar | MVN | 1:50.31 | 2023 |
| 5 | Beverly J Montrella | MVN | 1:51.01 | 2012 |
| 6 | Heather C Lambert | LBG | 1:58.88 | 2021 |
| 7 | Maxine Merlino | LBSC | 2:01.18 | 1979 |
| 8 | Sandy Stinson | CENT | 2:01.45 | 1988 |
| 9 | Malchia Olshan | OSB | 2:03.86 | 1996 |
| 10 | Viola Thompson | PAC | 2:03.91 | 1984 |

200 LC METER BUTTERFLY

| | | | | |
|----|-------------------------|-------------|----------------|-------------|
| 1 | Christie Ciraulo | UCLA | 3:24.28 | 2021 |
| 2 | Nancy H Stanbury | LBG | 4:14.47 | 2018 |
| 3 | Malchia Olshan | OSB | 4:23.21 | 1996 |
| 4 | Sandy Stinson | CENT | 4:30.34 | 1988 |
| 5 | Maxine Merlino | LBSC | 4:31.89 | 1980 |
| 6 | Rita Simonton | LBM | 4:42.25 | 1984 |
| 7 | Diana Dolan LaMar | MVN | 4:48.85 | 2023 |
| 8 | Helen Geoffrion | UCLA | 4:58.91 | 2006 |
| 9 | Gloria Marienthal | CM | 5:31.09 | 1994 |
| 10 | Renate Winkler | UCLA | 6:45.40 | 2007 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|------------------------|-------------|----------------|-------------|
| 1 | Veronica Hibben | NOVA | 3:09.71 | 2023 |
| 2 | Helen Cox | CVMM | 3:16.83 | 2023 |
| 3 | Christie Ciraulo | UCLA | 3:20.52 | 2021 |
| 4 | Joanne Saul-Zachau | LVM | 3:26.42 | 2023 |
| 5 | Jeanne M Mc Cleave | MVN | 3:31.78 | 2019 |
| 6 | Mary Newcombe | ROSE | 3:33.57 | 2022 |
| 7 | Diana Dolan LaMar | MVN | 3:34.36 | 2022 |
| 8 | Beverly J Montrella | MVN | 3:38.91 | 2012 |
| 9 | Dorothy LaChasse | SBSC | 3:49.34 | 1989 |
| 10 | Jessica W Seaton | WH2O | 3:53.78 | 2019 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Helen Cox | CVMM | 7:04.42 | 2023 |
| 2 | Joanne Saul-Zachau | LVM | 7:17.22 | 2023 |
| 3 | Diana Dolan LaMar | MVN | 7:39.16 | 2022 |
| 4 | Beverly J Montrella | MVN | 7:42.07 | 2012 |
| 5 | Sandy Stinson | CENT | 8:21.79 | 1988 |
| 6 | Heather C Lambert | LBG | 8:28.25 | 2021 |
| 7 | Malchia Olshan | OSB | 8:32.70 | 1996 |
| 8 | Maxine Merlino | LBSC | 8:34.84 | 1980 |
| 9 | Rita Simonton | LBM | 8:48.30 | 1984 |
| 10 | Nancy H Stanbury | LBG | 8:58.84 | 2018 |

65-69 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 27.15 | 2002 |
| 2 | Dan Stephenson | ROSE | 27.42 | 2022 |
| 3 | Glenn A Gruber | VCM | 28.09 | 2014 |
| 4 | Michael J Blatt | VCM | 28.54 | 2022 |
| 5 | Hubie Kerns | VCM | 28.59 | 2014 |
| 6 | Peter R O'Keefe | UCLA | 28.62 | 2015 |
| 7 | Tom Angell | NOVA | 29.10 | 2005 |
| 8 | Mark Buckley | CVMM | 29.71 | 2018 |
| 9 | Doug Kajiwara | CVMM | 29.72 | 2022 |
| 10 | Joe E Tack | NOVA | 29.75 | 2023 |

100 LC METER FREESTYLE

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Dan Stephenson | ROSE | 59.50 | 2022 |
| 2 | Jeff Farrell | SBM | 1:02.79 | 2002 |
| 3 | Glenn A Gruber | VCM | 1:03.01 | 2014 |
| 4 | Michael J Blatt | VCM | 1:04.75 | 2022 |
| 5 | Peter R O'Keefe | UCLA | 1:05.98 | 2015 |
| 6 | Joe E Tack | NOVA | 1:06.29 | 2023 |
| 7 | Hubie Kerns | VCM | 1:06.87 | 2014 |
| 8 | Mark Buckley | CVMM | 1:07.35 | 2018 |
| 9 | Tom Angell | NOVA | 1:07.38 | 2005 |
| 10 | Frank Piemme | SCAQ | 1:08.86 | 1990 |

200 LC METER FREESTYLE

| 1 | Dan Stephenson | ROSE | 2:11.40 | 2022 |
|----|-----------------|------|---------|------|
| 2 | Glenn A Gruber | VCM | 2:22.04 | 2014 |
| 3 | Jeff Farrell | SBM | 2:22.90 | 2002 |
| 4 | Jim Mc Conica | VCM | 2:23.35 | 2015 |
| 5 | Hubie Kerns | VCM | 2:26.35 | 2016 |
| 6 | Brian A Murphy | WH2O | 2:29.68 | 2013 |
| 7 | Michael J Blatt | VCM | 2:30.02 | 2022 |
| 8 | Dick Stewart | NOVA | 2:31.49 | 2006 |
| 9 | Joe E Tack | NOVA | 2:31.67 | 2023 |
| 10 | John Holbeck | MYST | 2:35.38 | 2023 |

800 LC METER FREESTYLE

| 1 | Dan Stephenson | ROSE | 10:01.92 | 2022 |
|----|-----------------|------|----------|------|
| 2 | Jim Mc Conica | VCM | 10:11.30 | 2015 |
| 3 | Doug Kajiwara | CVMM | 10:11.74 | 2022 |
| 4 | Glenn A Gruber | VCM | 10:39.76 | 2014 |
| 5 | Hubie Kerns | VCM | 10:44.74 | 2014 |
| 6 | John Holbeck | MYST | 10:54.96 | 2023 |
| 7 | Brian A Murphy | WH2O | 11:23.58 | 2013 |
| 8 | Walter D Hitch | ROSE | 11:24.09 | 2017 |
| 9 | Sandy Galletly | SCAQ | 11:34.52 | 2007 |
| 10 | Eric R Anderson | LAPS | 11:34.76 | 2009 |

50 LC METER BACKSTROKE

| 1 | Stephen J DeCosse | ROSE | 32.21 | 2023 |
|----|-------------------|------|-------|------|
| 2 | Dan Stephenson | ROSE | 34.00 | 2022 |
| 3 | Peter R O'Keeffe | UCLA | 34.75 | 2015 |
| 4 | Doug Kajiwara | CVMM | 34.76 | 2022 |
| 5 | Jeff Farrell | SBM | 35.16 | 2002 |
| 6 | Hubie Kerns | GRA | 35.95 | 2017 |
| 7 | Mike Selna | NOVA | 35.96 | 2013 |
| 8 | James B Lucas | SCAQ | 36.11 | 2015 |
| 9 | Glenn A Gruber | VCM | 36.30 | 2015 |
| 10 | Mark Buckley | CVMM | 37.20 | 2018 |

200 LC METER BACKSTROKE

| 1 | Dan Stephenson | ROSE | 2:32.79 | 2022 |
|----|----------------|------|---------|------|
| 2 | Doug Kajiwara | CVMM | 2:40.92 | 2022 |
| 3 | Hubie Kerns | VCM | 2:50.38 | 2014 |
| 4 | Toby Weissert | NOVA | 2:51.21 | 2023 |
| 5 | Tegze Haraszti | HBSC | 2:54.10 | 2006 |
| 6 | Mike Selna | NOVA | 2:54.29 | 2013 |
| 7 | Walter D Hitch | ROSE | 3:04.89 | 2017 |
| 8 | Owen Lubow | CVMM | 3:06.39 | 2023 |
| 9 | James Lucas | SCAQ | 3:10.42 | 2015 |
| 10 | Sandy Galletly | SCAQ | 3:11.41 | 2007 |

100 LC METER BREASTSTROKE

| 1 | Robert Strand | ROSE | 1:18.87 | 2012 |
|----|--------------------|------|---------|------|
| 2 | Hubie Kerns | VCM | 1:21.84 | 2014 |
| 3 | Winston S Uchiyama | ROSE | 1:23.61 | 2023 |
| 4 | Rod Cargill | SWLB | 1:25.58 | 2014 |
| 5 | Clive G Edwards | CVMM | 1:28.04 | 2019 |
| 6 | Mike Selna | NOVA | 1:29.37 | 2013 |
| 7 | Doug Kajiwara | CCAM | 1:29.85 | 2023 |
| 8 | Richard Scoggins | CVMM | 1:29.90 | 2023 |
| 9 | Toby Weissert | NOVA | 1:30.84 | 2023 |
| 10 | Leland C Arth | SCAQ | 1:34.55 | 1990 |

50 LC METER BUTTERFLY

| 1 | Dan Stephenson | ROSE | 30.34 | 2022 |
|----|------------------|------|-------|------|
| 2 | Hubie Kerns | VCM | 31.11 | 2014 |
| 3 | Glenn A Gruber | VCM | 31.17 | 2018 |
| 4 | Peter R O'Keeffe | VCM | 31.76 | 2019 |
| 5 | Mark Buckley | CVMM | 32.46 | 2018 |
| 6 | Doug Kajiwara | CVMM | 32.56 | 2022 |
| 7 | Duncan Q McBride | LAPS | 32.89 | 2019 |
| 8 | Joe E Tack | NOVA | 33.05 | 2023 |
| 9 | Frank Piemme | SCAQ | 33.39 | 1990 |
| 10 | Robert E Hayes | NOVA | 33.53 | 2016 |

200 LC METER BUTTERFLY

| 1 | Hubie Kerns | VCM | 2:50.38 | 2014 |
|---|-----------------|------|---------|------|
| 2 | John Holbeck | MYST | 2:57.43 | 2023 |
| 3 | Bruce W Rollins | GRA | 3:23.12 | 2017 |
| 4 | Leland C Arth | SCAQ | 3:24.69 | 1990 |
| 5 | Mark Buckley | CVMM | 3:40.70 | 2018 |
| 6 | Chuck D Milam | MMM | 3:41.16 | 2010 |
| 7 | Bob Merrick | SCAQ | 3:42.19 | 1986 |
| 8 | Herbert Nakama | IMS | 3:45.32 | 1997 |

400 LC METER FREESTYLE

| 1 | Dan Stephenson | ROSE | 4:41.12 | 2022 |
|----|----------------|------|---------|------|
| 2 | Jim Mc Conica | VCM | 4:54.90 | 2015 |
| 3 | Glenn A Gruber | VCM | 5:04.88 | 2014 |
| 4 | Doug Kajiwara | CCAM | 5:08.41 | 2023 |
| 5 | Hubie Kerns | VCM | 5:10.25 | 2014 |
| 6 | Dick Stewart | NOVA | 5:20.20 | 2006 |
| 7 | Michael Blatt | VCM | 5:24.34 | 2022 |
| 8 | Tegze Haraszti | HBSC | 5:26.10 | 2006 |
| 9 | Toby Weissert | NOVA | 5:26.44 | 2023 |
| 10 | John Holbeck | MYST | 5:29.17 | 2923 |

1500 LC METER FREESTYLE

| 1 | Jim Mc Conica | VCM | 19:33.36 | 2015 |
|----|----------------|------|----------|------|
| 2 | Doug Kajiwara | CVMM | 19:36.98 | 2022 |
| 3 | Hubie Kerns | VCM | 20:31.18 | 2014 |
| 4 | John Holbeck | MYST | 21:09.92 | 2023 |
| 5 | Mike Sherrill | HNAQ | 21:56.77 | 2016 |
| 6 | Brian A Murphy | WH2O | 21:58.30 | 2013 |
| 7 | Glenn A Gruber | VCM | 22:04.89 | 2015 |
| 8 | Sandy Galletly | SCAQ | 22:06.71 | 2007 |
| 9 | Walter D Hitch | ROSE | 22:15.94 | 2018 |
| 10 | Tegze Haraszti | HBSC | 22:21.77 | 2008 |

100 LC METER BACKSTROKE

| 1 | Stephen J DeCosse | ROSE | 1:11.28 | 2023 |
|----|-------------------|------|---------|------|
| 2 | Dan Stephenson | ROSE | 1:11.99 | 2022 |
| 3 | Doug Kajiwara | CVMM | 1:15.59 | 2022 |
| 4 | Mike Selna | NOVA | 1:17.94 | 2013 |
| 5 | Peter R O'Keeffe | UCLA | 1:18.00 | 2015 |
| 6 | Hubie Kerns | VCM | 1:18.32 | 2016 |
| 7 | Tegze Haraszti | HBSC | 1:18.41 | 2006 |
| 8 | James B Lucas | SCAQ | 1:21.40 | 2015 |
| 9 | Owen Lubow | CVMM | 1:25.56 | 2023 |
| 10 | Walter D Hitch | ROSE | 1:26.63 | 2017 |

50 LC METER BREASTSTROKE

| 1 | Robert Strand | ROSE | 34.66 | 2012 |
|----|------------------|------|-------|------|
| 2 | Hubie Kerns | VCM | 36.27 | 2014 |
| 3 | Clive G Edwards | CVMM | 36.67 | 2019 |
| 4 | Rod Cargill | SWLB | 37.05 | 2014 |
| 5 | Peter Lee | CPM | 38.11 | 1990 |
| 6 | Richard Scoggins | CVMM | 38.65 | 2022 |
| 7 | Dick Stewart | NOVA | 38.71 | 2005 |
| 8 | Doug Kajiwara | CVMM | 39.08 | 2022 |
| 9 | Howard W Burns | MVN | 39.91 | 2016 |
| 10 | John F Campbell | MVN | 39.96 | 2013 |

200 LC METER BREASTSTROKE

| 1 | Robert Strand | ROSE | 2:58.13 | 2012 |
|----|--------------------|------|---------|------|
| 2 | Winston S Uchiyama | ROSE | 3:02.82 | 2023 |
| 3 | Hubie Kerns | VCM | 3:06.95 | 2016 |
| 4 | John Holbeck | MYST | 3:10.60 | 2023 |
| 5 | Mike Selna | NOVA | 3:14.08 | 2013 |
| 6 | Tegze Haraszti | HBSC | 3:16.43 | 2006 |
| 7 | Michael J Blatt | VCM | 3:17.16 | 2022 |
| 8 | Toby Weissert | NOVA | 3:22.28 | 2023 |
| 9 | Patrick L Schlup | UCI | 3:25.09 | 2005 |
| 10 | Clive G Edwards | CVMM | 3:26.07 | 2018 |

100 LC METER BUTTERFLY

| 1 | Dan Stephenson | ROSE | 1:08.45 | 2022 |
|----|----------------|------|---------|------|
| 2 | Hubie Kerns | VCM | 1:12.27 | 2014 |
| 3 | Dick Stewart | NOVA | 1:15.42 | 2005 |
| 4 | Mark Buckley | CVMM | 1:17.93 | 2018 |
| 5 | Glenn A Gruber | VCM | 1:22.23 | 2018 |
| 6 | John Holbeck | MYST | 1:22.34 | 2023 |
| 7 | Erik A Sterne | CVMM | 1:23.36 | 2017 |
| 8 | Heinz Hercher | TCC | 1:23.46 | 2021 |
| 9 | Chuck Milam | MMM | 1:26.37 | 2010 |
| 10 | Leland C Arth | SCAQ | 1:28.84 | 1990 |

200 LC METER INDIVIDUAL MEDLEY

| 1 | Dan Stephenson | ROSE | 2:35.91 | 2023 |
|----|----------------|------|---------|------|
| 2 | Hubie Kerns | VCM | 2:39.23 | 2014 |
| 3 | Doug Kajiwara | CVMM | 2:41.01 | 2022 |
| 4 | Jeff Farrell | SBM | 2:51.18 | 2002 |
| 5* | Tegze Haraszti | HBSC | 2:52.65 | 2006 |
| 5* | John Holbeck | MYST | 2:52.65 | 2023 |
| 7 | Dick Stewart | NOVA | 2:55.29 | 2005 |
| 8 | Glenn A Gruber | VCM | 2:57.85 | 2018 |

| | | | | |
|----|------------------|------|---------|------|
| 9 | Walter Pfeiffer | CALT | 3:45.66 | 1979 |
| 10 | Charles A Larson | WH2O | 3:56.10 | 2020 |

| | | | | |
|----|----------------|------|---------|------|
| 9 | Brian A Murphy | WH2O | 2:58.14 | 2013 |
| 10 | Heinz Hercher | TCC | 3:01.52 | 2021 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-------------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 5:51.91 | 2014 |
| 2 | John Holbeck | MYST | 5:57.72 | 2023 |
| 3 | Toby Weissert | NOVA | 6:00.14 | 2023 |
| 4 | Tegze Haraszti | HBSC | 6:20.74 | 2006 |
| 5 | Mark A Montgomery | NOVA | 6:25.96 | 2022 |
| 6 | Owen Lubow | CVMM | 6:47.74 | 2023 |
| 7 | Leland C Arth | SCAQ | 6:50.59 | 1990 |
| 8 | Frank Piemme | SBM | 7:03.32 | 1993 |
| 9 | Eric Anderson | LAPS | 7:10.44 | 2010 |
| 10 | Bob Merrick | MMSC | 7:20.27 | 1985 |

70-74 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|---------------------|------|-------|------|
| 1 | Christie Ciraulo | WH2O | 33.97 | 2023 |
| 2 | Lynn Rutherford | SBM | 34.78 | 2023 |
| 3 | Beverly J Montrella | MVN | 36.82 | 2019 |
| 4 | Debbie S Bradbury | NOVA | 38.03 | 2021 |
| 5 | Jan L Levinrad | MVN | 38.91 | 2021 |
| 6 | Ruth Baar | OSB | 40.30 | 1994 |
| 7 | Mimi Frank | SWLB | 40.51 | 2019 |
| 8 | Diane G Smith | CVMM | 40.74 | 2018 |
| 9 | Maxine Merlino | LBM | 41.51 | 1983 |
| 10 | Pat Fruin | MMM | 42.25 | 2014 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------|---------|------|
| 1 | Christie Ciraulo | WH2O | 1:15.97 | 2023 |
| 2 | Debbie S Bradbury | NOVA | 1:26.50 | 2021 |
| 3 | Beverly J Montrella | MVN | 1:27.10 | 2016 |
| 4 | Jeanne Little | MVN | 1:27.82 | 2009 |
| 5 | Jan L Levinrad | MVN | 1:28.30 | 2021 |
| 6 | Ruth Baar | OSB | 1:32.58 | 1994 |
| 7 | Maxine Merlino | LBM | 1:35.45 | 1982 |
| 8* | Diane G Smith | CVMM | 1:37.55 | 2018 |
| 8* | Pat Fruin | MMM | 1:37.55 | 2014 |
| 10 | Ellen K Shockro | UNAT | 1:39.26 | 2012 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------|---------|------|
| 1 | Christie Ciraulo | WH2O | 2:40.63 | 2023 |
| 2 | Beverly J Montrella | MVN | 3:12.44 | 2016 |
| 3 | Debbie S Bradbury | NOVA | 3:14.19 | 2021 |
| 4 | Jeanne Little | MVN | 3:27.37 | 2010 |
| 5 | Ruth Baar | OSB | 3:33.76 | 1994 |
| 6 | Grace Altus | OSB | 3:35.09 | 1994 |
| 7 | Rita Simonton | GOLW | 3:35.85 | 1991 |
| 8 | Pat Fruin | MMM | 3:36.32 | 2014 |
| 9 | Nancy H Stanbury | LBG | 3:37.39 | 2019 |
| 10 | Maxine Merlino | LBM | 3:37.41 | 1982 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------|---------|------|
| 1 | Christie Ciraulo | WH2O | 5:23.83 | 2023 |
| 2 | Beverly J Montrella | MVN | 6:41.65 | 2017 |
| 3 | Nancy H Stanbury | LBG | 7:16.19 | 2019 |
| 4 | Joanne Corrao | MVN | 7:18.36 | 2022 |
| 5 | Jeanne Little | MVN | 7:24.99 | 2009 |
| 9 | Grace Altus | OSB | 7:25.49 | 1994 |
| 7 | Ellen K Shockro | NOVA | 7:29.16 | 2012 |
| 8 | Rita Simonton | GOLW | 7:29.34 | 1989 |
| 9 | Ruth Baar | OSB | 7:33.61 | 1994 |
| 10 | Pat Fruin | MMM | 7:38.72 | 2013 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------|----------|------|
| 1 | Christie Ciraulo | WH2O | 11:04.90 | 2023 |
| 2 | Beverly J Montrella | MVN | 13:30.32 | 2017 |
| 3 | Joanne Corrao | MVN | 14:52.43 | 2022 |
| 4 | Rita Simonton | GOLW | 15:04.91 | 1988 |
| 5 | Pat Fruin | MMM | 15:23.98 | 2013 |
| 6 | Jeanne Little | MVN | 15:31.19 | 2009 |
| 7 | Grace Altus | OSB | 15:35.94 | 1994 |
| 8 | Nancy Stanbury | LBG | 15:43.38 | 2019 |
| 9 | Edna Hesthal | SBSC | 16:36.16 | 1987 |
| 10 | Dionne Caldwell | NOVA | 16:37.78 | 2006 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|---------------------|------|----------|------|
| 1 | Christie Ciraulo | WH2O | 21:02.79 | 2023 |
| 2 | Beverly J Montrella | MVN | 26:00.83 | 2016 |
| 3 | Grace Altus | OSB | 28:14.29 | 1994 |
| 4 | Rita Simonton | GOLW | 28:46.45 | 1988 |
| 5 | Pat Fruin | MMM | 29:01.05 | 2013 |
| 6 | Dionne Caldwell | NOVA | 30:00.76 | 2002 |
| 7 | Ellen K Shockro | NOVA | 30:03.96 | 2012 |
| 8 | Nancy H Stanbury | LBG | 30:28.98 | 2019 |
| 9 | Maxine Merlino | LBM | 31:04.57 | 1983 |
| 10 | Helen Geoffrion | UCLA | 31:22.41 | 2009 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|---------------------------|------|-------|------|
| 1 | Christie Ciraulo | WH2O | 44.11 | 2023 |
| 2 | Beverly J Montrella | MVN | 44.75 | 2017 |
| 3 | Mimi Frank | SWLB | 46.61 | 2019 |
| 4 | Jan L Levinrad | MVN | 50.13 | 2021 |
| 5 | Eugenia Gregoire | BPMS | 51.68 | 2007 |
| 6 | Debbie Bradbury | NOVA | 52.28 | 2023 |
| 7 | Maxine Merlino | LBM | 52.64 | 1983 |
| 8 | Diane G Smith | CVMM | 52.89 | 2018 |
| 9 | Wendy Scherwat Ducourneau | GRA | 53.08 | 2023 |
| 10 | Lucy Johnson | SWLB | 55.31 | 2019 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------------|------|---------|------|
| 1 | Christie Ciraulo | WH2O | 1:34.79 | 2023 |
| 2 | Beverly J Montrella | MVN | 1:37.41 | 2017 |
| 3 | Mimi Frank | SWLB | 1:44.21 | 2019 |
| 4 | Jan L Levinrad | MVN | 1:48.99 | 2021 |
| 5 | Maxine Merlino | LBM | 1:56.85 | 1984 |
| 6 | Diane G Smith | CVMM | 1:59.22 | 2017 |
| 7 | Wendy Scherwat Ducourneau | GRA | 2:00.07 | 2023 |
| 8 | Eugenia Gregoire | UNAT | 2:02.64 | 2008 |
| 9 | Gay Collins | OSB | 2:03.58 | 2000 |
| 10 | Peggy Sanborn | OSB | 2:04.32 | 2000 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------------|------|---------|------|
| 1 | Beverly J Montrella | MVN | 3:34.60 | 2017 |
| 2 | Maxine Merlino | LBM | 4:14.23 | 1982 |
| 3 | Rita Simonton | GOLW | 4:17.03 | 1988 |
| 4 | Peggy Sanborn | OSB | 4:19.58 | 1997 |
| 5 | Nancy H Stanbury | LBG | 4:30.95 | 2019 |
| 6 | Jane McMahon | ROSE | 4:35.97 | 2022 |
| 7 | Margaret Samson | CPM | 4:36.49 | 1987 |
| 8 | Wendy Scherwat Ducourneau | GRA | 4:43.37 | 2023 |
| 9 | Katherine A Watson | OJAI | 4:46.19 | 2017 |
| 10 | Patricia Nielson | LBG | 4:57.59 | 2005 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|---------------------------|------|-------|------|
| 1 | Beverly J Montrella | MVN | 51.49 | 2016 |
| 2 | Jeanne Cambra-Brungard | PSP | 53.31 | 2022 |
| 3 | Ruth Farnham | OSB | 53.40 | 2000 |
| 4* | Nancy H Stanbury | LBG | 53.99 | 2019 |
| 4* | Jessica W Seaton | WH2O | 53.99 | 2023 |
| 6 | Diane G Smith | CVMM | 56.01 | 2017 |
| 7 | Wendy Scherwat Ducourneau | GRA | 57.67 | 2023 |
| 8 | Helen Geoffrion | UCLA | 58.16 | 2009 |
| 9 | Maggie Mors | OSB | 58.80 | 1998 |
| 10 | Christie Ciraulo | WH2O | 59.09 | 2023 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|------------------------|-----|---------|------|
| 1 | Lynn Rutherford | SBM | 1:46.47 | 2023 |
| 2 | Nancy H Stanbury | LBG | 1:54.72 | 2019 |
| 3 | Jeanne Cambra-Brungard | PSP | 1:55.06 | 2022 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|------------------------|------|---------|------|
| 1 | Beverly J Montrella | MVN | 4:13.20 | 2016 |
| 2 | Jeanne Cambra-Brungard | PSP | 4:13.26 | 2022 |
| 3 | Jessica W Seaton | WH2O | 4:23.60 | 2023 |

| | | | | |
|----|---------------------------|------|---------|------|
| 4 | Beverly J Montrella | MVN | 1:56.97 | 2016 |
| 5 | Jessica W Seaton | WH2O | 2:03.50 | 2023 |
| 6 | Maxine Merlino | LBM | 2:06.46 | 1982 |
| 7 | Wendy Scherwat Ducourneau | GRA | 2:09.18 | 2023 |
| 8 | Rita Simonton | GOLW | 2:09.33 | 1989 |
| 9 | Diane G Smith | CVMM | 2:14.01 | 2017 |
| 10 | Maggie Mors | OSB | 2:15.40 | 1998 |

| | | | | |
|----|---------------------------|------|---------|------|
| 4 | Nancy H Stanbury | LBG | 4:25.34 | 2019 |
| 5 | Maxine Merlino | LBM | 4:26.93 | 1982 |
| 6 | Wendy Scherwat Ducourneau | GRA | 4:38.08 | 2023 |
| 7 | Rita Simonton | GOLW | 4:45.66 | 1992 |
| 8 | Helen Geoffrion | UCLA | 4:57.12 | 2010 |
| 9 | Margaret Samson | CPM | 5:03.02 | 1987 |
| 10 | Eleanor Brown | OSB | 5:13.52 | 1996 |

50 LC METER BUTTERFLY

| | | | | |
|----|-------------------------|-------------|--------------|-------------|
| 1 | Christie Ciraulo | WH2O | 36.38 | 2023 |
| 2 | Jeanne Little | MVN | 45.84 | 2010 |
| 3 | Debbie S Bradbury | NOVA | 46.85 | 2021 |
| 4 | Beverly J Montrella | MVN | 47.93 | 2017 |
| 5 | Jan L Levinrad | MVN | 49.53 | 2021 |
| 6 | Jessica W Seaton | WH2O | 54.73 | 2023 |
| 7 | Grace Altus | OSB | 55.92 | 1994 |
| 8 | Ellen K Shockro | UNAT | 56.71 | 2014 |
| 9 | Dionne Caldwell | NOVA | 57.46 | 2006 |
| 10 | Rita Simonton | GOLW | 59.00 | 1989 |

100 LC METER BUTTERFLY

| | | | | |
|----|-------------------------|-------------|----------------|-------------|
| 1 | Christie Ciraulo | WH2O | 1:28.94 | 2023 |
| 2 | Beverly J Montrella | MVN | 2:02.99 | 2016 |
| 3 | Maxine Merlino | LBM | 2:11.66 | 1982 |
| 4 | Rita Simonton | GOLW | 2:13.34 | 1989 |
| 5 | Nancy H Stanbury | LBG | 2:13.91 | 2019 |
| 6 | Katherine A Watson | OJAI | 2:14.81 | 2017 |
| 7 | Grace Altus | OSB | 2:27.13 | 1994 |
| 8 | Helen Geoffrion | UCLA | 2:36.26 | 2009 |
| 9 | Katherine Pelton | IHAC | 2:38.76 | 1978 |
| 10 | Gretchen Docter | SBSC | 3:02.59 | 1980 |

200 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Maxine Merlino | LBM | 4:37.05 | 1982 |
| 2 | Rita Simonton | GOLW | 4:55.12 | 1989 |
| 3 | Katherine A Watson | OJAI | 5:03.79 | 2018 |
| 4 | Helen Geoffrion | UCLA | 5:21.45 | 2009 |
| 5 | Katherine Pelton | IHAC | 6:17.42 | 1978 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-------------------------|-------------|----------------|-------------|
| 1 | Christie Ciraulo | WH2O | 3:16.90 | 2023 |
| 2 | Beverly J Montrella | MVN | 3:39.58 | 2017 |
| 3 | Jessica W Seaton | WH2O | 4:08.64 | 2023 |
| 4 | Rita Simonton | GOLW | 4:10.04 | 1988 |
| 5 | Maxine Merlino | LBM | 4:10.91 | 1982 |
| 6 | Gay Collins | OSB | 4:23.69 | 2000 |
| 7 | Nancy H Stanbury | LBG | 4:31.85 | 2019 |
| 8 | Helen Geoffrion | UCLA | 4:32.50 | 2009 |
| 9 | Grace Altus | OSB | 4:51.19 | 1995 |
| 10 | Kathy Dixon | CM | 4:59.28 | 1998 |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 8:02.56 | 2016 |
| 2 | Rita Simonton | GOLW | 8:39.36 | 1988 |
| 3 | Maxine Merlino | LBM | 8:47.36 | 1983 |
| 4 | Helen Geoffrion | UCLA | 9:27.98 | 2009 |
| 5 | Nancy H Stanbury | LBG | 9:30.45 | 2019 |
| 6 | Grace Altus | OSB | 9:46.38 | 1994 |
| 7 | Gloria Marienthal | CM | 10:33.25 | 1997 |
| 8 | Ruth Ridenour | SBSC | 12:13.16 | 1985 |
| 9 | Gretchen Docter | SBSC | 12:21.30 | 1980 |
| 10 | Anita E Cole | LBG | 16:59.83 | 2018 |

70-74 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 28.53 | 2007 |
| 2 | Glenn A Gruber | VCM | 29.25 | 2019 |
| 3 | Chris A Hassett | PSP | 30.36 | 2019 |
| 4 | Frank Piemme | SBM | 30.47 | 1996 |
| 5 | Steven V Heck | VCM | 30.95 | 2019 |
| 6 | Tom Angell | NOVA | 30.97 | 2010 |
| 7 | Hubie Kerns | VCM | 31.03 | 2019 |
| 8 | Yona Tadir | MVN | 31.09 | 2013 |
| 9 | Mike R Freshley | ROSE | 31.43 | 2015 |
| 10 | Bob Congelliere | SCAQ | 31.79 | 1999 |

100 LC METER FREESTYLE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Glenn A Gruber | VCM | 1:05.98 | 2019 |
| 2 | Jeff Farrell | SBM | 1:07.73 | 2009 |
| 3 | Steven V Heck | VCM | 1:09.02 | 2019 |
| 4 | Chris A Hassett | PSP | 1:09.84 | 2019 |
| 5 | Frank Piemme | SBM | 1:10.16 | 1995 |
| 6 | Hubie Kerns | VCM | 1:10.77 | 2019 |
| 7 | Bruce W Rollins | VCM | 1:11.24 | 2019 |
| 8 | Mike R Freshley | ROSE | 1:11.87 | 2015 |
| 9 | George C Bailey | UNAT | 1:14.45 | 2008 |
| 10 | Will Rauch | LVM | 1:14.60 | 2007 |

200 LC METER FREESTYLE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Glenn A Gruber | VCM | 2:29.88 | 2019 |
| 2 | Hubie Kerns | VCM | 2:32.02 | 2019 |
| 3 | Steven V Heck | VCM | 2:34.49 | 2019 |
| 4 | Frank Piemme | SBM | 2:38.43 | 1996 |
| 5 | Will Rauch | CLVM | 2:47.25 | 2006 |
| 6 | Frank B Freeman | CVMM | 2:51.07 | 2015 |
| 7 | Van Cochran | MVN | 2:52.52 | 2022 |
| 8 | Robert D Scoles | SBAY | 2:52.92 | 1992 |
| 9 | Patrick Wickens | LAPS | 2:53.18 | 2014 |
| 10 | George C Bailey | UNAT | 2:53.27 | 2008 |

400 LC METER FREESTYLE

| | | | | |
|----|--------------------|------------|----------------|-------------|
| 1 | Hubie Kerns | VCM | 5:16.42 | 2019 |
| 2 | Glenn A Gruber | VCM | 5:35.98 | 2019 |
| 3 | Patrick Wickens | SOBA | 5:46.64 | 2011 |
| 4 | Frank Piemme | SBM | 5:48.08 | 1995 |
| 5 | Mike R Freshley | ROSE | 5:58.39 | 2015 |
| 6 | Dick Stewart | MVN | 5:58.88 | 2014 |
| 7 | Will Rauch | CLVM | 5:59.00 | 2006 |
| 8 | Eric R Anderson | LAPS | 6:02.03 | 2014 |
| 9 | Van Cochran | MVN | 6:05.27 | 2022 |
| 10 | Frank B Freeman | CVMM | 6:12.29 | 2015 |

800 LC METER FREESTYLE

| | | | | |
|----|--------------------|------------|-----------------|-------------|
| 1 | Hubie Kerns | VCM | 10:58.37 | 2019 |
| 2 | Dick Stewart | MVN | 11:56.82 | 2012 |
| 3 | Frank Piemme | SBM | 12:03.73 | 1995 |
| 4 | Will Rauch | CLVM | 12:37.61 | 2006 |
| 5 | Van Cochran | MVN | 12:38.62 | 2021 |
| 6 | Eric R Anderson | LAPS | 12:47.20 | 2014 |
| 7 | Lee Arth | UNAT | 13:10.29 | 1995 |
| 8 | Frank B Freeman | CVMM | 13:19.12 | 2015 |
| 9 | Jurgen Schmidt | OSB | 13:24.33 | 1993 |
| 10 | Robert D Scoles | SBAY | 13:31.89 | 1992 |

1500 LC METER FREESTYLE

| | | | | |
|----|--------------------|------------|-----------------|-------------|
| 1 | Hubie Kerns | VCM | 21:36.26 | 2019 |
| 2 | Patrick Wickens | SOBA | 22:52.46 | 2011 |
| 3 | Frank Piemme | SBM | 23:03.23 | 1995 |
| 4 | Will Rauch | LVM | 24:08.76 | 2007 |
| 5 | Van Cochran | MVN | 24:11.63 | 2023 |
| 6 | Lee Arth | UNAT | 24:42.68 | 1995 |
| 7 | Frank B Freeman | CVMM | 25:03.40 | 2015 |
| 8 | Jurgen Schmidt | OSB | 25:31.35 | 1993 |
| 9 | Robert D Scoles | SBAY | 26:04.73 | 1992 |
| 10 | Barry Bartle | UNAT | 26:15.81 | 2005 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|-----------------|------|-------|------|
| 1 | Steven V Heck | VCM | 35.21 | 2019 |
| 2 | Hubie Kerns | VCM | 37.32 | 2019 |
| 3 | Mike Selna | RIPT | 37.40 | 2018 |
| 4 | Steven G Wigely | MVN | 39.91 | 2019 |
| 5 | Jeff Farrell | SBM | 40.14 | 2010 |
| 6 | Stan Mc Connell | HBSC | 40.67 | 2001 |
| 7 | Yona Tadir | MVN | 41.37 | 2013 |
| 8 | Bob Merrick | SCAQ | 41.45 | 1990 |
| 9 | George C Bailey | UNAT | 41.60 | 2010 |
| 10 | George Brinton | SCAQ | 41.69 | 1994 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------|------|---------|------|
| 1 | Steven V Heck | VCM | 1:18.10 | 2019 |
| 2 | Hubie Kerns | VCM | 1:21.44 | 2019 |
| 3 | Mike Selna | RIPT | 1:23.38 | 2018 |
| 4 | Stan Mc Connell | HBSC | 1:28.00 | 2001 |
| 5 | George Brinton | SCAQ | 1:32.32 | 1994 |
| 6 | Brion Winship | LBM | 1:34.79 | 1990 |
| 7 | Bob Merrick | SCAQ | 1:35.59 | 1991 |
| 8 | Everett W Smethurst | NOVA | 1:35.69 | 2005 |
| 9 | John F Campbell | MVN | 1:38.72 | 2017 |
| 10 | Lee Arth | UNAT | 1:39.73 | 1995 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|-----------------|------|---------|------|
| 1 | Steven V Heck | VCM | 2:54.19 | 2019 |
| 2 | Hubie Kerns | VCM | 2:55.84 | 2019 |
| 3 | Mike Selna | RIPT | 3:08.34 | 2018 |
| 4 | Stan Mc Connell | HBSC | 3:15.01 | 2001 |
| 5 | Lee Arth | UNAT | 3:25.23 | 1995 |
| 6 | Eric Hubach | CROC | 3:37.93 | 2007 |
| 7 | Brion Winship | LBM | 3:39.28 | 1988 |
| 8 | Rick Miller | LBG | 3:39.53 | 2021 |
| 9 | Bob Merrick | SCAQ | 3:41.81 | 1991 |
| 10 | George Brinton | SCAQ | 3:41.86 | 1994 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|-----------------|------|-------|------|
| 1 | Clive G Edwards | CVMM | 37.25 | 2023 |
| 2 | Rodney Cargill | SWLB | 39.44 | 2019 |
| 3 | Jeff Farrell | SBM | 39.99 | 2007 |
| 4 | Steven V Heck | VCM | 41.13 | 2019 |
| 5 | John B Millard | MVN | 41.85 | 2013 |
| 6 | John F Campbell | MVN | 42.64 | 2017 |
| 7 | Bruce W Rollins | VCM | 42.69 | 2019 |
| 8 | Tom Lind | UNAT | 43.28 | 1989 |
| 9 | George C Bailey | UNAT | 43.43 | 2008 |
| 10 | Fred Leipziger | CLVM | 43.53 | 2000 |

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 1:29.04 | 2019 |
| 2 | Steven V Heck | VCM | 1:30.40 | 2019 |
| 3 | Mike R Freshley | ROSE | 1:33.16 | 2015 |
| 4 | Frank Piemme | SBM | 1:33.60 | 1995 |
| 5 | Mike Selna | RIPT | 1:34.07 | 2018 |
| 6 | Clive G Edwards | CVMM | 1:35.59 | 2023 |
| 7 | Bruce W Rollins | VCM | 1:36.74 | 2019 |
| 8 | Bob Merrick | SCAQ | 1:38.35 | 1990 |
| 9 | John B Millard | MVN | 1:38.53 | 2013 |
| 10 | Will Rauch | CLVM | 1:39.92 | 2004 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 3:15.73 | 2019 |
| 2 | Steven V Heck | VCM | 3:21.48 | 2019 |
| 3 | Mike R Freshley | ROSE | 3:26.76 | 2015 |
| 4 | Mike Selna | RIPT | 3:28.39 | 2018 |
| 5 | Frank Piemme | SBM | 3:30.82 | 1995 |
| 6 | Lee Arth | UNAT | 3:37.57 | 1995 |
| 7 | Bob Merrick | SCAQ | 3:40.38 | 1990 |
| 8 | John B Millard | MVN | 3:41.17 | 2013 |
| 9 | Bruce W Rollins | VCM | 3:42.50 | 2019 |
| 10 | Rufus Clark | IHAC | 3:45.01 | 1981 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|--------------------|------|-------|------|
| 1 | Steven V Heck | VCM | 31.94 | 2019 |
| 2 | Glenn A Gruber | VCM | 31.96 | 2019 |
| 3 | Hubie Kerns | VCM | 33.07 | 2019 |
| 4 | Frank Piemme | SBM | 33.79 | 1996 |
| 5 | Yona Tadir | MVN | 34.76 | 2013 |
| 6 | Jeff Farrell | SBM | 34.98 | 2007 |
| 7 | Mike R Freshley | ROSE | 36.37 | 2015 |
| 8 | Bruce W Rollins | VCM | 37.24 | 2019 |
| 9 | Douglas C Prentice | SBM | 37.46 | 2019 |
| 10 | Jurgen Schmidt | OSB | 37.56 | 1994 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|-----------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 1:19.14 | 2019 |
| 2 | Glenn A Gruber | VCM | 1:23.88 | 2019 |
| 3 | Steven V Heck | VCM | 1:27.26 | 2019 |
| 4 | Bruce W Rollins | VCM | 1:30.73 | 2019 |
| 5 | Frank Piemme | SBM | 1:31.95 | 1995 |
| 6 | Rick Miller | LBG | 1:34.49 | 2021 |
| 7 | Walter Pfeiffer | IHAC | 1:39.69 | 1984 |
| 8 | Jurgen Schmidt | OSB | 1:44.18 | 1995 |
| 9 | Bob Merrick | SCAQ | 1:46.06 | 1991 |
| 10 | John Stinson | CENT | 1:48.12 | 1985 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|-----------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 3:01.21 | 2019 |
| 2 | Bruce W Rollins | VCM | 3:23.30 | 2019 |
| 3 | Frank Piemme | SBM | 3:42.26 | 1995 |
| 4 | Walter Pfeiffer | IHAC | 3:43.08 | 1984 |
| 5 | Lee Arth | UNAT | 3:46.04 | 1995 |
| 6 | Rick Miller | LBG | 3:47.59 | 2021 |
| 7 | John Stinson | CENT | 4:05.39 | 1985 |
| 8 | Herbert Nakama | IMS | 4:06.81 | 2000 |
| 9 | Neal T Wiener | WH2O | 4:14.88 | 2014 |
| 10 | Parry O'Brien | SWM | 4:22.04 | 2003 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-----------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 2:47.63 | 2019 |
| 2 | Steven V Heck | VCM | 2:52.31 | 2019 |
| 3 | Frank Piemme | SBM | 3:08.99 | 1996 |
| 4 | Mike R Freshley | ROSE | 3:10.62 | 2015 |
| 5 | Dick Stewart | MVN | 3:11.54 | 2013 |
| 6 | Eric R Anderson | LAPS | 3:17.57 | 2014 |
| 7 | Stan Mc Connell | HBSC | 3:25.42 | 2001 |
| 8 | Jurgen Schmidt | OSB | 3:25.94 | 1993 |
| 9 | Lee Arth | UNAT | 3:27.60 | 1995 |
| 10 | Bob Merrick | SCAQ | 3:27.64 | 1990 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-----------------|------|---------|------|
| 1 | Hubie Kerns | VCM | 6:06.99 | 2019 |
| 2 | Steven V Heck | VCM | 6:22.62 | 2019 |
| 3 | Frank Piemme | SBM | 6:52.07 | 1995 |
| 4 | Bruce W Rollins | VCM | 6:59.91 | 2019 |
| 5 | Mike R Freshley | ROSE | 7:02.71 | 2015 |
| 6 | Lee Arth | UNAT | 7:11.08 | 1995 |
| 7 | Eric R Anderson | LAPS | 7:27.89 | 2014 |
| 8 | Walter Pfeiffer | IHAC | 7:29.78 | 1984 |
| 9 | Rick Miller | LBG | 7:39.14 | 2021 |
| 10 | Bob Merrick | SCAQ | 7:41.85 | 1990 |

75-79 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|---------------------|------|-------|------|
| 1 | Beverly J Montrella | MVN | 35.48 | 2021 |
| 2 | Jan Levinrad | MVN | 38.93 | 2022 |
| 3 | Jeanne Little | MVN | 38.96 | 2013 |
| 4 | Ruth Baar | OSB | 42.62 | 1998 |
| 5 | Maxine Merlino | SCAQ | 43.50 | 1987 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------|---------|------|
| 1 | Beverly J Montrella | MVN | 1:29.55 | 2021 |
| 2 | Jan Levinrad | MVN | 1:30.63 | 2022 |
| 3 | Jeanne Little | MVN | 1:32.48 | 2013 |
| 4 | Ruth Baar | OSB | 1:38.12 | 1998 |
| 5 | Rita Simonton | GWSC | 1:40.07 | 1993 |

| | | | | |
|----|-------------------|------|-------|------|
| 6 | Dionne B Caldwell | NOVA | 46.45 | 2011 |
| 7 | Rita Simonton | GWSC | 46.74 | 1996 |
| 8 | Ellen K Shockro | ROSE | 48.14 | 2017 |
| 9 | Diane G Smith | CVMM | 48.97 | 2023 |
| 10 | Margrit Graef | MVN | 49.80 | 2007 |

| | | | | |
|----|-------------------|------|---------|------|
| 6 | Grace Altus | OSB | 1:46.45 | 1999 |
| 7 | Maxine Merlino | LBM | 1:47.67 | 1989 |
| 8 | Dionne B Caldwell | NOVA | 1:47.84 | 2008 |
| 9 | Ellen K Shockro | ROSE | 1:50.44 | 2017 |
| 10 | Margrit Graef | MVN | 1:54.14 | 2007 |

200 LC METER FREESTYLE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 3:14.71 | 2021 |
| 2 | Jeanne Little | MVN | 3:29.93 | 2012 |
| 3 | Rita Simonton | GWSC | 3:37.64 | 1993 |
| 4 | Ruth Baar | OSB | 3:46.29 | 1998 |
| 5 | Grace Altus | OSB | 3:49.93 | 1999 |
| 6 | Ellen K Shockro | ROSE | 3:53.50 | 2017 |
| 7 | Dionne B Caldwell | NOVA | 3:56.00 | 2011 |
| 8 | Maxine Merlino | SCAQ | 3:59.83 | 1987 |
| 9 | Margrit Graef | MVN | 4:16.52 | 2009 |
| 10 | Maurine Kornfeld | CM | 4:17.10 | 1998 |

400 LC METER FREESTYLE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 6:55.29 | 2021 |
| 2 | Rita Simonton | GWSC | 7:38.77 | 1993 |
| 3 | Grace Altus | OSB | 7:56.48 | 1999 |
| 4 | Ruth Baar | OSB | 8:05.58 | 1999 |
| 5 | Dionne B Caldwell | NOVA | 8:11.01 | 2009 |
| 6 | Maxine Merlino | SCAQ | 8:27.00 | 1987 |
| 7 | Ellen K Shockro | ROSE | 8:43.75 | 2017 |
| 8 | Maurine Kornfeld | CM | 8:44.71 | 2000 |
| 9 | Jacque Anderson | KCM | 8:59.19 | 2011 |
| 10 | Peggy Sanborn | OSB | 9:15.76 | 2002 |

800 LC METER FREESTYLE

| | | | | |
|----|----------------------------|------------|-----------------|-------------|
| 1 | Beverly J Montrella | MVN | 14:21.83 | 2021 |
| 2 | Rita Simonton | GWSC | 15:41.45 | 1993 |
| 3 | Jeanne Little | MVN | 15:57.26 | 2013 |
| 4 | Dionne B Caldwell | NOVA | 16:26.36 | 2009 |
| 5 | Grace Altus | OSB | 17:12.06 | 2000 |
| 6 | Ellen K Shockro | ROSE | 17:36.30 | 2017 |
| 7 | Maurine Kornfeld | CM | 17:53.77 | 1998 |
| 8 | Maxine Merlino | UNAT | 17:58.04 | 1988 |
| 9 | Peggy Sanborn | OSB | 18:57.25 | 2002 |
| 10 | Madeleine Miller | UNAT | 24:02.28 | 1988 |

1500 LC METER FREESTYLE

| | | | | |
|----|----------------------------|------------|-----------------|-------------|
| 1 | Beverly J Montrella | MVN | 26:48.86 | 2021 |
| 2 | Rita Simonton | GWSC | 29:45.90 | 1993 |
| 3 | Grace Altus | OSB | 31:30.58 | 1999 |
| 4 | Dionne B Caldwell | NOVA | 32:04.71 | 2009 |
| 5 | Maxine Merlino | SCAQ | 33:01.50 | 1987 |
| 6 | Peggy Sanborn | OSB | 35:06.29 | 2002 |
| 7 | Elizabeth Mauric | SDMS | 40:37.77 | 1980 |
| 8 | Katherine Pelton | IHAC | 46:25.69 | 1981 |
| 9 | | | | |
| 10 | | | | |

50 LC METER BACKSTROKE

| | | | | |
|----|----------------------------|------------|--------------|-------------|
| 1 | Beverly J Montrella | MVN | 45.01 | 2021 |
| 2 | Jan L Levinrad | MVN | 49.73 | 2023 |
| 3 | Mimi Frank | LBG | 51.61 | 2022 |
| 4 | Jeanne Little | MVN | 56.25 | 2013 |
| 5 | Eugenia Gregoire | FMST | 58.00 | 2012 |
| 6 | Maxine Merlino | UNAT | 58.02 | 1988 |
| 7 | Ruth Baar | OSB | 58.12 | 2000 |
| 8 | Peggy Sanborn | OSB | 58.63 | 2002 |
| 9 | Jacque Anderson | KCM | 1:00.37 | 2011 |
| 10 | Diane Smith | CVMM | 1:01.28 | 2023 |

100 LC METER BACKSTROKE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 1:47.89 | 2021 |
| 2 | Jan L Levinrad | WHZO | 1:52.48 | 2023 |
| 3 | Peggy Sanborn | OSB | 2:05.33 | 2002 |
| 4 | Jacque Anderson | KCM | 2:06.20 | 2011 |
| 5 | Maxine Merlino | UNAT | 2:09.35 | 1988 |
| 6 | Eugenia Gregoire | FMST | 2:13.02 | 2012 |
| 7 | Diane G Smith | CVMM | 2:20.29 | 2023 |
| 8 | Maurine Kornfeld | CM | 2:24.61 | 1997 |
| 9 | Dorothea Cole | LBM | 2:34.28 | 1985 |
| 10 | Johnnie Belshe | HBSC | 2:36.53 | 1984 |

200 LC METER BACKSTROKE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 3:51.83 | 2021 |
| 2 | Peggy Sanborn | OSB | 4:25.76 | 2002 |
| 3 | Maxine Merlino | UNAT | 4:41.77 | 1988 |
| 4 | Maurine Kornfeld | CM | 5:01.68 | 1999 |
| 5 | Grace Altus | OSB | 5:04.26 | 1999 |
| 6 | Dorothea Cole | LBM | 5:24.88 | 1985 |
| 7 | Sylvia Glenn | OJAI | 5:38.53 | 2014 |
| 8 | Madeleine Miller | UNAT | 5:47.67 | 1988 |
| 9 | Margaret R Carr | CENT | 5:54.28 | 1987 |
| 10 | Johnnie Belshe | HBSC | 5:59.31 | 1984 |

50 LC METER BREASTSTROKE

| | | | | |
|----|----------------------------|------------|--------------|-------------|
| 1 | Beverly J Montrella | MVN | 53.48 | 2022 |
| 2 | Margrit Graef | MVN | 56.53 | 2008 |
| 3 | Maxine Merlino | SCAQ | 1:00.55 | 1987 |
| 4 | Rita Simonton | GWSC | 1:04.41 | 1997 |
| 5 | Madeleine Miller | UNAT | 1:10.89 | 1988 |
| 6 | Katherine Pelton | IHAC | 1:13.83 | 1981 |
| 7 | Tilly Weil | LBM | 1:15.51 | 1985 |
| 8 | Jeanne D'Ambly | UNAT | 1:16.16 | 1999 |
| 9 | Jeanne Little | MVN | 1:21.70 | 2013 |
| 10 | Laverne Dougherty | UNAT | 1:27.16 | 2001 |

100 LC METER BREASTSTROKE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 1:58.13 | 2021 |
| 2 | Margrit Graef | MVN | 2:13.36 | 2008 |
| 3 | Maxine Merlino | SCAQ | 2:14.40 | 1987 |
| 4 | Rita Simonton | GWSC | 2:15.51 | 1994 |
| 5 | Madeleine Miller | UNAT | 2:37.85 | 1988 |
| 6 | Katherine Pelton | IHAC | 2:44.41 | 1981 |
| 7 | Elizabeth Mauric | SDMS | 3:13.43 | 1979 |
| 8 | Ruth Ridenour | SBSC | 3:29.64 | 1990 |
| 9 | Lois Plant | UCLA | 3:38.06 | 1998 |
| 10 | Lillian Thompson | SLOM | 4:40.20 | 1998 |

200 LC METER BREASTSTROKE

| | | | | |
|----|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 4:24.16 | 2022 |
| 2 | Maxine Merlino | SCAQ | 4:39.52 | 1987 |
| 3 | Rita Simonton | GWSC | 4:44.54 | 1993 |
| 4 | Margrit Graef | MVN | 5:03.12 | 2007 |
| 5 | Katherine Pelton | IHAC | 5:56.57 | 1981 |
| 6 | Madeleine Miller | UNAT | 5:57.10 | 1988 |
| 7 | Elizabeth Mauric | SDMS | 6:42.21 | 1979 |
| 8 | Sylvia Glenn | OJAI | 6:44.85 | 2014 |
| 9 | | | | |
| 10 | | | | |

50 LC METER BUTTERFLY

| | | | | |
|----|----------------------|------------|--------------|-------------|
| 1 | Jeanne Little | MVN | 47.88 | 2012 |
| 2 | Jan L Levinrad | WHZO | 51.31 | 2023 |
| 3 | Beverly J Montrella | MVN | 51.83 | 2023 |
| 4 | Ellen K Shockro | ROSE | 57.91 | 2017 |
| 5 | Dionne B Caldwell | NOVA | 58.06 | 2008 |
| 6 | Maxine Merlino | LBM | 1:02.39 | 1989 |
| 7 | Grace Altus | OSB | 1:03.41 | 2000 |
| 8 | Katherine Pelton | IHAC | 1:13.89 | 1982 |
| 9 | Marcia F Cohen | SCAQ | 1:34.64 | 2009 |
| 10 | | | | |

100 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Maxine Merlino | UNAT | 2:20.80 | 1988 |
| 2 | Jeanne Little | MVN | 2:24.21 | 2012 |
| 3 | Rita Simonton | GWSC | 2:26.69 | 1993 |
| 4 | Katherine Pelton | IHAC | 2:45.93 | 1981 |
| 5 | | | | |
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200 LC METER BUTTERFLY

| | | | | |
|---|-----------------------|-------------|----------------|-------------|
| 1 | Maxine Merlino | UNAT | 4:54.79 | 1988 |
| 2 | Katherine Pelton | IHAC | 6:00.78 | 1981 |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|---|----------------------------|------------|----------------|-------------|
| 1 | Beverly J Montrella | MVN | 3:47.23 | 2021 |
| 2 | Maxine Merlino | SCAQ | 4:25.80 | 1987 |

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|----|------------------|------|---------|------|
| 3 | Grace Altus | OSB | 5:13.68 | 1999 |
| 4 | Katherine Pelton | IHAC | 5:47.08 | 1981 |
| 5 | Maurine Kornfeld | CM | 6:02.16 | 1998 |
| 6 | Ruth Ridenour | SBSC | 6:34.80 | 1990 |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-----------------------|-------------|----------------|-------------|
| 1 | Maxine Merlino | SCAQ | 9:11.23 | 1987 |
| 2 | Katherine Pelton | IHAC | 12:18.46 | 1983 |
| 3 | Anita Cole | LBG | 19:25.39 | 2022 |
| 4 | | | | |
| 5 | | | | |
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| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

75-79 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|------------------------|-------------|--------------|-------------|
| 1 | Mike R Freshley | ROSE | 30.30 | 2016 |
| 2 | Frank Piemme | SBM | 31.19 | 2000 |
| 3 | Jeff Farrell | SBM | 32.37 | 2016 |
| 4 | Woodrow Bowersock | LBM | 33.07 | 1989 |
| 5 | Will Rauch | LVM | 33.51 | 2009 |
| 6 | George C Bailey | UNAT | 34.01 | 2011 |
| 7 | Rodney Cargill | SWLB | 34.02 | 2021 |
| 8 | Jurgen Schmidt | OSB | 34.33 | 1998 |
| 9 | Douglas C Prentice | SBM | 34.81 | 2023 |
| 10 | Bob Congelliere | SCAQ | 35.05 | 2004 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Mike R Freshley | ROSE | 1:09.06 | 2016 |
| 2 | Frank M Piemme | SBM | 1:14.24 | 2001 |
| 3 | Will Rauch | LVM | 1:14.97 | 2009 |
| 4 | Eric R Anderson | LAPS | 1:18.77 | 2019 |
| 5 | Frank Tanner | UNAT | 1:20.07 | 2006 |
| 6 | Jurgen Schmidt | OSB | 1:20.11 | 1998 |
| 7 | Woodrow Bowersock | LBM | 1:21.33 | 1991 |
| 8 | George C Bailey | UNAT | 1:22.74 | 2013 |
| 9 | Bob Merrick | CM | 1:23.73 | 1995 |
| 10 | George L Carey | UNAT | 1:23.78 | 2017 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Mike R Freshley | ROSE | 2:44.56 | 2016 |
| 2 | Patrick Wickens | LAPS | 2:49.61 | 2017 |
| 3 | Frank M Piemme | SBM | 2:50.01 | 2000 |
| 4 | Will Rauch | LVM | 2:50.93 | 2009 |
| 5 | Eric R Anderson | LAPS | 2:58.56 | 2019 |
| 6 | Jurgen Schmidt | OSB | 3:02.91 | 1998 |
| 7 | Frank Tanner | UNAT | 3:05.97 | 2006 |
| 8 | George L Carey | UNAT | 3:10.35 | 2017 |
| 9 | Bob Merrick | CM | 3:12.37 | 1995 |
| 10 | Lee Arth | UNAT | 3:12.51 | 2001 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|----------------|-------------|
| 1 | Mike R Freshley | ROSE | 5:55.00 | 2016 |
| 2 | Will Rauch | LVM | 6:12.23 | 2009 |
| 3 | Frank Piemme | SBM | 6:13.91 | 2002 |
| 4 | Eric R Anderson | LAPS | 6:26.75 | 2019 |
| 5 | Jurgen Schmidt | OSB | 6:30.36 | 1998 |
| 6 | Leland Arth | UNAT | 6:37.31 | 2000 |
| 7 | George L Carey | UNAT | 6:44.50 | 2017 |
| 8 | Tegze P Haraszti | UNAT | 6:48.39 | 2016 |
| 9 | Frank B Freeman | UNAT | 7:01.14 | 2021 |
| 10 | Bob Merrick | CM | 7:06.81 | 1995 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|------------------------|-------------|-----------------|-------------|
| 1 | Mike R Freshley | ROSE | 12:31.80 | 2016 |
| 2 | Will Rauch | LVM | 12:50.72 | 2009 |
| 3 | Frank Piemme | SBM | 12:52.31 | 2000 |
| 4 | Patrick Wickens | LAPS | 12:57.67 | 2017 |
| 5 | Jurgen Schmidt | OSB | 13:29.15 | 1998 |
| 6 | Eric R Anderson | LAPS | 13:34.48 | 2019 |
| 7 | Leland Arth | UNAT | 13:49.41 | 2000 |
| 8 | George L Carey | UNAT | 14:21.46 | 2017 |
| 9 | Bob Merrick | CM | 14:30.96 | 1995 |
| 10 | Robert W Bergstrom | FMT | 14:46.28 | 2016 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|---------------------|------------|-----------------|-------------|
| 1 | Frank Piemme | SBM | 24:49.56 | 2000 |
| 2 | Jurgen Schmidt | OSB | 26:00.48 | 1998 |
| 3 | Lee Arth | UNAT | 26:28.56 | 2000 |
| 4 | George L Carey | UNAT | 26:39.29 | 2017 |
| 5 | Robert W Bergstrom | FMT | 27:48.05 | 2016 |
| 6 | Frank B Freeman | UNAT | 28:11.33 | 2021 |
| 7 | Bob Merrick | CM | 29:21.60 | 1995 |
| 8 | Michael Warder | SDA | 30:09.36 | 2021 |
| 9 | Robert Rolph | MVN | 30:15.54 | 2007 |
| 10 | Ian Stuart | MVN | 30:33.15 | 2023 |

| 50 LC METER BACKSTROKE | | | | |
|------------------------|------------------------|-------------|--------------|-------------|
| 1 | Mike R Freshley | ROSE | 39.20 | 2016 |
| 2 | Mike Selna | CMAC | 39.47 | 2023 |
| 3 | Stan McConnell | HBSC | 43.36 | 2006 |
| 4 | Tegze P Haraszti | UNAT | 44.25 | 2017 |
| 5 | Eric Hubach | CROC | 44.38 | 2008 |
| 6 | George C Bailey | UNAT | 44.45 | 2012 |
| 7 | Woodrow Bowersock | LBM | 45.53 | 1989 |
| 8 | Brion Winship | CM | 45.88 | 1993 |
| 9 | Jurgen Schmidt | OSB | 45.92 | 2001 |
| 10 | Rick Miller | LBG | 45.98 | 2023 |

| 100 LC METER BACKSTROKE | | | | |
|-------------------------|-------------------|-------------|----------------|-------------|
| 1 | Mike Selna | CMAC | 1:24.86 | 2023 |
| 2 | Mike R Freshley | ROSE | 1:31.18 | 2016 |
| 3 | Stan McConnell | HBSC | 1:37.51 | 2006 |
| 4 | Tegze P Haraszti | UNAT | 1:37.65 | 2017 |
| 5 | Rick Miller | LBG | 1:38.87 | 2022 |
| 6 | Eric Hubach | CROC | 1:40.95 | 2008 |
| 7 | John F Campbell | MVN | 1:41.87 | 2022 |
| 8 | Eric R Anderson | LAPS | 1:41.98 | 2019 |
| 9 | Lee Arth | UNAT | 1:43.86 | 2000 |
| 10 | Bob Merrick | CM | 1:44.91 | 1995 |

| 200 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------|-------------|----------------|-------------|
| 1 | Mike Selna | CMAC | 3:06.46 | 2023 |
| 2 | Mike R Freshley | ROSE | 3:22.73 | 2016 |
| 3 | Stan McConnell | HBSC | 3:33.97 | 2007 |
| 4 | Leland Arth | UNAT | 3:35.90 | 2000 |
| 5 | Eric Hubach | CROC | 3:40.13 | 2008 |
| 6 | Rick Miller | LBG | 3:41.18 | 2022 |
| 7 | Everett W Smethurst | NOVA | 3:45.30 | 2010 |
| 8 | Brion Winship | CM | 3:51.63 | 1993 |
| 9 | Bob Merrick | CM | 3:56.48 | 1998 |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|------------------------|-------------|--------------|-------------|
| 1 | Mike R Freshley | ROSE | 38.89 | 2016 |
| 2 | Rodney Cargill | SWLB | 40.69 | 2021 |
| 3 | John F Campbell | MVN | 44.93 | 2022 |
| 4 | Rick Miller | LBG | 44.97 | 2022 |
| 5 | Frank Piemme | SBM | 45.49 | 2000 |
| 6 | William Shott | LBM | 45.92 | 1985 |
| 7 | Bob Merrick | CM | 46.74 | 1995 |
| 8 | George C Bailey | UNAT | 46.79 | 2011 |
| 9 | Fred Leipziger | CLVM | 47.55 | 2006 |

10 Frank Tanner UNAT 3:56.55 2006

10 Will Rauch LVM 48.22 2010

| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------|------|---------|------|
| 1 | Mike R Freshley | ROSE | 1:27.74 | 2016 |
| 2 | Frank Piemme | SBM | 1:40.36 | 2001 |
| 3 | Mike Selna | CMAC | 1:45.49 | 2023 |
| 4 | Rick Miller | LBG | 1:45.61 | 2022 |
| 5 | Bob Merrick | CM | 1:45.84 | 1995 |
| 6 | Biff Lowry | CLVM | 1:50.09 | 2002 |
| 7 | Eric Hubach | CROC | 1:50.20 | 2008 |
| 8 | William Shott | LBM | 1:50.46 | 1985 |
| 9 | Will Rauch | LVM | 1:50.66 | 2010 |
| 10 | Lee Arth | UNAT | 1:51.04 | 2000 |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|-----------------|------|---------|------|
| 1 | Mike R Freshley | ROSE | 3:13.93 | 2016 |
| 2 | Frank M Piemme | SBM | 3:40.00 | 2000 |
| 3 | Bob Merrick | CM | 3:52.63 | 1995 |
| 4 | Lee Arth | UNAT | 3:54.31 | 2000 |
| 5 | Eric Hubach | CROC | 3:58.55 | 2008 |
| 6 | Paul Lowry | CLVM | 4:00.05 | 2002 |
| 7 | Mike Selna | CMAC | 4:00.82 | 2023 |
| 8 | Rick Miller | LBG | 4:08.92 | 2022 |
| 9 | Will Rauch | LVM | 4:10.81 | 2012 |
| 10 | George L Carey | UNAT | 4:16.24 | 2017 |

| 50 LC METER BUTTERFLY | | | | |
|-----------------------|---------------------|------|-------|------|
| 1 | Mike R Freshley | ROSE | 33.83 | 2016 |
| 2 | Frank M Piemme | SBM | 35.66 | 2000 |
| 3 | Rick Miller | LBG | 39.46 | 2022 |
| 4 | Jurgen Schmidt | OSB | 39.86 | 1998 |
| 5 | William Shott | LBM | 42.11 | 1985 |
| 6 | George L Carey | UNAT | 43.43 | 2017 |
| 7 | Louis Giberson | CM | 44.65 | 1996 |
| 8 | Bob Merrick | CM | 45.48 | 1995 |
| 9 | Everett W Smethurst | NOVA | 46.12 | 2010 |
| 10 | Lee Arth | UNAT | 46.50 | 2000 |

| 100 LC METER BUTTERFLY | | | | |
|------------------------|-----------------|------|---------|------|
| 1 | Mike R Freshley | ROSE | 1:32.15 | 2016 |
| 2 | Rick Miller | LBG | 1:35.06 | 2022 |
| 3 | Frank M Piemme | SBM | 1:35.81 | 2000 |
| 4 | Lee Arth | UNAT | 1:46.72 | 2000 |
| 5 | William Shott | LBM | 1:49.04 | 1985 |
| 6 | Jurgen Schmidt | OSB | 1:51.08 | 2000 |
| 7 | John Stinson | CENT | 1:53.58 | 1988 |
| 8 | Bob Merrick | CM | 2:01.54 | 1998 |
| 9 | Alfred Guth | LBM | 2:10.17 | 1984 |
| 10 | Neal T Wiener | WH2O | 2:10.21 | 2020 |

| 200 LC METER BUTTERFLY | | | | |
|------------------------|-----------------|------|---------|------|
| 1 | Rick Miller | LBG | 3:38.80 | 2022 |
| 2 | Mike R Freshley | GRA | 3:49.23 | 2017 |
| 3 | Lee Arth | UNAT | 3:59.63 | 2000 |
| 4 | John Stinson | CENT | 4:22.65 | 1988 |
| 5 | Neal T Wiener | WH2O | 4:49.31 | 2020 |
| 6 | Peter E Ronay | ROSE | 5:00.20 | 2017 |
| 7 | Alfred Guth | LBM | 5:04.19 | 1983 |
| 8 | Ernest Hale | SCAQ | 5:26.88 | 1986 |
| 9 | Max Luna | IHAC | 7:39.05 | 1990 |
| 10 | T R Johnson | TTSC | 7:50.28 | 1999 |

| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-----------------|------|---------|------|
| 1 | Mike R Freshley | ROSE | 2:59.01 | 2016 |
| 2 | Frank M Piemme | SBM | 3:18.35 | 2000 |
| 3 | Frank Tanner | UNAT | 3:32.99 | 2006 |
| 4 | Jurgen Schmidt | OSB | 3:33.54 | 2000 |
| 5 | Eric R Anderson | LAPS | 3:34.77 | 2019 |
| 6 | Leland Arth | UNAT | 3:36.48 | 2000 |
| 7 | Bob Merrick | CM | 3:44.04 | 1995 |
| 8 | George L Carey | UNAT | 3:48.52 | 2017 |
| 9 | Stan McConnell | HBSC | 3:50.65 | 2006 |
| 10 | William Shott | LBM | 3:59.57 | 1985 |

| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|-------------------|------|----------|------|
| 1 | Mike R Freshley | ROSE | 6:34.91 | 2016 |
| 2 | Rick Miller | LBG | 7:31.64 | 2022 |
| 3 | Frank M Piemme | SBM | 7:33.49 | 2001 |
| 4 | Leland Arth | UNAT | 7:37.91 | 2000 |
| 5 | John Stinson | CENT | 8:36.92 | 1988 |
| 6 | Alfred Guth | LBM | 9:12.37 | 1983 |
| 7 | Peter E Ronay | ROSE | 9:20.84 | 2017 |
| 8 | William Shott | LBM | 9:26.67 | 1986 |
| 9 | Woodrow Bowersock | LBM | 10:30.30 | 1989 |
| 10 | Ernest Hale | SCAQ | 13:02.78 | 1986 |

80-84 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|-------------------|------|-------|------|
| 1 | Rita Simonton | GWSC | 47.48 | 1998 |
| 2 | Dionne B Caldwell | NOVA | 47.83 | 2012 |
| 3 | Ruth Baar | SBM | 47.91 | 2004 |
| 4 | Maxine Merlino | LBM | 48.86 | 1992 |
| 5 | Maurine Kornfeld | CM | 50.99 | 2002 |
| 6 | Jeanne Little | MVN | 51.06 | 2019 |
| 7 | Margrit Graef | MVN | 51.20 | 2011 |
| 8 | Grace Altus | SBM | 54.61 | 2004 |
| 9 | Ellen Shockro | NOVA | 56.65 | 2022 |
| 10 | Louise Bowersock | CM | 57.24 | 2002 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|---------|------|
| 1 | Rita Simonton | GWSC | 1:42.56 | 1999 |
| 2 | Dionne B Caldwell | NOVA | 1:45.68 | 2012 |
| 3 | Ruth Baar | SBM | 1:50.73 | 2004 |
| 4 | Margrit Graef | MVN | 1:55.33 | 2011 |
| 5 | Maurine Kornfeld | CM | 1:59.01 | 2002 |
| 6 | Ellen Shockro | NOVA | 1:59.06 | 2023 |
| 7 | Grace Altus | SBM | 2:01.16 | 2022 |
| 8 | Jeanne Little | MVN | 2:01.49 | 2019 |
| 9 | Maxine Merlino | CM | 2:04.80 | 1995 |
| 10 | Louise Bowersock | CM | 2:04.90 | 2002 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|---------|------|
| 1 | Rita Simonton | GWSC | 3:44.19 | 1999 |
| 2 | Dionne B Caldwell | NOVA | 4:02.37 | 2012 |
| 3 | Ruth Baar | SBM | 4:06.28 | 2004 |
| 4 | Maurine Kornfeld | CM | 4:17.71 | 2002 |
| 5 | Ellen K Shockro | NOVA | 4:18.72 | 2022 |
| 6 | Maxine Merlino | LBM | 4:21.21 | 1992 |
| 7 | Margrit Graef | MVN | 4:22.19 | 2013 |
| 8 | Louise Bowersock | CM | 4:24.94 | 2002 |
| 9 | Grace Altus | SBM | 4:42.38 | 2004 |
| 10 | Jeanne Little | MVN | 5:01.00 | 2021 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 7:53.37 | 1999 |
| 2 | Dionne B Caldwell | NOVA | 8:23.39 | 2012 |
| 3 | Ruth Baar | SBM | 8:43.05 | 2003 |
| 4 | Ellen Shockro | NOVA | 8:45.25 | 2022 |
| 5 | Maurine Kornfeld | CM | 8:47.53 | 2002 |
| 6 | Maxine Merlino | LBM | 9:02.79 | 1992 |
| 7 | Margrit Graef | MVN | 9:14.33 | 2011 |
| 8 | Louise Bowersock | CM | 9:35.76 | 2003 |
| 9 | Grace Altus | SBM | 10:12.49 | 2004 |
| 10 | Peggy Sanborn | SBM | 10:14.85 | 2007 |

| 800 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 16:05.85 | 1998 |
| 2 | Dionne B Caldwell | NOVA | 17:09.28 | 2012 |
| 3 | Maurine Kornfeld | CM | 17:42.97 | 2002 |
| 4 | Ellen Shockro | NOVA | 18:12.67 | 2023 |

| 1500 LC METER FREESTYLE | | | | |
|-------------------------|-------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 30:41.01 | 1999 |
| 2 | Dionne B Caldwell | NOVA | 33:06.10 | 2012 |
| 3 | Ellen K Shockro | NOVA | 34:15.79 | 2023 |
| 4 | Peggy Sanborn | SBM | 39:02.18 | 2007 |

| | | | | |
|----|------------------|------|----------|------|
| 5 | Maxine Merlino | LBM | 18:43.13 | 1992 |
| 6 | Barbara Clark | UNAT | 20:24.23 | 1999 |
| 7 | Louise Bowersock | CM | 20:38.66 | 2003 |
| 8 | Peggy Sanborn | SBM | 20:46.54 | 2007 |
| 9 | Katherine Pelton | IHAC | 23:22.75 | 1988 |
| 10 | | | | |

| | | | | |
|----|------------------|------|------------|------|
| 5 | Elizabeth Mauric | IHAC | 44:18.22 | 1984 |
| 6 | Katherine Pelton | MMSC | 45:12.99 | 1985 |
| 7 | Geraldine Turner | LVM | 1:15:03.97 | 1994 |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

50 LC METER BACKSTROKE

| | | | | |
|----|-------------------------|-------------|----------------|-------------|
| 1 | Eugenia Gregoire | UNAT | 1:01.25 | 2016 |
| 2 | Ruth Baar | SBM | 1:03.31 | 2003 |
| 3 | Barbara Clark | UNAT | 1:04.33 | 1999 |
| 4 | Maxine Merlino | CM | 1:05.94 | 1994 |
| 5 | Maurine Kornfeld | CM | 1:08.41 | 2002 |
| 6 | Peggy Sanborn | SBM | 1:08.60 | 2008 |
| 7 | Grace Altus | SBM | 1:16.08 | 2004 |
| 8 | Madeleine Miller | CM | 1:16.94 | 1994 |
| 9 | Elizabeth Knabe | | 1:19.73 | 1983 |
| 10 | Geraldine Turner | LVM | 1:25.11 | 1993 |

100 LC METER BACKSTROKE

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Peggy Sanborn | SBM | 2:19.85 | 2007 |
| 2 | Eugenia Gregoire | UNAT | 2:21.71 | 2016 |
| 3 | Maurine Kornfeld | CM | 2:24.77 | 2003 |
| 4 | Grace Altus | SBM | 2:40.24 | 2004 |
| 5 | Madeleine Miller | CM | 2:42.06 | 1993 |
| 6 | Katherine Pelton | IHAC | 3:13.72 | 1987 |
| 7 | Geraldine Turner | LVM | 3:16.95 | 1993 |
| 8 | Jennie Taylor | OSB | 3:49.14 | 1999 |
| 9 | Elizabeth Mauric | INAC | 3:50.06 | 1986 |
| 10 | | | | |

200 LC METER BACKSTROKE

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Barbara Clark | UNAT | 4:50.27 | 1999 |
| 2 | Peggy Sanborn | SBM | 4:50.95 | 2007 |
| 3 | Maurine Kornfeld | CM | 5:08.08 | 2005 |
| 4 | Madeleine Miller | CM | 5:40.59 | 1994 |
| 5 | Grace Altus | SBM | 5:47.56 | 2004 |
| 6 | Katherine Pelton | IHAC | 6:54.61 | 1987 |
| 7 | Geraldine Turner | LVM | 7:03.94 | 1993 |
| 8 | Jennie Taylor | OSB | 8:11.05 | 1998 |
| 9 | | | | |
| 10 | | | | |

50 LC METER BREASTSTROKE

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Margrit Graef | MVN | 1:03.07 | 2012 |
| 2 | Maxine Merlino | LBM | 1:05.10 | 1992 |
| 3 | Rita Simonton | GWSC | 1:07.49 | 2000 |
| 4 | Madeleine Miller | UNAT | 1:16.34 | 1991 |
| 5 | Katherine Pelton | MMSC | 1:17.90 | 1985 |
| 6 | Elizabeth Mauric | IHAC | 1:57.11 | 1987 |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

100 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Maxine Merlino | LBM | 2:22.79 | 1992 |
| 2 | Rita Simonton | GWSC | 2:23.29 | 1999 |
| 3 | Margrit Graef | MVN | 2:27.95 | 2011 |
| 4 | Marti Gogniat | CM | 2:41.83 | 1995 |
| 5 | Madeleine Miller | UNAT | 2:53.00 | 1991 |
| 6 | Katherine Pelton | MMSC | 2:58.55 | 1985 |
| 7 | Elizabeth Mauric | IHAC | 3:46.60 | 1984 |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

200 LC METER BREASTSTROKE

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | GWSC | 5:06.58 | 1998 |
| 2 | Maxine Merlino | LBM | 5:07.83 | 1992 |
| 3 | Katherine Pelton | MMSC | 6:11.63 | 1985 |
| 4 | Madeleine Miller | UNAT | 6:18.92 | 1991 |
| 5 | Elizabeth Mauric | IHAC | 7:49.97 | 1985 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

50 LC METER BUTTERFLY

| | | | | |
|----|--------------------------|-------------|----------------|-------------|
| 1 | Dionne B Caldwell | NOVA | 1:01.41 | 2012 |
| 2 | Maxine Merlino | CM | 1:07.88 | 1994 |
| 3 | Katherine Pelton | IHAC | 1:16.09 | 1987 |
| 4 | Grace Altus | SBM | 1:18.55 | 2004 |
| 5 | Maurine Kornfeld | CM | 1:32.66 | 2005 |
| 6 | Madeleine Miller | CM | 1:49.71 | 1994 |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

100 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-----------|----------------|-------------|
| 1 | Maxine Merlino | CM | 2:36.89 | 1994 |
| 2 | Katherine Pelton | MMSC | 2:57.05 | 1985 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
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200 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Maxine Merlino | LBM | 5:29.93 | 1992 |
| 2 | Katherine Pelton | IHAC | 6:41.20 | 1987 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Maxine Merlino | LBM | 4:47.02 | 1992 |
| 2 | Katherine Pelton | IHAC | 6:02.99 | 1987 |
| 3 | Maurine Kornfeld | CM | 6:08.19 | 2003 |
| 4 | Geraldine Turner | LVM | 8:57.31 | 1993 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
| 10 | | | | |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------------|------------|-----------------|-------------|
| 1 | Maxine Merlino | LBM | 10:05.13 | 1992 |
| 2 | Katherine Pelton | MMSC | 12:25.51 | 1985 |
| 3 | Geraldine Turner | LVM | 23:53.13 | 1994 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

80-84 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 32.18 | 2017 |
| 2 | Frank M Piemme | SBM | 33.09 | 2005 |
| 3 | Woody Bowersock | CM | 33.88 | 1993 |
| 4 | George C Bailey | UNAT | 36.36 | 2018 |
| 5 | Will Rauch | LVM | 36.98 | 2014 |
| 6 | Robert Christians | CM | 37.60 | 1996 |
| 7 | Louis Giberson | CM | 39.29 | 2000 |
| 8 | Jurgen B Schmidt | HVAM | 38.54 | 2003 |
| 9 | Fred Leipziger | LVM | 40.45 | 2009 |
| 10 | Bob Merrick | CM | 41.16 | 2001 |

200 LC METER FREESTYLE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Frank M Piemme | SBM | 3:04.65 | 2005 |
| 2 | Jeff Farrell | SBM | 3:10.85 | 2017 |
| 3 | Jurgen Schmidt | SBM | 3:11.36 | 2003 |
| 4 | Will Rauch | LVM | 3:14.46 | 2014 |
| 5 | Woodrow Bowersock | CM | 3:27.08 | 1996 |
| 6 | Bob Merrick | CM | 3:32.09 | 2000 |
| 7 | Robert Christians | CM | 3:33.86 | 1996 |
| 8 | Louis Giberson | CM | 3:46.87 | 2000 |
| 9 | William Fleming | ROSE | 3:48.91 | 2019 |
| 10 | John W Houose | ROSE | 3:53.61 | 2021 |

800 LC METER FREESTYLE

| | | | | |
|----|--------------------|------------|-----------------|-------------|
| 1 | Will Rauch | LVM | 13:57.07 | 2014 |
| 2 | Frank M Piemme | SBM | 14:12.89 | 2005 |
| 3 | Jurgen B Schmidt | SBM | 14:19.89 | 2005 |
| 4 | Walter Pfeiffer | CM | 16:11.71 | 1994 |
| 5 | Robert W Bergstrom | FMT | 16:15.03 | 2021 |
| 6 | William Fleming | ROSE | 16:45.17 | 2019 |
| 7 | Woody Bowersock | CM | 17:12.84 | 1993 |
| 8 | Leonard Chapin | LBM | 18:41.57 | 1988 |
| 9 | Rudolf Graef | MVN | 18:43.51 | 2012 |
| 10 | John M Burnside | LBM | 19:34.57 | 1990 |

50 LC METER BACKSTROKE

| | | | | |
|----|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 45.26 | 2018 |
| 2 | Frank M Piemme | LOST | 46.78 | 2008 |
| 3 | Jurgen Schmidt | SBM | 46.93 | 2004 |
| 4 | Woody Bowersock | CM | 47.35 | 1993 |
| 5 | Robert Christians | CM | 48.41 | 1996 |
| 6 | Stan McConnell | UNAT | 49.72 | 2012 |
| 7 | Bob Merrick | CM | 51.38 | 2000 |
| 8 | Everett W Smethurst | NOVA | 51.49 | 2015 |
| 9 | George C Bailey | UNAT | 52.21 | 2018 |
| 10 | John E. Bleck | WH2O | 53.35 | 2014 |

200 LC METER BACKSTROKE

| | | | | |
|----|--------------------|-------------|----------------|-------------|
| 1 | Lee C Arth | UNAT | 3:54.49 | 2005 |
| 2 | William Fleming | ROSE | 4:05.73 | 2019 |
| 3 | Stan McConnell | UNAT | 4:10.25 | 2012 |
| 4 | Woody Bowersock | CM | 4:16.88 | 1993 |
| 5 | Bob Merrick | CM | 4:23.22 | 2000 |
| 6 | Robert W Bergstrom | FMT | 4:24.93 | 2021 |
| 7 | Bob Christians | CM | 4:25.74 | 1998 |
| 8 | Jurgen Schmidt | SBM | 4:28.02 | 2004 |
| 9 | Rudolf Graef | MVN | 4:31.08 | 2013 |
| 10 | John P Glenn | LBM | 5:08.61 | 1992 |

100 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Frank M Piemme | SBM | 1:45.54 | 2005 |
| 2 | Bob Merrick | CM | 1:53.31 | 2000 |
| 3 | John E Bleck | WH2O | 2:04.95 | 2014 |
| 4 | Walter Pfeiffer | CM | 2:06.44 | 1994 |
| 5 | Frederick J Hoppe | CTMA | 2:07.36 | 2010 |
| 6 | Fred Leipziger | LVM | 2:09.72 | 2009 |
| 7 | Robert Christians | CM | 2:10.73 | 1996 |
| 8 | Lee C Arth | UNAT | 2:10.84 | 2005 |
| 9 | Xing Kang Cao | UNAT | 2:12.17 | 2005 |
| 10 | William Shott | LBMS | 2:13.74 | 1990 |

50 LC METER BUTTERFLY

| | | | | |
|---|-----------------------|------------|--------------|-------------|
| 1 | Frank M Piemme | SBM | 40.65 | 2005 |
| 2 | Jeff Farrell | SBM | 47.50 | 2018 |
| 3 | Jurgen Schmidt | HVAM | 48.20 | 2003 |
| 4 | Walter Pfeiffer | CM | 49.28 | 1994 |
| 5 | Everett W Smethurst | NOVA | 50.40 | 2015 |
| 6 | Robert Christians | CM | 51.02 | 1996 |
| 7 | Louis Giberson | CM | 51.27 | 2000 |
| 8 | Bill Seligman | UNAT | 52.76 | 2007 |

100 LC METER FREESTYLE

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Jeff Farrell | SBM | 1:16.09 | 2018 |
| 2 | Frank M Piemme | SBM | 1:18.77 | 2005 |
| 3 | Woody Bowersock | CM | 1:22.50 | 1993 |
| 4 | Will Rauch | LVM | 1:25.44 | 2014 |
| 5 | George C Bailey | UNAT | 1:27.17 | 2017 |
| 6 | Jurgen B Schmidt | SBM | 1:27.70 | 2023 |
| 7 | Bob Merrick | CM | 1:31.20 | 2000 |
| 8 | Louis Giberson | CM | 1:33.68 | 2000 |
| 9 | Bob Christians | CM | 1:34.00 | 1998 |
| 10 | John Glenn | CM | 1:42.39 | 1994 |

400 LC METER FREESTYLE

| | | | | |
|----|-----------------------|------------|----------------|-------------|
| 1 | Frank M Piemme | SBM | 6:36.12 | 2005 |
| 2 | Will Rauch | LVM | 6:50.74 | 2014 |
| 3 | Jurgen B Schmidt | SBM | 6:56.82 | 2005 |
| 4 | Bob Merrick | CM | 7:31.21 | 2000 |
| 5 | Woody Bowersock | CM | 7:41.01 | 1993 |
| 6 | William Fleming | ROSE | 8:01.75 | 2019 |
| 7 | Louis Giberson | CM | 8:34.15 | 2000 |
| 8 | John Burnside | LBM | 8:46.84 | 1990 |
| 9 | William Shott | LBM | 9:01.68 | 1990 |
| 10 | Leonard Chapin | LBM | 9:02.40 | 1988 |

1500 LC METER FREESTYLE

| | | | | |
|----|-----------------------|------------|-----------------|-------------|
| 1 | Frank M Piemme | SBM | 26:52.76 | 2005 |
| 2 | Jurgen Schmidt | SBM | 27:14.31 | 2003 |
| 3 | Robert W Bergstrom | FMT | 30:36.12 | 2021 |
| 4 | Woody Bowersock | CM | 32:01.67 | 1993 |
| 5 | William Shott | LBM | 34:34.61 | 1990 |
| 6 | Rudolf Graef | MVN | 35:21.47 | 2012 |
| 7 | Peter Parsons | RAA | 35:39.09 | 2019 |
| 8 | Leonard Chapin | LBM | 37:03.27 | 1989 |
| 9 | John M Burnside | LBM | 38:20.35 | 1990 |
| 10 | Robert W Rolph | MVN | 40:49.16 | 2012 |

100 LC METER BACKSTROKE

| | | | | |
|----|--------------------------|-----------|----------------|-------------|
| 1 | Robert Christians | CM | 1:49.60 | 1996 |
| 2 | Frank M Piemme | LOST | 1:52.15 | 2008 |
| 3 | Stan McConnell | UNAT | 1:52.37 | 2012 |
| 4 | William Fleming | ROSE | 1:53.32 | 2019 |
| 5 | Bob Merrick | CM | 1:53.61 | 2000 |
| 6 | Woody Bowersock | CM | 1:54.70 | 1993 |
| 7 | Everett W Smethurst | NOVA | 1:54.94 | 2015 |
| 8 | John E Bleck | WH2O | 2:02.42 | 2014 |
| 9 | John W House | ROSE | 2:02.55 | 2021 |
| 10 | Jurgen B Schmidt | SBM | 2:02.97 | 2005 |

50 LC METER BREASTSTROKE

| | | | | |
|----|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 46.39 | 2018 |
| 2 | Bob Christians | CM | 48.48 | 1998 |
| 3 | Bob Merrick | CM | 48.88 | 2000 |
| 4 | William Shott | LBM | 49.49 | 1990 |
| 5 | Frederick J Hoppe | CTMA | 50.99 | 2010 |
| 6 | George C Bailey | UNAT | 52.34 | 2017 |
| 7 | Fred Leipziger | LVM | 52.43 | 2009 |
| 8 | Walter Pfeiffer | CM | 55.78 | 1994 |
| 9 | Ed Farrell | MVN | 56.36 | 2012 |
| 10 | John C Bleck | WH2O | 56.85 | 2014 |

200 LC METER BREASTSTROKE

| | | | | |
|----|------------------------|-----------|----------------|-------------|
| 1 | Walter Pfeiffer | CM | 4:17.62 | 1994 |
| 2 | Bob Merrick | CM | 4:18.56 | 2000 |
| 3 | Lee C Arth | UNAT | 4:29.58 | 2005 |
| 4 | Frederick J Hoppe | CTMA | 4:38.65 | 2010 |
| 5 | Ed L Farrell | MVN | 4:39.02 | 2014 |
| 6 | John E Bleck | WH2O | 4:43.49 | 2014 |
| 7 | William Shott | LBM | 4:53.88 | 1990 |
| 8 | Rufus Clark | IHAC | 5:25.54 | 1992 |
| 9 | Alfred Guth | LBM | 5:30.58 | 1988 |
| 10 | John Glenn | LBM | 6:01.07 | 1992 |

100 LC METER BUTTERFLY

| | | | | |
|---|-----------------------|------------|----------------|-------------|
| 1 | Frank M Piemme | SBM | 1:46.11 | 2005 |
| 2 | Walter Pfeiffer | CM | 1:58.99 | 1994 |
| 3 | Lee C Arth | UNAT | 2:08.00 | 2005 |
| 4 | William Shott | LBM | 2:27.76 | 1990 |
| 5 | Alfred Guth | LBM | 3:12.60 | 1988 |
| 6 | T Johnson | TTSC | 4:31.12 | 2004 |
| 7 | Craig Walker | UNAT | 6:46.68 | 2023 |
| 8 | | | | |

| | | | | |
|----|-------------------|------|-------|------|
| 9 | Frederick J Hoppe | CTMA | 53.23 | 2010 |
| 10 | Woodrow Bowersock | CM | 56.14 | 1995 |

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10

200 LC METER BUTTERFLY

| | | | | |
|----|-----------------|------|----------|------|
| 1 | Walter Pfeiffer | CM | 4:31.96 | 1994 |
| 2 | William Shott | LBM | 7:06.00 | 1990 |
| 3 | T Johnson | TTSC | 9:37.58 | 2004 |
| 4 | Craig Walker | UNAT | 17:05.47 | 2023 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-------------------|------|---------|------|
| 1 | Frank M Piemme | SBM | 3:34.94 | 2005 |
| 2 | Jeff Farrell | SBM | 3:44.86 | 2019 |
| 3 | Jurgen Schmidt | SBM | 3:59.62 | 2003 |
| 4 | Lee C Arth | UNAT | 4:01.09 | 2005 |
| 5 | Robert Christians | CM | 4:01.20 | 1996 |
| 6 | Walter Pfeiffer | CM | 4:01.29 | 1994 |
| 7 | Woody Bowersock | CM | 4:27.37 | 1993 |
| 8 | William Shott | LBM | 5:02.65 | 1990 |
| 9 | Alfred Guth | LBM | 5:47.37 | 1988 |
| 10 | | | | |

400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------|------|----------|------|
| 1 | Frank Piemme | LOST | 8:03.49 | 2005 |
| 2 | Lee C Arth | UNAT | 8:39.57 | 2005 |
| 3 | Walter Pfeiffer | CM | 8:45.17 | 1994 |
| 4 | William Shott | LBM | 11:20.13 | 1990 |
| 5 | T Johnson | TTSC | 18:34.98 | 2004 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

85-89 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|--------------------|------|---------|------|
| 1 | Rita Simonton | GWSC | 49.08 | 2003 |
| 2 | Jeanne Little | MVN | 53.01 | 2022 |
| 3 | Maurine E Kornfeld | MVN | 54.66 | 2007 |
| 4 | Margrit Graef | MVN | 1:04.85 | 2019 |
| 5 | Peggy Sanborn | SBM | 1:15.52 | 2012 |
| 6 | Madeleine Miller | CM | 1:15.86 | 1997 |
| 7 | Jennie Taylor | OJAI | 1:24.64 | 2003 |
| 8 | Luella Tyra | IHAC | 1:32.63 | 1981 |
| 9 | | | | |
| 10 | | | | |

100 LC METER FREESTYLE

| | | | | |
|----|------------------|------|---------|------|
| 1 | Rita Simonton | GWSC | 1:48.75 | 2003 |
| 2 | Maxine Merlino | CM | 1:59.18 | 1997 |
| 3 | Maurine Kornfeld | MVN | 2:03.90 | 2006 |
| 4 | Jeanne Little | MVN | 2:10.74 | 2023 |
| 5 | Margrit Graef | MVN | 2:28.80 | 2019 |
| 6 | Peggy Sanborn | SBM | 2:34.34 | 2012 |
| 7 | Katherine Pelton | IHAC | 2:42.16 | 1991 |
| 8 | Madeleine Miller | CM | 2:49.25 | 1996 |
| 9 | Luella Tyra | IHAC | 4:03.18 | 1982 |
| 10 | | | | |

200 LC METER FREESTYLE

| | | | | |
|----|--------------------|------|---------|------|
| 1 | Rita Simonton | GWSC | 3:59.68 | 2003 |
| 2 | Maurine E Kornfeld | MVN | 4:21.21 | 2008 |
| 3 | Maxine Merlino | CM | 4:44.30 | 1997 |
| 4 | Jeanne Little | MVN | 4:49.61 | 2023 |
| 5 | Peggy Sanborn | SBM | 5:14.20 | 2012 |
| 6 | Madeline Miller | CM | 6:23.05 | 1996 |
| 7 | Luella Tyra | IHAC | 9:33.39 | 1981 |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

400 LC METER FREESTYLE

| | | | | |
|----|--------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 8:17.82 | 2003 |
| 2 | Maurine E Kornfeld | MVN | 9:08.05 | 2007 |
| 3 | Maxine Merlino | CM | 9:52.14 | 1997 |
| 4 | Peggy Sanborn | SBM | 10:38.27 | 2012 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

800 LC METER FREESTYLE

| | | | | |
|----|--------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 17:14.24 | 2003 |
| 2 | Maurine E Kornfeld | MVN | 18:24.60 | 2008 |
| 3 | Maxine Merlino | CM | 20:11.43 | 1997 |
| 4 | Peggy Sanborn | SBM | 21:42.78 | 2012 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

1500 LC METER FREESTYLE

| | | | | |
|----|----------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 32:33.60 | 2003 |
| 2 | Maxine Merlino | CM | 38:20.39 | 1997 |
| 3 | Peggy Sanborn | SBM | 41:16.42 | 2012 |
| 4 | | | | |
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50 LC METER BACKSTROKE

| | | | | |
|----|--------------------|------|---------|------|
| 1 | Peggy Sanborn | SBM | 1:10.16 | 2012 |
| 2 | Maurine E Kornfeld | MVN | 1:10.67 | 2010 |
| 3 | Jeanne Little | MVN | 1:20.93 | 2022 |
| 4 | Madeleine Miller | CM | 1:23.46 | 1998 |
| 5 | Jennie M Taylor | OJAI | 2:03.80 | 2003 |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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100 LC METER BACKSTROKE

| | | | | |
|----|--------------------|-----|---------|------|
| 1 | Peggy Sanborn | SBM | 2:26.64 | 2012 |
| 2 | Maurine E Kornfeld | MVN | 2:29.35 | 2010 |
| 3 | Maxine Merlino | CM | 2:29.64 | 1997 |
| 4 | Madeleine Miller | CM | 2:59.33 | 1996 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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200 LC METER BACKSTROKE

| | | | | |
|---|------------------|-----|---------|------|
| 1 | Peggy Sanborn | SBM | 5:04.84 | 2012 |
| 2 | Maurine Kornfeld | MVN | 5:12.77 | 2006 |
| 3 | Madeleine Miller | CM | 6:52.68 | 1997 |

50 LC METER BREASTSTROKE

| | | | | |
|---|------------------|------|---------|------|
| 1 | Marti Gogniat | CM | 1:09.85 | 1996 |
| 2 | Rita Simonton | GWSC | 1:12.12 | 2003 |
| 3 | Madeleine Miller | CM | 1:33.87 | 1997 |

| | | | | |
|----|------------------|-----|----------|------|
| 4 | Geraldine Turner | LVM | 10:29.29 | 1997 |
| 5 | | | | |
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|----|------------------|------|---------|------|
| 4 | Margrit Graef | MVN | 1:37.81 | 2018 |
| 5 | Maurine Kornfeld | MVN | 1:54.00 | 2006 |
| 6 | Luella Tyra | IHAC | 2:51.97 | 1981 |
| 7 | | | | |
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| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|------------------|------|---------|------|
| 1 | Marti Gogniat | CM | 2:34.86 | 1996 |
| 2 | Rita Simonton | GWSC | 2:42.95 | 2003 |
| 3 | Katherine Pelton | IHAC | 3:18.97 | 1991 |
| 4 | Madeleine Miller | CM | 3:40.87 | 1998 |
| 5 | Luella Tyra | IHAC | 5:38.36 | 1982 |
| 6 | | | | |
| 7 | | | | |
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| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 6:00.81 | 2003 |
| 2 | Maxine Merlino | CM | 6:08.30 | 1997 |
| 3 | Katherine Pelton | IHAC | 6:58.50 | 1991 |
| 4 | Madeleine Miller | CM | 8:18.08 | 1996 |
| 5 | Luella Tyra | IHAC | 13:42.69 | 1981 |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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| 50 LC METER BUTTERFLY | | | | |
|-----------------------|--------------------|------|---------|------|
| 1 | Maxine Merlino | CM | 1:13.84 | 1997 |
| 2 | Maurine E Kornfeld | MVN | 1:20.00 | 2008 |
| 3 | Rita Simonton | GWSC | 1:27.44 | 2005 |
| 4 | Katherine Pelton | IHAC | 1:38.48 | 1991 |
| 5 | Madeline Miller | CM | 1:53.82 | 1996 |
| 6 | Geraldine Turner | LVM | 3:23.61 | 1997 |
| 7 | | | | |
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| 9 | | | | |
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| 100 LC METER BUTTERFLY | | | | |
|------------------------|------------------|------|---------|------|
| 1 | Maxine Merlino | CM | 2:59.55 | 1997 |
| 2 | Katherine Pelton | IHAC | 3:01.14 | 1991 |
| 3 | | | | |
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| 200 LC METER BUTTERFLY | | | | |
|------------------------|------------------|------|---------|------|
| 1 | Maxine Merlino | CM | 6:35.26 | 1998 |
| 2 | Katherine Pelton | IHAC | 7:18.41 | 1990 |
| 3 | | | | |
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| 200 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|--------------------|------|----------|------|
| 1 | Rita Simonton | GWSC | 5:25.65 | 2004 |
| 2 | Maxine Merlino | CM | 5:27.56 | 1997 |
| 3 | Katherine Pelton | IHAC | 6:44.53 | 1991 |
| 4 | Maurine E Kornfeld | MVN | 6:49.14 | 2010 |
| 5 | Geraldine Turner | LVM | 12:23.69 | 1997 |
| 6 | | | | |
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| 400 LC METER INDIVIDUAL MEDLEY | | | | |
|--------------------------------|------------------|------|----------|------|
| 1 | Maxine Merlino | CM | 11:21.06 | 1997 |
| 2 | Katherine Pelton | IHAC | 14:02.65 | 1990 |
| 3 | | | | |
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85-89 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|---------------------|------|-------|------|
| 1 | Jeff Farrell | SBM | 35.23 | 2022 |
| 2 | Woodrow Bowersock | CM | 35.77 | 1998 |
| 3 | Frank M Piemme | LOST | 35.85 | 2010 |
| 4 | Jurgen B Schmidt | LOST | 41.72 | 2008 |
| 5 | James Pearce | CLVM | 43.37 | 2001 |
| 6 | Bob Merrick | UNAT | 48.26 | 2005 |
| 7 | Reginald Harrison | IHAC | 49.42 | 1989 |
| 8 | Everett W Smethurst | NOVA | 49.66 | 2021 |
| 9 | John Glenn | CM | 51.74 | 1996 |
| 10 | William Fleming | ROSE | 56.56 | 2021 |

| 100 LC METER FREESTYLE | | | | |
|------------------------|---------------------|------|---------|------|
| 1 | Frank M Piemme | LOST | 1:23.25 | 2010 |
| 2 | Jeff Farrell | SBM | 1:24.00 | 2022 |
| 3 | Woodrow Bowersock | CM | 1:27.61 | 1998 |
| 4 | Jurgen B Schmidt | LOST | 1:37.83 | 2009 |
| 5 | Jack Blumberg | IHAC | 1:42.02 | 1983 |
| 6 | Reginald Harrison | IHAC | 1:55.19 | 1989 |
| 7 | Everett W Smethurst | NOVA | 1:59.22 | 2022 |
| 8 | Joseph Earley | CENT | 2:20.42 | 1989 |
| 9 | Paul E Spangler | UNAT | 2:27.02 | 1984 |
| 10 | Don Neefe | CM | 2:31.71 | 1995 |

| 200 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|---------|------|
| 1 | Frank M Piemme | LOST | 3:16.89 | 2010 |
| 2 | Jeff Farrell | SBM | 3:25.66 | 2023 |
| 3 | Jurgen B Schmidt | LOST | 3:32.69 | 2008 |
| 4 | Woodrow Bowersock | CM | 3:45.35 | 1998 |
| 5 | Joe Miko | UNAT | 5:12.66 | 2005 |
| 6 | Jack Blumberg | IHAC | 5:22.40 | 1982 |
| 7 | Don Neefe | CM | 5:29.35 | 1993 |
| 8 | Paul E Spangler | CENT | 5:36.97 | 1988 |
| 9 | John Glenn | CM | 6:26.17 | 1996 |
| 10 | Bradford M Boyd | ROSE | 7:14.35 | 2012 |

| 400 LC METER FREESTYLE | | | | |
|------------------------|-------------------|------|----------|------|
| 1 | Frank M Piemme | LOST | 7:03.07 | 2010 |
| 2 | Jurgen B Schmidt | LOST | 7:25.95 | 2008 |
| 3 | Woodrow Bowersock | CM | 8:58.07 | 1998 |
| 4 | Joe Miko | UNAT | 10:39.04 | 2005 |
| 5 | Jack Blumberg | IHAC | 11:19.63 | 1982 |
| 6 | Paul E Spangler | CENT | 11:40.11 | 1988 |
| 7 | Don Neefe | CM | 12:14.33 | 1993 |
| 8 | | | | |
| 9 | | | | |
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800 LC METER FREESTYLE

| | | | | |
|----|-----------------------|-------------|-----------------|-------------|
| 1 | Frank M Piemme | LOST | 14:43.81 | 2010 |
| 2 | Jurgen B Schmidt | LOST | 15:32.70 | 2008 |
| 3 | Woodrow Bowersock | CM | 18:57.97 | 1998 |
| 4 | Joe Miko | UNAT | 21:44.59 | 2005 |
| 5 | | | | |
| 6 | | | | |
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1500 LC METER FREESTYLE

| | | | | |
|----|-------------------------|-------------|-----------------|-------------|
| 1 | Jurgen B Schmidt | LOST | 29:12.85 | 2008 |
| 2 | Woodrow Bowersock | CM | 38:13.08 | 1999 |
| 3 | Joe Miko | UNAT | 42:23.61 | 2005 |
| 4 | Paul E Spangler | CENT | 47:27.64 | 1987 |
| 5 | | | | |
| 6 | | | | |
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50 LC METER BACKSTROKE

| | | | | |
|----|---------------------|------------|--------------|-------------|
| 1 | Jeff Farrell | SBM | 49.28 | 2023 |
| 2 | Frank Piemme | LOST | 49.55 | 2012 |
| 3 | Jurgen B Schmidt | LOST | 53.35 | 2009 |
| 4 | Everett W Smethurst | NOVA | 55.02 | 2022 |
| 5 | Woody Bowersock | CM | 55.65 | 2001 |
| 6 | Reginald Harrison | IHAC | 59.27 | 1989 |
| 7 | John Glenn | CM | 1:03.41 | 1996 |
| 8 | Joseph Earley | CENT | 1:06.46 | 1988 |
| 9 | Edwin Allen | UNAT | 1:10.10 | 2001 |
| 10 | Russell E Benner | NOVA | 1:11.08 | 2013 |

100 LC METER BACKSTROKE

| | | | | |
|----|---------------------|------------|----------------|-------------|
| 1 | Jeff Farrell | SBM | 1:55.52 | 2023 |
| 2 | Frank M Piemme | LOST | 1:58.11 | 2010 |
| 3 | Everett W Smethurst | NOVA | 2:00.81 | 2022 |
| 4 | Jurgen B Schmidt | LOST | 2:06.41 | 2009 |
| 5 | Woody Bowersock | CM | 2:10.96 | 2002 |
| 6 | William Fleming | ROSE | 2:11.86 | 2021 |
| 7 | Reginald Harrison | IHAC | 2:18.74 | 1989 |
| 8 | Edwin Allen | UNAT | 2:31.04 | 2001 |
| 9 | John Glenn | CM | 2:39.01 | 1996 |
| 10 | Joseph Earley | CENT | 2:40.74 | 1989 |

200 LC METER BACKSTROKE

| | | | | |
|----|-------------------------|-------------|----------------|-------------|
| 1 | Jurgen B Schmidt | LOST | 4:37.79 | 2009 |
| 2 | Woody Bowersock | CM | 4:51.84 | 2002 |
| 3 | Jack Blumberg | IHAC | 6:13.80 | 1982 |
| 4 | Don Neefe | CM | 6:15.64 | 1994 |
| 5 | John Glenn | CM | 6:30.84 | 1996 |
| 6 | | | | |
| 7 | | | | |
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50 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Frank M Piemme | LOST | 49.49 | 2010 |
| 2 | Bob Merrick | UNAT | 1:01.73 | 2005 |
| 3 | Jurgen B Schmidt | LOST | 1:04.71 | 2009 |
| 4 | Reginald Harrison | IHAC | 1:11.02 | 1989 |
| 5 | Joe Miko | UNAT | 1:11.45 | 2005 |
| 6 | Everett W Smethurst | NOVA | 1:16.69 | 2021 |
| 7 | John Glenn | CM | 1:17.63 | 1996 |
| 8 | Richard H Reuben | ROSE | 1:51.79 | 2018 |
| 9 | Don Neefe | CM | 2:21.66 | 1994 |
| 10 | Bradford Boyd | ROSE | 3:35.60 | 2013 |

100 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Frank M Piemme | LOST | 1:51.79 | 2010 |
| 2 | Walter Pfeiffer | CM | 2:19.56 | 2000 |
| 3 | Jurgen B Schmidt | LOST | 2:28.57 | 2009 |
| 4 | Reginald Harrison | IHAC | 2:41.43 | 1989 |
| 5 | Joe Miko | UNAT | 2:44.68 | 2005 |
| 6 | William Fleming | ROSE | 2:55.83 | 2021 |
| 7 | John Whittemore | SBSC | 3:12.00 | 1986 |
| 8 | John Glenn | CM | 3:29.35 | 1996 |
| 9 | Richard H Reuben | ROSE | 5:10.07 | 2017 |
| 10 | Bradford M Boyd | ROSE | 6:01.17 | 2012 |

200 LC METER BREASTSTROKE

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Frank M Piemme | LOST | 4:15.11 | 2010 |
| 2 | Jurgen B Schmidt | LOST | 5:27.01 | 2009 |
| 3 | Joe Miko | UNAT | 5:43.75 | 2005 |
| 4 | John Glenn | CM | 7:21.41 | 1996 |
| 5 | Richard H Reuben | ROSE | 10:39.61 | 2018 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
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50 LC METER BUTTERFLY

| | | | | |
|----|-----------------------|-------------|--------------|-------------|
| 1 | Frank M Piemme | LOST | 45.63 | 2010 |
| 2 | Walter Pfeiffer | CM | 54.98 | 2000 |
| 3 | Everett W Smethurst | NOVA | 1:07.04 | 2021 |
| 4 | Jurgen B Schmidt | LOST | 1:07.56 | 2009 |
| 5 | Woody Bowersock | CM | 1:11.90 | 2000 |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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100 LC METER BUTTERFLY

| | | | | |
|----|---------------------|-------------|----------------|-------------|
| 1 | Frank Piemme | LOST | 2:05.39 | 2010 |
| 2 | Walter Pfeiffer | CM | 2:10.28 | 1999 |
| 3 | | | | |
| 4 | | | | |
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| 6 | | | | |
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200 LC METER BUTTERFLY

| | | | | |
|----|------------------------|-----------|----------------|-------------|
| 1 | Walter Pfeiffer | CM | 5:06.00 | 1999 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
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200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|-----------------------|-------------|----------------|-------------|
| 1 | Frank M Piemme | LOST | 3:51.88 | 2010 |
| 2 | Walter Pfeiffer | CM | 4:33.24 | 2000 |
| 3 | Jurgen B Schmidt | LOST | 4:36.08 | 2009 |
| 4 | Woody Bowersock | CM | 5:24.05 | 2000 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
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400 LC METER INDIVIDUAL MEDLEY

| | | | | |
|---|------------------------|-----------|----------------|-------------|
| 1 | Walter Pfeiffer | CM | 9:42.77 | 1999 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
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90-94 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

| 50 LC METER FREESTYLE | | | | |
|-----------------------|---------------------------|------------|--------------|-------------|
| 1 | Maurine E Kornfeld | MVN | 55.48 | 2011 |
| 2 | Rita Simonton | LOST | 56.87 | 2008 |
| 3 | Maxine O Merlino | CM | 1:12.10 | 2002 |
| 4 | Jennie M Taylor | OJAI | 1:40.16 | 2008 |
| 5 | Madeleine Miller | CM | 1:45.54 | 2002 |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
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| 100 LC METER FREESTYLE | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | LOST | 2:03.52 | 2008 |
| 2 | Maurine E Kornfeld | MVN | 2:08.53 | 2012 |
| 3 | Maxine O Merlino | CM | 2:35.50 | 2002 |
| 4 | Madeleine Miller | CM | 3:57.59 | 2002 |
| 5 | | | | |
| 6 | | | | |
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| 9 | | | | |
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| 200 LC METER FREESTYLE | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | LOST | 4:19.80 | 2008 |
| 2 | Maurine E Kornfeld | MVN | 4:30.03 | 2013 |
| 3 | Maxine O Merlino | CM | 5:22.49 | 2002 |
| 4 | Madeleine Miller | CM | 7:19.69 | 2000 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 400 LC METER FREESTYLE | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | GWSC | 9:04.93 | 2008 |
| 2 | Maurine E Kornfeld | MVN | 9:30.36 | 2011 |
| 3 | Maxine Merlino | CM | 11:17.74 | 2002 |
| 4 | Madeleine Miller | CM | 13:43.50 | 2002 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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| 800 LC METER FREESTYLE | | | | |
|------------------------|----------------------|-------------|-----------------|-------------|
| 1 | Rita Simonton | LOST | 18:53.58 | 2008 |
| 2 | Maurine E Kornfeld | MVN | 19:28.25 | 2012 |
| 3 | Maxine Merlino | CM | 23:04.42 | 2002 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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| 1500 LC METER FREESTYLE | | | | |
|-------------------------|----------------------|-------------|-----------------|-------------|
| 1 | Rita Simonton | LOST | 36:02.20 | 2008 |
| 2 | Maxine O Merlino | CM | 44:46.30 | 2002 |
| 3 | | | | |
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| 50 LC METER BACKSTROKE | | | | |
|------------------------|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | GWSC | 1:14.42 | 2012 |
| 2 | Maurine E Kornfeld | MVN | 1:14.48 | 2011 |
| 3 | Madeleine Miller | CM | 1:35.14 | 2001 |
| 4 | Jennie M Taylor | OJAI | 2:05.49 | 2008 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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| 100 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------------|------------|----------------|-------------|
| 1 | Maurine E Kornfeld | MVN | 2:30.63 | 2011 |
| 2 | Rita Simonton | GWSC | 2:33.12 | 2011 |
| 3 | Madeleine Miller | CM | 3:40.86 | 2001 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
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| 200 LC METER BACKSTROKE | | | | |
|-------------------------|---------------------------|------------|----------------|-------------|
| 1 | Maurine E Kornfeld | MVN | 5:30.12 | 2013 |
| 2 | Madeleine Miller | CM | 7:33.78 | 2001 |
| 3 | Jennie M Taylor | OJAI | 9:36.38 | 2008 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

| 50 LC METER BREASTSTROKE | | | | |
|--------------------------|-------------------------|-----------|----------------|-------------|
| 1 | Madeleine Miller | CM | 1:43.58 | 2000 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
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| 7 | | | | |
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| 100 LC METER BREASTSTROKE | | | | |
|---------------------------|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | LOST | 3:54.14 | 2009 |
| 2 | Madeleine Miller | CM | 5:10.63 | 2000 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
| 10 | | | | |

| 200 LC METER BREASTSTROKE | | | | |
|---------------------------|-------------------------|-----------|-----------------|-------------|
| 1 | Madeleine Miller | CM | 11:42.20 | 2000 |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 50 LC METER BUTTERFLY | | | | |
|-----------------------|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | LOST | 1:33.12 | 2008 |
| 2 | | | | |

| 100 LC METER BUTTERFLY | | | | |
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200 LC METER BUTTERFLY

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200 LC METER INDIVIDUAL MEDLEY

| | | | | |
|----|----------------------|-------------|----------------|-------------|
| 1 | Rita Simonton | LOST | 6:30.12 | 2008 |
| 2 | Maxine Merlino | CM | 6:35.70 | 2003 |
| 3 | Maurine E Kornfeld | MVN | 7:13.98 | 2013 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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400 LC METER INDIVIDUAL MEDLEY

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90-94 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

| | | | | |
|----|------------------------|-----------|--------------|-------------|
| 1 | Woody Bowersock | CM | 39.19 | 2003 |
| 2 | Jurgen B Schmidt | MVN | 47.89 | 2013 |
| 3 | Robert W Christians | CM | 1:04.13 | 2005 |
| 4 | Paul E Spangler | CENT | 1:10.80 | 1989 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |

100 LC METER FREESTYLE

| | | | | |
|----|------------------------|-----------|----------------|-------------|
| 1 | Woody Bowersock | CM | 1:43.22 | 2003 |
| 2 | Jurgen B Schmidt | MVN | 1:48.71 | 2013 |
| 3 | Paul E Spangler | CENT | 2:41.17 | 1989 |
| 4 | Robert W Christians | CM | 2:56.30 | 2007 |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
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| 9 | | | | |
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200 LC METER FREESTYLE

| | | | | |
|----|-------------------------|------------|----------------|-------------|
| 1 | Jurgen B Schmidt | MVN | 4:02.49 | 2013 |
| 2 | Woody Bowersock | CM | 4:10.40 | 2003 |
| 3 | Paul E Spangler | CENT | 5:48.14 | 1989 |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
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| 9 | | | | |
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400 LC METER FREESTYLE

| | | | | |
|----|-------------------------|------------|----------------|-------------|
| 1 | Jurgen B Schmidt | MVN | 8:48.73 | 2013 |
| 2 | Woody Bowersock | CM | 9:39.37 | 2003 |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
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800 LC METER FREESTYLE

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|----|-------------------------|------------|-----------------|-------------|
| 1 | Jurgen B Schmidt | MVN | 17:58.02 | 2013 |
| 2 | Woody Bowersock | CM | 21:07.17 | 2003 |
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1500 LC METER FREESTYLE

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|----|-------------------------|------------|-----------------|-------------|
| 1 | Jurgen B Schmidt | MVN | 36:22.20 | 2013 |
| 2 | Walter Pfeiffer | CM | 39:36.67 | 2004 |
| 3 | Paul E Spangler | CENT | 52:41.53 | 1990 |
| 4 | | | | |
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50 LC METER BACKSTROKE

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|---|------------------------|-----------|--------------|-------------|
| 1 | Woody Bowersock | CM | 56.43 | 2003 |
| 2 | Jurgen B Schmidt | MVN | 1:00.90 | 2014 |
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100 LC METER BACKSTROKE

| | | | | |
|---|------------------------|-----------|----------------|-------------|
| 1 | Woody Bowersock | CM | 2:10.36 | 2003 |
| 2 | Jurgen B Schmidt | MVN | 2:18.62 | 2014 |
| 3 | Dick Westerfield | CM | 2:24.12 | 2005 |
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200 LC METER BACKSTROKE

| | | | | |
|----|------------------------|-----------|----------------|-------------|
| 1 | Woody Bowersock | CM | 4:58.86 | 2003 |
| 2 | Jurgen B Schmidt | MVN | 5:01.27 | 2014 |
| 3 | Dick Westerfield | CM | 5:10.78 | 2005 |
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100 LC METER BREASTSTROKE

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|----|-----------------------|-----------|----------------|-------------|
| 1 | Walter Pfeifer | CM | 2:46.78 | 2003 |
| 2 | Jurgen B Schmidt | MVN | 2:49.49 | 2014 |
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50 LC METER BUTTERFLY

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|----|-----------------------|-----------|----------------|-------------|
| 1 | Walter Pfeifer | CM | 1:00.30 | 2003 |
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200 LC METER BUTTERFLY

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|----|-----------------------|-----------|----------------|-------------|
| 1 | Walter Pfeifer | CM | 5:51.79 | 2003 |
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400 LC METER INDIVIDUAL MEDLEY

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|----|-----------------------|-----------|-----------------|-------------|
| 1 | Walter Pfeifer | CM | 11:19.91 | 2003 |
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50 LC METER BREASTSTROKE

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|----|-------------------------|------------|----------------|-------------|
| 1 | Jurgen B Schmidt | MVN | 1:13.46 | 2013 |
| 2 | Robert W Christians | CM | 1:24.60 | 2005 |
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200 LC METER BREASTSTROKE

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|----|-------------------------|------------|----------------|-------------|
| 1 | Jurgen B Schmidt | MVN | 5:53.77 | 2014 |
| 2 | Walter Pfeifer | CM | 6:26.72 | 2003 |
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100 LC METER BUTTERFLY

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|----|-----------------------|-----------|----------------|-------------|
| 1 | Walter Pfeifer | CM | 2:31.03 | 2003 |
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200 LC METER INDIVIDUAL MEDLEY

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|----|-----------------------|-----------|----------------|-------------|
| 1 | Walter Pfeifer | CM | 5:12.11 | 2003 |
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95-99 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23**50 LC METER FREESTYLE**

| | | | | |
|----|---------------------------|-------------|----------------|-------------|
| 1 | Maurine E Kornfeld | ROSE | 1:04.02 | 2016 |
| 2 | Rita Simonton | MVN | 1:04.52 | 2013 |
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100 LC METER FREESTYLE

| | | | | |
|----|---------------------------|-------------|----------------|-------------|
| 1 | Maurine E Kornfeld | ROSE | 2:22.74 | 2016 |
| 2 | Rita Simonton | MVN | 2:23.86 | 2013 |
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200 LC METER FREESTYLE

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|---|---------------------------|-------------|----------------|-------------|
| 1 | Maurine E Kornfeld | ROSE | 5:03.47 | 2016 |
| 2 | Rita Simonton | MVN | 5:04.08 | 2013 |
| 3 | | | | |
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400 LC METER FREESTYLE

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|---|---------------------------|-------------|-----------------|-------------|
| 1 | Maurine E Kornfeld | ROSE | 10:12.49 | 2016 |
| 2 | Rita Simonton | MVN | 10:47.07 | 2013 |
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800 LC METER FREESTYLE

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|----|---------------------------|-------------|-----------------|-------------|
| 1 | Maurine E Kornfeld | ROSE | 21:39.10 | 2017 |
| 2 | Rita Simonton | MVN | 21:53.69 | 2013 |
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50 LC METER BACKSTROKE

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|----|----------------------|------------|----------------|-------------|
| 1 | Rita Simonton | MVN | 1:14.31 | 2013 |
| 2 | Maurine E Kornfeld | ROSE | 1:17.35 | 2016 |
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200 LC METER BACKSTROKE

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|----|---------------------------|-------------|----------------|-------------|
| 1 | Maurine E Kornfeld | ROSE | 5:42.64 | 2016 |
| 2 | Rita Simonton | MVN | 6:17.46 | 2014 |
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100 LC METER BREASTSTROKE

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50 LC METER BUTTERFLY

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200 LC METER BUTTERFLY

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400 LC METER INDIVIDUAL MEDLEY

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1500 LC METER FREESTYLE

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|----|----------------------|------------|-----------------|-------------|
| 1 | Rita Simonton | MVN | 41:39.68 | 2013 |
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100 LC METER BACKSTROKE

| | | | | |
|----|----------------------|------------|----------------|-------------|
| 1 | Rita Simonton | MVN | 2:42.67 | 2013 |
| 2 | Maurine E Kornfeld | ROSE | 2:47.43 | 2016 |
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50 LC METER BREASTSTROKE

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200 LC METER BREASTSTROKE

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100 LC METER BUTTERFLY

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200 LC METER INDIVIDUAL MEDLEY

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95-99 MEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

1 John Whittemore OSB 1:41.72 1995

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200 LC METER FREESTYLE

NO RECORD

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800 LC METER FREESTYLE

NO RECORD

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50 LC METER BACKSTROKE

NO RECORD

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200 LC METER BACKSTROKE

NO RECORD

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100 LC METER BREASTSTROKE

NO RECORD

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100 LC METER FREESTYLE

NO RECORD

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400 LC METER FREESTYLE

NO RECORD

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1500 LC METER FREESTYLE

NO RECORD

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100 LC METER BACKSTROKE

NO RECORD

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50 LC METER BREASTSTROKE

NO RECORD

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200 LC METER BREASTSTROKE

NO RECORD

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50 LC METER BUTTERFLY

1 Walter R Pfeiffer MVN 2:01.41 2008

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200 LC METER BUTTERFLY

1 Walter R Pfeiffer MVN 14:05.25 2008

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400 LC METER INDIVIDUAL MEDLEY

1 Walter R Pfeiffer MVN 17:29.20 2008

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100 LC METER BUTTERFLY

1 Walter R Pfeiffer MVN 4:09.52 2008

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200 LC METER INDIVIDUAL MEDLEY

1 Walter R Pfeiffer MVN 8:55.97 2008

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100-104 WOMEN LCM - SPMS TOP 10 ALL-TIME - as of 12/31/23

50 LC METER FREESTYLE

1 Maurine E Kornfeld ROSE 1:12.84 2021

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100 LC METER FREESTYLE

1 Maurine E Kornfeld ROSE 2:52.45 2021

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200 LC METER FREESTYLE

1 Maurine E Kornfeld ROSE 6:33.32 2021

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400 LC METER FREESTYLE

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800 LC METER FREESTYLE

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1500 LC METER FREESTYLE

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50 LC METER BACKSTROKE

1 Maurine E Kornfeld ROSE 1:29.84 2021

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100 LC METER BACKSTROKE

1 Maurine E Kornfeld ROSE 3:04.26 2021

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200 LC METER BACKSTROKE

1 Maurine E Kornfeld ROSE 6:40.62 2021

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100 LC METER BREASTSTROKE

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50 LC METER BUTTERFLY

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200 LC METER BUTTERFLY

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400 LC METER INDIVIDUAL MEDLEY

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50 LC METER BREASTSTROKE

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200 LC METER BREASTSTROKE

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100 LC METER BUTTERFLY

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200 LC METER INDIVIDUAL MEDLEY

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