

SPMS Fitness Chair Report
March 21, 2019

The 2019 Smarty Pants Vitamins Winter Fitness Challenge was held from February 15 to February 28 with 862 USMS registered participants.

Congratulations to the Long Beach Grunions (LBG) who represented SPMS with a strong showing of 14 registered participants followed by San Luis Obispo with 11, and Golden Road Aquatics (GRA) with 5. A total of 48 swimmers, from 10 different teams, represented SPMS in this 30-minute swim challenge.

The 2019 Smarty Pants Vitamins Summer Fitness Challenge, a 2-K swim, will be held from July 15 to July 31. Registration opens May 1st. Let's get a strong showing from SPMS.

Respectfully submitted,

Diana Dolan LaMar
SPMS Fitness Chair
Fitness@SPMasterSwim.org